

An important message from...



Assemblyman
Alfred C. Graf
www.assembly.state.ny.us



Dear Friend,

The tragedy of suicide is even more shocking and disturbing when a young person takes his or her own life.

Sometimes we forget that adolescence is a time of great changes: physical, emotional and social. Youngsters who are not prepared for these changes can sometimes be overwhelmed.

Teen suicide is the third leading cause of death among youth and young adults 10 to 24 years old in our nation, according to a 2007 Centers for Disease Control and Prevention report, which analyzed data from 1990-2004.

This brochure helps address this problem and also includes information on drug and alcohol abuse and bullying, which are companions to teen suicide. If I can be of further assistance in this or any other matter, please call my office.

Alfred C. Graf
Member of Assembly

Important Contacts

National Suicide Prevention Lifelines

800-273-TALK (8255)

800-SUICIDE (784-2433)

National Runaway Safeline

800-RUNAWAY

(786-2929)

Domestic & Sexual Violence Hotline

800-942-6906

NYS Child Abuse and Maltreatment

Register

800-342-3720

NYS Drug Reporting Hotline

800-GIVE-TIP

(800-448-3847)

The Trevor Lifeline

National suicide helpline for lesbian,

gay, bisexual, transgender and

questioning youth

866-488-7386

Covenant House Nineline

800-999-9999

Teen Line, 6 p.m.-10 p.m.

800-852-8336

or Text "Teen" to 839863,

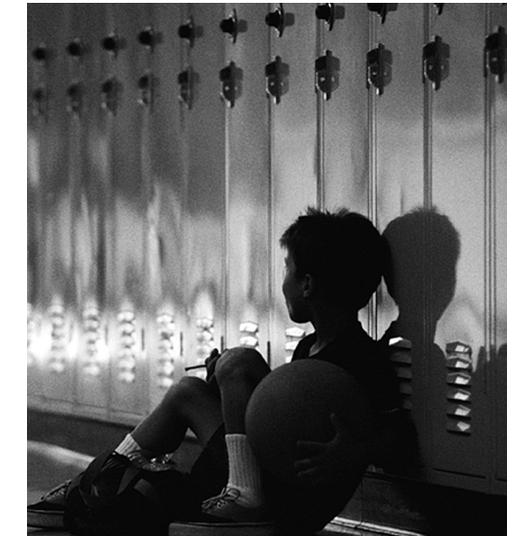
5:30 p.m.-9:30 p.m.

RESPONSE Hotline

631-751-7500

<http://www.responsehotline.org/>

Teen Suicide



A Tragedy

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