

Donate **blood** 
save a life.



Join
Assemblyman
Dave McDonough
at his
**Community
Blood Drive**

Assemblyman Dave McDonough and Long Island Blood Services are conducting a Blood Drive

**Thursday, April 30, 1:30 p.m. - 7:30 p.m.
Town of Hempstead
Merrick Road Golf Clubhouse
2550 Clubhouse Road, Merrick**

Blood banks continue to have an urgent need for blood. The blood YOU donate today can save someone's life tomorrow!

To be a donor
you must:

- + Bring valid photo or signature identification
- + Weigh at least 110 lbs
- + Be age 16-69 (16-year-olds must have parental permission, age 70 and over need doctor's note)
- + Eat well and be hydrated prior to appointment
- + Not have gotten a tattoo within past 12 months (unless applied in New Jersey)



Dave McDonough

Please call Assemblyman
McDonough's office to
schedule an appointment
or for any other state
questions or concerns:
516-409-2070

404 Bedford Avenue
Bellmore, NY 11710

mcdonoughd@assembly.state.ny.us

