

Join us to learn how to improve
your health and well-being!



A community outreach
program for seniors
sponsored by:

Ed RA

NEW YORK STATE ASSEMBLY

ASSEMBLYMAN ED RA AND
WINTHROP UNIVERSITY HOSPITAL PRESENT:

A Free Diabetes Prevention and Education Program

May 25 at 11 a.m.
Westbury Library
445 Jefferson Street
Westbury, NY

Learn simple, practical lifestyle steps you can take to prevent this serious condition and strategies to manage your life and diet if you are diabetic.

825 East Gate Blvd.
Suite 207
Garden City, NY 11530
516-535-4095
rae@assembly.state.ny.us

ED RA
NEW YORK STATE ASSEMBLY

A Special Budget Update

Dear Neighbor,

The 2016-17 budget was passed last month and included many great things for New York residents, seniors and families. It secured nearly \$250 million for the Office of the Aging Community Services Program, a total increase of \$2.3 million over last year, including increases to a variety of programs. Additionally, several changes were made to the structure and eligibility requirements for Naturally Occurring Retirement Communities (NORC) and Neighborhood NORC. Construction with government assistance and predominance of older individuals is no longer required.

I look forward to working with my colleagues in the coming months to make Long Island a better place to live for all residents and families!

Sincerely,

Ed Ra

