

Check out your local farmers market!

Farmers markets near you and their hours:

- **Catskill Farmers Market at Monticello**
Ted Stroebele Parking Lot
Corner of North & Jefferson
Monticello, NY
June 27th – October 10th
Mondays, 11 a.m. – 2 p.m.
(845) 439-1230
- **Rock Hill Farmers Market**
223 Rock Hill Drive
Rock Hill, NY
June 4th – September 24th
Saturdays, 10 a.m. – 1 p.m.
(845) 699-4976
www.rockhillfarmersmarket.com
- **Roscoe Farmers Market**
Niforatos Field
Route 206, Roscoe, NY
May 8th – October 9th
Sundays, 10 a.m. – 2 p.m.
(607) 498-4456
www.roscoeny.com
- **The Harvest Festival at Bethel Woods**
Bethel Woods Performing Arts Center
Hurd Road, Bethel, NY
August 28th – September 25th
Sundays, 11 a.m. – 4 p.m.
(845) 583-2193
www.bethelwoodscenter.org
- **Middletown BID Farmers Market**
41 Railroad Ave.
Intersection of Cottage St. & Railroad Ave.
Middletown, NY
June 4th – October 22nd
Saturdays, 8 a.m. – 1 p.m.
(845) 343-8075



The benefits of shopping at farmers markets

Pack a picnic lunch with Aileen's favorite farmers market recipes!

Aileen's Apple Crisp

- 6..... Apples (skinned)
- 1 cup..... Flour
- ½ cup..... Sugar
- 1 tsp..... Baking Powder
- ¾ tsp..... Salt
- 1..... Egg
- ½ cup..... Butter (melted)
- A pinch...Cinnamon

Lightly grease an 8" x 8" baking dish. Slice the apples and place in the dish. In a separate bowl, mix flour, sugar, baking powder and salt. Add the egg to the bowl and mix. When the mix is crumbly, sprinkle it over the apples. Pour melted butter over the mix, sprinkle with cinnamon. Bake at 350°F for 30-40 minutes, until apples are tender.

Roasted Root Vegetables

- ½ lb Small Potatoes
- ½ lb Carrots
- ½ lb Parsnips
- 1..... Onion
- 1..... Clove Garlic
- ½ tsp..... Salt
- ¼ tsp..... Black Pepper
- 2 tbsps..... Olive Oil
- 1 tbsps..... Rosemary

Wash and skin root vegetables. Cut vegetables and onion to ¾" cubes. Grease a 9 x 9" baking pan. In the pan, mix the root vegetables, onion and garlic. Season the mix with salt and pepper. Drizzle with oil and toss. Roast at 325°F for 45 minutes. Stir the mix and bake for 10-15 more minutes, or until the vegetables are tender and browned. Stir in the rosemary to finish.



Dear Friend,

Nothing beats the arrival of springtime in the Hudson Valley. And with the spring comes the opening of our local farmers markets. Our farmers markets feature the freshest fruits, vegetables, and other products, all available

from our local farmers. What's more, when you shop at our farmers markets, you support the local economy and local families.

Income eligible seniors can get help buying fresh fruits and vegetables through the Senior Farmer's Market Nutrition Program. During the first week of July, reach out to your county Office for the Aging for more information.

Always feel free to reach me by phone at (845) 794-5807, or by email at gunthera@assembly.state.ny.us. I look forward to hearing from you.

Sincerely,

Aileen Gunther
Member of Assembly



New York agriculture is famous worldwide for the quality of its produce, and its economic value to our communities is substantial. Our farmers work hard for New York; it's important that New York works hard for its farmers. The 2016-2017 budget contains a record amount of funding directed toward supporting New York farmers. This year's budget dedicates over \$44 million dollars in funding for agriculture and farm programs in New York, which is \$11 million more than last year. This increase means that programs such as the Farm Workforce Retention Tax Credit and the New York State New Farmers Grant Fund will work to reach more farmers and help more families than ever before. And new programs, like Cornell Vets to Farms, will serve to strengthen New York agriculture for years to come.

18 Anawana Lake Road • Monticello, NY 12701 845-794-5807
16 James Street, 3rd Floor • Middletown, NY 10940 • 845-342-9304 • gunthera@assembly.state.ny.us

Check out your local farmers market!

Farmers markets near you and their hours:

- **Barryville Farmers Market**
3385 State Route 97
Barryville, NY
May 21st – October 29th
Saturdays, 10 a.m. – 1 p.m.
(570) 224-8013
www.barryvillefarmersmarket.com
- **Callicoon Farmers Market**
Outdoor Market
Callicoon Creek Park
A. Dorrer Drive
Callicoon, NY
May 1st – November 13th
Sundays, 11 a.m. – 2 p.m.

Indoor Market
Delaware Youth Center
8 Creamery Road
Callicoon, NY
Call for Dates
(866) 270-2015
www.callicoonfarmersmarket.org
- **Catskill Farmers Market at Liberty**
91 S. Main Street
Liberty, NY
May 27th – October 28th
Fridays, 4 p.m. – 7 p.m.
(845) 439-1230

