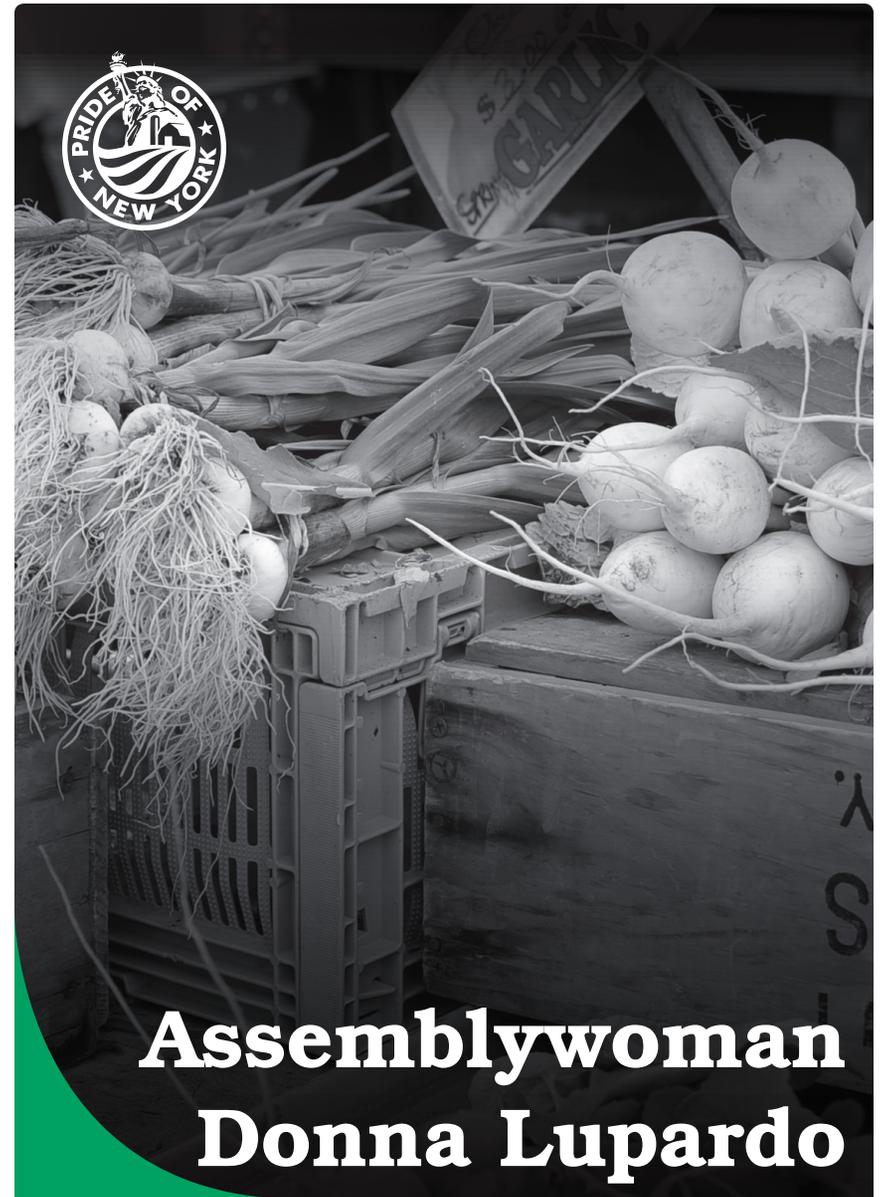


**“Farmers markets support
our local farmers and
our local economy –
and they provide
healthier food choices.”**

**— Assemblywoman
Donna Lupardo**



**Assemblywoman
Donna Lupardo**

encourages you to buy local
and support our farms



Dear Neighbor,

I thought you would find it helpful to have a list of farmers markets in the City of Binghamton and the Towns of Union and Vestal. Buying locally grown, fresh produce and products made in the community really benefits everyone. It's good for the local economy because the money gets reinvested here. It's good for the farmer

and the small business person who are trying to make a living. And it's especially good for healthier food choices.

In the last few years, state government has finally recognized how important agriculture is to the state's economy. Working with the Governor and my colleagues, I co-sponsored numerous pieces of legislation that have dramatically improved the business climate for craft brewers, wineries, and other NY products like yogurt and maple syrup.

The Taste NY initiative is also raising awareness of the many wonderful products made in our state. Visit taste.ny.gov to learn more about the exciting things being worked on.

In Broome County alone, farmers and agricultural producers generated \$30.7 million annually in sales. We have 5,000 dairy cows, 25,000 acres of hay and more than 100 agricultural/farm producers.

So please support a local producer by visiting one of our farmers markets this summer.

Sincerely,

Donna L. Lupardo

Donna Lupardo
Member of Assembly

State Office Building, 44 Hawley Street, 17th Floor
Binghamton, NY 13901
607-723-9047 • lupardod@assembly.state.ny.us

Find a 2014 farmers market near you

Binghamton West Side Farmers Market*

American Legion Post 80
76 Main Street
Thursdays through Oct.
11 a.m. – 6 p.m.

Downtown Binghamton Farmers Market*

Collier Street, Binghamton
Fridays through Oct.
9 a.m. – 2 p.m.

Highland Park Farmers Market

Upper Parking Lot
Hooper Road, Endwell
Tuesdays through
Sept. 30th
4 p.m. – 7 p.m.

Otsiningo Park Farmers Market*

Bevier Street
Town of Dickinson
Saturdays through
Oct. 25th
9 a.m. – 1 p.m.

Vestal Farmers Market*

Vestal Library Parking Lot
Vestal Parkway
Wednesdays & Saturdays
through Oct. 25th
9 a.m. – 1 p.m.

Indoor Otsiningo Farmers Market*

MetroCenter, Binghamton
1st & 3rd Saturdays
Nov. – April
9 a.m. – 12 p.m.



*accepts credit/debit cards

Binghamton Farm Share

Farm-fresh produce delivered weekly to a site near you through November. Prices range from \$14 to \$30 per week, and discounts are available to customers who receive SNAP or WIC. Please visit www.vinesgardens.org/farmshare or call 607-238-3522 to sign up or learn more.