Donate blood save a life.



Assemblymen Michael Montesano & Ed Ra, along with Long Island Blood Services, are conducting a Blood Drive

Monday, July 30, 1:30 p.m. – 7:30 p.m. at the Gold Coast Library Annex 40 Railroad Avenue, Glen Head

Blood banks are always looking for residents willing to donate blood. The blood YOU donate today can save someone's life tomorrow! To be a donor you must:

- + Bring valid photo or signature identification
- + Weigh at least 110 lbs
- Be age 16 75 (16-year-olds must have parental permission. Age 76 and over need doctor's note)
- + Eat well and be hydrated prior to appointment
- + Have not gotten a tattoo within past 12 months (unless applied in New Jersey)



MONTESANO STATE ASSEMBLY

Please call Assemblyman Ra's office to schedule an appointment:

516-535-4095

For other questions or concerns, contact Assemblyman Montesano:

(516) 937-3571 111 Levittown Parkway Hicksville, NY 11801

montesanom@nyassembly.gov

Blood Services
will be awarding
2 Mets tickets
to every
presenting donor

△ Long Island Blood Services