

IMPORTANT PHONE NUMBERS

COUNTYWIDE

Toll Free Assistance

EPIC Prescription Protection for Seniors	1-800-332-3742
Legislative Status of Bills	1-800-342-9860
Medicare and Medical Claims.....	1-800-633-4227
Senior Citizen's Hotline.....	1-800-342-9871
Federal Tax Assistance	1-800-829-1040
Veteran's Problems/Assistance.....	1-800-273-8255
VA Life Insurance.....	1-800-669-8477
VA Regional	1-800-827-1000
Public Health Duty Officer Hotline	866-881-2809
Medicare	1-800-633-4227
Social Security.....	1-800-772-1213

Emergency Phone Numbers

Nassau County Main Number	516-571-3000
Nassau County Office of Emergency Management.....	516-573-0636
American Red Cross in Nassau County....	516-747-3500
Long Island Crisis Center Senior Connection Hotline.....	516-679-0000
Nassau County Office for the Aging Help-Line	516-227-8900

Fire, Police & Ambulance

Emergency.....	911
Nassau County Sheriff.....	516-571-2113
PSEG/LIPA Report Power Outages.....	1-800-490-0075
Poison Control.....	1-800-222-1222

Area Hospitals & Clinic Services

Winthrop University Hospital.....	516-663-0333
Mercy Medical Center	516-705-2525
Nassau University Medical Center	516-572-0123
St. Francis Hospital, The Heart Center	516-562-6000
Glen Cove Hospital	516-674-7300
Plainview Hospital	516-719-3000
Syosset Hospital.....	516-496-6400
Saint Joseph Hospital	516-579-6000
Hempstead Health Center	516-572-1300
Westbury Health Center	516-571-9500

Nassau County

Office for the Aging	516-227-8900
Clerk's Office	516-571-2660
Consumer Affairs.....	516-571-2600
Office for the Physically Challenged	516-227-7399
Department of Health.....	516-227-9697
Emergencies, After Hours and Weekends.....	516-742-6154
Social Services.....	516-227-8519
Helpline.....	516-227-8000
Emergency After Hours.....	516-573-8626
Veteran's Service Agency	516-572-6565

TOWN OF HEMPSTEAD

Main line.....	516-489-5000
Department of Senior Enrichment	516-485-8100

TOWN OF NORTH HEMPSTEAD

Main line.....	516-627-0590
Department of Community Services..	516-869-6311

TOWN OF OYSTER BAY

Main line.....	516-624-6365
Senior Citizen Services Division	516-797-7916

MONTESANO
STATE ASSEMBLY

Dear Neighbor,

Summertime is here! As the weather starts to finally pick up here on Long Island, we can all look forward to the wonderful things summer on the Island brings: beach days, picnics in the park, and ice cream with our families. As your representative in the 15th Assembly District, I want to help you enjoy all life has to offer here on Long Island. This Summer Senior Newsletter is full of tips on avoiding scams, programs available to you, and events I am hosting in your neighborhood. I hope you find this letter to be informative, and if you have any questions, concerns or suggestions for a future newsletter, please contact my district office at (516) 937-3571.

Sincerely,

Michael A. Montesano

HEALTHCARE FRAUD SEMINAR

With Assemblyman Michael Montesano and LiveOn New York

When: Friday, August 24th
2 p.m. - 3:30 p.m.

Where: Plainview Old Bethpage
Public Library
999 Old Country Road
Plainview, NY 11803

What it is: Healthcare fraud is on the rise. Don't allow yourself to be a victim! Join us to learn more about:

- *Medicare cards rollout*
- *Scams and frauds related to Medicare cards*
- *How to spot potential fraud*
- *How to protect yourself from these scams and frauds*

A question-and-answer session will follow the presentation.

No appointments necessary.



DISCOUNT PRESCRIPTION PROGRAM

Health insurance not covering your prescriptions? Don't have health insurance?

Get the **FREE** ProAct Prescription Drug Discount Card today!

The ProAct Prescription Drug Discount Card program is designed to ensure that people of all ages have access to prescriptions by lowering the cost for those who don't have health insurance or whose health insurance won't cover their prescriptions.

It cannot be used to further discount prescriptions already partially covered by other health insurance or to discount your co-pays or deductible. ProAct is endorsed by the New York State Association of Counties (NYSAC) and discount cards can be used at any participating retail pharmacy. You can print your card today right at home!



The Benefits

- The ProAct Drug Discount Card is accepted at over 65,000 retail pharmacies nationwide.
- In addition to discounts on prescriptions, you can also receive discounts on hearing, dental, vision and LASIK services.
- You can use one card for your entire family.
- There is NO membership fee, it is completely **FREE!**

How to get a ProAct Prescription Drug Discount Card

1. Visit <http://proactrxsavings.com/print-your-rx-card/> and fill out the required information.
2. Print out your card.
3. Present your card at a participating retail pharmacy with a prescription.

(Note: If you do not have Internet access or are having difficulty with the website, please ask a family member or friend for assistance or call the ProAct help desk at (877) 776-2285.)

MONTESANO
STATE ASSEMBLY

AVOIDING SCAMS

It is unfortunate that older generations are often targeted by scammers and con artists looking to make a quick buck. Here are some tips to avoid getting scammed or swindled by these dishonest people.

Health Insurance Fraud & Medicare Scams

- Double check with medical providers what they will be charging and what you should expect to pay out-of-pocket.
- Only share your insurance information or Medicare number with people who provide you with medical services.
- Don't sign blank insurance claim forms.
- Don't give your medical provider blanket permission when it comes to billing for any services rendered.
- Review all Medicare statements to make sure you are being charged for services that you have received.

To report any suspicious activity, call your insurance company, or for Medicare, call 1-800-MEDICARE.



Telemarketing Scams (Phone & Email)

- Don't let them rush you into making a decision.
- Ask for the caller's name, business title, the business's phone number, address, mailing address and a business license number before you do business with them.
- Ask for hard copies about the services, products or offers they are making to be sent to your house to review.
- If you receive a phone call telling you a company you have history with requires your immediate action or credit card information, tell them you need to verify first and end the call. Look up the company's contact information on their website or on any written materials from the company you have on hand, as this could be a scammer pretending to be from the company.
- If you receive an email telling you a company you have history with requires your immediate action or credit card information, before opening the email, which could contain a virus, look up the company's contact information on a website or any written materials from the company you have on hand. Contact them to verify the email. This could be a scammer or a hacker pretending to be from the company, and doing this could prevent a virus from attacking your computer.

Report any fraud to your local, state or federal law enforcement agencies.

Contractor Fraud

- Review all potential contracts and agreements carefully before signing.
- Make sure all requirements and expectations you have are put into writing and that the contractor signs the agreement.
- Don't rush into making a decision or purchase, look at your other options first.



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New York State Assembly • Albany, NY 12248



News for Seniors!

MONTESANO
STATE ASSEMBLY

***A Summer Senior Newsletter
from Assemblyman
Michael Montesano!***

For more information on this or any other legislative matter,
please contact my district office at (516) 937-3571 or 111
Levittown Parkway, Hicksville, NY 11801.

MONTESANO
STATE ASSEMBLY

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