

DISCOUNT PRESCRIPTION PROGRAM

Health insurance not covering your prescriptions? Don't have health insurance?

Get the **FREE** ProAct Prescription Drug Discount Card today!

The ProAct Prescription Drug Discount Card program is designed to ensure that people of all ages have access to prescriptions by lowering the cost for those who don't have health insurance or whose health insurance won't cover their prescriptions.

It cannot be used to further discount prescriptions already partially covered by other health insurance or to discount your co-pays or deductible. ProAct is endorsed by the New York State Association of Counties (NYSAC) and discount cards can be used at any participating retail pharmacy. You can print your card today right at home!

The Benefits

- The ProAct Drug Discount Card is accepted at over 65,000 retail pharmacies nationwide.
- In addition to discounts on prescriptions, you can also receive discounts on hearing, dental, vision and LASIK services.
- You can use one card for your entire family.
- There is NO membership fee, it is completely **FREE!**

How to get a ProAct Prescription Drug Discount Card

1. Visit <http://proactrxsavings.com/print-your-rx-card/> and fill out the required information.
2. Print out your card.
3. Present your card at a participating retail pharmacy with a prescription.

(Note: If you do not have internet access or are having difficulty with the website, please ask a family member or friend for assistance or call the ProAct help desk at 877-776-2285.)



For more information on this or any other legislative matter, please contact my district office at (516) 431-0500 or 2001 Park Street, Atlantic Beach, NY 11509.

Melissa "Missy"
MILLER
ASSEMBLYWOMAN

Dear Neighbor,

Summer is finally upon us! I'm sure many of us are looking forward to the next few months of warm weather and all of the fun activities summer brings. As your representative for the 20th Assembly District, I want to help you enjoy your golden years here on Long Island, which is why I have put together this newsletter. Inside you'll find important information on different programs, my upcoming community events, and tips on avoiding getting scammed online and over the phone. I hope you find this newsletter to be informative, and if you have any questions, concerns or suggestions for a future newsletter, please contact my district office at (516) 431-0500.

Sincerely,

ASSEMBLYWOMAN MELISSA "MISSY" MILLER



UPCOMING EVENTS

Senior Scam/Identity Theft Seminar

With: Nassau County Consumer Affairs and Town of Hempstead Councilman Anthony D’Esposito

When: Tuesday, June 26
11 a.m. – 12 p.m.

Where: Oceanside Library
30 Davison Avenue
Oceanside, NY

With: Nassau County Consumer Affairs

When: Thursday, July 12
2 p.m. – 3 p.m.

Where: Island Park Public Library
Community Room
176 Long Beach Road
Island Park, NY

What it is: An expert from Nassau County Consumer Affairs will talk about protecting yourself from identity theft and internet scams.

Senior Series



Katz Institute for Women’s Health

Where: Long Beach Library • 111 W Park Ave., Long Beach, NY

- **Tuesday, July 10** (2:30 p.m. – 3:30 p.m.) – How to Stay Young and Vital For Life! A Guide for the Perplexed – Penny Stern, MD
- **Tuesday, July 17** (2:30 p.m. – 3:30 p.m.) – Be Rx Smart! – MaryAnne Cronin, PharmD
- **Tuesday, July 24** (2:30 p.m. – 3:30 p.m.) – Leaves are Suppose to Fall-People Aren’t – Lori Ginsberg, RN, MA
- **Tuesday, July 31** (2:30 p.m. – 3:30 p.m.) – Tai Chi and You – Richelle Rapaport, RN, AHNBC

What it is: Come join us every Tuesday in July for a variety of seminars geared toward making your golden years your best years yet. No reservations are necessary, walk-ins are welcome.

FREE Skin Cancer Screenings

With: South Nassau Communities Hospital

When: Friday, June 29
1 p.m. – 3:45 p.m.

Where: Long Beach Boardwalk
Riverside Boulevard

What it is: Early detection saves lives! Join us for a FREE skin cancer screening and learn more about the risk factors for skin cancer. If caught early, skin cancer can be a very treatable condition.



Registration is not required for any of the events.

For more information on these events, please call Assemblywoman Miller’s office at (516) 431-0500.

AVOIDING SCAMS

It is unfortunate that the older generation is often targeted by scammers and con artists looking to make a quick buck. Here are some tips to avoid getting scammed or swindled by these dishonest people.

Health Insurance Fraud & Medicare Scams

- Double check with medical providers what they will be charging and what you should expect to pay out-of-pocket.
- Only share your insurance information or Medicare number with people who provide you with medical services.
- Don't sign blank insurance claims forms.
- Don't give your medical provider blanket permission when it comes to billing for any services rendered.
- Review all Medicare statements to make sure you are being charged for services you have received.



To report any suspicious activity, call your insurance company, or for Medicare, call 1-800-MEDICARE.

Telemarketing Scams (Phone & Email)

- Don't let them rush you into making a decision.
- Ask for the caller's name, business title, the business's phone number, address, mailing address and a business license number before you do business with them.
- Ask for hard copies about the services, products or offers they are making to be sent to your house to review.
- If you receive a phone call telling you a company you have history with requires your immediate action or credit card information, tell them you need to verify first and end the call. Look up the company's contact information on its website or on any written materials from the company you have on hand, as this could be a scammer pretending to be from the company.
- If you receive an email telling you a company you have history with requires your immediate action or credit card information, before opening the email, which could contain a virus, look up the company's contact information on a website or any written materials from the company you have on hand. Contact the company to verify the email. This could be a scammer or a hacker pretending to be from the company, and doing this could possibly prevent a virus from attacking your computer.

Report any fraud to your local, state or federal law enforcement agencies.

Contractor Fraud

- Review all potential contracts and agreements carefully before signing.
- Make sure all requirements and expectations you might have are put into writing and that the contractor signs the agreement.
- Don't rush into making a decision or purchase, look at your other options first.
- Know that every home improvement contract over \$500 must be in writing and be signed by all parties.



**LEARN
MORE
INSIDE!**



New York State Assembly • Albany, NY 12248



News for Seniors!

Melissa *"Missy"*
MILLER
ASSEMBLYWOMAN

***A Summer Senior Newsletter
from Assemblywoman
Melissa "Missy" Miller!***

For more information on this or any other legislative matter, please contact my district office at **(516) 431-0500** or **2001 Park Street, Atlantic Beach, NY 11509**

Melissa *"Missy"*
MILLER
ASSEMBLYWOMAN

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