



Dear Friends and Neighbors,

Don't forget to set your clocks to "fall back" as daylight savings time ends on Sunday, November 5 at 2:00am. The New York City Marathon also takes place this Sunday. I look forward to cheering on all the runners!

Our district office hosted our annual Halloween Open House. Thank you to those who stopped by in their creative costumes. We saw a baby Ghandi and a dog dressed as a pickle!

Following a surge in hate and bias crimes, Governor Hochul has deployed additional State resources to protect New Yorkers in at-risk communities and on college campuses. I commend her for her response to the urgent need for safety on college campuses at this time.

Early voting is still underway for your city representatives and state constitutional ballot measures and ends this Sunday, November 5. Tuesday, November 7 is Election Day. You can look up your voting site and a sample ballot [here](#).

Enclosed in this report you will find more community updates including our recent episode of Rise Up with Rebecca Seawright, resources and upcoming events.

**Phone:** 212.288.4607

**Email:** [SeawrightR@NYAssembly.gov](mailto:SeawrightR@NYAssembly.gov)

Sincerely,



**REBECCA A. SEAWRIGHT**

---

**Office of Assembly Member Rebecca Seawright Hosts Annual  
Trick-Or-Treat Halloween Open House**



"Red" the dog and wizard Flor de Maria Eilets.



Seawright shared some treats with cute and scary trick-or-treaters.



Lola the dog dressed as a dill pickle.

As Featured In The Patch 'Kill Them All' Sign Shocks Upper  
East Side Residents, Politicians:  
"The sign is despicable and horribly incendiary," said Seawright



Assembly Member Seawright said, "We have seen this disturbing sign at 300 East 78 Street and community members have contacted our office to ask for our assistance in having it taken down. The sign is despicable and horribly incendiary. Our office immediately brought the complaint to the 19th Precinct and the Hate and Bias Prevention Unit with the New York State Division of Human Rights for investigation. The management company reports they are taking steps to contact the tenant and request the sign be removed."

[Read More](#)

---

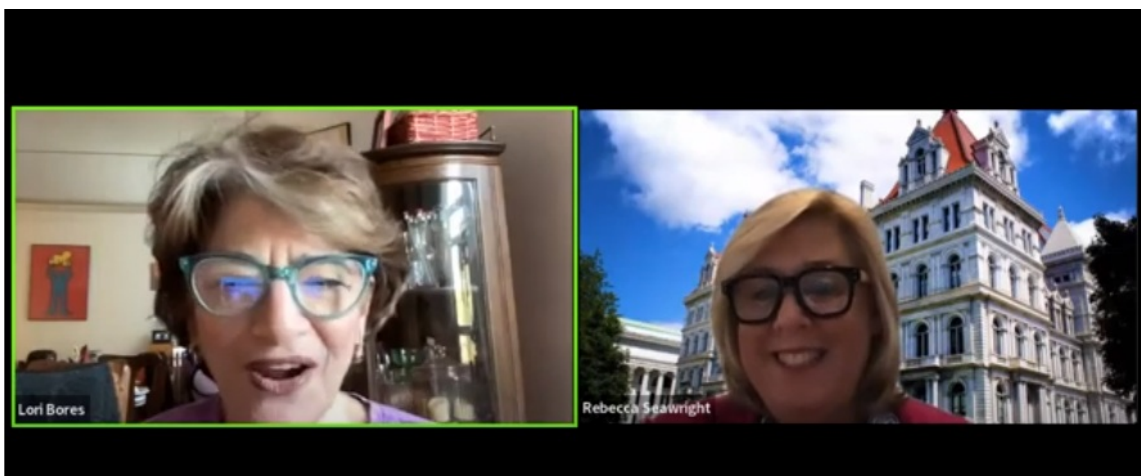
Rise Up With Rebecca Seawright Featuring Noam Gilboord,  
CEO of JCRC



Rise Up with Assembly Member Rebecca Seawright with guest Noam Gilboord CEO of JCRC- NY will air Tuesday November 7th at 8pm on MNN Community and MNN HD.

---

## Seawright Featured on CB8 Zooms with Lori Bores Discussing the New York State Equal Rights Amendment



CB8 zooms is a monthly program streaming on Community Board 8's YouTube channel.

Check out the episode featuring Assembly Member Seawright, lead sponsor of the Equal Rights Amendment in the New York State Assembly [here](#).

---

## Seawright Commends Governor Hochul on Measures to Increase College Campus Safety

Following a surge in hate and bias crimes, Governor Hochul has deployed additional State resources to protect New Yorkers in at-risk communities and on college campuses including:

- \$50 million available for local law enforcement agencies to prevent and solve hate crimes.
  - \$25 million available for at-risk non-profit groups like synagogues, mosques, community centers and more.
  - Expanding the State Police's social media monitoring, so we can prevent threats like what we saw at Cornell.
  - Directing the Division of Human Rights to launch "Community Circles" that bring people together around shared values.
  - Launching a review of antisemitism policies on CUNY college campuses with the help of Judge Jonathan Lippmann.
- 

## Supporting Soroka Medical Center, Israel's Iron Dome for Health at Park East Synagogue



---

## Social Media Influencers Tinkerbelle and Belle and their Owner Sam Carrell Celebrated by Seawright for Years of Animal Advocacy Work



## Consider Our Office A Resource!

### The Home Energy Assistance Program (HEAP)



The Home Energy Assistance Program (HEAP) can help you save money on heating and cooling your homes. Eligible households can also recoup some of the cost of repairing or replacing essential heating equipment. To apply or to see if you're eligible visit: <https://otda.ny.gov/programs/heap/>

### New York State Hotline To Report Hate and Bias Incidents

Hate has no place in New York! In the wake of the conflict in Israel and Gaza, New York has launched a new hotline and online form to combat hate and bias and keep our communities safe. New Yorkers impacted by hate or bias are encouraged to call 844-NO-2-HATE hotline or fill out the online form at [forms.ny.gov/s3/DHR-Bias-Incident-Form](https://forms.ny.gov/s3/DHR-Bias-Incident-Form).

### November is American Diabetes Awareness Month

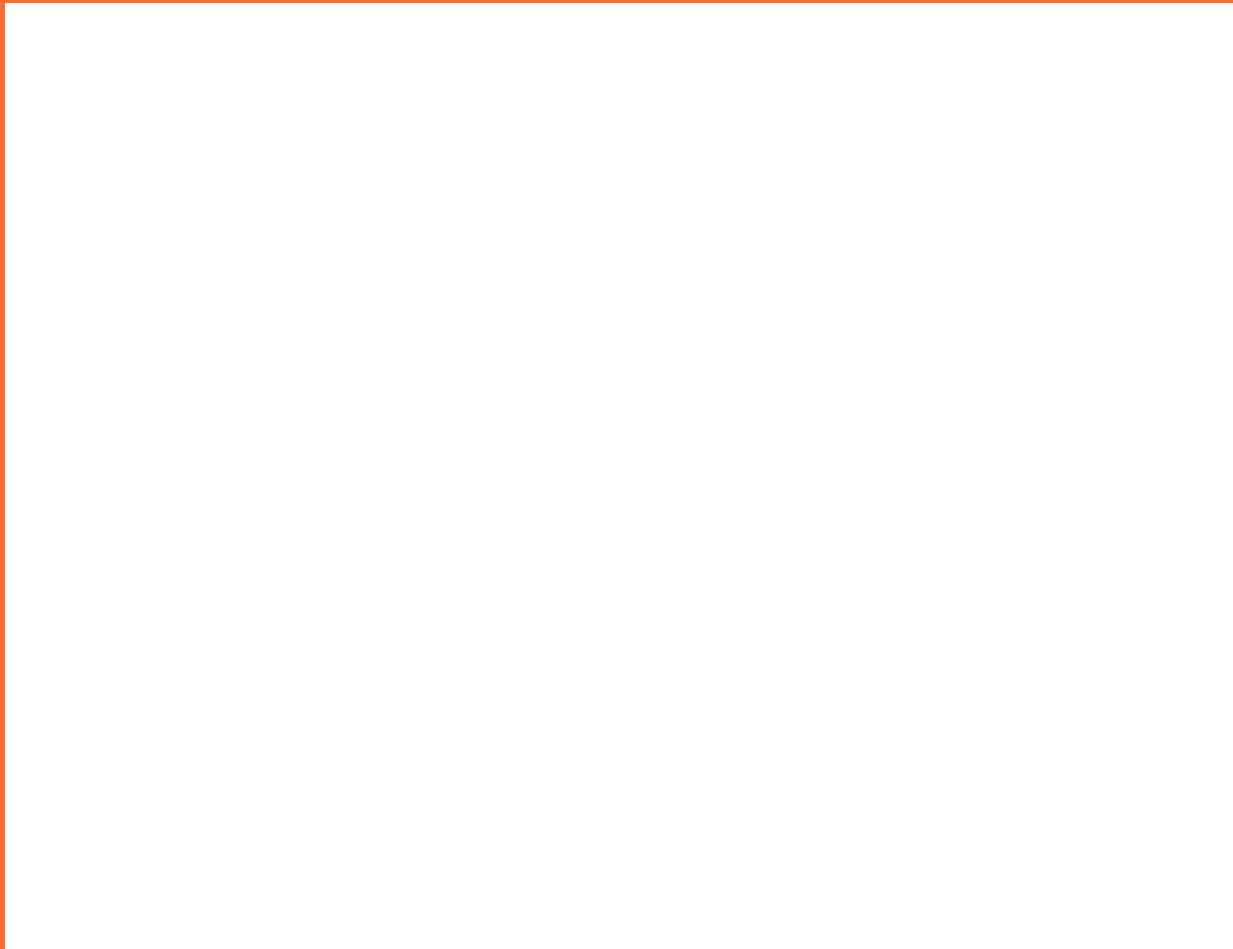
Did you know that nearly 1 in 2 Americans has diabetes or prediabetes? Our country's diabetes epidemic includes the ever-growing number of people with Type 1 diabetes, Type 2 diabetes, and gestational diabetes. With the knowledge that this disease is hurting too many people, the American Diabetes Association (ADA) is committed to fighting diabetes through a focus on advocacy, education, and research. If you are an individual living with diabetes, if you are a parent, caregiver, provider, or an individual worried about your risk, the ADA has a wealth of resources to support you, available in English and Spanish.

Many people are not aware they have prediabetes or even type 2 diabetes. Whether for your own information or to share with another, please consider taking the risk test. Take the ADA free 60-second risk test! Click [here](#).

You can also call #1-800-DIABETES to speak with someone live and receive general information on diabetes or visit [www.diabetes.org](http://www.diabetes.org). This is a great way to start learning or build your current knowledge base, from symptoms and treatment to management and medication—arm yourself with the knowledge to prevent type 2 diabetes or live well with diabetes. Our resources can also help you navigate the journey you are on—with the tools, health tips, and food ideas you need. Wherever you are with diabetes, you can still live your best life.



## Upcoming Events







**Rebecca**  
**Seawright**  
ASSEMBLY MEMBER



# NO-COST COMMUNITY SHREDDING

**THURSDAY, NOVEMBER 16  
ROOSEVELT ISLAND MOTORGATE  
TURNAROUND (688 MAIN STREET)**

**9AM TO 12PM**

**NO NOTEBOOKS, BINDINGS, OR X-RAYS**

**OFFICE OF NYS ASSEMBLY MEMBER REBECCA A. SEAWRIGHT  
1485 YORK AVENUE  
212-288-4607  
SEAWRIGHTR@NYASSEMBLY.GOV**



## Manhattan Community Board 8 Calendar

The Manhattan Community Board 8 (CB8M) represents the Upper East Side of Manhattan and Roosevelt Island. CB8M is comprised of 50 volunteer members who serve as advocates and service coordinators for the community and its residents, as well as help citizens resolve municipal service delivery complaints.

CB8M reviews and makes recommendations on various issues, including applications for Zoning Text Amendments, building variances and special permits, liquor licenses, sidewalk cafes and street fairs, changes to landmarked buildings or buildings in historic districts, traffic and transportation issues, and more.

Each month, CB8M committees meet to discuss and resolve issues in the community.

Full Board Meeting - 3rd Wednesday  
Land Use Committee - 2nd Wednesday  
Street Life - 1st Tuesday  
Transportation - 1st Wednesday  
Housing - 1st Thursday  
Parks - 2nd Thursday  
Landmarks - 3rd Monday  
Social Justice - 4th Monday  
Zoning and Development - 4th Tuesday  
Youth and Education - 4th Thursday

[Read More](#)

[{View as Webpage}](#)

 Share This Email

 Share This Email





Office of Assembly Member Rebecca Seawright | 1485 York Avenue, New York, NY 10075

[Unsubscribe teamrebeccaseawright@gmail.com](mailto:teamrebeccaseawright@gmail.com)

[Update Profile](#) | [Constant Contact Data Notice](#)

Sent by seawright@nyassembly.gov powered by



Try email marketing for free today!