

Name: _____
 Address: _____
 Emergency contact (name and phone #): _____
 1. _____
 2. _____
 3. _____
 Doctor's Name: _____
 Doctor's Phone #: _____
 Health Care Plan: _____
 Medicare #s: _____

Date Card Completed: _____
 Telephone: _____
 Allergies to Medications: _____
 Date of Birth: _____
 Major Illnesses: _____
 Other: _____
 Do you have a NYS EMS/DNR Order? _____



THIS CARD COULD SAVE YOUR LIFE
Courtesy of Assemblyman Mike Norris
 Complete this card and keep it on your refrigerator for referral in case of an emergency.



New York State Assembly • Albany, NY 12248

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**ASSEMBLYMAN
 MIKE NORRIS
 INVITES YOU TO
 A LIFESAVING
 EVENT!**

Assemblyman
MIKE NORRIS

September 7, 2023 at
 the Dale Association in
 Lockport. Call or email his
 office to sign up!
 (716) 839-4691
 norrism@nyassembly.gov

*Learn more
 inside!*

**ABOVE: Mary Brennan
 Taylor, an adjunct
 assistant professor at the
 Jacobs School of Medicine
 and Biomedical Sciences,
 wanted to build awareness and
 spark change in senior health care
 after the tragic and preventable
 death of her 88-year-old mother
 Alice Brennan in 2009.**



**CALL OR EMAIL HIS OFFICE TO SIGN UP!
 (716) 839-4691 | NORRISM@NYASSEMBLY.GOV**

September 7, 2023
 10 a.m. to 12 p.m.
 The Dale Association
 33 Ontario Street
 Lockport, NY 14094

**LOOK INSIDE for a
 lifesaving prescription
 tracking card!**



*Assemblyman Mike Norris invites you to learn
 how to become your own best advocate:*

**ALICE WAS THE LIFE OF THE PARTY, LIVING HER BEST LIFE AS AN
 ACTIVE SENIOR IN HER OWN HOME, DRIVING HERSELF AND MANAGING
 HER OWN FINANCES.** Until, suddenly, a preventable medical error and
 overmedication led to her rapid decline in just six weeks. Team Alice is part of
 UB's Center for Successful Aging and a partner with the National Council on
 Aging, working to educate older adults about the dangers of overmedication and
 to empower seniors to actively participate in their health care decisions.

MEDICATIONS

CURRENT MEDICATIONS:	DOSAGE STRENGTH:	HOW OFTEN TAKEN:	SPECIAL NOTES:



SEPTEMBER IS NATIONAL HEALTHY AGING MONTH

Assemblyman Mike Norris is Working to Help Us Live Our Best, Healthiest Lives

Assemblyman
MIKE NORRIS



Mike Norris has been working hard for us by supporting legislation that will improve the lives of senior citizens all across New York State:

- Mike helped create a new law to protect seniors from identity theft by adding the crime to the definition of elder abuse and exploitation (Chapter 655 of 2021). He supported legislation to investigate fees and charges for residents of assisted living facilities (A.4275 of 2020).
- Mike voted to create a task force to ensure the state better meets the long-term care needs of New York's elderly citizens (Chapter 758 of 2021).
- Mike has fought hard against Albany's "tax-and-spend" culture - especially during these times of skyrocketing inflation - in order to further protect seniors' valuable savings. He sponsors legislation to reduce the cost of household essentials for everyone (A.1690 of 2023).
- Mike knows that after a lifetime of hard work, there's nothing more you'd like than to enjoy your home and community. To combat the high taxation that forces too many seniors out of their homes, Mike is sponsoring legislation to allow more seniors to qualify for the Enhanced STAR property tax exemption (A.2769).

HELPFUL RESOURCES:

EPIC:

The Elderly Pharmaceutical Insurance Coverage (EPIC) program is a New York State program for seniors administered by the Department of Health. It helps more than 325,000 income-eligible seniors aged 65 and older to supplement their out-of-pocket Medicare Part D drug plan costs. Seniors can apply for EPIC at any time of the year and must be enrolled in or eligible for a Medicare Part D drug plan to receive EPIC benefits and maintain coverage.



Learn more about EPIC: https://www.health.ny.gov/health_care/epic/ or call 1-800-332-3742.

Enhanced STAR:

Enhanced STAR provides an increased benefit for the primary residences of senior citizens (age 65 and older) with qualifying incomes. The STAR benefit applies only to school district taxes. It doesn't apply to county, town, or city taxes, except in the cities of New York, Buffalo, Rochester, Yonkers, and Syracuse. Senior citizens receiving STAR may also be eligible for the senior citizens exemption.



Learn more about Enhanced STAR: <https://www.tax.ny.gov/pit/property/star/types.htm> or call your local assessor's office for assistance.

HEAP:

The Home Energy Assistance Program (HEAP) can help eligible New Yorkers heat and cool their homes. If you are eligible, you may receive one regular

HEAP benefit per program year and could also be eligible for emergency HEAP benefits if you are in danger of running out of fuel or having your utility service shut off.



Learn more about HEAP: <https://otda.ny.gov/programs/heap/> or contact your HEAP Local District Contact at either (716) 858-7644 (Erie County Department of Social Services) or (716) 278-8400 (Niagara County Department of Social Services).

NY Connects:

Erie and Niagara Counties offer information and assistance, education and screening to individuals, their families and/or caregivers regarding long-term care and other help. They also can help connect individuals or their loved ones with service providers, both for medical and non-medical services. Some examples of this include rides to appointments, Meals on Wheels, home health services, personal care services, occupational, speech or physical therapy, nursing homes, and much more.

Find out how our counties can assist you. Get connected by checking out your local government websites or calling the direct phone numbers below.

Erie County Department of Senior Services: (716) 858-8526

Niagara County Office for the Aging: (716) 438-4020



For more information on these or other state issues, please contact Assemblyman Mike Norris: 8180 Main Street, Clarence, NY 14221 (716) 839-4691 norrism@nyassembly.gov