

Join
New York State Assemblyman
Angelo Morinello

for a special event with the Western New York Chapter of the Alzheimer's Association & HART, Inc.

(Home Assistance Referral Team)

FREE
Alzheimer's
Awareness
Seminar

For Families, Caretakers, and Seniors

New York State Assembly • Albany, NY 12248

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**Golden Age Center** 

3278 Whitehaven Rd., Grand Island, NY 14072

Free Events for Families, **Caretakers, and Seniors** 

Learn about healthy living habits for your brain and body and resources for caring for a loved one with Alzheimer's or dementia.



## **Register Today!**

Registration is done by scanning the Event Registration QR Code with a smartphone, going to https://forms.gle/Sahzggu7NALFBZGk6 or calling Assemblyman Morinello's District Office at (716) 282-6062 for assistance.

## **Special Presentations by:**



HART (Home Assistance Referral Team) is a referral service that connects seniors and others with qualified care, allowing them to remain independent in their own homes. They will be presenting on services and ways that they can assist the community.



Western New York Chapter

"Healthy Living for Your Brain and Body" Q&A to follow. For centuries, we've known that the health of the brain and body are connected. But now, science is able to provide insights into how to make lifestyle choices that may help you keep your brain and body

healthy as you age. Join us to learn about research in the areas of diet and nutrition, exercise, cognitive activity, and social engagement, and use hands-on tools to help you incorporate these recommendations into a plan for healthy aging.

Assemblyman Morinello represents the 145th Assembly District in parts of Niagara and Erie counties. For more information on this or any other state issue, contact Assemblyman Angelo J. Morinello at: 800 Main Street, Suite 2C, Niagara Falls, NY 14301 • 716-282-6062 • morinelloa@nyassembly.gov



