



Photo Credit: Herzing University

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FOR IMMEDIATE RELEASE

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ALL NURSES TO ENLIST

Amid Coronavirus Pandemic

*leading in testing; school starts at home; therapy testing to begin;
and more*

NYS Confirmed: 20,875
NYS deaths: 157
NYC confirmed: 12,339
Brooklyn confirmed: 3,494

NYS: GOVERNOR CUOMO

Governor Cuomo Announces:

- Executive Order: Nurses are to **enlist** in support of the widespread need for healthcare providers as hospitals ramp up the expansion of bed capacity.
- The entire retired healthcare community have been asked to sign-up.

- Hospitals are under an emergency order to expand their hospital capacity by a **minimum of 50%**.
- Testing in New York is being done at a higher rate, **16,000 tests** per day.
- New York will work on passing a budget but those budget items that are more complex will be put on hold until a later date.

NYC: MAYOR DE BLASIO

Mayor de Blasio Announces:

- A **mandatory initiative** has been put in place for government agencies to **cut spending**, with the exception of COVID expenses.
- **Social distancing** in public outdoor areas **will be enforced**. Those not abiding by the guidelines will be asked to breakup the crowd and may further be asked to disperse. This new enforcement will be monitored to determine if further restrictions are required. So ALL are asked to abide by the guidelines to avoid further action. Several departments have been enlisted help with social distancing including NYPD, FDNY, DSNY, Parks and Recreation.

REMOTE LEARNING BEGAN TODAY



Photo Credit: Bob Brown

New York City's Department of Education and the population of over 1.1 million students began its remote learning process today. Many students who were in need have received necessary tool internet-enabled laptops, iPads and Chromebooks. A total of 175,000 have been distributed, and more to come including 25,000 additional to be delivered this week. Chancellor Carranza asks all involved in this transition o be flexible and patient.

There is still time to [submit](#) your request for a learning device.

PRISON VISITS

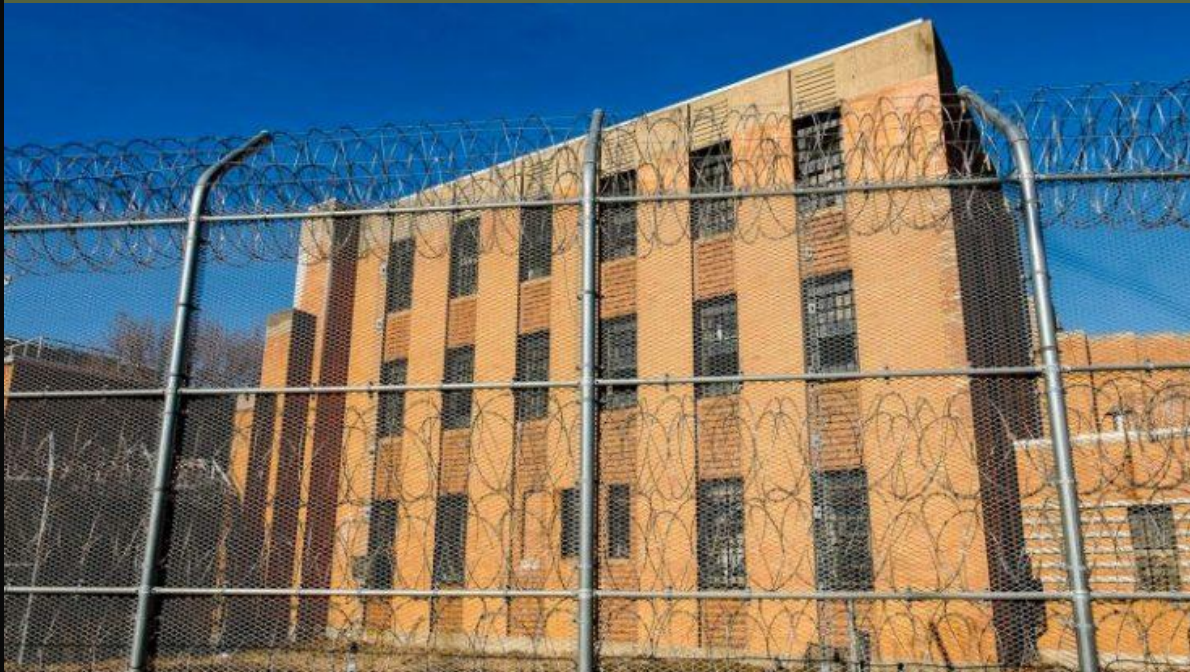


Photo Credit: Jeff Bachner

To help control the spread of coronavirus, New York State prisons are no longer allowed to have visitors.

NATIOAL GUARD ARRIVES IN NYC



Photo Credit: Bryan R. Smith / AFP via Getty Images

The National Guard arrives in New York City today at Jacob Javits Center in preparation for support of the expansion of hospitals. This is a group of the 7,300 members of the [National Guard deployed](#) by president Trump to serve around the Nation.

AVOID SCAMS



Photo Credit: Pixabay/CDC

Notify NYC: Beware of COVID19 scams!

Report **price gouging** to 311 or [NYC.gov/dcwp](https://www.nyc.gov/dcwp).

Or to the Attorney General's office and fill out a [complaint form](#)

CDC staff will **NOT** go door-to-door. If you experience this, call 911

ESSENTIAL SERVICES

Visit this [site](#) to obtain a list of essential services.

SERVICES AND RESOURCES

Due to the impact of COVID-19 on New York City's workforce, the City of New York has developed a list of resources for those who may be unemployed due to COVID-19 or are seeking additional assistance. The list below will be updated frequently.

It has information on the following categories:

- Employment Resources
- Food Assistance
- Health & Medical Assistance
- Financial Assistance
- Rent Arrears and Public Assistance
- Emotional Support & Spiritual Care
- Other Assistance

Visit this [website](#) for resources.

WHAT TO DO IF YOU ARE SICK WITH COVID-19



What to do if you are sick with coronavirus disease 2019 (COVID-19)

If you are sick with COVID-19 or suspect you are infected with the virus that causes COVID-19, follow the steps below to help prevent the disease from spreading to people in your home and community.

Stay home except to get medical care

You should restrict activities outside your home, except for getting medical care. Do not go to work, school, or public areas. Do not use public transportation, ride-sharing, or taxis.

Separate yourself from other people in your home

As much as possible, you should stay in a specific room and away from other people in your home. Also, you should use a separate bathroom, if available.

Call ahead before visiting your doctor

If you have a medical appointment, call the healthcare provider and tell them that you have or may have COVID-19. This will help the healthcare provider's office take steps to keep other people from getting infected or exposed.

Wear a facemask

You should wear a facemask when you are around other people (e.g., sharing a room or vehicle) and before you enter a healthcare provider's office. If you are not able to wear a facemask (for example, because it causes trouble breathing), then people who live with you should not stay in the same room with you, or they should wear a facemask if they enter your room.

Cover your coughs and sneezes

Cover your mouth and nose with a tissue when you cough or sneeze. Throw used tissues in a lined trash can and wash your hands with soap and water for at least 20 seconds. If soap and water are not available, immediately clean your hands with an alcohol-based hand sanitizer that contains at least 60% alcohol, covering all surfaces of your hands and rubbing them together until they feel dry. Soap and water should be used preferentially if hands are visibly dirty.

Clean your hands

Wash your hands often with soap and water for at least 20 seconds. If soap and water are not available, clean your hands with an alcohol-based hand sanitizer that contains at least 60% alcohol, covering all surfaces of your hands and rubbing them together until they feel dry. Soap and water should be used preferentially if hands are visibly dirty. Avoid touching your eyes, nose, and mouth with unwashed hands.

Avoid sharing personal household items

You should not share dishes, drinking glasses, cups, eating utensils, towels, or bedding with other people in your home. After using these items, you should wash them thoroughly with soap and water.

Monitor your symptoms

Seek prompt medical attention if your illness is worsening (e.g., shortness of breath or difficulty breathing). **Before** seeking care, call your healthcare provider and tell them that you have, or are being evaluated for, COVID-19. Put on a facemask before you enter the facility. These steps will help the healthcare provider's office keep other people from getting infected or exposed.

Ask your healthcare provider to call the local or state health department. Persons who are placed under active monitoring or facilitated self-monitoring should follow instructions provided by their local health department or occupational health professionals, as appropriate. <https://www.cdc.gov/coronavirus/2019-ncov/php/risk-assessment.html>.

Discontinuing home isolation

Patients confirmed to have COVID-19 should remain under home isolation precautions until the risk of secondary transmission to others is thought to be low. The decision to discontinue home isolation precautions should be made on a case-by-case basis, in consultation with healthcare providers and state and local health departments. Current information on COVID-19 is limited; home precautions are conservative and based on general recommendations for other diseases, like Middle Eastern Respiratory Syndrome (MERS).



For more information: www.cdc.gov/COVID19

STAY INFORMED

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about
coronavirus



Health officials are working tirelessly to protect public health and contain this virus. And, as your representative in Albany, I am working to ensure that our state is putting the health and safety of our families first.

Remember COVID-19 can affect any community and we must stand by one another during this time, not alienate, threaten or discriminate against others.

For questions you can also reach out to the New York State's novel coronavirus hotline at **1-888-364-3065**. For continuous updates, you can visit the following websites:

- [Center for Disease Control and Prevention \(CDC\)](#)
- [World Health Organization \(WHO\)](#)

The CDC also now has the option for you to sign up for weekly updates on COVID-19.

New Yorkers Can Sign Up for Email Updates [Here](#) and Ask Questions About COVID-19 [Here](#)

New Yorkers Can Find More Information About the New COVID-19 Paid Sick Leave Law [Here](#)

Assemblymember Rodneyse Bichotte represents the 42nd Assembly District in Brooklyn covering Ditmas Park, Flatbush, East Flatbush and Midwood. She is currently the **Chair of the Subcommittee on Oversight of Minority and Women-Owned Business Enterprises (MWBEs)**, and serves on the following committees: **Housing, Government Operations, Education, Banks, Health, and Higher Education**. She is also a member of the Task Force on Women's Issues and sits on **Governor Cuomo's Domestic Violence Advisory Council and Mayor De Blasio's MWBE Task Force**.

As a current Assemblymember, District Leader, and Chair of Brooklyn Democratic Party, Rodneyse Bichotte has been an outspoken advocate on issues concerning **immigration, education, economic development, unemployment, education reform, health care access, senior citizen centers, affordable housing, school safety, women's and LGBTQ rights** , as well as other issues affecting the quality of life in the community.

Learn more about
Rodneyse Bichotte by visiting her website:
<http://nyassembly.gov/mem/Rodneyse-Bichotte>

STAY CONNECTED

