



Photo Credit: Gary Hershorn/Getty

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FOR IMMEDIATE RELEASE

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NYS P.A.U.S.E EXTENDED TO APRIL 15TH

(Policies That Assure Uniform Safety For Everyone)

Amid Coronavirus Pandemic

non-essential workers will continue to stay home, CDC orders travel advisory in NY, inmates released and more!

NYS Confirmed: 59,513

NYS deaths: 965

NYC confirmed: 33,768

Brooklyn confirmed: 8,451

NYS: GOVERNOR CUOMO

- **Non-essential workers** will work at home through **April 15th**.
- **Gatherings** of any size for any reason **remain canceled** until **April 15th** and all New Yorkers should continue to practice social distancing.
- Wadsworth developed a **new test for COVID-19** which will serve as a "less intrusive **saliva and short nasal swab** test." New test will be available next week.
- USNS Comfort will arrive tomorrow. Will serve **non COVID-19 patients**.
- Current Hospitalizations: **8,503** people
- Rhode Island **repealed** rejection of NYS license plate lockout.

NYC: MAYOR DE BLASIO



Photo Credit: NY Post

- **156 MTA employees tested positive for COVID-19**, including MTA Chairman Patrick Foye.
- More than **500 NYPD workers** tested **positive for COVID-19**
- **United Nations** donated **250,000** masks to NYC.
- **500 Contract nurses** added to NYC Health and Hospitals last week.
- **Kings County Distillery** making up to **1,000** hand sanitizers daily. For more information visit [here](#).
- Over **600 inmates** have been released.
- Anyone who disobeys **NYPD** order to disperse, will be fined **\$250-500**
- **Mount Sinai** will partner to create **68 bed field hospital in Central Park**.

US: PRESIDENT TRUMP



Photo Credit: eturbonews

- Today, President Trump extended the Social Distancing guidelines to **April 30th**.
- National Co-pays, co-insurance and deductibles related to COVID-19 tested are **waived**. For more information visit [here](#).
- The **Center for Disease Control and Prevention** issued a **travel advisory** in New York, New Jersey and Connecticut. According to the CDC, "residents

of New York, New Jersey, and Connecticut [are urged] to refrain from non-essential domestic travel for **14 days effective immediately.**" This Domestic Travel Advisory **excludes** employees of "critical infrastructure industries," including but not limited to:

- Trucking
- Public health professionals
- Financial services
- Food supply

For more information visit [here](#).

UPS



Photo Credit: Business Journals [ages](#)

UPS will **not require signatures** from customers during delivery due to COVID-19.

VISA EXTENDS SPONSORSHIPS



Photo Credit: ministryofsport.com

Visas will be extended until **2021** for athlete sponsorships.
For more information visit [here](#).



Photo Credit: Pixabay/CDC

- Notify NYC: Beware of COVID19 scams!

- Report **price gouging** to 311 or NYC.gov/dcwp. You can also file a complaint to the Attorney General's office, fill out a [complaint form](#).
- CDC staff will **NOT** go door-to-door. If you experience this, call 911.

SERVICES AND RESOURCES



Photo Credit: Ansi.org

Due to the impact of COVID-19 on New York City's workforce, the City of New York has developed a list of resources for those who may be unemployed due to COVID-19 or are seeking additional assistance. The list below will be updated frequently.

It has information on the following categories:

- **Employment Resources**
- **Food Assistance**

- **Health & Medical Assistance**
- **Financial Assistance**
- **Rent Arrears and Public Assistance**
- **Emotional Support & Spiritual Care**
- **Other Assistance**

Visit this website for resources.

NYS Department of Health Hotline for people who want to be assessed and get appointment for test (888-364-3065).
NYC residents should call (844-692-4692).

Volunteer to Support

Others: https://www1.nyc.gov/site/helpnyc/resources/covid-19-relief.page#healthcare_workers

WHAT TO DO IF YOU ARE SICK WITH COVID-19



What to do if you are sick with coronavirus disease 2019 (COVID-19)

If you are sick with COVID-19 or suspect you are infected with the virus that causes COVID-19, follow the steps below to help prevent the disease from spreading to people in your home and community.

Stay home except to get medical care

You should restrict activities outside your home, except for getting medical care. Do not go to work, school, or public areas. Do not use public transportation, ride-sharing, or taxis.

Separate yourself from other people in your home

As much as possible, you should stay in a specific room and away from other people in your home. Also, you should use a separate bathroom, if available.

Call ahead before visiting your doctor

If you have a medical appointment, call the healthcare provider and tell them that you have or may have COVID-19. This will help the healthcare provider's office take steps to keep other people from getting infected or exposed.

Wear a facemask

You should wear a facemask when you are around other people (e.g., sharing a room or vehicle) and before you enter a healthcare provider's office. If you are not able to wear a facemask (for example, because it causes trouble breathing), then people who live with you should not stay in the same room with you, or they should wear a facemask if they enter your room.

Cover your coughs and sneezes

Cover your mouth and nose with a tissue when you cough or sneeze. Throw used tissues in a lined trash can and wash your hands with soap and water for at least 20 seconds. If soap and water are not available, immediately clean your hands with an alcohol-based hand sanitizer that contains at least 60% alcohol, covering all surfaces of your hands and rubbing them together until they feel dry. Soap and water should be used preferentially if hands are visibly dirty.

Clean your hands

Wash your hands often with soap and water for at least 20 seconds. If soap and water are not available, clean your hands with an alcohol-based hand sanitizer that contains at least 60% alcohol, covering all surfaces of your hands and rubbing them together until they feel dry. Soap and water should be used preferentially if hands are visibly dirty. Avoid touching your eyes, nose, and mouth with unwashed hands.

Avoid sharing personal household items

You should not share dishes, drinking glasses, cups, eating utensils, towels, or bedding with other people in your home. After using these items, you should wash them thoroughly with soap and water.

Monitor your symptoms

Seek prompt medical attention if your illness is worsening (e.g., shortness of breath or difficulty breathing). Before seeking care, call your healthcare provider and tell them that you have, or are being evaluated for, COVID-19. Put on a facemask before you enter the facility. These steps will help the healthcare provider's office keep other people from getting infected or exposed.

Ask your healthcare provider to call the local or state health department. Persons who are placed under active monitoring or facilitated self-monitoring should follow instructions provided by their local health department or occupational health professionals, as appropriate. <https://www.cdc.gov/coronavirus/2019-ncov/php/risk-assessment.html>

Discontinuing home isolation

Patients confirmed to have COVID-19 should remain under home isolation precautions until the risk of secondary transmission to others is thought to be low. The decision to discontinue home isolation precautions should be made on a case-by-case basis, in consultation with healthcare providers and state and local health departments. Current information on COVID-19 is limited; home precautions are conservative and based on general recommendations for other diseases, like Middle Eastern Respiratory Syndrome (MERS).



For more information: www.cdc.gov/COVID19

STAY INFORMED

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about
coronavirus



Health officials are working tirelessly to protect public health and contain this virus. And, as your representative in Albany, I am working to ensure that our state is putting the health and safety of our families first.

Remember COVID-19 can affect any community and we must stand by one another during this time, not alienate, threaten or discriminate against others.

For questions you can also reach out to the New York State's novel coronavirus hotline at **1-888-364-3065**. For continuous updates, you can visit the following websites:

- [Center for Disease Control and Prevention \(CDC\)](#)
- [World Health Organization \(WHO\)](#)

The CDC also now has the option for you to sign up for weekly updates on COVID-19.

New Yorkers Can Sign Up for Email Updates [Here](#) and Ask Questions About COVID-19 [Here](#)

New Yorkers Can Find More Information About the New COVID-19 Paid Sick Leave Law [Here](#)

Assemblymember Rodneyse Bichotte represents the 42nd Assembly District in Brooklyn covering Ditmas Park, Flatbush, East Flatbush and Midwood. She is currently the **Chair of the Subcommittee on Oversight of Minority and Women-Owned Business Enterprises (MWBEs)**, and serves on the following committees: **Housing, Government Operations, Education , Banks, Health, and Higher Education**. She is also a member of the Task Force on Women's Issues and sits on **Governor Cuomo's Domestic Violence Advisory Council and Mayor De Blasio's MWBE Task Force**.

As a current Assemblymember, District Leader, and Chair of Brooklyn Democratic Party, Rodneyse Bichotte has been an outspoken advocate on issues concerning **immigration, education, economic development, unemployment, education reform, health care access, senior citizen centers, affordable housing, school safety, women's and LGBTQ rights**, as well as other issues affecting the quality of life in the community.

Learn more about
Rodneyse Bichotte by visiting her website:
<http://nyassembly.gov/mem/Rodneyse-Bichotte>

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