



Photo Credit: Seth Wenig, AP

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FOR IMMEDIATE RELEASE

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NYS P.A.U.S.E EXTENDED TO APRIL 29TH
(Policies That Assure Uniform Safety For Everyone)

Amid Coronavirus Pandemic

NYS regents exams canceled; ventilators being sent to NYC; surgical gowns being created; mayor discontinues street closure pilot program; allstate insurance payback and more!

NYS Confirmed: 130,689
NYS deaths: 4,758
NYC confirmed: 72,181
Brooklyn confirmed: 18,434

NYS: GOVERNOR CUOMO



Photo Credit: Governor Cuomo

- **Governor Cuomo** announced that **schools and non-essential businesses** will remain **closed** until **April 29th**.
- The **maximum fine** for violations of social distancing protocol has increased from \$500 to **up to \$1,000**.

- Governor Cuomo will **ask President Trump** to allow **USNS Comfort** to accept COVID-19 patients. Initially the 1,000 bed comfort was intended for non-coronavirus patients, however there is a **greater need to accept COVID-19 patients**.
- Sending **802** ventilators to New York City.
- Current Hospitalizations: **16,837**.

NYC: MAYOR DE BLASIO

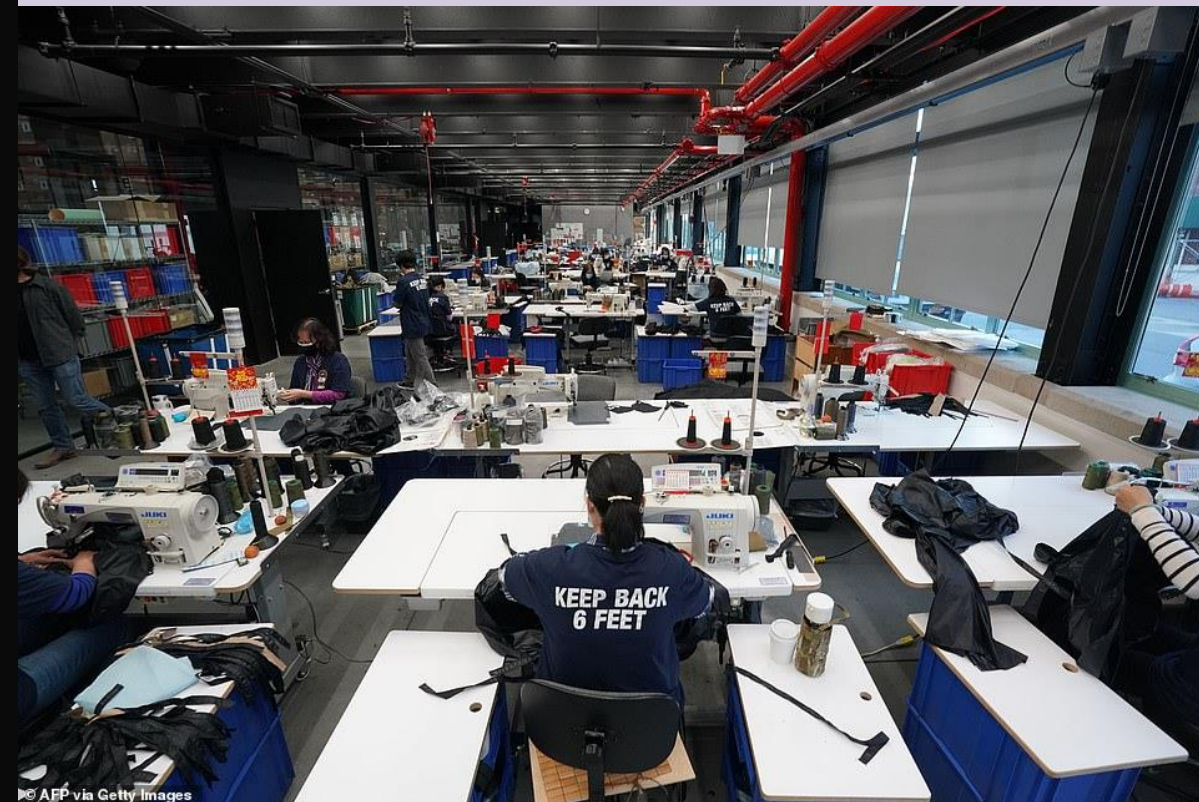


Photo Credit: AFP via Getty Images

- Two companies, named **Lafayette 148 New York** and **Crye Precision**, are collaborating on the effort to make surgical hospital gowns. Workers began the effort to create surgical gowns at Navy Yard 9 days ago. It is predicted that:

- **9,200** reusable surgical gowns will be done by the end of the day
- **19,000** by end of week
- **320,000** by the end of month
- City has enough N95 masks for this week; **600,000** masks are arriving today.
- Mayor announced that he is **discontinuing the street closure pilot program** due to the lack of people participating in the program.
- Executive Budget will be unveiled on **April 23rd**.

DEPARTMENT OF EDUCATION



Photo Credit: New York Daily News

New York State **Regents exams** are **canceled** for high school students due to COVID-19. For more information visit [here](#).

The Department of Education **bans** teachers from using the **Zoom** Tele-conference website during remote learning due to **concerns about security breaches** . For more information visit [here](#).

CONVALESCENT PLASMA DONATION

Convalescent Plasma is a treatment that is currently being used to help those severely ill from the coronavirus. Individuals who have had the virus and recovered from it is in a position to try and help those who still suffer from the virus by donating their plasma which includes antibodies t the virus. So far **over 10,000 people have donated**. The New York Blood Centers will collect and process donated plasma. For more information and to sign up click [here](#).

MENTAL HEALTH

COVID-19 is a challenge to our mental health.

Starting today, New Yorkers
can get free meditation and
mindfulness resources
through Headspace.

Visit [headspace.com/ny](https://www.headspace.com/ny)



STAY HOME. STOP THE SPREAD. SAVE LIVES.

Photo Credit: Governor Cuomo

New York State is partnering with **Headspace** to provide **free mindfulness, meditation and mental health resources** to New Yorkers. To access this service, visit [here](https://www.headspace.com/ny).

ALLSTATE SHELTER-IN-PLACE PAYBACK



Photo Credit: Finder.com

Today, Allstate Car Insurance announced that they will **payback** customers **15% of their monthly premium in April and May.** " According to Allstate, "Customers will receive the money back through a credit to their bank account, credit card or Allstate account." Allstate is also **extending their insurance coverage** to customers who use their "personal vehicles to **deliver food, medicine and other goods for commercial purposes.**" For more information visit [here](#).

THANK YOU ESSENTIAL WORKERS



Always there when we need them.

Thank you

first responders!

Photo Credit: ministryofsport.com

During these unprecedented and difficult times, **we thank our essential workers** who are serving on the front lines. This week we thank our first responders for quickly rushing to answer our calls.

AVOID SCAMS



Photo Credit: Pixabay/CDC

- Notify NYC: Beware of COVID19 scams!
- Report **price gouging** to 311 or [NYC.gov/dcwp](https://www.nyc.gov/dcwp). You can also file a complaint to the Attorney General's office, fill out a [complaint form](#).
- **NYS Price Gouging Hotline: 800-697-1220.**
- CDC staff will **NOT** go door-to-door. If you experience this, call 911.

SERVICES AND RESOURCES



Photo Credit: Ansi.org

Due to the impact of COVID-19 on New York City's workforce, the City of New York has developed a list of resources for those who may be unemployed due to COVID-19 or are seeking additional assistance. The list below will be updated frequently.

It has information on the following categories:

- **Employment Resources**
- **Food Assistance**
- **Health & Medical Assistance**
- **Financial Assistance**
- **Rent Arrears and Public Assistance**
- **Emotional Support & Spiritual Care**
- **Other Assistance**

Visit this [website](#) for resources.

NYS Department of Health Hotline for people who want to be assessed and get appointment for test ([888-364-3065](tel:888-364-3065)). NYC residents should call ([844-692-4692](tel:844-692-4692)).

Volunteer to Support

Others: https://www1.nyc.gov/site/helpnownyc/resources/covid-19-relief.page#healthcare_workers.

Free Internet Services:

Charter is offering free spectrum broadband and WiFi access for 60 days to household with K-12 and/or college students who do not already have Spectrum broadband subscription. To enroll, **call 844-488-8395**. Until further notice, all Xfinity WiFi Public Hotspots are now open to everyone on the "xfinitywifi" SSID. For more information visit [here](#).

In-District Businesses open/closed : Provided by **Flatbush Avenue BID and Church Avenue BID** : Visit Flatbush Avenue Business Directory [here](#) and Church Avenue Business directory [here](#). Businesses open/closed: Provided by **Flatbush Development Corporation** : Visit Flatbush Business Corridor Directory [here](#). Includes businesses located in:

- Cortelyou Road (Coney Island Ave - Ocean Ave)
- Coney Island Avenue (Cortelyou Road - Foster Ave)
- Newkirk Plaza
- Newkirk Avenue (Coney Island Ave - Ocean Ave)
- Foster Avenue (Coney Island Ave - Ocean Ave)
- Ditmas Park

WHAT TO DO IF YOU ARE SICK WITH COVID-19



What to do if you are sick with coronavirus disease 2019 (COVID-19)

If you are sick with COVID-19 or suspect you are infected with the virus that causes COVID-19, follow the steps below to help prevent the disease from spreading to people in your home and community.

Stay home except to get medical care

You should restrict activities outside your home, except for getting medical care. Do not go to work, school, or public areas. Do not use public transportation, ride-sharing, or taxis.

Separate yourself from other people in your home

As much as possible, you should stay in a specific room and away from other people in your home. Also, you should use a separate bathroom, if available.

Call ahead before visiting your doctor

If you have a medical appointment, call the healthcare provider and tell them that you have or may have COVID-19. This will help the healthcare provider's office take steps to keep other people from getting infected or exposed.

Wear a facemask

You should wear a facemask when you are around other people (e.g., sharing a room or vehicle) and before you enter a healthcare provider's office. If you are not able to wear a facemask (for example, because it causes trouble breathing), then people who live with you should not stay in the same room with you, or they should wear a facemask if they enter your room.

Cover your coughs and sneezes

Cover your mouth and nose with a tissue when you cough or sneeze. Throw used tissues in a lined trash can and wash your hands with soap and water for at least 20 seconds. If soap and water are not available, immediately clean your hands with an alcohol-based hand sanitizer that contains at least 60% alcohol, covering all surfaces of your hands and rubbing them together until they feel dry. Soap and water should be used preferentially if hands are visibly dirty.

Clean your hands

Wash your hands often with soap and water for at least 20 seconds. If soap and water are not available, clean your hands with an alcohol-based hand sanitizer that contains at least 60% alcohol, covering all surfaces of your hands and rubbing them together until they feel dry. Soap and water should be used preferentially if hands are visibly dirty. Avoid touching your eyes, nose, and mouth with unwashed hands.

Avoid sharing personal household items

You should not share dishes, drinking glasses, cups, eating utensils, towels, or bedding with other people in your home. After using these items, you should wash them thoroughly with soap and water.

Monitor your symptoms

Seek prompt medical attention if your illness is worsening (e.g., shortness of breath or difficulty breathing). **Before** seeking care, call your healthcare provider and tell them that you have, or are being evaluated for, COVID-19. Put on a facemask before you enter the facility. These steps will help the healthcare provider's office keep other people from getting infected or exposed.

Ask your healthcare provider to call the local or state health department. Persons who are placed under active monitoring or facilitated self-monitoring should follow instructions provided by their local health department or occupational health professionals, as appropriate. <https://www.cdc.gov/coronavirus/2019-ncov/php/risk-assessment.html>.

Discontinuing home isolation

Patients confirmed to have COVID-19 should remain under home isolation precautions until the risk of secondary transmission to others is thought to be low. The decision to discontinue home isolation precautions should be made on a case-by-case basis, in consultation with healthcare providers and state and local health departments. Current information on COVID-19 is limited; home precautions are conservative and based on general recommendations for other diseases, like Middle Eastern Respiratory Syndrome (MERS).



For more information: www.cdc.gov/COVID19

STAY INFORMED

STAY INFORMED

about
coronavirus



Health officials are working tirelessly to protect public health and contain this virus. And, as your representative in Albany, I am working to ensure that our state is putting the health and safety of our families first.

Remember COVID-19 can affect any community and we must stand by one another during this time, not alienate, threaten or discriminate against others.

For questions you can also reach out to the New York State's novel coronavirus hotline at **1-888-364-3065**. For continuous updates, you can visit the following websites:

- [Center for Disease Control and Prevention \(CDC\)](#)
- [World Health Organization \(WHO\)](#)

The CDC also now has the option for you to sign up for weekly updates on COVID-19.

New Yorkers Can Sign Up for Email Updates [Here](#) and Ask Questions About COVID-19 [Here](#)

New Yorkers Can Find More Information About the New COVID-19 Paid Sick Leave Law [Here](#)

Assemblymember Rodneyse Bichotte represents the 42nd Assembly District in Brooklyn covering Ditmas Park, Flatbush, East Flatbush and Midwood. She is currently the **Chair of the Subcommittee on Oversight of Minority and Women-Owned Business Enterprises (MWBES)** , and serves on the following committees: **Housing, Government Operations, Education , Banks, Health, and Higher Education** . She is also a member of the Task Force on Women's Issues and sits on **Governor Cuomo's Domestic Violence Advisory Council and Mayor De Blasio's MWBE Task Force.**

As a current Assemblymember, District Leader, and Chair of Brooklyn Democratic Party, Rodneyse Bichotte has been an outspoken advocate on issues concerning **immigration, education, economic development, unemployment, education reform, health care access, senior citizen centers, affordable housing, school safety, women's and LGBTQ rights** , as well as other issues affecting the quality of life in the community.

Learn more about
Rodneyse Bichotte by visiting her website:
<http://nyassembly.gov/mem/Rodneyse-Bichotte>

STAY CONNECTED

