1	AND ASSE	HE NEW YORK STATE SENATE FINANCE MBLY WAYS AND MEANS COMMITTEES	
3		JOINT LEGISLATIVE HEARING	
4		In the Matter of the	
5	20	015-2016 EXECUTIVE BUDGET ON MENTAL HYGIENE	
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8 9		Hearing Room B Legislative Office Building Albany, New York	
10		February 27, 2015	
11		9: 30 a. m.	
12	PRESI DI NO	Ĵ:	
13		Senator John A. DeFrancisco	
14		Chair, Senate Finance Committee	
15		Assemblyman Herman D. Farrell, Jr. Chair, Assembly Ways & Means Committee	
16	PRESENT:		
17 18		Senator Liz Krueger Senate Finance Committee (RM)	
19		Assembly man Robert Oaks Assembly Ways & Means Committee (RM)	
20 21		Senator Robert G. Ortt Chair, Senate Committee on Mental Health and Developmental Disabilities	
22		Assemblywoman Aileen Gunther	
23		Chair, Assembly Committee on Mental Health	
24		Senator George A. Amedore, Jr. Chair, Senate Committee on Alcoholism and Drug Abuse	
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3	PRESENT:	(Continued)	
4		Assemblywoman Linda B. Rosenthal	
5		Chair, Assembly Committee on Alcoholism and Drug Abuse	

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6	Assemblywoman Ellen C. Ja	arree		
7	Senator Di ane Savi no			
8	Assemblywoman Rodneyse Bi	cnotte		
9	Senator Jesse Hamilton			
10	Assemblyman Clifford Cro			
11	Assemblyman Daniel O'Donr			
12	Assemblywoman Didi Barre	tt		
13	Senator James Sanders, Ji	^ .		
14	Assemblyman John T. McDor	nald, III		
15	Assemblyman Thomas Abinar	nti		
16	Senator Jack Martins			
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1	CHAIRMAN FARRELL: Good morning.	3
2	Today we begin the 12th in the series of	
3	hearings conducted by the joint fiscal	
4		
	committees of the Legislature regarding the	
5	Governor's proposed budget for fiscal year	
6	2015-2016. The hearings are conducted	
7	pursuant to Article 7, Section 3 of the	
8	Constitution, and Article 2, Section 31 and	
9	32A of the Legislative Law.	
10	Today the Assembly Ways and Means	
11	Committee and the Senate Finance Committee	
12	will hear testimony concerning the budget	
13	proposal for mental hygiene. I will now	
14	introduce members from the Assembly, and	
15	Senator DeFrancisco, chair of the Senate	
16	Finance Committee, will introduce members	
17	from the Senate.	
18	I am joined by Assemblywoman Bichotte	
19	and Assemblywoman Jaffee and Assemblywoman	
20	Aileen	
21	ASSEMBLYMAN OAKS: Gunther.	
22	CHAIRMAN FARRELL: Gunther. That's	
23	all right, I've only known you 20 years.	
24	(Laughter.)	

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1	CHAIRMAN FARRELL: Senator?	
2	CHAIRMAN DeFRANCISCO: I'm joined by	
3	ranking member of the Finance Committee Liz	
4	Krueger.	
5	SENATOR KRUEGER: And also hi, Liz	
6	Krueger. And I'm joined by the ranker, Jesse	
7	Hami I ton.	
8	CHAIRMAN FARRELL: First to testify is	
9	Ann Marie Sullivan, M.D., commissioner of the	
10	New York State Office of Mental Health.	
11	Good morning.	
12	COMMISSIONER SULLIVAN: Good morning.	
13	CHAIRMAN FARRELL: If we sound happy,	
14	it's the last day.	
15	(Laughter.)	
16	COMMISSIONER SULLIVAN: Good morning.	
17	Thank you, Senator DeFrancisco, Assemblyman	
18	Farrell, Senator Ortt, and Assemblywoman	
19	Gunther and other members of the Legislature	
20	for this opportunity to discuss the 2015-2016	
21	Executive Budget for the Office of Mental	
22	Heal th.	
23	As you know, we are in a time of	
24	transformation in our healthcare system that	
<u></u>		7
1	challenges us to provide population wellness	
2	and illness prevention, quality	
3	patient-centered care, comprehensive services	
4	for the chronically ill, and all at a lower	

5	Mental Hygi ene2015.txt cost to New Yorkers. This will require, as	
6	demonstrated so well in DSRIP, the Delivery	
7	System Reform Incentive Payment program, that	
8	we transform our system from one based too	
9	heavily on hospital use and institutional	
10	care to one that balances the need for	
11	community services. These services must	
12	focus on effective population health and	
13	wellness as well as acute and chronic care.	
14	Our New York State mental health	
15	system must evolve in a similar way, and the	
16	proposed 2015-2016 budget supports that	
17	transformation of mental health in critical	
18	ways. Fortunately, this budget provides	
19	resources to help transform our system of	
20	mental health care so that it can provide the	
21	right level of services to individuals in	
22	their communities while containing growing	
23	costs. The Executive Budget, while staying	
24	within the 2 percent state funding cap,	
2		8
1	significantly supports this transformative	U
2	goal.	
3	First, let me begin with the Medicaid	
4	redesign and the implementation of health and	
5	recovery plans.	
6	Medicaid redesign is focused on	
7	providing substantially better care for	
-	process and the second	

individuals with mental illness by utilizing

prevention strategies and maximizing

wellness, while containing costs.

8 9

Mental Hygi ene2015. txt The 2015-2016 Executive Budget 11 includes \$115 million in Medicaid to continue 12 13 a full range of behavioral health transformation activities such as integration 14 15 of health and behavioral health services, facilitating the transition of behavioral 16 heal thcare services from a fee-for-service 17 system to a managed-care environment, managed 18 19 care start-up grants, Health Home plus 20 expansion, Home and Community-Based Waiver 21 service expansions, and targeted funds to preserve critical access to behavioral health 22 23 services in communities. 24 It is especially exciting that the 4 9 waiver services in Medicaid managed care will 1 2 for the first time, through health and 3 recovery plans, pay for peer services, 4 respite and crisis services, employment and education supports for those with serious 5 mental illness, enabling each individual to 6 7 reach his or her desired goals and full 8 potential. 9 Second, this budget builds on last 10 year's effort to transform the state mental health hospital system. 11 For decades, New York State has 12 sustained a system of mental health care for 13 its citizens which relied heavily on 14

extensive state psychiatric center inpatient

New York's

state-operated hospitals.

15

17	Mental Hyglene 2015. txt capacity includes 24 facilities with nearly	
18	4,000 budgeted beds. New York currently	
19	significantly exceeds the national average	
20	inpatient utilization rate at state-operated	
21	psychiatric centers. This has been costly	
22	and has prevented the investment of dollars	
23	in needed community services.	
24	We now know that innovative and	
P		10
1	effective community services can prevent	
2	avoidable inpatient admissions and	
3	readmissions, and that those dollars saved	
4	can be utilized at the front end of care to	
5	enable individuals to lead more enjoyable and	
6	productive lives. New York State's	
7	state-operated inpatient facilities serve	
8	approximately 1 percent of the total number	
9	of people served, yet they account for	
10	20 percent of the gross annual system	
11	expenditures. The imbalance is not	
12	productive, and we as a state can do better.	
13	The Executive Budget continues the	
14	promise made last year by fully funding	
15	preinvestment and making an additional outlay	
16	of \$7.5 million \$15 million full annual	
17	in funding for community reinvestment, which	
18	builds upon the \$44 million of reinvestment	
19	enhancements that are continued from	
20	2014-2015.	
21	As you know, these funds, at the rate	
22	of \$110,000 for every bed reduced, are	

23	Mental Hygi ene2015.txt reinvested in the expansion of state and	
24	voluntary operated community-based services	
Ŷ		11
1	across the state.	
2	Last year, through reinvestment	
3	dollars and working with our counties and	
4	community providers, we developed a wide	
5	range of new services, including supported	
6	housing, respite beds, mobile treatment	
7	units, and Home and Community-Based Waiver	
8	services for youth.	
9	Third, the Executive Budget recognizes	
10	the pressure of rising housing costs by	
11	continuing and adding to rental stipends, as	
12	well as COLA support for direct care staff	
13	and forensic reentry services.	
14	It is not possible to provide quality	
15	care without quality housing. Last year OMH	
16	was fortunate to be able to include an	
17	addition to the supported housing rental	
18	stipend of \$550 targeted to downstate areas.	
19	This year the Exhibit Budget includes	
20	\$10 million to further expand that	
21	much-needed rental stipend by an average	
22	additional \$750 in areas facing fair market	
23	value cost pressures. These two increases	
24	help to bring many supported housing programs	
		12
1	across the state closer to closing the fair	
2	market gap.	
3	Additional housing investments in the	

Page 9

OMH budget include \$20 million to fully
annualize funding for 1,700 residential
pipeline beds and for those coming out of
adult and nursing homes and New York/New York
III housing.

If quality staff are to be maintained in our mental health programs, then they need appropriate payment for their services.

Following the promise made in last year's Executive Budget, the OMH 2015-2016 Executive Budget provides \$20 million to fully fund a 2 percent salary increase for direct care staff and support workers on January 1, 2015, and another 2 percent salary increase in April 2015 for those same direct care support workers, as well as clinical workers. This is critical assistance for recruiting and retaining staff.

Individuals with chronic mental illness leaving prison are especially vulnerable to difficulties in reentering

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society. This is why the Executive Budget includes significant funding of \$22 million for an expanded forensic reentry program and prison-based OMH services.

This year we will be significantly expanding our long-standing partnership with DOCCS, the Department of Corrections, to include more comprehensive assessments, treatment and discharge planning for inmates,

10	as well as intensive outpatient treatment and	
11	specialized housing after discharge.	
12	I firmly believe we can achieve a	
13	system of care for individuals with mental	
14	illness which applies integrated approaches	
15	that simultaneously improve care, improve	
16	population health, and reduce costs per	
17	capita. The Governor's budget strongly	
18	supports this goal.	
19	And I will be happy to answer any	
20	questions you may have concerning OMH's	
21	budget. Thank you.	
22	CHAIRMAN DeFRANCISCO: Thank you,	
23	Commi ssi oner.	
24	The first questioner will be Robert	
?		14
1	Ortt, chairman of the Mental Health and	
2	Developmental Disability Committee. Oh, I'm	
3	sorry.	
4	CHAIRMAN FARRELL: Yes, it's all	
5	right.	
6	CHAIRMAN DeFRANCISCO: I'm sorry, he's	
7	in charge today. It was last night at 8:30.	
8	I was in charge. I couldn't remember.	
9	(Laughter.)	
10		
10	CHAIRMAN DeFRANCISCO: I'm on a	
11	CHAIRMAN DeFRANCISCO: I'm on a different standard time.	
11	different standard time.	
11 12	different standard time. CHAIRMAN FARRELL: We're joined by	

16	ASSEMBLYWOMAN GUNTHER: Well, good	
17	morning, Dr. Sullivan, and thank you for	
18	coming here to testify this morning. And I	
19	know that you're very busy, and we appreciate	
20	the time. And it's been really great working	
21	with you.	
22	So first I want to address some of the	
23	decrease in inpatient beds and the impact	
24	that it will have on the care of people in	
		15
1	crisis throughout the State of New York. And	
2	I also would like to differentiate between	
3	downstate and upstate, because I think that	
4	in downstate, in the city areas, that you	
5	have a lot there's many more choices,	
6	where in upstate New York we have	
7	transportation issues, we don't have crisis	
8	intervention necessarily. And I think	
9	there's a difference.	
10	And I also think that, you know, the	
11	rate of bed closures and I know that	
12	throughout your testimony you talked about	
13	housing and the fact that you're investing in	
14	housing. But, you know, how quickly is that	
15	happening, and where are most of the	
16	investments going? That's a long question, I	
17	know, Ann.	
18	COMMISSIONER SULLIVAN: Thank you,	
19	Assemblywoman Gunther.	
20	In terms of housing, first, I think	
21	that we will have, when reinvestment is	
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22	finished, about 625 housing slots across the
23	state. And those housing slots are earmarked
24	for areas where we have

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1 ASSEMBLYWOMAN GUNTHER: Six hundred 2 and twenty-five?

COMMISSIONER SULLIVAN: Twenty-five additional because of reinvestment.

There are many, many other housing options, including New York/New York IV, including 1700 New York/New York III housing beds in the pipeline. But for reinvestment specifically, there will be 625 housing slots, and they are earmarked for the areas where we are downsizing the beds. So those housing services are being put up in the neighborhoods where the hospitals are downsizing the beds.

We've sent out the contracts. Some of them have -- we've allocated about \$30 million of the \$44 million in reinvestment. So most of those contracts are out there. Whether they are actually in place yet really depends on how quickly they were picked up by providers. But we are really increasing significantly housing. And those beds are slotted for individuals leaving the state hospital system and leaving

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1 Article 28 facilities.

Regarding the crisis services, again throughout the state much of the reinvestment dollars is being put towards respite beds and mobile integration teams. Mobile integration teams are home-based mobile teams that will be going out in other parts of the state depending upon how the community -- when we designed the dollars that would go into the communities, we did a lot of work with the local government units. And basically what they said they needed, some of this money was put towards.

 So in some areas there are mobile crisis teams that are coming up with the reinvestment dollars. And actually more of those mobile crisis teams are upstate than downstate. And as well as integration teams as well as respite beds, and as well as home-based waivers for children.

But all this was done in conjunction with talking with the local government units and the stakeholders in those areas as to what they needed most, in their opinion, in

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order to be able to successfully lower the beds.

ASSEMBLYWOMAN GUNTHER: You know, when I think about 625 beds, I know that a lot of the folks that are going into, you know, separate housing from a long-term-care situation, that they have dual diagnoses, a

8	Mental Hygi ene2015.txt Lot of them have significant medical problems	
9	as well as mental health issues.	
10	And the number 625, I'm thinking about	
11	in Sullivan County and Liberty, New York, I	
12	think they have about 40 patients there alone	
13	that have a mental health diagnosis that	
14	would really be part of the definition of	
15	moving out.	
16	So 625 beds seem very or	
17	residential slots seem very, very small in	
18	comparison to the people that, you know, that	
19	I've traveled throughout New York that and	
20	the investment.	
21	And also I'm really anxious about the	
22	timeline. I mean, this is, you know, a very	
23	complicated system with people that have more	
24	than just the mental health. Usually they	
		19
1	have a lot of physical disabilities too, or	
2	di agnoses.	
3	COMMISSIONER SULLIVAN: Yeah, I think	
4	that, again, that was just from the	
5	reinvestment dollars. There are other beds	
6	in the pipeline. There are 1700 beds in the	
7	pipeline which are also when I say	
8	pipeline, I should say that are in the	
9	process of being allocated out from other	
10	sources of funding in the state. So there	
11	are more beds coming up.	
12	But you are correct that probably we	

are still not at the point where we can say

14	Mental Hygi ene2015. txt we have enough beds across the state. I	
15	think each year we have been incrementally	
16	increasing, but there is still a need for	
17	some additional beds.	
18	The other, on the patients with	
19	multiple problems, yes. And actually we have	
20	bridger teams that we're putting up and some	
21		
	supports to help individuals move into	
22	supported housing where they will receive	
23	more wraparound services. So that would be	
24	like more frequent visits from a social	
		20
1	worker or a care worker to make sure that	
2	they are doing well in housing. And we found	
3	that when you wrap those teams around	
4	housing, they're more successful in helping	
5	the mentally ill stay in housing and be	
6	productive in the housing situation.	
7	So we are increasing those as well	
8	with some of the reinvestment dollars.	
9	ASSEMBLYWOMAN GUNTHER: So I'd like to	
10	address the distribution of beds. I mean,	
11	are they New York City-centric? Which I know	
12	they need a lot of beds in New York City.	
13	And when I think about housing in New York	
14	and a lot of this would be considered	
15	low-income housing. We have so many homeless	
16	people already in New York. So where is this	
17	community of people going to fit in?	
18	And the distribution is important, and	
19	also the timeline.	

20	Mental Hygi ene2015. txt COMMI SSI ONER SULLI VAN: Yes. Well,
21	the timeline, this year so far we have closed
22	about 259 beds. And we will be, over the
23	next year, probably closing another 200 beds
24	across the state. Many of those may be in
P T	
1	the city. Some will also be upstate. But we
2	will be working to get the housing contracts
3	and things in place before those beds come

down.

And also we've followed the letter of the law in terms of the requirement by the Legislature for 90 days, where it's shown that we don't need those beds for 90 days before we've lowered any bed. And we've worked with communities to make sure that that is the case.

So in the places where we have so far lowered the beds, we've been successful in putting up enough community services, I think. But we have to keep monitoring and looking to be sure that what we're putting in place really serves the needs of the community.

ASSEMBLYWOMAN GUNTHER: And, you know, in upstate New York we have a real problem with psychiatry and having the folks that actually can do some of the treatment with people that are being discharged from what I would consider almost a safer environment to

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like a more independent environment. Not	
that I think it's a bad thing that people	
move into their own home. Everybody wants	to
have that happen.	

But my fear or my trepidations are that when I look at psychiatry -- and I'll use my own county in Sullivan County, Ulster County, Orange County, we have little to none. And sometimes -- we had two psychiatrists come to Orange County, and they were booked up solidly until the end of 2015. And so they have really very little access to psychiatry.

And I'm sure, because of the reimbursement rates from our insurance company, which again should be addressed -- but I'm sure it's not any different in New York City than it is in upstate New York with this lack of availability of treatment from a professional.

COMMISSIONER SULLIVAN: Yeah, I think you're absolutely right. One of the things that we're hoping will help is we've changed some of the regulations relative to the use

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of telepsychiatry. And in some ways I think we haven't used the electronic-medium world as much as we could in psychiatry.

So with telepsychiatry, we're hoping that we can have hubs of psychiatrists who can then do with -- for example, a client

would come in with a social worker and then
have an interview with a psychiatrist via
telepsychiatry, and often those psychiatrists
can be in certain sections, often academic
medical centers in certain parts of the
state, and we think that will really
hopefully improve the access to psychiatric
consultation and the ability to have
psychi atri sts.

The recruitment across the state is difficult, and there are national shortages of both psychiatrists and child psychiatrists. So we're hoping telepsychiatry will help, and we're also hoping that we can try to attract, you know, some of our younger psychiatrists into some of the areas, and we're trying to do that a lot. But it's difficult. It's difficult.

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ASSEMBLYWOMAN GUNTHER: A lot of times I think it's the reimbursement issue that really prevents -- you know, stops people from coming to New York.

COMMISSIONER SULLIVAN: Yes. Yes.

ASSEMBLYWOMAN GUNTHER: And I think I would say four years ago, in Rural Resources, they passed the telemedicine legislation.

And actually it was based on a gentleman coming and testifying about his grandson and the fact that there wasn't a child psychiatrist. And it's been underutilized

Page 19

13	since then, absolutely underutilized. So	
14	what can we do to, you know you know, I	
15	know they can credential, there's a distant	
16	location. But we haven't really utilized	
17	that, and it's been four years.	
18	COMMISSIONER SULLIVAN: No, I agree.	
19	And I think one of the things that we've done	
20	is we've eased the regulations so that within	
21	clinics across the state, telepsychiatry can	
22	easily be utilized and billed for.	
23	And then the other issue is just	
24	getting working with groups of	
		25
1	psychiatrists to do it. And we're going to	
2	be doing that at the state level. So we will	
3	be working with groups of psychiatrists.	
4	For example, we have Project Teach,	
5	which is a pilot which has been very	
6	successful, which is a group of child	
7	psychiatrists who are available by	
8	telepsychiatry to work with both mental	
9	health professionals and primary care	
10	physicians. And we've been doing that for a	
11	couple of years, and it's been very	
12	successful. So we want to expand that.	
13	That's a good way to get child psychiatry out	
14	there. And we're going to expand a similar	
15	phenomenon to that for adult psychiatry as	
16	well.	
17	But you're absolutely right, we have	
18	not picked this up and expanded it the way we	

19	should have.	
20	ASSEMBLYWOMAN GUNTHER: And the last	
21	question I have is about choice. For	
22	instance, if somebody has been living in	
23	assisted living and they have their friends,	
24	their social life, do they have the option to	
4		26
1	stay where they are?	20
2	COMMISSIONER SULLIVAN: Oh, sure.	
3	Sure. Absolutely.	
4	CHAIRMAN FARRELL: The clocks are	
5	dead, but	
6	ASSEMBLYWOMAN GUNTHER: Okay, sorry.	
7	Thank you.	
8	COMMISSIONER SULLIVAN: Thank you.	
9	CHAIRMAN FARRELL: For the dais, it	
10	seems we've lost a clock. I'm the only one	
11	that has it. I will notify you when you're	
12	one minute. Okay? Thank you.	
13	And we've been joined by Assemblyman	
14	McDonal d.	
15		
16	ASSEMBLYMAN OAKS: And Assemblyman Crouch.	
17	CHAIRMAN FARRELL: Senator?	
18	CHAIRMAN DeFRANCISCO: Senator Ortt.	
19	SENATOR ORTT: Good morning,	
20	· · · · · · · · · · · · · · · · · · ·	
	Commissioner. Thanks for being here.	
21	COMMISSIONER SULLIVAN: Good morning.	
22	You're familiar, I'm sure, with the	
23	regulation, the OMH law which requires	
24	notification of 12 months whenever there's	

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1	any significant service reductions.	
2	COMMISSIONER SULLIVAN: Mm-hmm.	
3	SENATOR ORTT: There was an agreement	
4	with in fiscal year 2015, in the enacted	
5	budget, that required reports from OMH on bed	
6	reductions. OMH reported bed reductions at	
7	Creedmoor, 22, as well as New York City	
8	Children's Center, of 28, that were not	
9	planned for under the original RCE plan in	
10	fiscal year 2015, and there was no 12-month	
11	noti fi cati on.	
12	Were you aware of those reductions?	
13	And can you explain why those were done	
14	without the 12-month notification.	
15	COMMISSIONER SULLIVAN: Yes. Yes, I'm	
16	aware of the reductions.	
17	And two things. One, we have been	
18	following the legislative side letter which	
19	said that basically beds which were held	
20	vacant for up to 90 days could be reduced	
21	with notice to the Legislature. So that's	
22	what we have been utilizing as the benchmark	
23	for making decisions about lowering beds.	
24	In both those hospitals, those beds	
		28
1	had been vacant for a considerable period of	
2	time and it really didn't make sense	
3	necessarily to keep them at the same level.	
4	They're also not they are, relative to the	

5	Mental Hygi ene2015.txt total number of beds, not that significant of	
6	a reduction. One I think is a 6 percent	
7	lowering, and other one is maybe a 10,	
8	11 percent lowering of beds.	
9	So but we've been following the	
10	side letter, and that's been my	
11	understanding, that the side letter, which	
12	was passed by the Legislature, has given us	
13	the authority to lower beds which are vacant	
14	for 90 days. And we've been very careful to	
15	make sure that they are vacant for 90 days,	
16	and that basically there is no waiting time,	
17	significant waiting time for anyone to get	
18	into those facilities.	
19	SENATOR ORTT: Okay. In 2015 there	
20	was proposed reducing the number of inpatient	
21	beds at state-operated centers by 399. To	
22	date, OMH inpatient beds have been reduced by	
23	259. There's 140 remaining beds to be	
24	reduced. Can you tell me where those will	
		29
1	be, and how those decisions are made?	27
2	COMMISSIONER SULLIVAN: The decision	
3	will be made based upon getting the community	
4	services up in those areas so that we can	
5	really monitor and safely decrease the number	
6	of beds.	
7	So they will be at various locations	
8	across the state. They will probably	
9	generally follow the numbers that we saw in	
10	the initial plan. But we modified it because	
	•	

11	Mental Hygi ene 2015. txt	
11	again, based on the side letter, if there's a	
12	90-day vacancy and we feel that that	
13	community, we have been successful in	
14	lowering the beds. So they will be in	
15	various places throughout the state. I can't	
16	tell you exactly which facilities.	
17	SENATOR ORTT: It would be your	
18	contention that the community services would	
19	be in place prior to those reductions?	
20	COMMISSIONER SULLIVAN: Yes. Yes.	
21	SENATOR ORTT: Last year the Senate	
22	proposed funding to expand crisis	
23	intervention teams. It was approved and	
24	implemented in recent months. Obviously we	
Υ		30
1	were disappointed, I was disappointed that	
2	the Governor did not choose to annualize this	
3	in his budget.	
4	Can you give me an update on the CIT	
5	teams from your perspective and how maybe we	
6	can go about expanding them to increase	
7	security in our communities?	
8	COMMISSIONER SULLIVAN: Well, the CIT	
9	training programs and the CIT teams have been	
10	put up I think it's in six counties. And I	
11	think they've done a good job, from what I've	
12	seen, in terms of training police and working	
13	in a partnership with police on CIT training.	
14	The localities I think so far have	
15	been very pleased with what happened. And I	
16	think we're still getting feedback. I think	
	5 5	

17	Mental Hyglene 2015. txt it will take a little time to get the data.	
18	But everybody I think is expecting.	
19	So I think part of it is to make sure	
20	that they are being effective. I'm pretty	
21	sure they probably will be. But I think they	
22	might need some time to evaluate that	
23	further.	
24	SENATOR ORTT: Okay. Commissioner,	
P		3
1	I'm very concerned, as we spoke previously,	
2	about the recommendation to decrease the	
3	number of state-operated psychiatric center	
4	inpatient beds by 137 in the 2016 budget.	
5	What impact will that reduction of inpatient	
6	beds have on the closure of the Western	
7	New York Children's Psychiatric Center?	
8	COMMISSIONER SULLIVAN: Well, the	
9	Western New York Children's may or may not	
10	have any reduction in beds. Western New York	
11	Children's is really being proposed to be	
12	consolidated with Buffalo. So that may or	
13	may not result in a somewhat decreased bed	
14	census. That would only be if we found that	
15	by the community services, those beds could	
16	be slightly reduced.	
17	But the plan for Western is really not	
18	to reduce the beds significantly in any way,	
19	it's to move those beds and consolidate on	
20	the Buffalo campus.	
21	SENATOR ORTT: And as a psychiatrist,	
22	what's your position on prescriber prevails	

Mental Hygi ene2015. txt 23 and the state's plan to do away with 24 prescriber prevails? 32 우 COMMISSIONER SULLIVAN: 1 You know, I 2 think it's very important, it's always 3 important that patients get the medications 4 that they need. I think there has to be a 5 balance between psychiatrists and insurers. I do think that the way it is stated now, if 6 7 prescriber prevails was not there, that there 8 would be a reasonable authorization process 9 that you could go through with the insurance And there is an appeal process in 10 companies. 11 the event that basically the insurer and the physician should disagree. 12 13 So I think there are protections 14 there. And I think it's important that we be 15 able to get our patients the medications that 16 they need. 17 SENATOR ORTT: But you're okay with 18 the current proposal to do away with 19 prescriber prevails as it exists today? 20 COMMISSIONER SULLIVAN: I think it could work. I think it can work. 21 22 SENATOR ORTT: Just for the record. I 23 would like to say that it is my opinion that 24 the 90-day vacancy period doesn't trump 우 33 1 existing law. That's my understanding. 2 Perhaps we can further discuss that. 3 But thank you for being here,

Page 26

4	Commi ssi oner.	
5	COMMISSIONER SULLIVAN: Thank you.	
6	CHAIRMAN FARRELL: Thank you.	
7	Next, Assemblywoman Bichotte.	
8	ASSEMBLYWOMAN BICHOTTE: Hi, good	
9	morning. How are you?	
10	COMMISSIONER SULLIVAN: Good morning.	
11	ASSEMBLYWOMAN BICHOTTE: It's a	
12	pleasure to be here this morning. I did have	
13	a couple of questions.	
14	I do have some concerns around just	
15	the overall immediate transition from the	
16	institutional settings to the community-based	
17	settings. I just simply don't think in the	
18	time frame that we're projecting, we will	
19	have the resources. I'm not convinced that	
20	there's a clear-cut tangible plan. And maybe	
21	after this we can take a look at it.	
22	But, you know, we have to realize that	
23	everything is not about costs, immediate	
24	costs or savings. Because when you close a	
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1	door in one area, you're just opening up	
2	other burdens in other areas. For example,	
3	we transition these patients out of the	
4	institutional area, and we might be creating	
5	homelessness, higher crime rate, higher	
6	substance abuse, and our monies will be	
7	reinvested in prison facilities.	
8	So my question is around the substance	
9	abuse. I notice that there's an increase, a	

10	\$5 million increase for opiate abuse	
11	prevention and treatment programs. So my	
12	question is, are you expecting to have more	
13	patients to be opiate abusers, and is it a	
14	result of the transitioning?	
15	COMMISSIONER SULLIVAN: The \$5 million	
16	for addressing that is really Commissioner	
17	Arlene Sanchez, from OASAS.	
18	ASSEMBLYWOMAN BICHOTTE: Okay. Okay,	
19	I'm sorry.	
20	COMMISSIONER SULLIVAN: So in terms of	
21	opi ate use.	
22	ASSEMBLYWOMAN BICHOTTE: Okay. okay.	
23	Well, so can you and I know you touched on	
24	it a little bit, but can you give me a	
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Ŷ 1	clearer sense of some of the programs in	35
1	clearer sense of some of the programs in	35
1 2	particular in Brooklyn I represent	35
1 2 3	particular in Brooklyn I represent Brooklyn that you'll be readily available	35
1 2 3 4	particular in Brooklyn I represent Brooklyn that you'll be readily available for those beds or those transitions that are	35
1 2 3 4 5	particular in Brooklyn I represent Brooklyn that you'll be readily available for those beds or those transitions that are taking place?	35
1 2 3 4	particular in Brooklyn I represent Brooklyn that you'll be readily available for those beds or those transitions that are taking place? We're hearing that there's a lot of	35
1 2 3 4 5 6 7	particular in Brooklyn I represent Brooklyn that you'll be readily available for those beds or those transitions that are taking place? We're hearing that there's a lot of beds that are transitioning from Brooklyn to	35
1 2 3 4 5 6 7	particular in Brooklyn I represent Brooklyn that you'll be readily available for those beds or those transitions that are taking place? We're hearing that there's a lot of beds that are transitioning from Brooklyn to Staten Island, and so we want to know what is	35
1 2 3 4 5 6 7 8	particular in Brooklyn I represent Brooklyn that you'll be readily available for those beds or those transitions that are taking place? We're hearing that there's a lot of beds that are transitioning from Brooklyn to Staten Island, and so we want to know what is the reinvestment plan for the area of	35
1 2 3 4 5 6 7 8 9	particular in Brooklyn I represent Brooklyn that you'll be readily available for those beds or those transitions that are taking place? We're hearing that there's a lot of beds that are transitioning from Brooklyn to Staten Island, and so we want to know what is the reinvestment plan for the area of Brooklyn in New York City in particular.	35
1 2 3 4 5 6 7 8 9 10	particular in Brooklyn I represent Brooklyn that you'll be readily available for those beds or those transitions that are taking place? We're hearing that there's a lot of beds that are transitioning from Brooklyn to Staten Island, and so we want to know what is the reinvestment plan for the area of Brooklyn in New York City in particular. COMMISSIONER SULLIVAN: Yeah, we're	35
1 2 3 4 5 6 7 8 9 10 11	particular in Brooklyn I represent Brooklyn that you'll be readily available for those beds or those transitions that are taking place? We're hearing that there's a lot of beds that are transitioning from Brooklyn to Staten Island, and so we want to know what is the reinvestment plan for the area of Brooklyn in New York City in particular. COMMISSIONER SULLIVAN: Yeah, we're working very closely with the Department of	35
1 2 3 4 5 6 7 8 9 10 11 12	particular in Brooklyn I represent Brooklyn that you'll be readily available for those beds or those transitions that are taking place? We're hearing that there's a lot of beds that are transitioning from Brooklyn to Staten Island, and so we want to know what is the reinvestment plan for the area of Brooklyn in New York City in particular. COMMISSIONER SULLIVAN: Yeah, we're working very closely with the Department of Health and Mental Health of the city on the	35
1 2 3 4 5 6 7 8 9 10 11	particular in Brooklyn I represent Brooklyn that you'll be readily available for those beds or those transitions that are taking place? We're hearing that there's a lot of beds that are transitioning from Brooklyn to Staten Island, and so we want to know what is the reinvestment plan for the area of Brooklyn in New York City in particular. COMMISSIONER SULLIVAN: Yeah, we're working very closely with the Department of	3.5

additional supported housing beds, which are apartments, with intensive wraparound services.

So individuals discharged from either Article 28 hospitals or from RPCs, there will be a team that will work with them in terms of their adapting to being in the community and work with them, visit them in the home, et cetera, to make sure that their experience

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in housing works.

You know, when we've been doing this across the state, we've had a very low return rate to state hospitals because we've been very careful about bridging the individuals who are leaving the state hospitals to community-based housing.

The other thing that will be in Brooklyn, we will now be supporting, out of these dollars, parachute services, which is an interesting respite and mobile crisis team combined service for individuals with serious mental illness who, when they are having a crisis, instead of going to a hospital, can go to these respite beds, and there's a mobile crisis team that is associated with that respite bed, as well as the mobile crisis team does work in the community as well.

There will also be additional home-based crisis services for children in Page 29

22	Brookl yn.	
23	So there are a number of crisis,	
24	mobile team and housing initiatives which	
9		37
1	will be coming up in Brooklyn. And in our	
2	thinking, those were the things that are	
3	probably most helpful in keeping individuals	
4	out of the hospital. So those are the	
5	services we will be putting up.	
6	ASSEMBLYWOMAN BICHOTTE: What kind of	
7	model are you using for the housing?	
8	Because, you know, if you're looking at a	
9	transitional model, a housing model, will it	
10	be regulated? Because currently some of our	
11	transitional housing is not well-kept, you	
12	know, rodent-infested, not clean, not	
13	sanitary. And we want to make sure that our	
14	patients have a clean, safe, healthy	
15	environment to go to that's regulated.	
16	COMMISSIONER SULLIVAN: Any licensed	
17	regulated housing by OMH, if you see any that	
18	isn't clean and well-kept, I would really	
19	want to know. Because we do a lot of	
20	reviews, we go out and we do site visits,	
21	et cetera, to make sure that those services	
22	are in place and that they are appropriate.	
23	For the supported housing apartments,	
24	we make site visits to those apartments to	
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1	make sure that the housing providers that	

2	mental Hyglene2015. txt have gotten those apartments we're funding	
3	them, so we have the right to go, if the	
4	client gives us permission, into that	
5	apartment and see is this what really is a	
6	good living situation.	
7	So we are monitoring both. So if	
8	there's any place that you see or you've	
9	heard of, truthfully, I would like to know.	
10	Because we're very, very careful about making	
11	sure that when our clients go into housing,	
12	it's the right kind of housing.	
13	ASSEMBLYWOMAN BICHOTTE: Okay. Thank	
14	you.	
15	CHAIRMAN FARRELL: Thank you.	
16	Senator?	
17	CHAIRMAN DeFRANCISCO: Senator	
18	Hami I ton.	
19	SENATOR HAMILTON: Good morning,	
20	Commissioner Sullivan. How you doing today?	
21	CHAIRMAN DEFRANCISCO: Excuse me.	
22	We're joined by Senator Savino.	
23	SENATOR HAMILTON: Okay, don't start	
24	the clock yet, then. Okay.	
?		39
1	Good morning, Commissioner Sullivan.	39
2	It's good to see you today. I just want to	
3	say that mental health is an important issue	
4	to me and my family. I have family members	
5	who do have mental health issues. My office	
6	is on top of a mental health facility, to let	
7		
1	people know that there should not be a stigma	

	Mental Hygi ene2015. txt
8	on people with mental disabilities. And
9	especially in communities of color, there's a
10	stigma on getting help for people with mental
11	disabilities. And we're trying to take that
12	stigma away. That's why my office is on top
13	of a psych center.

In saying that, a concern of mine is the people who wind up in the prison system. Usually they have psychiatric problems which were never addressed through childhood, young adulthood, and eventually they fall through the cracks and they wind up in the criminal justice system. And I don't think the criminal justice system should be a place for someone to get psychiatric care.

And I'm just trying to find out how many adults now in prison have mental

1 disabilities?

COMMISSIONER SULLIVAN: In the prison system, about 2100 -- there are 54,000 inmates in the state prison system. And about 2100 have serious mental illness, and about another 7200 at any point in time are on our caseload for having a mental illness as well. So it's about 9300 of the 54,000 in the prison system.

And within the prison system we have a very elaborate system of care, that we actually have an -- we have, in the prison system, an inpatient unit. We have, in the

1.4	Mental Hygi ene2015. txt	
14	prison system, step-down residential units in	
15	different prisons for individuals with mental	
16	illness. And then we have almost the	
17	equivalent of outpatient clinic services	
18	throughout the prison system for individuals	
19	with mental illness.	
20	SENATOR HAMILTON: Yes. I want to	
21	commend you for increasing the budget for	
22	individuals leaving prison by \$19 million. I	
23	think that's great. It's a great idea for	
24	supportive services when these individuals do	
9		41
1	get out of the prison population.	
2	So in addition to that, with the	
3	youth, I know there are youth being	
4	incarcerated. I don't think the youth who	
5	have mental disabilities should be	
6	incarcerated. I don't think for the	
7	developmental mental process that they	
8	benefit from being incarcerated or being put	
9	in solitary confinement.	
10	Can you give me suggestions on how we	
11	should treat the 16-to-17-year-olds and	
12	bel ow?	
13	COMMISSIONER SULLIVAN: Well, I think	
14	with the Raise the Age bill which is actually	
15	being put before the Legislature, we	
16	hopefully would move all of those individuals	
17	out of the prison system.	
18	Right now we have about 100 youth in	
19	the prison system, and about 24 of those are	

Mental Hygi ene 2015. txt on a mental health caseload. And I think with the Raise the Age, all of those would be essentially -- unless it's the most egregious crimes -- would no longer be in the prison system.

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And I absolutely agree with you that moving those clients out and into appropriate places where they can get both mental health treatment and the other things they need to pursue life and to get that real second chance is very important.

SENATOR HAMILTON: Thank you, Commissioner. I just want to commend you also for increasing the budget for outpatient services for people incarcerated. New York City is a difficult place to live right now. In my neighborhood, a new building, a studio apartment starts at \$2,200 a month. The allocation for individuals coming out in New York City is only \$750 per So what happens is, it's no fault of your own -- the way the budget is now, we have to increase the budget. Because when they do come out, \$750 just gets you into a rooming house or into a room.

So we have to be more creative. You are being creative. But can you just tell my fellow colleagues what we can do for the supportive housing for individuals who live

in New York City	in	New	York	Ci t	/?
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COMMISSIONER SULLIVAN: Well, one of the things, especially for the forensic population is we work with specific providers, because they're very good at working with the population and also getting housing in areas that will accept, you know, forensic patients.

So we've been successful with a pilot project in New York City which has wraparound services and medical treatment services and has reduced the return to prison by about 50 percent. And that's what we're going to be expanding. So we will be working with a team that so far, despite all the issues in the city, has been able to find some.

But you're absolutely right that we are not -- the market-rate values is an issue. Each year we've been increasing the support for those market-rate values, but we are not there yet in terms of having enough dollars to make it easy to find the kind of housing, whether in the city or across other key areas of the state as well, it's equally

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as difficult to find housing.

2 So we need to increase and keep 3 increasing, and that's what this budget does,

SENATOR HAMILTON: Yes, where I live at we do have supportive housing, and we do

again, is increase the stipend for housing.

work with those individuals to make sure they integrate into the population. I think it's better to get individuals into the general population rather than being segregated with other individuals with mental disabilities.

You mention in your document that you've given to us that 1 percent of inpatient care accounts for 20 percent of the budget. And I'm just trying to figure out how can we be more proactive in identifying young children at an early age with mental disabilities -- not children who have behavioral problems, but children who have mental disabilities -- to help them out.

Sometimes teachers want to label a child with a mental disability as a behavioral problem, and then they get medication. Which some may need, some not

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need. I'm an advocate for not having medication on individuals.

So can you just give some insight to my fellow colleagues in government on how we can improve on the front end in dealing with mental disabilities, rather than spending \$100,000 per patient bed and spending \$40,000 to \$60,000 for someone to be incarcerated.

When you take a small fraction of that on the back end and put it on the front end, I think society and the general population and individuals who do have mental disabilities

can be integrated back into society and live
a perfect lifestyle.

COMMISSIONER SULLIVAN: Yeah, I absolutely agree. And I think one of the things that we have been doing is an outreach and screening program that goes into primary care clinics and into some schools. we've found, in doing that, that we get about a 15 percent yield of individuals who have enough of a mental health issue or problem that they need to at least be assessed, and then some of them get mental health

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treatment.

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So that screening process, whether it's in the school or in primary care clinics, is particularly important. And the younger you get to start looking at problems that families are having or children are having, I think the more effective your prevention can be.

So I do absolutely agree with you that it's very important that we begin to have more programs like the one we have of doing that kind of screening at younger ages as we look at the problems that children and families have. So we do have it in some places, and it's been successful where we have it.

SENATOR HAMILTON: Last quick What age do you think we should be questi on.

19	identifying young individuals with mental	
20	disabilities to get them assistance to live	
21	productive lifestyles?	
22	COMMISSIONER SULLIVAN: You know,	
23	there's a lot of data that shows that the	
24	trauma that a lot of families experience,	
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1	whether it's the trauma of poverty or the	
2	trauma of crime, affects children as young as	
3	one, two years old, three years old. So a	
4	lot of the early prevention literature now is	
5	going back further in time, saying you're not	
6	going to necessarily see it then, but if you	
7	don't start to prevent sooner, you will see	
8	it more obviously at the age of four, five,	
9	et cetera?	
10	So thinking about these things earlier	
11	is better.	
12	SENATOR HAMILTON: Thank you,	
13	Commissioner, for your support. Thank you.	
14	COMMISSIONER SULLIVAN: Thank you.	
15	CHAIRMAN FARRELL: Thank you.	
16	Assemblyman Crouch.	
17	ASSEMBLYMAN CROUCH: Thank you.	
18	Good morning, Commissioner.	
19	COMMISSIONER SULLIVAN: Good morning.	
20	ASSEMBLYMAN CROUCH: A little over a	
21	year ago, or about a year ago, we were	
22	discussing about the closing of the Greater	
23	Binghamton Health Center, and an agreement	
24	was reached to sustain the closure in	

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1	exchange for downsizing from 90 beds down to	
2	60 beds. And with the opportunity for	
3	reinvestment of that savings back into the	
4	community.	
5	Can you give me an update of where we	
6	are, what's happened in Broome County to	
7	reinvest back into the community, where we	
8	are? Are we at full reinvestment, or we've	
9	got more planned or	
10	COMMISSIONER SULLIVAN: We have been	
11	putting the we have been opening up the	
12	services in Broome County. We have not, to	
13	date, lowered by the number of beds that we	
14	had initially projected.	
15	And this is one of the areas where it	
16	would be just you know, as I said, we're	
17	being very careful about lowering the beds.	
18	And I think we might, as we begin to get more	
19	and more services up. But so far, we have	
20	not really decreased much of the service	
21	delivery system in Broome County.	
22	But we're putting up the services, and	
23	we feel that once they're up there, we may be	
24	able to reach those targets.	
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† 1	ASSEMBLYMAN CROUCH: It's been my	49
2	understanding that there always is maybe not	
3	enough beds so as a matter of fact last	
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year, probably about May, I had a constituent

5	Mental Hygi ene2015.txt call, and her 12-year-old son had sort of	
6	gone off the deep end, she had to pry his	
7	hands off the throat of her 18-month-old	
8	toddler, and she ended up having to take him	
9	to the hospital. And they got him quieted	
10	down for a couple of days, but there was no	
11	real place for him to go for a longer term.	
12	She ended up having to drive him down to Long	
13	Island, to a hospital down there that her	
14	family member worked at in order to get the	
15	servi ces.	
16	I related that to some staff, and, you	
17	know, it just basically told me that we don't	
18	have the services that we need in Broome	
19	County. So I'm very cautious, I wanted to	
20	see where we were.	
21	There was a comment made to me just	
22	the other day that Broome, Tioga, Delaware,	
23	and I believe Chenango County each are	
24	supposed to get \$87,000. Can you tell me	
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1	what that's supposed to go for?	
2	COMMISSIONER SULLIVAN: I'm not sure	
3	about that. Particular number, what it's	
4	supposed to go for. I can get back to you,	
5	Assemblyman. I'm sorry, I'm not sure about	
6	that specific	
7	ASSEMBLYMAN CROUCH: I appreciate	
8	that.	
9	The schools that I've talked to my	
10	district crosses three different BOCES	

11	Mental Hygi ene2015.txt regions, and so I get a chance to sit down	
12	with the BOCES superintendents and the board	
13	members and so forth. But one of the top	
14	things has always been more mental health	
15	services in schools. And obviously, as we	
16	just had a little discussion earlier, the	
17	earlier we can provide services to some of	
18	these young people yields benefits 15, 20	
19	years down the road. Because there's a lot	
20	of abuse, sex abuse, physical abuse,	
21	, ,	
	dysfunctional families, bullying in	
22	schools there's a lot of issues there	
23	that, from a mental health perspective, if it	
24	was available, we could solve a lot of these	
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1	i ssues.	
2	So what's your take? I mean, is there	
3	programs that you're developing or helping to	
4	put into schools?	
5	COMMISSIONER SULLIVAN: There's	
6	about I think we have probably about 250	
7	across the state. Which is not a lot, but	
8	they are there, mental health programs in	
9	schools. Some of them are freestanding and	
10	some of them are connected to primary care	
11	services in the schools.	
12	And when they're connected to primary	
13	care, I think that they often are	
14	self-sustaining in terms of billing Medicaid.	
15	But they can be very helpful.	

We've also done a lot of educating

17	Mental Hygi ene2015.txt with teachers and others on mental health	
18	issues in schools. And I think that's	
19	another way to extend what you do as well. I	
20	think that through our outreach programs	
21	we've gone to schools, we've educated on	
22	issues of bullying and suicide, to help	
23	teachers be what we call gatekeepers who know	
24	and then can be aware of individuals and	
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4		52
1	families and kids who maybe need to be	
2	referred for mental health services in the	
3	community.	
4	And we've also done some of the	
5	screening in schools. There's a small number	
6	that have worked with us to do some screening	
7	on-si te.	
8	So I think there are things going on	
9	in the schools, and there are some best	
10	practices. And I think when they're there,	
11	they have been shown to have good effects.	
12	ASSEMBLYMAN CROUCH: I guess my	
13	concern is if anybody was listening to the	
14	call for more mental health services in the	
15	schools. I've passed that on through the	
16	last two years now in various conversations,	
17	a couple with the Governor's people and so	
18	forth.	
19	And I think that's something that we	
20	need to really listen to and just keeping	

enhancing that service as we go further down

the road because it's going to be so critical

23	Mental Hygi ene2015.txt trying to turn these young lives around at an	
24	early stage and give them the support	
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1	services that they need.	
2	You know, my last question I wrote	
3	down is for the next testifier, so I'll stop	
4	now. But thank you for your comments.	
5	COMMISSIONER SULLIVAN: Thank you.	
6	CHAIRMAN FARRELL: Thank you.	
7	We've been joined by Assemblywoman	
8	Didi Barrett.	
9	Senator?	
10	CHAIRMAN DeFRANCISCO: Senator Savino.	
11	SENATOR SAVINO: Thank you, Senator	
12	DeFranci sco.	
13	Thank you, Commissioner. I promised	
14	Senator DeFrancisco I only had one question,	
15	because you've actually answered several of	
16	the questions from other legislators. But I	
17	want to go back to the issue of setting the	
18	fair-market rental rate in	
19	COMMISSIONER SULLIVAN: Your	
20	microphone is not on.	
21	SENATOR SAVINO: I'm sorry. I want to	
22	go back to the issue of the fair-market	
23	rental rate and setting the stipend for	
24	supportive housing. Because by we have an	
		54
1	analysis that was done for us that shows	
2	there's a total of 17,390 beds but 14,425 of	
3	those beds are below the fair-market rental	
	Page 43	

rate, almost all of the ones in New York City and many of the surrounding counties.

Knowing how difficult it is to site supportive housing programs to begin with -- and you speak to any of your providers, they will tell you between community opposition and, you know, real estate values it's hard enough. How are we going to provide stable supportive housing if we're not providing the adequate stipend so that they can actually produce them? That's my one question, I promise.

But I think -- thank you. I think we've been gradually trying to get the stipends up. And I think there were a number of years where the stipends weren't increased, which gave us the kind of lag that we're dealing with now in terms of moving the stipends.

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Last year there was \$7.5 million put into increased stipends. This year there was \$10 million to put in to increase stipends. It brings some areas a bit closer to fair-market value but still does leave a gap in many areas in terms of not being at the fair-market value across the state, not just in New York City.

SENATOR SAVINO: Well, let me just --

10	I would say that if almost 15,000 of the	
11	units are below fair-market value, I think we	
12	have a lot more work to do. But thank you	
13	for your answer.	
14	COMMISSIONER SULLIVAN: Thank you.	
15	CHAIRMAN FARRELL: Thank you.	
16	Assemblywoman Jaffee.	
17	ASSEMBLYWOMAN JAFFEE: Thank you very	
18	much.	
19	And thank you, Commissioner. I wanted	
20	to follow up with a question regarding the	
21	rental subsidies and the concern in various	
22	communities in terms of that kind of	
23	supportive housing.	
24	But also the other part of that	
<u></u>		56
	question is what types of services and	
1	question is what types of services and programs are available in the community to	
1 2	programs are available in the community to	
1 2 3	programs are available in the community to ensure that those who are put into these	
1 2 3 4	programs are available in the community to ensure that those who are put into these provided these rental opportunities, and they	
1 2 3 4 5	programs are available in the community to ensure that those who are put into these provided these rental opportunities, and they are now being transitioned to the integrated	
1 2 3 4	programs are available in the community to ensure that those who are put into these provided these rental opportunities, and they are now being transitioned to the integrated settings, what kind of programs are available	
1 2 3 4 5	programs are available in the community to ensure that those who are put into these provided these rental opportunities, and they are now being transitioned to the integrated settings, what kind of programs are available in the community to provide assistance for	
1 2 3 4 5 6 7	programs are available in the community to ensure that those who are put into these provided these rental opportunities, and they are now being transitioned to the integrated settings, what kind of programs are available in the community to provide assistance for these individuals? OMH will have oversight	
1 2 3 4 5 6 7	programs are available in the community to ensure that those who are put into these provided these rental opportunities, and they are now being transitioned to the integrated settings, what kind of programs are available in the community to provide assistance for	
1 2 3 4 5 6 7 8	programs are available in the community to ensure that those who are put into these provided these rental opportunities, and they are now being transitioned to the integrated settings, what kind of programs are available in the community to provide assistance for these individuals? OMH will have oversight of these programs? How is this moving	
1 2 3 4 5 6 7 8 9	programs are available in the community to ensure that those who are put into these provided these rental opportunities, and they are now being transitioned to the integrated settings, what kind of programs are available in the community to provide assistance for these individuals? OMH will have oversight of these programs? How is this moving forward?	
1 2 3 4 5 6 7 8 9 10	programs are available in the community to ensure that those who are put into these provided these rental opportunities, and they are now being transitioned to the integrated settings, what kind of programs are available in the community to provide assistance for these individuals? OMH will have oversight of these programs? How is this moving forward? COMMISSIONER SULLIVAN: Yeah, thank	
1 2 3 4 5 6 7 8 9 10 11	programs are available in the community to ensure that those who are put into these provided these rental opportunities, and they are now being transitioned to the integrated settings, what kind of programs are available in the community to provide assistance for these individuals? OMH will have oversight of these programs? How is this moving forward? COMMISSIONER SULLIVAN: Yeah, thank you.	
1 2 3 4 5 6 7 8 9 10 11 12	programs are available in the community to ensure that those who are put into these provided these rental opportunities, and they are now being transitioned to the integrated settings, what kind of programs are available in the community to provide assistance for these individuals? OMH will have oversight of these programs? How is this moving forward? COMMISSIONER SULLIVAN: Yeah, thank you. Every individual who goes into housing	

design what services that individual needs.
And that's services from social services,
which might include certain entitlements, all
the way to the treatment plan they need, what
may be rehabilitation services.

Throughout the state we have a variety of recovery programs and programming which helps individuals really get back into productive lives, which include things like

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education supports and employment support.

So those treatment plans are developed for each of the individuals who go into the housing. And then in addition they have a person who works with them to make sure that they can participate.

Now, obviously patients have choice and it's up to them how they design that plan with the worker. But it is something that all the individuals which we're putting in -- who are choosing to go into the supported housing, that we have these care plans available and then we work with them on an ongoing basis.

ASSEMBLYWOMAN JAFFEE: And generally what is the ratio of the care coordinator to the number of residents?

COMMISSIONER SULLIVAN: It can vary. We have some bridger programs where it might be 1 to 15, maybe 1 to 20. And we're trying to keep it within that caseload. Sometimes

22	the care coordinators in some programs, it	
23	may be higher.	
24	ASSEMBLYWOMAN JAFFEE: You know, that	
4		58
1	is a very real issue, in speaking to	
2	providers and, in the community, families.	
3	The issue of employment opportunities,	
4	training for employment, and then, you know,	
5	the transitioning and being able to be a part	
6	of the community are major issues that	
7	families are concerned about.	
8	The other issue is support for those	
9	who stay at home, who continue to need	
10	sufficient home support who are actually	
11	living at home. And that's another issue	
12	that has been raised. Is that something that	
13	will be expanded, provision for that kind of	
14	support?	
15	COMMISSIONER SULLIVAN: I think	
16	we're working to if someone is at home,	
17	they would also have the opportunity to use	
18	all those services. And in addition, what	
19	we're establishing in certain parts are	
20	something called mobile integration teams,	
21	which can actually go out and spend some time	
22	in the home with families.	
23	And we'd like to be able to continue	
24	to expand that service, because sometimes	
9		59
1	it's important to get out to rehab services	

2	Mental Hygi ene2015.txt and clinic services, but sometimes it's also	
3	important to be able to go to the home.	
4	So we're expanding that in some parts	
5	of the state so that actually there can be	
6	that concept of the home visiting and working	
7	together with the patient and the family.	
8	ASSEMBLYWOMAN JAFFEE: An issue, a	
9	major issue is the reality that many of the	
10	parents of people with disabilities are aging	
11	and that transition is an issue. Is that	
12	something that is being considered? I mean,	
13	that's a population that's increasingly	
14	needing you know, they need the assistance	
15	in terms of finding new sites to be able to	
16	live and transitioning them from the home to	
17	the outside.	
18	COMMISSIONER SULLIVAN: You're	
19	absolutely right. And I think we work with	
20	families who need that assistance in helping	
21	to move their loved ones into settings that	
22	will work.	
23	And I think we've been, you know,	
24	relatively successful. It's not a hundred	
?		60
1	percent, but we've been working very hard.	
2	And you're absolutely right, there what is	
3	good is that over the years we've gotten	
4	better. Many of our chronic and mentally ill	
5	used to die at younger ages because some of	
6	the services we provided were not so good.	

And now they are living longer and healthier

8	Mental Hygi ene 2015. txt lives, so it does become more of an issue as
9	we go on, yes.
10	ASSEMBLYWOMAN JAFFEE: And as their
11	parents age, and their families, it makes it
12	impossible for the caretaker to provide
13	services. And it is a major issue in the
14	numbers as well.
15	COMMISSIONER SULLIVAN: Yes.
16	ASSEMBLYWOMAN JAFFEE: Just going back
17	to the individuals leaving prison, obviously
18	there needs to be some way to monitor the
19	reintegration, you know, these reintegrated
20	individuals now who have had involvement in
21	the criminal justice system or other risk
22	behaviors in the community.
23	Is there a schedule for development of
24	housing for them? And also will there be
Ŷ	
1	support provided, and oversight, for these
2	individuals leaving the prison?
3	COMMISSIONER SULLIVAN: Yeah. The
4	\$22 million which is in this year's budget
5	provides for the high-risk individuals with
6	serious mental illness who are coming out of

\$22 million which is in this year's budget provides for the high-risk individuals with serious mental illness who are coming out of prisons, it provides housing, a team that will work with the individual around housing, and it works very closely with parole. So we work with the Department of Corrections on parole, and we work with the individual and really monitor for as long as they are on parole, but for a minimum of a year, where we

14	Mental Hygi ene2015. txt work with the individual, make sure they're	
15	adapting, make sure that they're getting	
16	medications they need, clinic treatment,	
17	et cetera.	
18	So that's a very comprehensive program	
19	that we're adding to the system.	
20	ASSEMBLYWOMAN JAFFEE: And that's	
21	essential, and I'm pleased that you will be	
22	doing that. It's a way to assure that these	
23	individuals have the stability to then be	
24	able to function in the communities, and in a	
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4		62
1	safe manner as well.	
2	COMMISSIONER SULLIVAN: Yes.	
3	ASSEMBLYWOMAN JAFFEE: The other	
4	question I wanted to ask, you know we've had	
5	situations where there are residents who are	
6	now being brought back into New York State	
7	from out-of-state sites where they've had	
8	services in an ongoing way.	
9	What is happening now in terms of	
10	bringing these New York State residents back?	
11	Are there programs for them? Is there a	
12	transitioning opportunity that's focused on	
13	their return and being able to provide	
14	appropriate residential sites for them or	
15	appropri ate servi ces?	
16	COMMISSIONER SULLIVAN: On the mental	
17	health side there aren't too many that have	
18	gone out-of-state. But if they have, there's	
19	an intricate planning process when they come	

20	Mental Hygi ene2015.txt back. But most of our services for mental	
21	health, except for some dually diagnosed with	
22	developmental disabilities as well, the	
23	services are provided pretty much within	
24	New York State. So we don't have as many as	
9		63
1	I think other groups that go out-of-state and	
2	come back in. For mental health.	
3	ASSEMBLYWOMAN JAFFEE: We just passed	
4	legislation which I sponsored which requires	
5	that the services, when they do return,	
6	especially the older individuals, that they	
7	are provided services in a site that is	
8	appropriate and parents can then respond to	
9	that if there are any legal issues that may	
10	be necessary as well.	
11	But I thank you for your commitment	
12	and your response, and look forward to	
13	continuing to work with the office. Thank	
14	you.	
15	COMMISSIONER SULLIVAN: Thank you.	
16	CHAIRMAN FARRELL: Thank you.	
17	Senator?	
18	CHAIRMAN DeFRANCISCO: Senator	
19	Krueger.	
20	SENATOR KRUEGER: Good morning.	
21	COMMISSIONER SULLIVAN: Good morning.	
22	SENATOR KRUEGER: So we've had some	
23	big and I would even say extreme changes to	
24	the system, not only OMH but the overlapping	

Department of Health, OPWDD, OASAS,
especially when it comes to you have
contracts with very often the exact same
provi ders.

So we've had dramatic decreases in rates paid in certain years. We've had Medicaid redesign, which I still think was 400 different things and I think I'm up to 200 of them. We've had a philosophical decision -- and I'm not saying I think it's wrong, but we've had a philosophical decision at the state level to try to do fewer larger contracts with what I call "mega agencies," as opposed to lots and lots of small individual contracts with smaller groups.

And I'm very concerned about whether we are asking ourselves the question, now that we have made these entities responsible for getting their payments from the insurance companies, dealing with managed care, creating health homes, becoming the gatekeepers -- there's lots of other terminology out there. You're shaking your head; you know what I'm talking about.

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How do we know it's working? And are we walking into a giant everything-blows-up? And I ask that because I've seen in New York City several smaller but large organizations tell me they're going out of business. I've seen a couple of them do so. And then

recently one of the mega agencies, what I
would have called an agency too big to fail,
FEGS, suddenly announced it was closing its
doors.

So there can be a million reasons why these things happen. But do you feel like we have a system to evaluate why it's happening? Can we help avoid it happening again? And a system to make sure that when it does happen, because I fear it will happen some more, we have an emergency response system in place to make sure that those services are provided through another entity?

I mean, with FEGS it was a \$220 million, \$230 million agency, state and city contracts, I think all the O agencies and some other agencies at the state level.

Who's even watching to make sure that the

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things that fall through the cracks aren't the human beings that were getting the services?

And in that context, because FEGS is happening now, there was a group called Pathways, supportive housing for the mentally ill, that closed also, I guess about a year ago now. And my office became aware of it when people were coming and saying they're evicting the tenants, the mentally ill, previously homeless people back into the streets, because nobody's been paying the

13	rent since long before the agency closed.	
14	One so I guess maybe start micro	
15	do we know that those 750 clients of Pathways	
16	in fact continued their housing or were	
17	rehoused under contract with someone else?	
18	Then what do you think about the FEGS	
19	situation today. And then building up on	
20	that, what are we doing, bigger picture, to	
21	make sure we're watching, we're trying to	
22	prevent, we're asking ourselves the question	
23	is it our fault, did we ask them to do too	
24	much too quickly with too little?	
?		67
1	So it's a lot of questions.	
2	CHAIRMAN DeFRANCISCO: Could you	
3	repeat the question, please?	
4	(Laughter.)	
5	SENATOR KRUEGER: The commissioner	
6	understands everything I asked.	
7	COMMISSIONER SULLIVAN: Okay, let me	
8	I will try. If I don't get it all, please	
9	ask me again.	
10	SENATOR KRUEGER: Yes.	
11	COMMISSIONER SULLIVAN: First of all,	
12	relative to Pathways and the people that were	
13	in the housing in Pathways, that has been	
14	turned over to two agencies, SUS and I'm	
15	blanking on the other one for a minute.	
16	They're doing a great job in making sure that	
17	all those individuals are safely in housing.	
18	In the transition, no one lost their housing.	

19	We're also in the process of just	
20	double-checking that all the housing is	
21	adequate and what it should be. But these	
22	clients have been successfully transitioned.	
23	When it comes to FEGS, I think we were	
24	dealing with an emergency situation that came	
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1	upon us very quickly. And we have contracted	
2	with JBFCS for the mental health services,	
3	and we're working night and day with them at	
4	this point in time to safely transition all	
5	the clients, both in the housing of FEGS,	
6	where there were a fair number of housing	
7	units, and on the clinical programming side.	
8	And	
9	SENATOR KRUEGER: The 1900 units of	
10	housi ng.	
11	COMMISSIONER SULLIVAN: Yes, 800 units	
12	of housing	
13	SENATOR KRUEGER: Ni neteen hundred.	
14	COMMISSIONER SULLIVAN: Yes. So it's	
15	big, it's very big.	
16	But I think we had been very careful	
17	in our selection. We had looked at a number	
18	of agencies that were big that we thought	
19	could possibly take on the kinds of services	
20	that FEGS had. And we feel that they are	
21	stable enough and capable of doing it.	
22	We're going to be working very closely	
23	with them through the transition. FEGS is	
24	also working very closely with us at this	

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point in time. So I think we have in place an emergency plan. Some things will take a little longer, there are leases that -- it's complicated. But no individual is going to be -- this is our strong point. We're not going to let any individuals not have a safe transition here, especially with the housing with the clinical services.

The bigger question as to what's some issues in the community, I think what we've started to help with this is two things.

One, we have a technical assistance center which we offer to all the clinics and all the providers who are beginning to have trouble, whether it's meeting some of their requirements relative to billing, anything else. We work very hard with those providers. That technical assistance center is available to them.

The VAP funding, which is Vital Access Provider, we have segregated off about \$30 million of that VAP funding to work with clinics. And we've put out a proposal, and clinics have submitted to us proposals to

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help them redesign in the changing world so that we won't lose especially some of the providers that are so important. Some of them serve specific ethnic groups in the

5	Mental Hygi ene2015.txt city, some of them serve communities that are	
6	very vul nerabl e.	
7	And we're working with them through	
8	these VAP dollars, which were in Medicaid,	
9	part of the whole Medicaid redesign.	
10	Initially those dollars were earmarked just	
11	for hospitals, but we have pulled a section	
12	of those dollars off from just hospitals to	
13	work with the community-based organizations.	
14	On top of that, we do review every	
15	year all the financial statements that come	
16	in from all the providers. They have to be	
17	audited statements, they have to be	
18	statements that have had certified public	
19	accountants do them. When we see a trend	
20	unfortunately, we didn't see that trend with	
21	some. But when we do see that trend, then we	
22	work very aggressively with those	
23	institutions to try to keep them whole.	
24	We are aware that there is a lot of	
2		71
1	change going on. For many of these	
2	providers, they have to think a little bit	
3	differently about how they ve been providing	
4	services as they move into the new world and	
5	into managed care. And we're giving them a	

into managed care. And we're giving them a lot of technical assistance in that. And we also have some money through VAP to help them make the transition.

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But it is difficult. And I think that there are things that are changing which ${\sf I}$

11	Mental Hygiene2015.txt think will ultimately be good for the system,	
12	but the transition is something that we have	
13	to work very carefully with the CBOs in the	
14	city. And throughout the state, throughout	
15	the state.	
16	SENATOR KRUEGER: And does the state	
17	organize itself to coordinate the oversight?	
18	So, for example, if I was any of these	
19	groups, I likely have a contract with a	
20	multiple contracts with OMH, OPWDD,	
21	Department of Health. Is there somebody who	
22	is actually saying we need to look at it in	
23	totality, not just for the agency contracts?	
24	Even when your staff thought 800 was	
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1	the number of units at FEGS. Maybe that's	
2	the OMH units at FEGS, but it's 1900 housing	
3	units total between there were other	
4	contracts, and many of those units are all	
5	clustered within the same buildings.	
6	So, for example, with Medicaid managed	
7	care. We set the rate. You have a capitated	
8	fee go to a provider, an insurance provider.	
9	They say no when you hit the max, and they'd	
10	prefer they prefer to say no way before,	
11	because anything they don't have to pay out	
12	in services they keep.	
13	Do we evaluate whether in fact our	
14	Medicaid managed care contracts are actually	

preventing the quality of services that you

know, as the expert, needs to be done? I

15

17	Mental Hygi ene2015. txt mean, that's not your agency, it's DOH. But	
18	it's all the same people through all the same	
19	agenci es.	
20	COMMISSIONER SULLIVAN: Sure. We're	
21	working very closely with DOH on this in	
22	developing the kind of contract that we as	
23	you know, we're moving all the seriously	
24	mentally ill into managed care, and this is a	
	mantanty in this managed care, and this is a	
9		73
1	big movement, a lot of individuals who are	
2	very vulnerable. So we are working on the	
3	contracts now. This has not yet been	
4	approved by CMS. We're hoping it will happen	
5	in July.	
6	But we're looking at the contract	
7	language and being very careful. And we're	
8	working with the managed care companies at	
9	the same time to make sure that the right	
10	services are in the package, to make sure	
11	that the dollars stay with the mentally ill	
12	and don't get diverted into others.	
13	And there is and I'm not sure of	
14	the exact formula, but there is only so much,	
15	and it's not that much, that a managed care	
16	company could keep. Most of it has to be	
17	reinvested into services.	
18	So for the first time we're really	
19	trying to work with managed care companies to	
20	redesign the system with us. So we're	
21	holding them we're having meetings now,	

we're working with them, and we're hoping

23	Mental Hygi ene 2015. txt that this will work and we're putting some of	
24	it into the contract language.	
2		74
1	For the first time, things like	74
2	employment services, peer services, education	
3	services are going to be paid out of	
4	Medicaid. This is new for the managed care	
5	companies. So we have to be working with	
6	them. We also have to be working with our	
7	providers, who in the past didn't bill for	
8	those services but now will have to bill for	
9	those services.	
10	So that's what that \$115 million in	
11	transition dollars is in terms of technical	
12	assistance and working with managed care to	
13	have this transition happen. I think there's	
14	a lot of promise in it, because I think it	
15	does offer these services really on a in a	
16	health plan to our patients. But we have to	
17	be very a lot of oversight and care in	
18	putting it in place.	
19	SENATOR KRUEGER: I'm out of time. So	
20	thank you very much, Commissioner.	
21	COMMISSIONER SULLIVAN: Thank you.	
22	CHAIRMAN FARRELL: Thank you.	
23	Assemblyman Oaks.	
24	ASSEMBLYMAN OAKS: Yes, good morning.	
2		75
1	I just had a question on the Balancing	73
2	Incentive Program. And the state's been	
3	awarded \$598 million. Do we know how much	
-	Page 60	

4	OMH is getting of that? And has a	
5	determination been made what you're going to	
6	be utilizing that for?	
7	COMMISSIONER SULLIVAN: You know, the	
8	BIP, I think we're getting I think it's	
9	about 68 million something, something in	
10	the 60 millions. I'm not sure exactly. Some	
11	of that is going for Home-Based and Community	
12	Services Waivers, which are for children and	
13	families. Some of it is going for expanding	
14	our rehab services, which include expansion	
15	of some of the rehab necessary to what we	
16	call PROS services.	
17	So basically it's coming forward to	
18	keep individuals out of hospitals. And the	
19	dollars will be spent on things like recovery	
20	services, home-based crisis services,	
21	et cetera, those kinds of services in the	
22	community. And that's what has been	
23	enhanced, primarily, with BIP.	
24	ASSEMBLYMAN OAKS: Thank you.	
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1	CHAIRMAN FARRELL: Senator?	70
2	CHAIRMAN DEFRANCISCO: Senator Ortt.	
3	SENATOR ORTT: Commissioner, as part	
4	of the state's settlement agreement on the	
5	transition of adult home residents to	
6	community centers, community care, there was	
7	an expectation that 1200 people would	
8	actually make that transition in the first	
9	·	
7	year. My understanding is that we're nowhere	

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10	near that number. If that's the case, my
1	question is what happened to the \$40 million
12	that was allocated for that in last year's
13	budget?
14	COMMISSIONER SULLIVAN: That money is
15	still there and is being utilized. Yes, it

commissioner sullivan: That money is still there and is being utilized. Yes, it will be utilized. And I think the expectation is that the pace of that movement will increase this year, significantly this year.

SENATOR ORTT: Okay. And then I just have a follow-up question regarding Western New York Children's PC. As someone obviously who spent, a mental health professional who spent your life dealing with mental health

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issues, obviously as the families tell me, the families that I talk to, and I'm sure you're aware, there are differences between children that are dealing with psychiatric issues, mental health issues, and adult populations.

What are your concerns, if any, with merging children with an adult population?

And how would you go about addressing those concerns and I guess allay some of the fears that the families may have?

COMMISSIONER SULLIVAN: I think -- we're not -- it's not a merger. There will be basically very distinct, separate space, and there really will not be any contact on

16	the Buffalo campus with adults and children.
17	The actual square footage that we're thinking
18	of would be the equivalent of what's at
19	Western. And we're having architects come in
20	and design what we think will be
21	state-of-the-art services.
22	The reason for doing this is that it

The reason for doing this is that it would free up about -- several million dollars to serve an additional 300 families

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in that area.

So in my looking at this, I think you can provide quality services to children on a campus which is an adult campus -- we do it in Elmira, we provide excellent services in Elmira in our psychiatric center. We do it in St. Lawrence in our psychiatric center. You can provide real quality services. And by moving those services to that campus, we free up the dollars to serve that community -- without even closing beds, without even reducing beds.

So it just seems to me like a win/win, that we get excellent services, we save the dollars and reinvest those dollars in the community. And we know that that community needs outpatient services, and we think we could serve another 300 families, which would be great. I mean, 300 families with significant issues.

SENATOR ORTT: But the decision, to be Page 63

Mental Hygi ene2015. txt 22 clear, hasn't officially been made final at 23 this time, it's something that's being looked 24 at? Or has it been made? 우 79 COMMISSIONER SULLIVAN: 1 We're still 2 very seriously considering it. And we're 3 going to be getting the designs out. And 4 what we would like to do is meet with the 5 stakeholders. I think we would like to try to sell this because we think it's a good 6 7 plan and we would like to see if we can make 8 it happen. 9 SENATOR ORTT: Thank you, 10 Commissioner. 11 CHAIRMAN FARRELL: Thank you. 12 Assemblywoman Didi Barrett. ASSEMBLYWOMAN BARRETT: Hi. 13 haven't had a chance to meet, so it's nice to 14 15 hear you. I have a district -- I represent the 16 17 106th Assembly District, which is Dutchess and Columbia counties, and we have a lot of 18 state facilities both for mental health and 19 20 people with developmental disabilities that have closed, and we're, you know, 21 22 reintegrating in the community. 23 And I just learned actually this week 24 that Dutchess County particularly is

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introducing an innovative program called a

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2	Mental Hygi ene2015.txt Restoration Center, based on the model out of	
3	San Antonio, which looks at jail diversion	
4	but also addresses a fuller mental health	
5	piece. And I have a couple of questions.	
6	So one was, you know, whether you had	
7	any familiarity with that. I mean, it seems	
8	like it's a holistic and intercepting	
9	peer-supported program that seems like a very	
10	good model. Is this something you have any	
11	familiarity with?	
12	COMMISSIONER SULLIVAN: I've heard of	
13	the model. I'm not sure exactly of the	
14	program in Dutchess. I'm sorry, I'm not.	
15	But I'd love to see it now that I've heard	
16	about it. But I know the model uses peers	
17	and involves peers very heavily in the	
18	reintegration of individuals in the	
19	community.	
20	ASSEMBLYWOMAN BARRETT: And is this	
21	something that once it gets going that you	
22	would be interested in coming to visit and	
23	seeing what that	
24	COMMISSIONER SULLIVAN: Oh, I would	
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1	love to. I would love to. I think that	
2	peers are a tremendously powerful force in	
3	terms of helping individuals at all levels,	
4	and especially with reintegration.	
5	Absol utel y.	
6	ASSEMBLYWOMAN BARRETT: Okay, great.	
7	And then my other question is this is	

	Mental Hygi ene2015. txt
8	an issue that I struggle with a lot in trying
9	to talk to constituents about the siloing of
10	all of these agencies that you know,
11	people call them the O agencies or whatever.
12	But you have if a person who's a Vietnam
13	veteran who's over 65 who has substance abuse
14	and is dealing with mental health issues, you
15	know, that's four different, five different
16	places that they have to go to in order to

start addressing services.

And it seems to me, from a client and a constituent support situation, but also from funding reasons and for efficiency and effectiveness and all of those things, that looking at breaking down some of these silos at the state level would be a very positive, you know, and effective way to move forward.

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Is there any conversation about that? And what does that look like?

COMMISSIONER SULLIVAN: I think we're always working together to kind of try to see if we can break -- because you're absolutely right, those silos are not helpful. One of the things that we've done is work in the primary care area to break down some of the silos that prevent substance abuse and mental health from coming together in primary care by licensure regulations. We're working on that.

We're working on simplifying some of

	Mental Hygi ene2015. txt	
14	the regulations so that, as you say, you	
15	don't get if you go in one door, that you	
16	can get the services that you need. And	
17	OASAS and Mental Health have been working for	
18	years on trying to integrate those kinds of	
19	services, and I think we're getting better at	
20	it and we're going to be continuing to look	
21	at how to do that better over time.	
22	But I think yes, you're right, I think	
23	that all the agencies social service	
24	agencies, mental health agencies, everyone	
<u> </u>		83
1	has to really come together around	
2	individuals. And I think we're working on	
3	it, but it's not easy to break down those	
4	silos.	
5	ASSEMBLYWOMAN BARRETT: Are you?	
6	Because, you know, it seems to me it should	
7	be a priority in terms of even just where the	
8	funding comes from and goes. It would be so	
9	much more efficient. I know everybody's got	
10	their turf and people like to protect their	
11	turf. But this is something that's kind of,	
12	in my mind, very long overdue.	
13	COMMISSIONER SULLIVAN: Mm-hmm.	
14	ASSEMBLYWOMAN BARRETT: Good. Thank	
15	you.	
16	COMMISSIONER SULLIVAN: Thank you.	
17	CHAIRMAN FARRELL: Thank you.	
18	Senator?	
19	CHAIRMAN DeFRANCISCO: This is kind of	

	Mental Hygi ene2015. txt	
20	an off-the-wall question, but there's a	
21	reason to ask. How many 1-800 numbers does	
22	your department have for people to call in	
23	and maybe you don't have any to call in if	
24	there's an emergency, or people to call in	
9		84
1	I guess there's many departments that have	
2	them. Do you have any?	
3	COMMISSIONER SULLIVAN: We have a	
4	helpline that answers at the central office.	
5	But for many of our clients, they use the	
6	1-800 numbers that go with crisis hotlines.	
7	So, for example, in New York City it's	
8	Lifenet, and across the state there are other	
9	crisis hotlines.	
10	New York City has one that's pretty	
11	prominent. Across the rest of the state for	
12	individuals in crisis, it probably varies by	
13	county. I don't think there's one crisis	
14	hotline.	
15	But we do have a helpline that you can	
16	get to in the Office of Mental Health, yes.	
17	CHAIRMAN DeFRANCISCO: The reason,	
18	this is probably not doable, but the 311	
19	number, you know, that's just become more and	
20	more prevalent throughout the state, is there	
21	any way I don't know, does the state pay	
22	to participate in these 1-800 lines?	
23	COMMISSIONER SULLIVAN: It depends.	
24	Some of them are state/local aid that might	

1	pay for some of them. Some of them come	
2	through grants. Some of them are our	
3	dollars. The one we have is us, we pay for	
4	it.	
5	CHAIRMAN DeFRANCISCO: I'm just	
6	wondering, just to throw it out there to	
7	every other department that's here, is there	
8	any feasibility of making this part of 311?	
9	And so there's one number, they don't have to	
10	run around for a hotline, there's no	
11	requirement to pay for that other service.	
12	And just a thought. And I wanted I was	
13	thinking of it just now, because I wanted to	
14	call 311 when Senator Krueger was questioning	
15	you.	
16	(Laughter.)	
17	CHAIRMAN DeFRANCISCO: So I just	
18	wanted to bring it up now. Thank you.	
19	COMMISSIONER SULLIVAN: Thank you.	
20	Good i dea.	
21	CHAIRMAN FARRELL: Thank you.	
22	Assemblywoman Rosenthal.	
23	ASSEMBLYWOMAN ROSENTHAL: Thank you.	
24	Thank you very much. Nice to meet you	
P F		86
1	through this process.	00
2	My question is the \$68 million in BIP	
3	funding. That's a one-time shot; right?	
4	COMMISSIONER SULLIVAN: I think it's	
5	spread out over a few years. But it's one	
6	time, yes. But it's spread out. I don't	
U	time, yes. but it's spieau out. I uon t	

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7	think it's like one year, I think spread out	
8	over several years, yes.	
9	ASSEMBLYWOMAN ROSENTHAL: So after	
10	that money is exhausted, how will those	
11	services be administered without that kind of	
12	fundi ng?	
13	COMMISSIONER SULLIVAN: Well, most of	
14	the services that we're putting in place will	
15	come under they will come under Medicaid.	
16	Now, how they get paid for is in the entire	
17	scheme of Medicaid, which is that ultimately	
18	dollars will be shifted from high-cost	
19	inpatient care to these kinds of services.	
20	So at the end of the transformation, which is	
21	about five years, DSRIP, BIP, all these	
22	dollars theoretically and I think it can	
23	happen should be paid for by decreasing	
24	other costs in Medicaid so that these	
9		87
1	community-based services will now be paid	
2	for.	
3	So they are really start-up funds, in	
4	essence, to say get these things out there,	
5	make them happen, if you make these happen,	
6	you will decrease hospitalizations. And then	
7	over time, as those dollars come down, these	
8	can be paid for without going over the	
9	Medicaid cap. So this is in the Medicaid	
10	worl d.	
11	ASSEMBLYWOMAN ROSENTHAL: Okay. And	
12	is there a review process to see if that is	

13	indeed happening at the end of those few
14	years?
15	COMMISSIONER SULLIVAN: Yes, the
16	Department of Health is very aggressive in
17	monitoring all this and making sure that the
18	outcomes and the clinical outcomes and that
19	will be happening over what will probably be
20	a four-to-five-year period, between DSRIP,
21	BIP, all these funding streams that are
22	coming from the federal government.
23	ASSEMBLYWOMAN ROSENTHAL: And will
24	there be a report produced, or how will this
<u></u>	88
1	information be shared with the appropriate
2	stakehol ders?
3	COMMISSIONER SULLIVAN: I believe that
4	the Department of Health is being very
5	transparent about all this. So this will be
6	in reports.
7	ASSEMBLYWOMAN ROSENTHAL: So no 90-day
8	retention?
9	COMMISSIONER SULLIVAN: Oh. Well, I
10	don't know that it's been
11	ASSEMBLYWOMAN ROSENTHAL: Just
12	ki ddi ng.
13	COMMISSIONER SULLIVAN: that they
14	have the results yet. But they will be doing
15	it. It's through the Department of Health in
16	terms of those reports.
17	We will be giving them our reports on
18	our services, which we will definitely share.

19	ASSEMBLYWOMAN ROSENTHAL: Okay. Thank	
20	you very much.	
21	CHAIRMAN FARRELL: Thank you.	
22	Senator?	
23	SENATOR KRUEGER: Hi, Commissioner. I	
24	have a couple of follow-ups.	
4		89
1	Actually following up on my	
2	colleague's questions about the \$40 million	
3	yet to be spent on the 1200 adults to be	
4	moved, how many adults were you able to move	
5	to the community in that year?	
6	COMMISSIONER SULLIVAN: I think it's	
7	thirty in the 30s.	
8	SENATOR KRUEGER: In the 30s.	
9	COMMISSIONER SULLIVAN: Thirty-five,	
10	36, yes. This is yeah, the	
11	SENATOR KRUEGER: What's happened	
12	between the last 12 months and this coming up	
13	12 months that makes you believe you're going	
14	to be able to move the next 1160?	
15	COMMISSIONER SULLIVAN: I think	
16	there's been a lot of learning about how to	
17	outreach to these individuals. We've been	
18	we work very closely with the Department of	
19	Health. We do the housing, Department of	
20	Health does the outreach and the assessment.	
21	So it's the two agencies working together.	
22	And I think a lot has been learned	
23	about the needs of these individuals, a lot	
24	has been Learned about how to get accurate	

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1	information from the managed care companies,	
2	making sure that they're getting coordinated	
3	with care.	
4	So even in the settlement, I think the	
5	first six months to a year were seen as times	
6	to pilot and get the processes right. And I	
7	do think the processes now are much tighter.	
8	We have now recently screened over a thousand	
9	in-reach, so we're now going to be doing	
10	assessments on those. It's a multilayered	
11	phenomenon.	
12	So I think there's good evidence that	
13	it's going to go at a much faster pace now,	
14	that the systems are working better together	
15	and also we've got a better handle on how to	
16	really engage clients in what this move means	
17	for them and getting more of them interested	
18	in doing it.	
19	SENATOR KRUEGER: And if you were to,	
20	I don't know, percentagewise break up where	
21	the issues are, is it not being able to find	
22	providers of the services in communities to	
23	provide the services you know these folks	
24	need? Or is it the inability to find	
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Ŷ 1	residential you know, anybody for them to	91
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2	live with or anywhere for them to live? COMMISSIONER SULLIVAN: We've been	
3		
4	able to find pretty much the residential	

5	Mental Hygi ene2015. txt services. I think it's developing the	
6	wraparound services that these clients will	
7	need, making sure that they have everything	
8	in place. Many of them have medical	
9	problems, complicated medical problems. Many	
10	of them have been living in a certain setting	
11	for 20, 30 years.	
12	So it's really getting all of the	
13	services in place as well as the housing.	
14		
	And if you do it right, it can take some time	
15	to make that happen. And it also involves a	
16	great deal of patient choice, which is highly	
17	appropriate. So we have to work with what a	
18	client says they want as well as what we can	
19	offer. So it's a dialogue, and that's good.	
20	So I think it we're getting better at	
21	knowing how to do it.	
22	SENATOR KRUEGER: And I accept	
23	completely that the first year would be a	
24	pilot, slash, let's figure out what we're	
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	modely up against home. What's your actimate	92
1	really up against here. What's your estimate	
2	about how many years it will take your	
3	department to find alternatives for the	
4	it's the 1200 target? That was the original	
5	number?	
6	COMMISSIONER SULLIVAN: Yeah. Yeah.	
7	I would hope that we could move much,	
8	much quicker. I think it has to be that	
9	target has to be something developed between	
10	us and DOH. To be fair, it's not just us.	

11	Mental Hygi ene2015. txt So I think we have to work together.
12	But and I'm not entirely I
13	should be, but I'm not entirely familiar with
14	the terms of the settlement. So there's
15	probably a requirement in there, is my guess.
16	But I'm not as familiar with it, so I can get
17	back but I think we should be able to
18	move, you know, several hundred in a
19	reasonable period of time going forward.
20	SENATOR KRUEGER: And just for the
21	record, I am very glad you're the
22	commissioner of OMH, and it's an enormously
23	difficult job.
24	So yesterday many of us sat here for I
4	93
1	think 11 hours of a hearing on Public
2	Protection, and discussions came up
3	particularly with DOCCS and I think also with
4	probation about the number of mentally ill
5	people in the state and local prison and
6	correction system. And several people
7	testified "We're working with OMH." What are
8	they doing with you, and what's working?
9	COMMISSIONER SULLIVAN: Well, first,
10	there are so many pieces. But let me just
11	say that within the prison system, I think we
12	do work really very we work very closely
13	with DOCCS, and we have a system of care for
14	the mentally ill that ranges from a hospital
15	in the prison to step-down residential units

in the prison to what would be considered

Mental Hygi ene 2015. txt outpatient care or like clinic visits within the prison system.

And that extends across the entire prison system. So if a patient is in one system and really needs hospital care, they will move to the hospital base, which is the Central NYPC.

We also do, with DOCCS, a lot of

training on the mentally ill so that they can understand the kinds of issues that present in DOCCS. And they work with us on high-risk patients, we sometimes -- we have conferences where we talk together. We're getting that better and better in terms of the communication with DOCCS. So with the system within the prison.

And then when it's time to leave, for the seriously mentally ill we have a specialized transition program where they come to one of the DOCCS facilities for several months before they leave. So we work with them very closely.

With others, we work on plans for discharge throughout the system. We work with parole afterwards. And for many of these clients it's a mutual kind of -- and some of the five -- I think it's \$5 million which Corrections is going to get to have lower parole caseloads, so that they can work a little closer with us on monitoring some of

these	clients	when			ie2015. the	txt
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Now, we also have started some -DOCCS does some substance abuse work and
stuff in the clinics, so we work with them
when our patients cross over. So there's
always more that can be done, so I'm not
saying by any means it's a perfect system.
But I do think with DOCCS we have developed
throughout the prison system a continuum of
care which offers pretty good care for
individuals who unfortunately have gone far
enough in the system that they're now in
prison.

The other issue is one of diversion, which is a whole other story in terms of hopefully getting less and less of our patients into prison.

But we work very closely with DOCCS, and we do on the parole too. And this new initiative which we have which we're going to be using community-based services is with DOCCS, with parole, and with our clinicians to do wraparound services, housing, intensive psychiatric treatment, et cetera, in the transition into the community.

1	SENATOR KRUEGER: Thank you.
2	CHAIRMAN FARRELL: Thank you
3	Assemblyman McDon McDon -
	Page 77

4	ASSEMBLYMAN OAKS: O'Donnell.	
5	ASSEMBLYMAN O'DONNELL: O'Donnell?	
6	You mean me?	
7	(Laughter.)	
8	UNIDENTIFIED FEMALE: He was getting	
9	there.	
10	CHAIRMAN FARRELL: Dan O'Donnell.	
11	ASSEMBLYMAN O'DONNELL: I must say I	
12	like being down here; it's like we're having	
13	a conversation. It's much better.	
14	Thank you very much for coming. My	
15	questions will entirely be about your work in	
16	the prison system. As you know, I chair the	
17	Corrections Committee and have been to 25 of	
18	the prisons where many of the people you just	
19	talked about are.	
20	So there are some questions. The	
21	first one has to do with discharge planning.	
22	As you know, the Legislature passed a bill	
23	last year that requires mental health	
24	discharge planning for anybody who has been	
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1	on your caseload in the last three years.	
2	The Governor finally, in December, decided he	
3	would acquiesce to that wonderful idea.	
4	So I know that there's money in the	
5	budget for that. Could you please explain to	
6	me what that money is going to get us? And	
7	is that money enough to do the job that we	
8	required you to do?	
9	COMMISSIONER SULLIVAN: Well, what	

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we're going to be doing is looking back three years. So far that looks like about 3,000 individuals who at some point had touched the mental health system while they were in prison but are not currently on our caseload. There's a whole group currently.

So we're going to go back over those 3,000 individuals and we're going to have at least -- well, not at least, we're going to have one face-to-face evaluation with them within six weeks, six to eight weeks of discharge, before discharge. And that face-to-face interview will determine the degree of discharge planning that that individual needs.

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So, for example, if that person should have or on the time of discharge be having acute symptoms, we'll be doing a more robust discharge plan, making sure that they get to clinic appointments, have their medications. They will come onto our mental health casel oad.

If they are really not having psychiatric symptoms at this time, which often can occur with the population in prison, then we will be giving them referral services, how to get what they need.

And we're also going to be setting up a hotline for those individuals that they know that they can call when they leave

	Mental Hygi ene2015. txt	
16	prison this isn't up there yet, but we're	
17	doing it with the Mental Health Association	
18	of New York so they can call to get	
19	services after they leave.	
20	We feel that with the additional	
21	dollars that were in the budget for mental	
22	health services for prison, and also with	
23	some things that we are doing in the prison,	
24	that we can manage this and do it well.	
9		99
1	ASSEMBLYMAN O'DONNELL: I'm concerned,	
2	as you know, that the law is that seriously	
3	mentally ill people are excluded from	
4	solitary confinement and so what has happened	
5	since 2008 is an interesting either change in	
6	the prison population or a change in what you	
7	folks are saying about the people who are	
8	there. A 35 percent drop in the number of	
9	people diagnosed as schizophrenic, a	
10	50 percent increase in adjustment disorder,	
11	which I think most of the State Senate has	
12	(Laughter.)	
13	ASSEMBLYMAN O'DONNELL: and a 77	
14	percent increase in personality disorder,	
15	which is the New York State Assembly.	

16 (Laughter.)

ASSEMBLYMAN O'DONNELL: So I'm curious to know how it is that these non, quote, serious diagnoses have gone up so dramatically and the serious ones have gone down. I mean, obviously I did not -- it

22	wasn't my bill, but I was there for it, and	
23	there was a great fight about it about who	
24	would get included. I don't think the	
<u>}</u>		100
1	intention was for us to include seriously	100
2	mentally ill and then to have you folks	
	, , , , , , , , , , , , , , , , , , ,	
3	change the diagnoses of the people who are in	
4	the system.	
5	Could you address that, please?	
6	COMMISSIONER SULLIVAN: Yeah, I	
7	think two things. One is I just we	
8	have received, you know, your concern about	
9	this and we're looking at it very carefully.	
10	The drop for the last three years,	
11	the numbers have been pretty consistent. So	
12	we're talking about a shift in the way we	
13	were doing things probably before those three	
14	years. So we're going to be looking at that.	
15	We're going to be taking a close look at the	
16	individuals that we're diagnosing now, the	
17	ones who are on the seriously mentally ill	
18	and the ones who are less than the other	
19	category that are not seriously mentally ill.	
20	And we're going to be double-checking,	
21	because we just want to be sure. There was	
22	this drop, you're absolutely right. It's	
23	not I'm not entirely clear what happened	
24	then. Over the past three years we've been	
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pretty consistent; the numbers have not

2	Mental Hygi ene2015. txt shifted. So the question is are we still	
3	doing it right now or not. So we really need	
4	to look at the cases.	
5	And I know that we've been wanting to	
6	get back to you on this, but it takes a	
7	little time to really look at what's going on	
8	to make sure that we understand it. So I	
9	think we are taking very seriously the	
10	concern about the drop.	
11	ASSEMBLYMAN O'DONNELL: I can tell you	
12	that I know inmates today who before they	
13	were in the system had obviously	
14	schi zophreni c and bi polar di agnoses from	
15	doctors on the street, and they're now in	
16	your system and they are now in solitary	
17	confinement. So I don't know how somebody	
18	who has lived 25 years of their life,	
19	30 years of their life and these are	
20	people who have access to the best treatment	
21	in America can have a very serious	
22	diagnosis and, lo and behold, they present	
23	into your system or the DOCCS system, I'm	
24	not to blame you for them to the DOCCS	
2		102
1	system, and then Io and behold, you say	
2	they're not. I don't understand. And these	
3	are people who I know for a fact this is	
4	not the family telling me, I know for a fact	
5	that they had those diagnoses when they were	
6	on the street.	
7	COMMISSIONER SULLIVAN: Well, that's	

8	Mental Hygi ene2015. txt what we're looking into.	
9	ASSEMBLYMAN O'DONNELL: Okay. Can	
10	you I've been to Attica; that was an	
11	interesting experience. And I know that they	
12	have an RMHU there. But they seem to rely on	
13	telepsychiatry as a mechanism. Do you really	
14	think that that's the best way to deal with	
15	mentally ill people in a place like Attica?	
16	COMMISSIONER SULLIVAN: You know, I	
17	think telepsychiatry not just in prison,	
18	but in many ways can be very effective. I	
19	think what you still need to have is a	
20	treatment team, which is often either social	
21	workers or psychologists, there working with	
22	them.	
23	But for the psychiatric evaluation,	
24	there's very good studies that show that	
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1	telepsychiatry can be very effective. In	
2	fact, the VA system uses telepsychiatry a lot	
3	in terms of being able to reach veterans in	
4	satellite spots all across the country. So I	
5	actually do think that telepsychiatry can be	
6	very effective.	
7	You still need to have the	
8	treatment a team there that can work with	
9	social workers or psychologists who can still	
10	work with the client. But the actual	
11	evaluation and working and doing things by	

telepsychiatry has been shown to be pretty

effective. And in other countries such as

14	Mental Hygi ene2015.txt Australia, too, where there's huge expanses	
15	of land and psychiatrists can't get to all	
16	kinds of populations.	
17	So I think it can work. I do.	
18	ASSEMBLYMAN O'DONNELL: Well, in my	
19	humble opinion, in the most serious	
20	environments, in places like Clinton and	
21	Attica, it's the wrong place to do that.	
22	It's just the wrong place to do that.	
23	Can I just briefly ask about the	
24	residential crisis treatment programs, which	
		104
1	I've been to in a number of prisons as well.	
2	They seem to have had a huge increase since	
3	2007, and yet admissions to the Central	
4	New York Psychiatric Center have been	
5	addressed by the same amount. And my concern	
6	is that although the ones in the prisons are	
7	very lowly lit and they're designed to	
8	prevent someone from self-harm, primarily,	
9	it's not a therapeutic environment.	
10	So are you folks intentionally trying	
11	to limit access to the Central Psychiatric	
12	and rely on these other forms as a mechanism?	
13	COMMISSIONER SULLIVAN: No.	
14	ASSEMBLYMAN O'DONNELL: The numbers	
15	well, the numbers suggest that. The numbers	
16	suggest one has gone up 55 percent, one	
17	gone down 57 percent in the last three years.	
18	So	
19	COMMISSIONER SULLIVAN: Well, we	

Mental Hygi ene2015. txt haven' t but we have not decreased the	
· ·	
30 whether the rharvidual's who are	
10	5
seeing them are making those decisions but	
we have not staffed down or anything. We can	
go up to the full complement in Central	
New York.	
ASSEMBLYMAN O'DONNELL: The Senate is	
very serious about being on time. I have	
used up my time. Thank you very much.	
COMMISSIONER SULLIVAN: Thank you.	
CHAIRMAN FARRELL: That's it. Thank	
you very much.	
COMMISSIONER SULLIVAN: Thank you.	
SENATOR KRUEGER: Thank you.	
(Scattered applause from audience.)	
CHAIRMAN FARRELL: Helene DeSanto,	
deputy commissioner, New York State Office	
for People with Developmental Disabilities.	
This is the 10 o'clock meeting.	
DEPUTY COMMISSIONER DeSANTO: Thank	
you.	
CHAIRMAN FARRELL: Good morning.	
DEPUTY COMMISSIONER DeSANTO: Good	
morni ng.	
Good morning, Senator DeFrancisco,	
Assemblyman Farrell, Senator Ortt,	
	haven't but we have not decreased the staffing or the availability of putting the of that number of clients coming into Central New York. So whether the individuals who are 10 seeing them are making those decisions but we have not staffed down or anything. We can go up to the full complement in Central New York. ASSEMBLYMAN O'DONNELL: The Senate is very serious about being on time. I have used up my time. Thank you very much. COMMISSIONER SULLIVAN: Thank you. CHAIRMAN FARRELL: That's it. Thank you very much. COMMISSIONER SULLIVAN: Thank you. (Scattered applause from audience.) CHAIRMAN FARRELL: Helene DeSanto, deputy commissioner, New York State Office for People with Developmental Disabilities. This is the 10 o'clock meeting. DEPUTY COMMISSIONER DESANTO: Thank you. CHAIRMAN FARRELL: Good morning. DEPUTY COMMISSIONER DESANTO: Good morning. Good morning, Senator DeFrancisco,

1	Assemblywoman Gunther, and other	
2	distinguished members of the Senate and	
3	Assembly. I am Helene DeSanto, deputy	
4	commissioner for service delivery at the	
5	New York State Office for People with	
6	Developmental Disabilities. I would like to	
7	thank you for this opportunity to testify	
8	regarding Governor Cuomo's 2015-2016	
9	Executive Budget proposal for OPWDD.	
10	The Governor's Executive Budget	
11	supports the ongoing reform of OPWDD's	
12	service delivery system and the	
13	implementation of our transformation agenda	
14	by providing resources to continue assisting	
15	individuals to receive services in integrated	
16	settings and providing access to	
17	community-based services.	
18	OPWDD's budget also supports our	
19	agency's vigilance in the oversight of both	
20	state and not-for-profit providers, while	
21	providing our agency with the funding and	
22	flexibility to plan for the future.	
23	The Governor proposes making	
24	significant investments in the hard-working	
<u> </u>		107
1	people who form the backbone of our service	
2	delivery system by providing resources to	
3	support compensation increases for direct	
4	care and clinical staff who are employed at	
5	OPWDD's not-for-profit provider agencies.	
6	This funding is sufficient to support both	

	Mental Hygi ene2015. txt	
7	the 2 percent increase for direct support	
8	professionals that took effect on January 1st	
9	of this year and another 2 percent increase	
10	scheduled to take effect on April 1st for	
11	both direct support and clinical staff.	
12	The Executive Budget will enable us to	
13	build on our accomplishments of the past four	
14	years, during which we worked together to	
15	overhaul the OPWDD system, enhance	
16	accountability, ensure the health and safety	
17	of individuals with developmental	
18	disabilities, and offer greater opportunities	
19	for employment, community living,	
20	self-direction and independence. Under	
21	Governor Cuomo's Leadership, OPWDD had many	
22	successes in 2014.	
23	In 2014, 521 individuals successfully	
24	transitioned from developmental centers,	
Ŷ		108
1	intermediate care facilities, and skilled	
2	nursing facilities into community-based,	
3	person-centered services. There are now	
4	approximately 500 individuals living in six	
5	developmental centers, which is down from a	
6	high of over 27,000 living in 20	
7	developmental centers in the 1970s. This	
8	budget dedicates \$42 million to assist more	
9	individuals in institutional settings in	
10	transitioning to community services.	

In 2014, an additional 1200 individuals began receiving residential Page 87

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13	services funded by OPWDD, 813, or more than
14	two-thirds of whom moved from their own home
15	into a certified setting. The Executive
16	Budget proposes to invest \$120 million
17	additional dollars in new residential and day
18	services. These resources will support
19	expanded services throughout OPWDD's
20	continuum of care, including certified and
21	non-certified residential opportunities, day
22	programs, employment, case management, and
23	respite services, and will be allocated based
24	on OPWDD's person-centered processes, which

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include an individualized needs assessment and planning process and will be made available to those leaving institutional settings and those living at home in need of services.

I am happy to report that in partnership with our stakeholders, businesses, and the education system, we made great gains in helping people with developmental disabilities achieve competitive employment. As of January 1, 2015, there were 7,444 individuals competitively employed in an integrated setting, a number we hope to see greatly increase in the coming years with enhancement to our supported employment service and our new career exploration and readiness service launched last year, Pathway to Employment.

19	We also made great strides last year
20	in seeing more people take control of their
21	services through self-direction. In 2014, we
22	saw a threefold increase in the number of
23	people self-directing their services and
24	educated more than 9.500 people in

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> self-direction as an option. 2014 also saw a major redesign of our self-directed service options, and we will continue to look for ways to streamline our services to offer more choice and flexibility to individuals.

> While we have made significant progress in the initial stages of our transformation, we recognize that work still needs to be done. We have gathered a panel of experts charged with examining the challenges of implementing managed care in our system, turning the initial success of our transformation agenda into lasting change and ensuring the long-term fiscal and programmatic sustainability of our system. Over the course of the next several months, the panel will meet and receive substantial public input and feedback, leading to a set of clear and actionable recommendations that will guide our path forward.

> In addition, we have heard the many concerns raised about the current and future availability of services for those now living at home who may want and need to access

4

1	residential services. In response to these	
2	concerns, OPWDD will spend this year	
3	conducting extensive outreach to those	
4	individuals who have requested residential	
5	services through its residential registry.	
6	Through this process, OPWDD will advance its	
7	promise to serve individuals in the most	
8	integrated setting while ensuring a full	
9	continuum of housing is available to meet	
10	each individual's needs and goals.	
11	The information gained through this	
12	assessment will be used to ensure that	
13	current needs are identified and met and	
14	project support needs into the future. This	
15	review will help us to ensure that services	
16	and supports can be developed and made	
17	available to individuals when they need them.	
18	OPWDD looks forward to working with	
19	our partners in the legislature, and all of	
20	our stakeholders, in the continuing effort to	
21	achieve real and lasting transformation in	
22	our system. I welcome your questions.	
23	CHAIRMAN FARRELL: Thank you.	
24	Assemblywoman Aileen Gunther.	
2		112
1	ASSEMBLYWOMAN GUNTHER: Good morning,	112
2	and thank you for coming to testify today.	
3	And first of all, you know, I read	
4	that in the Executive Budget he proposed a	
	that in the Exceptive budget he proposed a	

5	Mental Hygi ene2015.txt decrease of \$69.6 million in support.	
6	There's \$58 million in savings. And where	
7	will that money be reinvested?	
8	DEPUTY COMMISSIONER DeSANTO: Well,	
9	as the money that we have this year for	
10	new services is fully annualized at	
11	\$120 million. And that is money to create	
12	new services of all types for individuals in	
13	the community. The folks who leave our	
14	campuses are supported also by \$42 million to	
15	create new services for them.	
16	ASSEMBLYWOMAN GUNTHER: Now, what kind	
17	of services? Can you explain some of the	
18	services that	
19	DEPUTY COMMISSIONER DeSANTO: Sure.	
20	We have a full range of services to support	
21	people's needs, including services for people	
22	who live at home and that can be respite,	
23	it can be something called community	
24	habilitation, where people who live at home	
		113
1	but want to have some integrated time in the	
2	community would be supported that way.	
3	We have overnight services for people	
4	also who need respite, employment assistance,	
5	day supports, service coordination, and	
6	obviously residential supports for those who	
7	need them.	
8	ASSEMBLYWOMAN GUNTHER: It would be	
9	very helpful if you could like divide it up	
10	by county and actually tell us what service	

Mental Hygi ene 2015. txt is available and in which counties, because I don't know that I can think of a respite bed in Sullivan County. There might be a few in Orange County.

And it would be wonderful to know exactly like the -- like one, two, three, how that \$58 million is going to be invested and in what areas. So that would be very, very important.

The other thing I wanted to talk about is the 2 percent increase for the direct support personnel, which I deeply appreciate.

And I know there are many, many people in New York State that appreciate it, appreciate the

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increase. But now when we're talking about the increase of minimum wage to, you know, to over \$2 an hour more, this is what DSPs are making at this point.

And I think one of the trepidations -and this is just to put on the radar screen
of like facilities like -- I'll just say one
ARC, et cetera, is that because it's a very
strenuous job, both emotionally and
physically, that we won't be able to attract
people to these jobs.

So thank you for the 2 percent last year and this year, but I think that we should really question whether we're paying enough to these folks that are working in all the non-for-profits across New York State.

17	Mental Hygi ene2015.txt The other question that I have is	
18	we're talking about the transition from	
19	institution to a residential setting. And	
20	also another trepidation of many people	
21	across New York State are their aging parents	
22	and the fact that there are not services	
23	provided to them. You know, if a child is	
24	put into a residential facility at a very	
P		115
1	early age, what happens is those dollars	
2	follow that person. But it doesn't seem to	
3	be happening.	
4	And do we have enough support systems	
5	in place? And I do want you to be aware,	
6	when you answer the question, looking at	
7	transportation upstate versus downstate.	
8	DEPUTY COMMISSIONER DeSANTO: I do	
9	want to mention you spoke earlier about	
10	looking to see if there was a way to see	
11	which services are available in which	
12	communities. And we do have on our website	
13	something that kind of lays out those	
14	services. Which I'd be interested in, you	
15	know, perhaps talking with you or your staff	
16	further to see if you think that's what would	
17	be helpful, and if people are actually able	
18	to access the information that they're	
19	looking for there.	
20	You know, we're very aware of the	

concerns of families about the need for services for people who are living at home.

21

23	Mental Hygi ene2015.txt As I mentioned earlier, we do have a great	
24	deal of supports that go to people who live	
2		116
1	at home, and we do know that people who have	110
2	registered as wanting a residential service	
3	at some point, a great, great percentage of	
4	them do receive these types of in-home	
5	supports while they're still living with	
6	their families.	
7	But we understand that we need to be	
8	sure that we can have the right residential	
9	supports for people when the time comes and	
10	the families can no longer be the primary	
11	caregi vers.	
12	ASSEMBLYWOMAN GUNTHER: And that time	
13	is coming to a lot of families across New	
14	York State. So I think like the preparation	
15	should be over and, you know, we need bricks	
16	and mortar to make sure that these folks have	
17	a place.	
18	DEPUTY COMMISSIONER DeSANTO: Yes.	
19	And we certainly have made significant	
20	investments, you know, with your support over	
21	the years, for new monies to create these	
22	kinds of residential supports. As I said	
23	earlier, there were over 800 people who were	
24	able to leave their homes in the community	
24	able to reave their homes in the community	
9		117
1	and go to certified settings this past year.	
2	And I think what we want to do this year is	
3	really do some very focused outreach to	

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4	people	
5	ASSEMBLYWOMAN GUNTHER: There was 800	
6	last year that left	
7	DEPUTY COMMISSIONER DeSANTO: Correct.	
8	It was over 800 people who were able to leave	
9	a home in the community, most of them with	
10	caregivers, and move into certified settings.	
11	And, you know, so we have made	
12	significant investments over a period of	
13	years, including last year, and in this	
14	year's budget, when it's fully annualized,	
15	\$120 million, which is quite significant.	
16	And we want to do that outreach that I spoke	
17	of earlier to be sure that we can actually	
18	talk with all these folks who are registered	
19	as wanting residential supports, talk with	
20	them about what it is that they want and	
21	need, when they want it, so that we can	
22	really be creating a very focused plan going	
23	forward and ensure that in coming budget	
24	years we have the supports that we need to	
4		118
1	meet the needs of people that are expressing	110
2	these desires.	
3	ASSEMBLYWOMAN GUNTHER: How many of	
4	those actually like, first of all, you	
5	know, I have been from Long Island to up by	
6	the St. Lawrence. And, you know, when I hear	
7	the number 800, I think it's great that	
8	there's a beginning. But I don't feel	
9	that maybe it's not being communicated to	
•	Page 95	

people in	the	State	of	New	York	that	these
servi ces a	are a	avai Lab	ole.				

I know there have been parents that -ARC had a residence, it took us about five
years to get it up and running, between going
to, you know, the Department of Housing and
putting all the money together. So the
length of time seems to be, you know,
quite -- it took five years for one, and that
was to house five people.

DEPUTY COMMISSIONER DeSANTO: Yes.

ASSEMBLYWOMAN GUNTHER: So, you know, when you talk about the different areas, are you actually -- who are you contacting in those areas? And how do you reach out to

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parents that, you know, have been taking care of these adult children, and how do you get that information?

DEPUTY COMMISSIONER DeSANTO: Well,
OPWDD has a registry, a residential registry,
which is a request list of people who have
come forward over a period of years,
actually, and have requested that at some
point they feel that they will need a
residential service for their family member.
And so we actually have that list to work
from.

Which any time someone comes to us and expresses a need, either a more immediate need or a future need for residential

16	services, we have a way in which we register	
17	them and actually keep information about	
18	them. So that's the list, Assemblywoman	
19	Gunther, that we're going use. And we plan	
20	to really do some focused discussion with	
21	these individuals.	
22	I have to say that some of them have	
23	been registered, as I'm sure you've heard,	
24	for a number of years. And quite frankly,	
		120
1	our service system has evolved, and they may	
2	have registered at a point in time where the	
3	only available service might have been a	
4	certified residence, whereas now there might	
5	be other ways to get residential supports.	
6	So we want to make sure that we can	
7	share that information, see if there are	
8	needs that people need in the meantime that	
9	we can meet, and then help them to get to the	
10	residential support that they're looking for.	
11	CHAIRMAN FARRELL: Thank you very	
12	much.	
13	ASSEMBLYWOMAN GUNTHER: I just want to	
14	ask about sheltered workshops. I Linda?	
15	ASSEMBLYWOMAN ROSENTHAL: I was going	
16	to ask about that. I'm going to ask about	
17	that.	
18	ASSEMBLYWOMAN GUNTHER: Okay.	
19	Okay, go ahead.	
20	CHAIRMAN FARRELL: Senator?	
21	CHAIRMAN DeFRANCISCO: Senator Ortt.	

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22	SENATOR ORTT: Good morning.	
23	DEPUTY COMMISSIONER DeSANTO: Good	
24	morni ng.	
2		121
1	SENATOR ORTT: Thank you for being	121
2	here. I guess I will, since I was going to	
3		
4	ask, I will take up the question about	
	sheltered workshops.	
5	First of all, I'd just like to and	
6	I'll lead into it. Can you describe your	
7	current needs assessment process using the	
8	DDP-2 and ISPM scores. And for my own	
9	edification, is there a scientifically valid	
10	correlation between the ISPM scores generated	
11	and the staffing patterns that are necessary	
12	to support the individual?	
13	DEPUTY COMMISSIONER DeSANTO: The DDP	
14	is a tool that was developed a number of	
15	years ago that really does measure	
16	individuals' abilities and needs in a whole	
17	variety of areas. And that tool results in	
18	an ISPM score, as you've referenced, which	
19	kind of gives you an overview or a snapshot	
20	of what types of needs the person has in	
21	vari ous areas.	
22	So it will say there are support	
23	needs, say, in activities of daily living,	
24	which are issues of self-care and just being	
2		122
1	able to get through the day. They may have	122
1	able to get through the day. They may have	

2	Mental Hygi ene2015.txt high needs in one area. They may have high
3	needs in a behavioral area, is another piece
4	that is measured there.
5	So it will measure adaptive skills,
6	behavioral needs, and also health needs. And
7	that's really how that scale rolls up into
8	scores, which you referenced are called ISPM
9	scores in our system.

 It was developed a number of years ago. It does have some validity in doing those measures. But we know that we need to use a more robust assessment system. So we are in the process of validating a comprehensive assessment system, and that is in place right now, the validation work, across the state. And that has begun since late last year and will continue into this year.

We hope at some point to have this tool available to replace the DDP and do a much more robust acuity-based assessment of folks that will then give us good direction around service needs.

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So we're still using the DDP, but we are evolving into another way to measure people's needs and how that relates to services.

SENATOR ORTT: So it would be fair to say that OPWDD hopes in the next 12 months, 24 months to have replaced the DDP?

8	Mental Hygiene2015. txt DEPUTY COMMISSIONER DeSANTO: Yes, I	
9	would say it's fair to say that. That's	
10	correct.	
11	SENATOR ORTT: With regard to the	
12	sheltered workshops, I've heard from a number	
13	of families whose children take part in	
14	these. They have great concerns because, as	
15	you know, there are certain folks who simply	
16	cannot go out and get other employment. And	
17	I don't think it's just a paycheck issue, I	
18	think that there's an issue of quality of	
19	life, of personal pride, personal	
20	fulfillment, to do a hard day's work and get	
21	a paycheck regardless of the dollar amount,	
22	if you would.	
23	And there's a real concern that if	
24	they don't have the sheltered workshops	
2		124
1	available that they will be at home or they	
2	will not have anything to do to replace that	
3	acti vi ty.	
4	What is OPWDD's plan for those	
5	individuals? And what do you say to the	
6	families of those individuals?	
7	DEPUTY COMMISSIONER DeSANTO: Our plan	
8	is really to look at each person who now	
9	participates in the workshop settings, to	
10	evaluate them and to really see what other	
11	services we might have that would assist them	
12	either to actually the point of getting	
13	employment or to have other kinds of supports	

			Mental Hygi ene2015. tx	t
that	are	community	based.	

 And we really plan to do this individual by individual. We certainly have had successes with people who have spent many years in workshops and have now gone on to community work. And we do realize that not everyone is going to end up in competitive employment.

One of the things that we are doing, in addition to some of the new services that we've created to assist with this, is we are

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going to have a conference day with our workshop providers. We have over 100 workshop providers, and we're going to invite them in in early May to work with us, with a family member, someone who participates, so we can really hear firsthand what people are thinking, to talk about other business models that might work well to shift from the sheltered workshop setting.

So I think what we're doing is a variety of approaches to both create supports and services, but also to invite people into the process and to work with us so that we can hopefully come to a collaborative point and a partnership where we can move forward.

SENATOR ORTT: It's my contention that the sheltered workshop serves a function, and while the goal should always be to move people to competitive employment, I am very

			Me	ntal Hygi	ene2015.	txt
concerned	about	а	rep	acement	model.	

And just lastly, can you just take me through the Front Door, or describe the Front Door process for me? Being new, being new as the chairman and new to the Senate,

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I've heard a lot about the Front Door process, both good and bad. Can you describe to me what that process is?

DEPUTY COMMISSIONER DeSANTO: Yes.

The Front Door process was begun almost two years ago now, and its intention was to create one way, one pathway for people to travel when they were looking for services from OPWDD.

And we know that we had wide variation across the state previously, and people would enter in many different ways, sometimes talking to voluntary provider agencies and then coming to us, sometimes coming directly to OPWDD. But ultimately it was always our responsibility to both determine their eligibility for our services and then to authorize those services.

So our Front Door was an attempt to create a standard way in which people would come to us, learn about the services available, have their eligibility determined and verified, and then authorize their services.

1	And that is done in collaboration with	
2	service coordinators that work for voluntary	
3	provider agencies. But the simplest way I	
4	can describe it is that was our intent. We	
5	have done many things over these months to	
6	improve the process, because we know	
7	initially there were a lot of concerns about	
8	people feeling like it was confusing, it took	
9	too long. And we did a number of things to	
10	both streamline and improve upon the process.	
11	I think we're a long way ahead of	
12	where we were last year, but we still have a	
13	way to go to really get to a point where we	
14	feel like that service is exactly what we	
15	would like it to be.	
16	SENATOR ORTT: Okay. I have more	
17	questions, but I'll ask them later.	
18	CHAIRMAN FARRELL: Assemblyman Oaks.	
19	CHAIRMAN DeFRANCISCO: Excuse me one	
20	moment. We've been joined by Senator George	
21	Amedore.	
22	CHAIRMAN FARRELL: And we've been	
23	joined by Assemblyman Abinanti.	
24	ASSEMBLYMAN OAKS: Thank you.	
2		128
1	Senator Ortt had mentioned some things	0
2	about the sheltered workshop issue. And	
3	certainly that has been a big concern for	
4	many of us. And when you were talking some	
5	about the workshop coming up and trying to	
6	work through, in many of the rural areas I	
	and the second of the second o	

represent three rural counties -- we tend to have a single provider, sheltered workshop, and transport people in.

The effort for -- it seems to me that the effort for them to become inclusive work environments may end up becoming the greater option or smarter option for possibilities of, you know, continuing on into the future. Could you just talk a little bit about that?

Is that going to be a process that is, you know, easy to go into, or is it going to be something that takes a lot of those sheltered workshops as they exist now and really makes it so they're not able to move into that inclusive situation?

DEPUTY COMMISSIONER DeSANTO: Well, we certainly are hoping that we will be able to assist as many as possible to be inclusive,

because that's our goal. And we do have examples, quite honestly, across the state, both in rural areas and in cities, where we've been quite successful. We do have the challenge in more rural areas of transportation, and we are trying to make sure that we build in the right funding in our supported employment program to ensure that transportation needs can be met for folks. Because we do know that that is something that is often a challenge in some of the areas such as what you describe.

13	ASSEMBLYMAN OAKS: Do we have a sense,	
14	though, that some, for instance, ARCs and	
15	others, that many of them or some of them, at	
16	any rate, will have the opportunity to become	
17	some of those inclusive sites so that for	
18	some because I know for some individuals,	
19	the consistency, the success they're already	
20	having there, and their day is a constant or	
21	something they're comfortable with for	
22	many, that is key, both for the families	
23	feeling comfortable and the success that	
24	we're seeing today with people who are in	
4		130
1	those sheltered workshop situations.	
2	DEPUTY COMMISSIONER DeSANTO: Yes.	
3	ASSEMBLYMAN OAKS: Is there a deadline	
4	for compliance that we are a drop-dead	
5	time that we're looking at?	
6	DEPUTY COMMISSIONER DeSANTO: Yes. We	
7	have a plan that was developed over a	
8	couple-of-year period with a lot of input	
9	that we received from around the state, and	
10	it actually projects out to the year 2020.	
11	Now, you know, this is a plan. And	
12	like all good plans, it will be assessed	
13	along the way. And if we need to make	
14	adjustments, we certainly will.	
15	But I do think when we have the	
16	opportunity to meet later this spring with	
17	our workshop providers and their	
18	stakeholders, we'll really have a better	

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19	sense of, you know, what people are concerned	
20	about and whether we can meet those concerns	
21	in a way that's a good outcome for everyone.	
22	ASSEMBLYMAN OAKS: Last year's budget	
23	created an Integrated Employment Plan	
24	Advisory Council to help individuals with	
P	13 ⁻	1
1	developmental disabilities find employment.	•
2	Has that council been created and has it	
3	started is that a part of this effort as	
4	well?	
5	DEPUTY COMMISSIONER DeSANTO: We have	
6	a number of ways in which we do involve our	
7	stakeholders in talking about employment.	
8		
9	And we're very involved with the	
	Governor's Employment First Initiative, which	
10 11	draws together many different agencies and	
	perspectives to advance the ability of people	
12	with disabilities not just developmental	
13	disabilities, but all people with	
14	disabilities to be able to be employed and	
15	to enjoy the same benefits of the world of	
16	work that many people do. So we're also very	
17	engaged with that Employment First Commission	
18	acti vi ty.	
19	ASSEMBLYMAN OAKS: And so is this	
20	advisory council, is it formed and working?	
21	DEPUTY COMMISSIONER DeSANTO: Yes.	
22	ASSEMBLYMAN OAKS: Okay. Thank you	
23	very much.	
24	CHAIRMAN FARRELL: Thank you.	

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4		132
1	Senator?	
2	SENATOR KRUEGER: Thank you.	
3	Senator Jesse Hamilton.	
4	SENATOR HAMILTON: Good morning,	
5	Deputy Commissioner. How you doing today?	
6	DEPUTY COMMISSIONER DeSANTO: Good	
7	morni ng.	
8	SENATOR HAMILTON: I just want to ask	
9	you a few questions. You mentioned that you	
10	want a lot of the patients to be mainstreamed	
11	into the general population with nonprofits	
12	in the community. And I just want to ask	
13	you, if a patient does not want to go and	
14	they want to stay within a state facility, do	
15	they have that option?	
16	DEPUTY COMMISSIONER DeSANTO: Well, we	
17	work with individuals in the planning process	
18	to assist folks to get services that they	
19	will want in the community. And we do know,	
20	from having a very long track record of	
21	having downsized and closed institutions over	
22	the years, that at times there are	
23	individuals who have lived there for many	
24	years and will tell us that they really would	
9		133
1	like to stay.	
2	And I'm happy to say that in all those	
3	instances we are really able to assist people	
4	to get to know another alternative in the	

5	Mental Hygi ene2015. txt community, to visit and to become	
6	comfortable, and we really end up with very	
7	few instances where we have people who,	
8	despite those efforts, will say that they	
9	don't want to leave.	
10	Obviously as facilities close, we, you	
11	know, are involved in very extensive efforts	
12	to assist people in planning for their move.	
13	And if there are people who really are not at	
14	a point in their treatment where they can	
15	move into the community, for those few people	
16	we will offer an alternative facility.	
17	SENATOR HAMILTON: Okay. Deputy	
18	Commissioner, you mentioned that many of your	
19	patients will be coming into nonprofit	
20	organizations in the community. And I've	
21	been a union member all my life, and I'm just	
22	trying to find out what's going to happen to	
23	those workers who have been working for	
24	25 years within the system. Will they be	
Ŷ		134
՝ 1	able to transfer their union salaries to the	
2	non-for-profits in the community?	
3	DEPUTY COMMISSIONER DeSANTO: Well, as	
4	we have had facilities such as the one in	
5	Brooklyn downsize, what we do is we assist	
6	those employees to find new work within	
7	OPWDD. So we have not had Layoffs, and we	
8	have not had situations where our state staff	
9	in recent years have, you know, been looking	
10	for other jobs in other sectors. But,	

11	Mental Hygi ene2015. txt	
	rather, they continue on with their state	
12	employment.	
13	SENATOR HAMILTON: So I guess the	
14	question I'm trying to get at is if you're	
15	going to transfer patients to nonprofit	
16	organizations, is part of the money-saving	
17	process not having unionized workers?	
18	Because why couldn't you also have union	
19	workers follow the patients to a nonprofit	
20	organization within the community?	
21	DEPUTY COMMISSIONER DeSANTO: Well,	
22	some of our nonprofit providers actually do	
23	have unions that represent their employees.	
24	And it really is a process where we	
9		135
1	make significant investments with our	
2	voluntary providers to be able to create the	
3	right supports for people leaving our	
4	campuses. So we do make investments in those	
5		
	providers. You know, and there are obviously	
6	providers. You know, and there are obviously a variety of agencies, and they have many	
6 7		
	a variety of agencies, and they have many	
7	a variety of agencies, and they have many different employment situations that they	
7 8	a variety of agencies, and they have many different employment situations that they offer.	
7 8 9	a variety of agencies, and they have many different employment situations that they offer. SENATOR HAMILTON: Thank you.	
7 8 9 10	a variety of agencies, and they have many different employment situations that they offer. SENATOR HAMILTON: Thank you. Also, what about the forensic patients	
7 8 9 10 11	a variety of agencies, and they have many different employment situations that they offer. SENATOR HAMILTON: Thank you. Also, what about the forensic patients who are deemed to be sexual offenders? We	

have a hard time finding a place to live.

And in addition to that, finding a place to

	Mental Hygi ene2015. txt	
17	live that they can afford to. When you	
18	consider a one-bedroom apartment now in our	
19	area is about \$1500 to \$1700 a month in	
20	New York City.	
21	DEPUTY COMMISSIONER DeSANTO: We have	
22	a very small percentage of people with	
23	developmental disabilities who also have some	
24	kind of forensic involvement. But we do	
Ŷ		136
1	certainly support individuals with	130
2	developmental disabilities who may have those	
3	i ssues.	
4	And we work with those individuals	
5	both to assess the kind of supports that they	
6	need, first and foremost, to determine from a	
7	safety perspective, both for safety in the	
8	community and for the person's ability to	
9	safely live in the community, we do a very	
10	rigorous assessment before any of those	
11	individuals would have community supports	
12	offered to them.	
13	SENATOR HAMILTON: Yes.	
14	DEPUTY COMMISSIONER DeSANTO: And then	
15	we do a lot of review throughout the time	
16	when people are living in the community.	
17	So when people are offered our	
18	supports, we would also assist them in	
19	finding the appropriate housing that they	
20	would need.	
21	SENATOR HAMILTON: I just want to	
	-	
22	follow up on Senator Ortt's question about	

Mental Hygi ene2015. txt 23 shel tered workshops. I know many 24 individuals, great people, energetic, but 137 우 1 they just are not able to be integrated into 2 the mainstream. And I think for their 3 eventual stability and enhancement, they need 4 to be integrated into areas where they can 5 see other people, rather than being isolated 6 amongst themselves. 7 And so shelltered workshops are great, 8 because these people just -- you know, young 9 men and women want to get out there and be 10 productive in society. So I just wanted to 11 know what can we do on our end to make sure that these workshops are kept operational? 12 13 DEPUTY COMMISSIONER DeSANTO: Well, 14 thank you again for expressing, you know, those views about the supported workshops. 15 16 And, you know, we really are gathering a lot of input as we go along. I don't know that 17 18 we're going to arrive at a place where we're 19 going to say, Well, workshops as they exist 20 today can remain as they are. But I think 21 that we're going to be hopefully doing some 22 transformation work to assess the people there, to help those that do want a different 23 24 alternative to be able to access it, and then 우 138 to provide the right supports for people who 1 2 maybe, as you suggest, might not be wanting

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or, you know, successful in competitive

4	employment.	
5	So I think we have a number of	
6	services that we are that are just	
7	brand-new to OPWDD, such as our Pathway to	
8	Employment service, which is just getting off	
9	the ground. And that's really a kind of a	
10	career or life interest exploration that is a	
11	new service that will be involved in with	
12	folks so that they can and we can work with	
13	them to see what the possibilities are.	
14	SENATOR HAMILTON: Thank you, Deputy	
15	Commissioner DeSanto. I look forward to	
16	working with you. Thank you for being here	
17	today.	
18	DEPUTY COMMISSIONER DeSANTO: Thank	
19	you so much.	
20	CHAIRMAN FARRELL: Thank you, Senator.	
21	Assemblywoman Didi Barrett.	
22	ASSEMBLYWOMAN BARRETT: Hi. I'm not	
23	going to belabor this sheltered workshop, but	
24	it is an issue that I care about a lot and	
		139
1	one that my colleagues have already asked	
2	about. And it is very important, for the	
3	reasons that have been mentioned, that for	
4	this population, change is not always an easy	
5	thing to do, that in our rural	
6	communities the distances are far and not	
7	easy to	
8	CHAIRMAN DeFRANCISCO: Excuse me, I	
9	don't think your mic's on.	

10	ASSEMBLYWOMAN BARRETT: Oh, there we	
11	go.	
12	the sense of purpose and the sense	
13	of something to do every day, for families	
14	the sense of dignity, and all of that is	
15	really important.	
16	Can you just tell me, though, why it's	
17	taken this long to actually convene this	
18	meeting of these hundred sheltered workshop	
19	providers and the stakeholders? Because this	
20	is obviously a conversation that's been going	
21	on for a couple of years. And, you know, in	
22	our communities the upset and concern and	
23	disruption has been palpable. So, you know,	
24	why is this not happening until this spring?	
P		140
1	DEPUTY COMMISSIONER DeSANTO: Yes,	
2	actually we've actually spent the last	
3	couple of years doing a lot of outreach and a	
4	lot of forums in different locations talking	
5	about the closure of workshops with a whole	
6	variety of folks, including workshop	
7	providers and families and individuals.	
8	You know, we've certainly heard a lot	
9	of input from self-advocates, families and	
10	people who participate in these settings.	
11	And quite honestly, you know, people have a	
12	variety of opinions about what is really the	
13	best path forward.	
14	I think the meeting is really an	
15	attempt to bring people together to try to	

16	work through the actual concerns that we've	
17	heard from this process that we've gone	
18	through, from all the information we've	
19	gotten from many, many different folks, and	
20	really to bring people together and to see if	
21	we can do some collaborations, some	
22	problem-solving, and some common agreement on	
23	a path forward.	
24	So I think that it's kind of where we	
Ŷ		141
1	are in the evolution of the process, that we	
2	think the next best thing to do is really to	
3	get people together with a variety of	
4	perspectives and talk about the future.	
5	ASSEMBLYWOMAN BARRETT: So brainstorm	
6	on solutions?	
7	DEPUTY COMMISSIONER DeSANTO: Yes.	
8	Yes, absolutely.	
9	ASSEMBLYWOMAN BARRETT: And do you	
10	imagine that it's possible that some version	
11	of sheltered workshops on a certain scale in	
12	some communities will remain but there will	
13	be other, you know, hybrids or other versions	
14	in other places?	
15	DEPUTY COMMISSIONER DeSANTO: Yeah, I	
16	think it's very possible that something like	
17	the sheltered workshop, but in a more	
18	integrated business model, will remain.	
19	And as I said earlier, I think we're	
20	well aware that not every person today who is	
21	participating in these settings may end up	

22	competitively employed. And that's why some	
23	of these other supports that we have,	
24	pre-vocational supports and Pathway to	
9		142
1	Employment, are the kinds of things that we	
2	want to work together on and see if people	
3	believe that with all of these tools and	
4	supports that will be available, that we can	
5	actually get to the point that we hope to get	
6	to in terms of the greater integration of	
7	these services.	
8	ASSEMBLYWOMAN BARRETT: So in our	
9	communities, our respective communities, if	
10	we have workshops like this, or providers, is	
11	it appropriate for us to be sure that they're	
12	included in this conversation if they don't	
13	know about it already?	
14	DEPUTY COMMISSIONER DeSANTO: Yes.	
15	Actually, we just this week sent the	
16	invitation. There are 113 of these providers	
17	across the state. But we could certainly be	
18	sure that, you know, we can let you know who	
19	the providers are in your area that would be	
20	included, and just be sure that they are	
21	you know, that they are going to be part of	
22	it.	
23	And we have invited them to bring	
24	interested family members and individuals who	
9		143
1	actually participate so that they can be, you	

2	Mental Hygi ene2015. txt know, part of the discussion.	
3	And I do know your area and some of	
4	those agencies, I do know the workshops that	
5	are there, and I'm sure that they will be	
6	very interested in participating.	
7	ASSEMBLYWOMAN BARRETT: Great. Thank	
8	you. Thanks very much.	
9	DEPUTY COMMISSIONER DeSANTO: You're	
10	wel come.	
11	CHAIRMAN FARRELL: Thank you.	
12	Senator?	
13	CHAIRMAN DeFRANCISCO: Senator Savino.	
14	SENATOR SAVINO: Thank you.	
15	Thank you, Commissioner, for your	
16	testi mony.	
17	I'm not going to go over some of the	
18	issues that have already been addressed, the	
19	sheltered workshop, et cetera. But I want to	
20	go back to your testimony where you talked	
21	about the success of moving 500 individuals	
22	from six developmental centers, how many	
23	people you've moved into transitional	
24	housing, et cetera.	
P F		144
1	By our estimation, there are about	
2	6500 adults right now who are living at home	
3	with their parents, who are not in	
4	residential schools, who are waiting for	
5	placement. But yet the state share of this	
6	build-out program is only \$30 million. Do	
7	you think that's a reasonable estimate for a	

8	Mental Hygi ene2015.txt program that large? And how are the	
9	nonprofits, who are basically going to	
10	provide the services, how are they going to	
11	absorb this on such a small amount of money?	
12	DEPUTY COMMISSIONER DeSANTO: Well,	
13	what I can say is that the funding that's	
14	available, the state's share of \$30 million,	
15	with the federal share added to it, about	
16	doubles to \$60 million, and then when it's	
17	fully annualized to \$120 million.	
18	And based on our past several years of	
19	development, this is pretty consistent with	
20	what we've seen as being able to meet the	
21	needs of people that have been presenting to	
22	us.	
23	As I said earlier, there were over 800	
24	people able to access a certified residential	
		145
	cotting from home in the past year. And I	145
1	setting from home in the past year. And I	
2	think, you know, what we are really looking	
3	to do, Senator, going forward this year, is	
4	that very focused outreach and discussion	
5	with these 6,000 people that you're	
6	referencing who are registered, on our list,	
7	to talk with them about, you know, what is it	

that they need today, when do they think they

need it, are they aware of the other kinds of

supports they can receive right now. And

really to look to see what kind of planning

we may need to do around residential development.

8

9

10

Mental Hygi ene2015. txt I also want to mention that we've just 14 convened a panel, a transformation panel, to 15 16 really look more broadly at the needs in our system and the sustainability of being able 17 18 to meet those needs within the types of 19 services that we see now and in the future. So that's kind of a macro view, I 20 21 think, of where we're trying to go with the 22 pl anni ng. And the other piece is really the 23 person-by-person outreach that we hope to do. 24 So that should inform our needs going 우 146 1 forward in terms of what kind of funding 2 really is reasonable to be able to assure 3 people that we can meet the needs that they 4 have when they really are at a point where 5 they need residential supports. SENATOR SAVINO: I look forward to 6 7 hearing more about that. Because the concern is that, you know, 8 9 consumers and their families will make 10 decisions that will benefit them, and that 11 we're almost sending a message that it's 12 better to place your child into a residential 13 school earlier, separate them from their 14

school earlier, separate them from their family, because that's almost a guarantee that they're going to get a placement. And that's not something that we want to encourage, but that could be the unintended

15

1617

18 19

I know there are other issues that are

consequence of it.

20	Mental Hygi ene2015.txt affecting the nonprofits, who basically are	
21	the ones who provide 90 percent of the	
22	services. The increase in the minimum wage	
23	is going to affect them.	
24	They're still reeling from the	
	in the second se	
7		147
1	devastating cuts that took place in the	
2	budget crisis in 2010 and then the CMS	
3	decision that hit them very hard in the past	
4	two years, and I know that's still looming.	
5	There's a potential that CMS is going to look	
6	at 2013 and 2014 or 2012 and 2013 and	
7	disallow a significant amount of	
8	reimbursement to them.	
9	Are we at all prepared for the	
10	potential impact of that if it does go that	
11	way?	
12	DEPUTY COMMISSIONER DeSANTO: Yes. We	
13	have certainly been looking at that fiscal	
14	review and its potential implications. The	
15	Governor has set aside \$850 million as really	
16	an assurance to us that we will not have any	
17	effect that may come from whatever turns out	
18	to be the final amount of money that needs to	
19	be repaid, to assure that that is not going	
20	to affect services or our service providers.	
21	So I think that that's a very positive	
22	aspect of this budget, and it is	
23	forward-looking to ensure that there's not	
24	any negative effect on the vulnerable people	
	and magazines strates on the tarriorable people	

	wentarnygrenezora. txt
1	who rely on our services.
2	SENATOR SAVINO: And also as a result
3	of, you know, some of those cuts that had to
4	be put in place and changes in the way we
5	provide services, many of the consumers were
6	required to begin to pay for their own
7	recreational activities and community
8	outreach, et cetera.
9	For some of them that can tap their
10	family resources, that's fine. But a lot of
11	them don't have any family resources. And
12	the nonprofit providers are picking up that
13	expense with no reimbursement for it. Is
14	there anything because that's only going
15	to continue to grow. Is there a possibility
16	that we could talk about reimbursing the
17	providers for when they lay out the money to
18	cover these expenses?
19	DEPUTY COMMISSIONER DeSANTO: Yes. I
20	mean, we do a lot of there are a lot of
21	ways in our waiver where individuals can
22	access reimbursement for various types of
23	supports.
24	And we recently in our waiver have a
	
1	new service that is individualized goods and
2	services that will be available that could
3	possibly help with some of what you're
4	speaking about.
•	opean ing about.

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SENATOR SAVINO: And in my final

moment, I noticed -- you know, the beauty of

5

6

7	texting now is there are providers at home	
8	that are sending me questions and saying ask	
9	this, ask this.	
10	(Laughter.)	
11	SENATOR SAVINO: Staten Island is	
12	holding its developmental disabilities	
13	breakfast as we speak, and so they are	
14	they know I'm here, and they have a million	
15	questions.	
16	One of the providers there, Joanne	
17	Gerenser, she runs Eden II, she said "The sad	
18	part is is nowhere in the budget are we	
19	talking about 4410 preschools." Is there any	
20	discussion about expanding or improving? As	
21	you know, we put a lot of money into UPK,	
22	we're identifying problems with children much	
23	younger, we know early intervention is the	
24	way to go no matter what population of	
		150
1	children we're dealing with. What are we	
2	doing on the 4410 schools?	
3	DEPUTY COMMISSIONER DeSANTO: Yes, I'm	
4	sorry, but that's not a part of the OPWDD	
5	budget, the preschool. So I'm sorry, I can't	
6	respond to that.	
7	SENATOR SAVINO: Can you tell me who	
8	to ask?	
9	DEPUTY COMMISSIONER DeSANTO: I	
10	believe it's a State Education	
11	SENATOR SAVINO: I'm kidding, I'm	
12	kidding. Thank you. I ran out of time.	

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13	CHAIRMAN FARRELL: Thank you very	
14	much.	
15	Next is Assemblywoman Jaffee.	
16	ASSEMBLYWOMAN JAFFEE: Thank you very	
17	much, Commissioner.	
18	I wanted to go back to the discussion	
19	about the Front Door process, you know, that	
20	so many people with disabilities have to	
21	utilize that when they're seeking services.	
22	But my understanding is that the	
23	regional offices, many of them are not fully	
24	staffed, and in a way that they could be	
9		151
1	effective in actually providing the services	
2	in terms of determining possible eligibility	
3	and the needs assessment, you know, and	
4	matching the individuals to the appropriate	
5	services that they might need.	
6	And this obviously directly impacts	
7	those that I've mentioned earlier who are at	
8	home with aging parents.	
9	In terms of the new employees, will	
10	they then be provided to these various	
11	Front Door sites so that they can provide the	
12	services? Because you mention that you have	
13	6500 that are registered. And so that wait	
14	could be quite long if there's not the	
15	opportunity within these sites to provide the	
16	eligibility to be able to move them to a	
17	place where they need the services.	
18	DEPUTY COMMISSIONER DeSANTO: Yes. We	

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are in the process of adding staff to our
regional offices for the Front Door. We've
been really had a goal for some time to do
that, and we are getting to a point I think
in many parts of the state where we have the
staffing that we feel is needed.

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A lot of the early issues that we did experience with the Front Door did have to do with the fact that we really were not resourced immediately to a need that we really felt that we had. And then of course we had training issues as well.

But we are really in the process now where I think we're getting to a good place with being able to meet the needs locally through our regional offices with the staffing that we are authorized to have there.

ASSEMBLYWOMAN JAFFEE: And is there a sufficient collaboration with the Front Door groups with the providers? Because that would probably allow the process to move more smoothly and effectively.

DEPUTY COMMISSIONER DeSANTO: Yes. I would say that that's going very well.

ASSEMBLYWOMAN JAFFEE: And within the budget constraints, is there sufficient funding? Or should we add some funding to be able to provide opportunities for employment in these sites to then move the process

4		153
1	faster?	
2	DEPUTY COMMISSIONER DeSANTO:	
3	Actually, I think that in this budget we're	
4	well-resourced from a staffing perspective.	
5	But I appreciate the interest and the	
6	questi on.	
7	ASSEMBLYWOMAN JAFFEE: I know that	
8	Early Intervention is although it does	
9	overlap. I just need to make a statement and	
10	share a concern. Early Intervention, I'm	
11	sure you're aware, I know you are, about the	
12	difference it makes with children with severe	
13	disabilities and the services that are	
14	provi ded.	
15	Unfortunately, over the last several	
16	years, given the change in the process, there	
17	has been a significant decrease of	
18	Early Intervention providers, and many of	
19	them have closed their doors. And that has	
20	had an impact on the services for these	
21	children, and their families are struggling.	
22	And we know how effective Early Intervention	
23	is. I know I worked in the area for many	
24	years as a special education teacher, and I	
9		154
1	know the difference with a child coming	
2	from you know, having been provided Early	
3	Intervention services and how they can	
4	perform better, you know, as they move	

5	forward.	
6	But I must say that it's a	
7	conversation we really need to have, because	
8	the manner in which this whole system has	
9	changed has really impacted in a very	
10	negative way the Early Intervention services	
11	that are being provided. In areas like my	
12	county, they've diminished to practically	
13	zero. And that's a very severe issue that	
14	impacts so many.	
15	So I wanted to raise it so that there	
16	is an awareness that it's something we need	
17	to discuss.	
18	DEPUTY COMMISSIONER DeSANTO: Okay,	
19	thank you.	
20	ASSEMBLYWOMAN JAFFEE: And thank you	
21	so much.	
22	CHAIRMAN DeFRANCISCO: Senator	
23	Krueger.	
24	SENATOR KRUEGER: Thank you.	
0		155
4		155
1	So a number of people have asked about	
2	the people attempting to find residential	
3	options for adult children, and I believe	
4	Senator Savino said 6500 on the waiting list.	
5	And is there a variation in the time it takes	
6	to find somebody somewhere based on where	
7	they live? I represent Manhattan Island, and	
8	I get people coming to me all the time saying	
9	we're very frail and elderly, we really are	
10	not capable of taking care of our adult	

11	Mental Hygi ene2015.txt child, and we're very, very concerned we
12	could die, and what happens? And I'm it's
13	a perfectly reasonable question.
14	Is there a time frame? Should I be
15	telling people five years before you actually
16	think you need a residential placement, you
17	should be making that application? And will
18	they be allowed to? I mean, we tell seniors
19	in our community if you are going to be
20	looking for senior housing, you start putting
21	your name on lists at least five years before
22	you ever imagine you would actually need to
23	leave where you are now.
24	What is the time frame, and what is
9	
1	smart advice for people?
2	DEPUTY COMMISSIONER DeSANTO: Yes.
3	Regarding the time frame, there really are a
4	variety of ways in which people do access

Regarding the time frame, there really are a variety of ways in which people do access residential supports. And we have right now in our existing system some 38,000 residential opportunities that are certified settings, operated mostly by our voluntary provider network, but some by the state as well.

And so there is a big supported base of services out there that we've been very fortunate, through the support of the Legislatures over the years and our budgets, to have been able to create. And many people do access services in the existing system

17	Mental Hygi ene2015.txt fairly quickly, depending upon the need that	
18	they present.	
19	So we may have people come forward	
20	that find themselves in a crisis situation,	
21	and we are usually able in those	
22	circumstances to be able to meet those needs	
23	i mmedi atel y.	
24	For people who want to be more in the	
9		157
1	planning mode, as you discussed, where maybe	
2	it's not urgent today, we still keep our	
3	residential request list active. And, you	
4	know, to say that there's any standard length	
5	of time would be very difficult. We actually	
6	have situations where families register and	
7	we might get to a point where we have	
8	something that we think might meet their	
9	needs, and they may say, Well, I'm not really	
10	ready yet which is of course is a very	
11	understandable and individualized decision	
12	that families make and others who may	
13	register and say, I think I'm looking for	
14	something in five years, and lo and behold,	
15	an unforeseen circumstance happens within	
16	that caregiver's life and they may be	
17	knocking on our door in six months or a year	
18	from that point in time.	
19	So I think the best advice is to make	
20	sure that people are known to us that we've	

established their eligibility so that there's

not any question, and that they're actually

21

23	Mental Hygi ene2015.txt able to access supports that they need for	
24	just ongoing life as you know, when	
		158
1	they're not yet at a point of needing	130
2	residential supports. We have many supports	
3	for families that are caring for a loved one	
4	who lives at home.	
5	So I think the best advice is to make	
6	yourself known, make sure you're eligible,	
7	find out what kind of help you can get right	
8	now, and then be on that registry and have a	
9	case manager so that you can be talking	
10	about, you know, kind of the life plan that	
11	you have.	
12	SENATOR KRUEGER: And you have one	
13	list per se for the state, so if I came to	
14	you today and I was approved, I would have a	
15	number and I could continually cross-check,	
16	I'm still on the list and I've moved up?	
17	l mean, this is what we do with public	
18	housing in New York. I mean, there's 250,000	
19	people on it so you can actually check, oh,	
20	you're 20 years out; oh, you're only 19.4	
21	years out. I'm not exaggerating, actually,	
22	just so you know that. Right?	
23	So there's that kind of system, so	
24	somebody can cross-check, they didn't fall	
		159
1	off the list, they can talk to someone about	
2	something has changed so that there's now a	
3	closer-to-emergency status, an actual	

Page 128

4	emergency status? You have that kind of	
5	system?	
6	DEPUTY COMMISSIONER DeSANTO: It is	
7	not something where right now you could go	
8	and check your status there. It's not a, you	
9	know, sign up today and you keep moving up on	
10	a list. Because we really do need to deal	
11	with emergency situations as they happen.	
12	So as I said earlier, it could be that	
13	someone who registered very recently gets to	
14	a point of a life emergency that requires	
15	them to get the service very soon. And so it	
16	isn't really like the housing kind of	
17	supports that you're speaking of where you	
18	kind of are on a waiting list per se and it	
19	literally is moving along based on when you	
20	registered. It's really more based upon each	
21	person's circumstances and what their	
22	needs are at a particular time.	
23	SENATOR KRUEGER: But it's not	
24	arbitrary and it's not they like that person	
9		160
1	better	
2	DEPUTY COMMISSIONER DeSANTO: Oh, no.	
3	We have criteria that actually speak to the	
4	level of urgency that any particular person	
5	is experiencing.	
6	I do think the outreach exercise,	
7	though, that we will do will help to inform	
8	us, you know, also about the way our registry	
9	is developed and maintained. So there may be	

	3 3	
10	ways that we can improve, both for families	
11	to know the status of their request or	
12	services, but also to know what else is	
13	available in the meantime and how to stay	
14	connected.	
15	So I think that's an interesting	
16	thought that you actually have raised,	
17	Senator. So thank you.	
18	SENATOR KRUEGER: And with my last 50	
19	seconds, there's been a lot of discussion	
20	about the sheltered workshop issues. Is it	
21	correct that under the OImstead court	
22	agreement you actually are not supposed to be	
23	in the sheltered workshop business? I'm a	
24	little confused.	
Ŷ		161
ˈ 1	DEPUTY COMMISSIONER DeSANTO: Well,	
2	the Olmstead agreement really does speak to	
3	people being able to access services in the	
4	most integrated settings. So it really was	
5	something that dealt with any aspects that	
6	might be segregated, whether it's an	
7	institutional setting that's segregated, a	
8	workshop that's segregated. And it really	
9	does focus on affording people the	
10	opportunities to be as integrated as they can	
11	be. That's really its focus.	
12	SENATOR KRUEGER: Thank you.	
13	DEPUTY COMMISSIONER DeSANTO: You're	
14	wel come.	

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CHAIRMAN FARRELL: Thank you very

16	much.	
17	Assemblywoman Bichotte.	
18	ASSEMBLYWOMAN BI CHOTTE: Good	
19	afternoon, Deputy Commissioner. Thank you	
20	for being here with us today.	
21	So I have some questions concerning	
22	obviously about the cut, \$30 million,	
23	\$30.91 million overall in funding for the	
24	Office for People With Developmental	
<u> </u>		162
1	Disabilities. I recall Mayor de Blasio	
2	saying that easily one-third of the inmates	
3	have mental health issues or developmental	
4	disabilities. And there's a concern, with	
5	facilities closing, budget cuts in this	
6	particular department will increase the	
7	inmate population.	
8	Now, I know you talked a little bit	
9	about providing housing for people who	
10	committed criminal sexual activities, but you	
11	didn't talk much about how you would monitor	
12	these individuals. You know, anyone who	
13	actually was involved in the criminal justice	
14	system.	
15	So how would you monitor that? And	
16	how would you also monitor all others who	
17	have a history of risk behaviors in the	
18	community?	
19	DEPUTY COMMISSIONER DeSANTO: Thank	
20	you. I do want to say that we do not have a	
21	reduction or a cut in funding in this	

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22	proposed budget. We actually have an
23	increase overall of like \$133.8 million in
24	OPWDD's budget, which is about a 3 percent

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increase. But I would like to respond to your

very good question about how we really are working to ensure safety in communities. And it is a very high priority, obviously, that we have. And because we have this small percentage of people with developmental disabilities who do have these forensic involvements, we need to make sure that we have the right types of services to meet their needs.

We do have some of our campus-based settings that offer intensive treatment supports to people who have these kinds of And we do evaluate people on an ongoing basis to see if they have progressed to a point in their treatment where they can be safely integrated into more typical community settings.

When that happens, we have experts that both develop their plans and review them, and we offer supports that they need, sometimes pretty intensive help in the community also. And then we monitor, on an

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ongoing basis, monitor and review their

2	Mental Hygi ene2015. txt success and how they're doing.	
3	And most of these individuals accept	
4	these services voluntarily, so it's not	
5	something that we are able to compel them to	
6	receive. But many more people than not are	
7	very willing to accept these kinds of	
8	supports in the community.	
9	ASSEMBLYWOMAN BICHOTTE: Okay, thank	
10	you. I'm sorry, I did see I'm looking at	
11	the Yellow Book, and it said a decrease, but	
12	maybe I read it wrong. So we'll see, we'll	
13	talk about that later.	
14	DEPUTY COMMISSIONER DeSANTO: Yeah,	
15	maybe we can talk about it afterwards,	
16	because there may be some subsection of the	
17	budget that I'm not	
18	ASSEMBLYWOMAN BICHOTTE: Right, or	
19	sometimes it's an overall and there was	
20	probably a net change, increase of what	
21	you're talking about. But that's fine.	
22	I did have another question about the	
23	closing of facilities.	
24	DEPUTY COMMISSIONER DeSANTO: Sure.	
4		165
ˈ 1	ASSEMBLYWOMAN BICHOTTE: Do you expect	.00
2	any in the future? And if so, where? Do you	
3	expect any of the facilities to be closed?	
4	DEPUTY COMMISSIONER DeSANTO: Yes.	
5	For our campus-based facilities, we have a	
6	closure plan. And presently the most the	
7	one that will close this year, by the end of	

8	Mental Hygi ene2015.txt this year, is our O.D. Heck facility in	
9	Schenectady. That's down to a very low	
10	number of individuals; about 17 people are	
11	there now. And that will close by the end of	
12	March.	
13	We also are planning to close our	
14	Brooklyn Developmental Center by the end of	
15	the calendar year of 2015. And then our	
16	Broome Developmental Center that following	
17	March, in 2016. And finally, we have a	
18	facility in Queens, Bernard Fineson	
19	Developmental Center, which will close the	
20	following year in March of 2017.	
21	So that is those facilities are	
22	just over, altogether, about 500 people	
23	today. And we will get, we expect, to a	
24	point of about 150 individuals on two	
		166
1	remaining campuses by 2018.	
2	ASSEMBLYWOMAN BICHOTTE: Do you have	
3	the numbers of the Brooklyn Developmental	
4	Center?	
5	DEPUTY COMMISSIONER DeSANTO: Yes.	
6	Brooklyn today is about 62 people right now.	
7	And it served in state services there. And	
8	as I said, we hope to and we do have plans	
9	for those people throughout the coming months	
10	to be able to find community opportunities by	
11	the end of the calendar year.	
12	ASSEMBLYWOMAN BICHOTTE: Okay. Thank	
13	VOLL	

14	Mental Hygi ene2015.txt CHAIRMAN FARRELL: Thank you very	
15	much.	
16	ASSEMBLYWOMAN BICHOTTE: Oh, I have	
17	one more question.	
18	CHAIRMAN FARRELL: Oh, I'm sorry.	
19	ASSEMBLYWOMAN BICHOTTE: Yeah, I still	
20	have time.	
21	CHAIRMAN FARRELL: You got one second.	
22	No, you got one minute.	
23	ASSEMBLYWOMAN BICHOTTE: One minute.	
24	That's two questions worth.	
9		167
1	CHAIRMAN FARRELL: One point one.	
2	ASSEMBLYWOMAN BICHOTTE: Okay. Is	
3	there a record of how many of your OPWDD	
4	clients are employed? And how will that	
5	change as they transition from an institution	
6	to a residential yes, that's the question.	
7	DEPUTY COMMISSIONER DeSANTO: Yes.	
8	The individuals right now who are	
9	competitively employed with OPWDD, it's about	
10	7,400 of them who've been able to achieve	
11	employment. And we certainly hope, with a	
12	lot of the supports that we've been speaking	
13	about this morning, that that number will	
14	i ncrease.	
15	ASSEMBLYWOMAN BICHOTTE: Okay, great.	
16	And right now with the folks who	
17	registered to transition, patients who	
18	registered, what's the percentage of that?	
19	DEPUTY COMMISSIONER DeSANTO: I'm	

20	Mental Hygi ene2015. txt sorry, di dn' t	
21	ASSEMBLYWOMAN BICHOTTE: The clients	
22	who registered to transition over to a	
23	residential facility or home	
24	DEPUTY COMMISSIONER DeSANTO: Oh,	
2		168
1	okay.	
2	ASSEMBLYWOMAN BICHOTTE: what's the	
3	percentage of that population, of the overall	
4	population that registered right now?	
5	DEPUTY COMMISSIONER DeSANTO: Okay, so	
6	OPWDD serves about 127,000 people. And our	
7	list is the most immediate list within two	
8	years is, as we said earlier, like 6,500.	
9	And then there's another 5,000 who say, well,	
10	at some point like beyond, in the future	
11	years, we're Looking.	
12	So you might say it's a little less	
13	than about 10 percent of the total number of	
14	people that we serve.	
15	ASSEMBLYWOMAN BICHOTTE: Okay, thank	
16	you very much. I appreciate it.	
17	DEPUTY COMMISSIONER DeSANTO: You're	
18	wel come.	
19	CHAIRMAN FARRELL: Thank you.	
20	Next will be Assemblyman Crouch.	
21	ASSEMBLYMAN CROUCH: Yes, it's good	
22	afternoon now. So thank you for being here	
23	still.	
24	I've got two or three things I want to	

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1	touch base on. In Norwich CIT, recently	
2	there was a one of your people visited the	
3	board of supervisors' meeting to answer some	
4	questions. I know the community and	
5	supervisors are upset with some of the things	
6	that have been going on there. Is the	
7	correct population of that facility right	
8	now it's a potential population of	
9	60 beds, but there are about 45 there?	
10	DEPUTY COMMISSIONER DeSANTO: That's	
11	correct.	
12	ASSEMBLYMAN CROUCH: Okay. One of the	
13	things that when that was first	
14	constructed back in I think it was the early	
15	2000s, or late '90s, 2000s or whenever, there	
16	was a promise to the community at that time	
17	that the people that were going to be held	
18	there probably would never be out in the	
19	community.	
20	And I know they had an ABCD house plan	
21	at that point. If a person came in, a	
22	consumer came in, they were put in House A,	
23	and as they learned the system, they got	
24	merits, they could move to House B and they	
7		170
1	had more privileges, and C and D. And if	
2	they messed up, they went back to House A and	
3	start over again.	
4	My understanding, from talking to some	
5	of the employees and people that are more	
6	familiar with that, it's all kind of a	

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	Mentai Hygi ene2015. txt
7	House A routine now. And there are
8	discipline problems, breakage of some of the
9	equipment and furniture. A gentleman told me
10	he heard that there was one person that
11	continually breaks the steel door, and it's
12	maybe estimated about a total of \$90,000 a
13	year because to replace it all the time.
14	I have some concerns with that and
15	basically how it's being run, I guess. Can
16	you talk about that?
17	DEPUTY COMMISSIONER DeSANTO: Yes.

DEPUTY COMMISSIONER DeSANTO: Yes.

You know, our facility in Norwich is certainly our most secure facility in the state and serves people that really do have intensive needs there. And I think that, you know, some of what you describe in terms of issues, perhaps, with property destruction are the kinds of things that you do see with

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this population.

We also do

We also do have, though, a very good treatment approach there, that is successful with and has been successful with very many of the individuals who have lived there.

I think that we have evolved in our treatment approaches. We are a certified ICF there as well, which is an intermediary care facility that has a body of the federal requirements that come along with it which we are measured against, as I'm sure you're probably familiar with as well. And we

really do a good job of keeping our treatment
services compliant with those requirements
and also meeting the intensive needs of the
people who are there.

ASSEMBLYMAN CROUCH: How did it change from when it started? I mean, if you went -like I say, there used to be four different stages that they would go through to learn just discipline or just in general learning of trades or whatever. How did that change to what it is now? Because it -- I never heard of this destruction, destructive

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behaviors before.

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DEPUTY COMMISSIONER DeSANTO: Yes, the best way maybe that I can describe it is that a system that may have been in place a number of years ago in some of our facilities was not an individualized system. And really what we have today are plans that are based on each person, their individual needs and i ssues. And they each have goals that they work on.

And so we've moved away from approaches that are generalized to everybody in a setting and really tried to get to more individualized treatment plans, which is what's required also in the ICF type of program.

ASSEMBLYMAN CROUCH: There's now I'll call them field trips where some of the Page 139

consumers, if you want to call them, are
taken out into the community. There was an
incident when some of them went to Walmart.
Apparently there was another incident at the
YMCA.

The district attorney expressed some

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concern at the county meeting about, you know, lack of notification to the local sheriff's department or Norwich Police Department or something like that. And there's apparently no communication.

So there's concern about keeping the general population safe as well as maybe some of your clients that are going out there, because there's no communication.

mean, we're certainly concerned about the safety of the general population. And, you know, what I would say to you is that our goal in these facilities is really to get people to a point in treatment where they can safely go into community settings, as many, many people have done. And you really do need to have opportunities for people to go out into the community with good supervision and good plans and learn and demonstrate that, you know, they either can or cannot be safely integrated.

I think it's part of the treatment.

It's really part of what we try to do for

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1	everyone. And it really does assist in	
2	helping people to get to a point where they	
3	can move to more integrated settings. And we	
4	certainly follow all of the rules and	
5	requirements for notification when those	
6	moves occur.	
7	ASSEMBLYMAN CROUCH: My background is	
8	I was on the board of supervisors for nine	
9	years. And one of the things that always was	
10	very disconcerting to us was the pass-down of	
11	cost or the impact that some of the things	
12	that the state did would affect the county	
13	budget.	
14	And so my understanding is that if	
15	there's an incident even at the facility or	
16	if there's an incident out in the community,	
17	you're suddenly involving the local sheriff's	
18	department, possibly the jail, possibly the	
19	public defender and the district attorney.	
20	So I would ask that you look at that	
21	and have a conversation with the county about	
22	that type of a financial impact.	
23	I'm running out of time, but I do have	
24	some questions on the Broome Developmental	
9		175
1	Center and on the number of people that are	
2	left there I know you're looking at	
3	closing it and how we're transitioning	
4	some of those people out into the community.	

5	Mental Hygi ene2015.txt But I'm out of time, and I'll come back when	
6	it's appropriate, please.	
7	CHAIRMAN FARRELL: No, this is it.	
8	ASSEMBLYMAN CROUCH: I'm it, huh?	
9	CHAIRMAN FARRELL: This is it. We're	
10	going to the next one. I'll give you a	
11	mi nute more.	
12	ASSEMBLYMAN CROUCH: What happened to	
13	my other seven minutes?	
14	CHAIRMAN FARRELL: I'II give you one.	
15	ASSEMBLYMAN CROUCH: Broome	
16	Developmental Center, how many people are	
17	left there at this point in time?	
18	DEPUTY COMMISSIONER DeSANTO: There	
19	are just over 90 people at Broome	
20	Developmental Center. I believe 92 at last	
21	count.	
22	ASSEMBLYMAN CROUCH: And I know	
23	there's been an effort to place a number of	
24	them in the community. Some of them are sex	
0		176
Ŷ 1	offenders in the community, which we've	170
2	·	
3	expressed our concern about that. My understanding also was that there	
3 4	would be a certain percentage of that	
5	·	
6	population who ultimately end up at the Norwich CIT and at Sunmount. Do you have	
7	, and the second se	
8	room for those individuals at this point in time?	
9	DEPUTY COMMISSIONER DeSANTO: Yes, we	
10	have been very, very careful to ensure that	
10	have been very, very careful to ensure that	

Mental Hygi ene2015. txt people who should not be leaving any of our
closure facilities are able to access the
intensive services on another campus. And
that's been happening as we've been reducing
populations at places like Finger Lakes,
Taconic which have already closed

Brooklyn.

And we do believe that -- and we have been ensuring that we have adequate capacity. If we find that we do not, we will certainly -- the result will not be to say, well, people have to move. We will make adjustments if we need to because we will be sure that the people who need those services

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will get those services on a campus.

ASSEMBLYMAN CROUCH: There is also the possibility of -- I understand there's quite a lot of space or room up at the old State Hospital campus, which is again a state facility. But, you know, if you're looking at at least shutting the door on this one facility, you have to have room for some of these people, rather than put them in community homes.

I really question about some of them that are out there, because I know there's been some sex offenders out there and a lot of people have concerns about that and whether they're getting the appropriate monitoring or not.

17	Mental Hygi ene2015. txt But I think you maybe have some	
18	options still in that area if the beds aren't	
19	available at CIT or at Sunmount. But we'll	
20	have to continue this conversation at another	
21	time.	
22	DEPUTY COMMISSIONER DeSANTO: Okay,	
23	thank you. Be happy to.	
24	CHAIRMAN FARRELL: Thank you very	
		178
1	much.	
2	DEPUTY COMMISSIONER DeSANTO: Thank	
3	you.	
4	CHAIRMAN FARRELL: Thank you.	
5	Next, Arlene González-Sánchez,	
6	commissioner, New York State Office of	
7	Alcoholism and Substance Abuse Services.	
8	This is the 10:30 meeting.	
9	Good afternoon.	
10	COMMISSIONER GONZALEZ-SANCHEZ: Good	
11	afternoon. Thank you, and good afternoon,	
12	Senator DeFrancisco I know he's here	
13	somewhere	
14	CHAIRMAN FARRELL: He's here in	
15	spirit.	
16	COMMISSIONER GONZALEZ-SANCHEZ:	
17	Assemblyman Farrell, Senator Amedore,	
18	Assemblywoman Rosenthal, and distinguished	
19	members of the Senate and Assembly	
20	committees. My name is Arlene González-	
21	Sánchez, and I'm the commissioner of the	
22	New York State Office of Alcoholism and	

23	Mental Hygi ene2015.txt Substance Abuse Services, one of the nation's	
24	largest addiction treatment systems, serving	
4		179
1	nearly 240,000 individuals each year.	
2	I am pleased to be here today to	
3	discuss Governor Cuomo's 2015-2016 Executive	
4	Budget proposal as it relates to the mission	
5	of OASAS. But first, I would like to briefly	
6	highlight some accomplishments we've made	
7	during the last year, under the Governor's	
8	leadership, and with continued commitment and	
9	support from this Legislature.	
10	A key priority has been implementing	
11	the historic laws recently passed to address	
12	the heroin and opioid crisis in New York	
13	State. We successfully launched Governor	
14	Cuomo's Combat Heroin and Prescription Opioid	
15	public awareness and education campaign, and	
16	we have provided anti-overdose naloxone	
17	trainings to more than 41,000 people	
18	throughout the state, resulting in more than	
19	1,200 lives being saved.	
20	Furthermore, to improve access to	
21	medication-assisted treatment in areas of	
22	need across the state, we have opened two new	
23	Opioid Treatment Programs, one in Buffalo and	
24	one in Plattsburgh, and we anticipate opening	
2		180
1	two additional Opioid Treatment Programs in	
2	Albany and Peekskill in the coming months.	
3	Additionally, to address the need for	
	Page 145	

4	more residential treatment services for young	
5	adults with heroin and opioid addiction,	
6	we've opened a 24-bed Intensive Residential	
7	Program for young adults in Staten Island.	
8	We also began implementation of steps	
9	to transition our system to managed care. To	
10	ensure the readiness of all of our	
11	stakeholders, we have conducted numerous	
12	trainings across the state. We have also	
13	devel oped a provider readiness	
14	self-assessment tool to help identify areas	
15	where providers need additional technical	
16	assistance and additional training.	
17	So as you can see, we have	
18	accomplished a great deal. Now I would like	
19	to move to the Governor's Executive Budget	
20	proposal as it pertains to OASAS.	
21	Overall, the Executive Budget proposal	
22	allows OASAS to continue its support of our	
23	prevention, treatment, and recovery system of	
24	care. It includes an increase of	
4		181
1	\$22.5 million from last year's budget, for a	
2	total of \$600 million in overall funding for	
3	OASAS. Now, that includes \$115.3 million for	
4	state operations and \$471.7 million for Aid	
5	to Localities.	
6	More specifically, the budget provides	
7	\$344 million for treatment, \$84 million in	
8	continued support for our prevention	
9	providers, and \$45 million for recovery	

services. There is also a \$1.9 million
annualized investment for additional
community-based services. Now, while this
will be achieved through a planned 5 percent
reduction in capacity at our OASAS-operated
Addiction Treatment Centers, it will have
minimal impact on our operations.

In addition, there is a \$5.8 million increase to support compensation increases for direct care, support and clinical workers at all community-based programs that receive OASAS funds.

The Executive Budget proposal also includes \$5 million from the state's BNP Paribas lawsuit settlement and \$2.8 million

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in continued funding to address the heroin and prescription opioid epidemic.

The Executive Budget proposal will also allow OASAS to fund Round 4 of the New York/New York III housing initiative, creating 80 additional units of permanent housing for chronically homeless families where the head of household has a substance abuse disorder.

In addition, there is funding available to address challenges our providers are currently facing. First, there is \$2.3 million to stabilize our Residential Rehabilitation Services for Youth programs, which are an essential part of our continuum

of care for adolescents. Second, there is
funding included to address the negative
impact on our residential treatment providers
resulting from federal changes in food stamp
eligibility criteria.

The Executive Budget proposal also maintains the commitment to our five-year capital plan and increases funding from \$55 million to \$64 million. This increase

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will support both new bed development in areas of need as well as other patient-centered and recovery-oriented projects, including the OASAS residential redesign initiative.

In fact, two such capital projects are already underway to address the need for residential treatment programs for young adults in Niagara and Suffolk counties. We are working with the provider in Niagara County, and we hope to open that program in a temporary space while we build a permanent location.

And finally, our Executive Budget commitment will be supplemented by a new \$8 million federal grant recently awarded to OASAS. We will use the grant to support up to 10 community coalitions in their efforts to prevent heroin and prescription opioid addiction among adolescents and young adults.

As always, our objective remains

22	focused on ensuring the delivery of a	
23	comprehensive, patient-centered system of	
24	care designed to improve the lives of all	
		184
1	New Yorkers, and Governor Cuomo's Executive	
2	Budget proposal supports our efforts.	
3	I want to thank you for the	
4	opportunity to present the Governor's	
5	Executive Budget proposal, and I welcome your	
6	questions and comments.	
7	CHAIRMAN FARRELL: Thank you very	
8	much, Commissioner.	
9	First to question, Assemblywoman	
10	Rosenthal.	
11	ASSEMBLYWOMAN ROSENTHAL: Hi,	
12	Commissioner. Thank you so much for your	
13	testimony. This is my first official hearing	
14	as the new chair of the Assembly Committee on	
15	Alcoholism and Substance Abuse, and so I'm	
16	very happy that we get to work together.	
17	I have some initial questions. The	
18	additional \$5 million for opiate abuse	
19	prevention and treatment programs, can you go	
20	into some detail about where the services	
21	would be located and how OASAS will determine	
22	the need for additional services within a	
23	particular community? As well as addressing	
24	the time frame for implementing these	
		185
1	programs.	

2	mental Hygi ene 2015. txt COMMI SSI ONER GONZALEZ-SANCHEZ: Okay,	
3	so the \$5 million will be used to expand on	
4	needed treatment services if that may be the	
5	case. It would be used also to continue our	
6	campaign moving forward, the heroin campaign	
7	of awareness and education. It could also be	
8	used to develop, you know, prevention support	
9	services in the community.	
10	ASSEMBLYWOMAN ROSENTHAL: Okay, so I	
11	see that nothing is lined out in the budget	
12	to indicate where each dollar is going. Is	
13	that available?	
14	COMMISSIONER GONZALEZ-SANCHEZ: No,	
15	because what we're doing is we will do an	
16	assessment of where the needs are, similar to	
17	how we did it last year. Last year there was	
18	a huge cry of where it was indicated that	
19	there was a need, there were pockets of needs	
20	of treatment beds in different areas in the	
21	state Western New York being one,	
22	Long Island being another, Staten Island	
23	being another.	
24	What we did, together with the local	
Ŷ		186
1	governmental units, is got together,	
2	developed a plan, made an assessment. And	
3	where the priority for the need to address	
4	these issues were, we addressed them.	
5	So that is how we established 25 beds	
6	in Western New York, 25 beds in Long Island,	
7	to really focus on the treatment for	

8	Mental Hygi ene2015.txt substance abuse and heroin in those areas.	
9	And we will continue the same practice moving	
10	forward.	
11	ASSEMBLYWOMAN ROSENTHAL: Okay. So	
12	you're still identifying specific locations	
13	throughout the state for some of these kinds	
14	of beds, okay.	
15	I want to ask you about a waiting list	
16	for programs around the state. Can you tell	
17	me how many people are on waiting lists for	
18	medication-assisted treatment in the city and	
19	in upstate, and also break it down by	
20	adol escents and young adults?	
21	COMMISSIONER GONZALEZ-SANCHEZ: Okay.	
22	I don't have the specific numbers, but I	
23	could speak to you in general terms.	
24	We do seem to have an issue in certain	
		187
1	areas upstate with respect to access to	
2	medication-assisted treatment programs. And	
3	in my testimony I indicated that there are	
4	two programs that will be opened in those	
5	areas. Whether it's enough or not, that's an	
6	issue we will have to discuss moving forward.	
7	I think one thing we need to really	
8	think about and discuss moving forward	
9	collaboratively is the issue of where we site	
10	those programs and the ability to site these	
11	programs. Yes, there may be a tremendous	
12	need, but the ability to site some of these	
13	programs becomes really, really difficult.	

4.4	Mental Hygi ene2015. txt	
14	So while we would want to site some programs,	
15	we have a lot of NIMBYism that does not allow	
16	us to move forward with some of these	
17	programs.	
18	So it's not as simple as it seems	
19	sometimes, just say we have waiting lists and	
20	we have needs. We are working diligently	
21	with the LGUs in various communities to try	
22	to site some of these programs, and it hasn't	
23	been easy, but we're getting there. Like I	
24	said, we are siting two in that area in	
Ŷ		188
1	Peekskill, and I think that that will	
2	alleviate it won't solve the situation,	
3	but it will alleviate the situation.	
4	ASSEMBLYWOMAN ROSENTHAL: Okay. I	
5	mean, I understand there are hundreds waiting	
6	for treatment in Syracuse, Albany, Rochester,	
7	Buffalo, Long Island, you know, the Capital	
8	Region I mean hundreds upon hundreds	
9	waiting for the Medicaid-assisted treatment.	
10	So is there enough funding in the budget to	
11	address these burgeoning needs?	
12	COMMISSIONER GONZALEZ-SANCHEZ: Well,	
13	there is approximately, from all the	
14	different portions of dollars we have, close	
15	to \$140 million that we're going to use for	
16	treatment, especially to address the whole	
17	heroin epidemic.	
18	I also would like to preface that we	
19	have a total of approximately 5,000 and	

20	Mental Hygi ene2015.txt change long-term intensive residential	
21	treatment slots throughout the state, in	
22	addition to 900 programs throughout the	
23	state, treatment programs that we fund. Is	
24	, ,	
24	that enough? I couldn't sit here and say yes	
9		189
1	or no. I could just say that we do have the	
2	capacity. When you look at the overall	
3	capacity in the state, we do have enough,	
4	because the utilization is not there.	
5	But at the same time, I will be	
6	straightforward with you and say that yes,	
7	there are pockets of the state that the beds	
8	are not there. And that's why we're working	
9	to identify those areas and develop programs	
10	in those areas.	
11	ASSEMBLYWOMAN ROSENTHAL: Okay, can	
12	you tell me how many community-based	
13	prevention workers there are right now, and	
14	how many there were, let's say a decade ago?	
15	COMMISSIONER GONZALEZ-SANCHEZ: I	
16	don't have the exact number, but I'll get it	
17	to you.	
18	ASSEMBLYWOMAN ROSENTHAL: Okay. I	
19	mean, from what I understand, the workforce	
20	is dramatically reduced maybe it's half of	
21	what it was 20 years ago yet the problem	
22	has increased significantly in that time	
23	period. How can you as a commissioner and	
24	how can the agency address this if you do not	

1	have the resources available?	
2	COMMISSIONER GONZALEZ-SANCHEZ: I'II	
3	have to get back to you and see where the	
4	numbers are.	
5	ASSEMBLYWOMAN ROSENTHAL: Okay. I	
6	mean, it's I know it's a long answer, but	
7	it's just a reflection of, you know, the huge	
8	need out there.	
9	COMMISSIONER GONZALEZ-SANCHEZ: I'm	
10	sorry?	
11	ASSEMBLYWOMAN ROSENTHAL: I know your	
12	answer cannot be given right now in a short	
13	period, but it's a it's an attempt to get	
14	at how the agency is able to provide all the	
15	resources necessary if your own workforce is	
16	cut in general. In general.	
17	The grant that you just mentioned, so	
18	do you have any specifics about where those	
19	dollars are going, the federal government	
20	grant?	
21	COMMISSIONER GONZALEZ-SANCHEZ: There	
22	will be an RFP, and I understand that there	
23	will be, if there hasn't been already, a	
24	press release that the Governor has put out	
4		191
1	or will put out explaining the details.	171
2	But there will be an RFP and a	
3	process, and it's to really identify 10, up	
4	to 10 community coalitions in high-need	
5	areas.	
6	ASSEMBLYWOMAN ROSENTHAL: Okay, I	
~	ACCEMPETATION IN ACCEMPANE. ORGY, I	

7	think my time has run out. And maybe I'll	
8	come back. Thank you so much.	
9	CHAIRMAN FARRELL: Senator?	
10	SENATOR KRUEGER: Senator Amedore.	
11	SENATOR AMEDORE: Hello, Commissioner,	
12	how are you?	
13	COMMISSIONER GONZALEZ-SANCHEZ: I'm	
14	doing well, thank you.	
15	SENATOR AMEDORE: That's great. Thank	
16	you so much for coming here this afternoon	
17	and answering some of the questions and	
18	giving us your update and comments.	
19	We all know that this is the absolute	
20	most pressing epidemic that is occurring	
21	throughout all of New York State not just	
22	one region or one community, but throughout	
23	so much of the state.	
24	You talked about and Assemblywoman	
a		192
1	Rosenthal asked some of the questions that I	
2	had as well, but you did mention that there	
3	are some waiting lists out there and the	
4	specifics of those are such. But, you know,	
5	knowing that Executive Budget proposal has a	
6	5 percent reduction in OASAS in the addiction	
7	treatment center beds, and it also provides	
8	about \$1.9 million in new funding to create	
9	additional community services for people with	
10	substance use disorders, given the fact that	
11	there's a heroin and opiate epidemic out	
12	there which is, like I said, wreaking havoc	

13	everywhere, what is the rationale for
14	downsizing OASAS addiction treatment centers?
15	COMMISSIONER GONZALEZ-SANCHEZ: Well,
16	Senator, currently if you look at the
17	utilization across the board of the addiction
18	treatment centers, we're not at a hundred
19	percent. So that's why I indicated that if
20	you based on utilization, the 5 percent
21	reduction across the board will not impact on
22	our operation currently.
23	Now, the question may be why are these
24	beds not full. And the answer may be that's
4	193
1	not probably the level of care that we need.
2	And that is why we need to really focus on
3	our continuum of care and be able to develop
4	additional resources in the community to
5	address this situation much more
6	comprehensively and aggressively than what we
7	have been.
8	SENATOR AMEDORE: Mm-hmm.
9	COMMISSIONER GONZALEZ-SANCHEZ:
10	Remember, these are institutional beds, and
11	institutional beds don't usually work for
12	everyone.
13	And frankly, a large number of the
14	individuals that we are treating with this
15	heroin opioid addiction tend to be on the
16	younger side, young adults. And young adults
17	don't do well in long-term treatment
18	facilities. I'm not talking about everyone,

19	but for the most part, that's not really the	
20	treatment of choice and a comprehensive	
21	treatment for that age.	
22	SENATOR AMEDORE: Could you elaborate	
23	a little bit on the allocation for	
24	prevention? There's about \$7.8 million in	
0		194
<u>۲</u>	this proposed budget	194
1	this proposed budget.	
2	COMMISSIONER GONZALEZ-SANCHEZ:	
3	Seven-point-eight million?	
4	SENATOR AMEDORE: Well, \$7.8 million	
5	in the Executive opiate funding.	
6	COMMISSIONER GONZALEZ-SANCHEZ: Right.	
7	Ri ght.	
8	SENATOR AMEDORE: So could you	
9	COMMISSIONER GONZALEZ-SANCHEZ:	
10	There's two categories. There's a \$5 million	
11	pot and then there's an additional 2.8,	
12	coming out to the \$7.8 million for	
13	preventi on.	
14	And again, those are dollars that	
15	we're going to use to continue our efforts to	
16	address the heroin epidemic as well as other	
17	issues that we have in our system. So we're	
18	going to continue our Combat Heroin campaign,	
19	the awareness and education campaign that,	
20	by the way, has been really very successful	
21	just by the hits that we're getting on our	
22	website, and the mere fact of people that are	
23	actually presenting for treatment. And we	
24	want to attribute that not only to I-STOP but	
	Page 157	

우		195
1	also a combination of I-STOP and the	
2	campai gn.	
3	So we're going to do that. We also	
4	have other initiatives of redesigning some of	
5	the way we deliver care in our system,	
6	especially our intensive residential	
7	programs. We're going to be using dollars to	
8	do that. We're also going to be using	
9	dollars to tighten up our care coordination	
10	on the community side with our clients to	
11	ensure that they engage in treatment and stay	
12	engaged. So those are some of the bigger	
13	areas that we're going to target, you know,	
14	these dollars for.	
15	SENATOR AMEDORE: But do you have	
16	specific	
17	COMMISSIONER GONZALEZ-SANCHEZ: And,	
18	you know, bed replacement or bed enhancement	
19	may be also part of that structure.	
20	SENATOR AMEDORE: Are there specific	
21	dollar amounts and allocations with from	
22	prevention and treatment?	
23	COMMISSIONER GONZALEZ-SANCHEZ:	
24	Currently in the budget?	
2		196
1	SENATOR AMEDORE: Yes.	
2	COMMISSIONER GONZALEZ-SANCHEZ: Yes.	
3	There are \$84 million in our budget for	
4	prevention and treatment services.	

5	Mental Hygi ene2015. txt SENATOR AMEDORE: What existing	
6	programs will be expanded with the details of	
7	that \$7.8 million that we're talking about?	
8	COMMISSIONER GONZALEZ-SANCHEZ: Right.	
9	Well, that's why I don't have a detailed plan	
10	for you, because what we're doing now is	
11	assessing, similar to how we did it last	
12	year.	
13	We hear from folks that there are	
14	needs of, let's say, additional treatment	
15	beds in certain areas. We will now work	
16	together with the local governmental units in	
17	those areas to assess what the needs are, and	
18	then we will start an implementation plan to	
19	use these dollars.	
20	SENATOR AMEDORE: My concern is is	
21	with this rapid growth of addiction and	
22	deaths, fatalities occurring throughout	
23	New York State. We continue sometimes to	
24	take this approach of, well, let's wait and	
<u>Ŷ</u>		197
1	see. And there's millions and millions of	
2	dollars today, congratulations, with the	
3	\$8.1 million federal grant that's coming in	
4	that will help combat this.	
5	But a very detailed or aggressive	
6	approach that how we're going to get rid	
7	of this epidemic in New York State. I think	
8	that this wait-and-see sometimes allocation	
9	of this treatment or that prevention	
10	program I think we have the history we	

11	Mental Hyglene2015. txt have this growing problem, and we need to	
12	tackle it much sooner in investing those	
13	dollars in the prevention, in the treatment,	
14	and also in those wraparound services for	
15	recovery.	
16	Can you elaborate on the wraparound	
17	service, any wraparound services?	
18	COMMISSIONER GONZALEZ-SANCHEZ: Yes.	
19	And first let me just comment to what you	
20	just finished saying.	
21	We too at OASAS take this seriously.	
22	And if you see where we were last year and	
23	you see where we are today, we're not sitting	
24	on pots of money waiting to see. We have	
Ŷ		198
1	actually aggressively implemented a lot of	
2	bed development which is usually difficult	
3	to do, but we have done it. Keeping in mind	
4	that it's not easy to say I'm going to expand	
5	the service here. Remember, we have	
6	community opposition everywhere we go. And	
7	yet we've been lucky that we have been able	
8	to site programs under the most difficult	
9	circumstances.	
10	So and we will continue to do that,	
11	because we are also committed to making sure	
12	that we ameliorate if not end this disease,	
13	this crisis.	
14	In terms of the wraparound, I believe	
15	in last year's budget there was dollars put	
16	in, and we continue there are two programs	

17	Mental Hygi ene2015. txt	
17	that are up and running, and we continue to	
18	work with the Legislature to identify what	
19	will go into place. So two of the programs	
20	are up and running, and we're still working	
21	with the Legislature to identify where the	
22	other programs will go.	
23	SENATOR AMEDORE: Commissioner, thank	
24	you. I'm out of time.	
		199
1	COMMISSIONER GONZALEZ-SANCHEZ: Thank	
2	you.	
3	CHAIRMAN FARRELL: Thank you.	
4	Assemblywoman Bichotte.	
5	ASSEMBLYWOMAN BICHOTTE: Good	
6	afternoon, Commissioner.	
7	COMMISSIONER GONZALEZ-SANCHEZ: Good	
8	afternoon.	
9	ASSEMBLYWOMAN BICHOTTE: It's a	
10	pleasure seeing you after three years, I	
11	think, three or four years?	
12	COMMISSIONER GONZALEZ-SANCHEZ: Yes.	
13	ASSEMBLYWOMAN BICHOTTE: Thank you for	
14	being here today.	
15	This matter is very sensitive for me,	
16	as I kind of was raised and experienced	
17	substance abuse in my household. And so, you	
18	know, I was able to witness and understand	
19	the impacts of needing facilities available	
20	for substance abusers.	
21	So my question is, you know, the same	
22	concerns as everyone. We are closing beds	

23	Mental Hyglene2015. txt and we are increasing opiate abuse treatment	
24	centers.	
0		200
♀ 1	COMMISSIONER GONZALEZ-SANCHEZ:	200
2	Correct.	
3	ASSEMBLYWOMAN BICHOTTE: I have a	
4	concern in terms of is this increase in	
5	treatment centers a result of the beds or	
6	facilities being closed? So in other words,	
7	are we creating a pipeline to fill these	
8	treatment centers?	
9	Although the increase in the budget	
10	for treatment centers is a good thing but	
11	it also could be bad thing. And the reason	
12	why is because the methadone treatment is not	
13	a solution, it's a harm-reduction solution, I	
14	would say.	
15	So where is the increase coming from?	
16	Like what's providing the rationale to	
17	increase the treatment centers?	
18	COMMI SSI ONER GONZALEZ-SANCHEZ: Okay,	
19	let me try to respond to the question the way	
20	I understood it.	
21	First of all, we do not have I know	
22	it says a reduction, but what I indicated is	
23	if you currently go now and you look at our	
24	utilization of the beds across the state, the	
4		201
1	ATC beds, we are not at a hundred percent.	
2	In fact, we're probably at 80 percent. So	
3	the reduction is not going to have an impact	

because	they'	re	not	open	and	they' re	not
being fi	Hed	by	any	clier	nts (currently	/ .

What we like to try to do is look at developing a continuum of care that the addiction system, unlike maybe OMH has had, we haven't had in the past. You know, tighten up our community-based supports to better address individuals in the community and get the supports they need for them to be stabilized in the community.

So when I talk about the possibility of developing treatment centers, that could be in areas where -- there are areas in the state that we have no treatment at all, that people have to travel two and three hours just to get treatment. It's not because we don't want to site them, but it's because we get a lot of opposition from the immediate community of not wanting to site programs. Okay?

So we have to be a little bit more

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innovative and develop ways in which we could address this issue. Because as every single one of you has said, this goes across everyone. It has no boundaries. And so there is a need to develop specialty services or -- not specialty, different models, innovative models that will deliver comprehensive care and also be efficient. And also cost-effective, but that's not

what's	dri vi ng	this.	It's	the	effecti veness
of the	servi ce	del i ver	^y.		

And the reality is our young folks do not want to be in long-term facilities. And so they'll go in, they'll spend two days, three days, and they run right out, and then it's this vicious cycle in and out. Well, maybe we need to look at how to intervene with that and how to develop models of care that will help this individual out in the community.

Having said that, there is a cohort of individuals that do need longer-term treatment, and for those we will continue that. But that should be the exception, not

1 the norm.

2 ASSEMBLYWOMAN BICHOTTE: Mm-hmm.
3 Right. But you could say the same thing for

the treatment centers.

You know, a lot of patients come in, they get treated, and then they get addicted, then they get detoxed, and then it gets worse, you know. So there's that issue too. And that's why, you know, methadone is not necessarily a solution, it's just a harm-reduction solution.

So -- but I understand -- and we're just going to have to find, be innovative and find situations where we can help both populations, the long-term and the

16	short-term.	
17	COMMISSIONER GONZALEZ-SANCHEZ:	
18	Absolutely. Absolutely.	
19	ASSEMBLYWOMAN BICHOTTE: You mentioned	
20	about the \$7.8 million increase to expand,	
21	and I take it it was a top-down, not a	
22	bottom-up approach. As you're doing your	
23	assessment, what is your outlook in terms of	
24	how many treatment centers in New York City	
9		204
1	proper will be opening up?	204
2	COMMISSIONER GONZALEZ-SANCHEZ: Say	
3	that again, I'm sorry? There's an echo, and	
4	it's hard to hear.	
5	ASSEMBLYWOMAN BICHOTTE: Oh, I'm	
6	Sorry.	
7	As you're doing your assessment in	
•		
8	terms of opening up treatment centers across	
9	the State of New York, are you forecasting	
10	any increase in New York City proper,	
11	concentrated?	
12	COMMISSIONER GONZALEZ-SANCHEZ: Again,	
13	we will work with the local governmental unit	
14	in New York City to identify whatever gaps in	
15	services they may have and address them	
16	accordi ngl y.	
17	ASSEMBLYWOMAN BICHOTTE: Okay. Thank	
18	you very much.	
19	COMMISSIONER GONZALEZ-SANCHEZ: You're	
20	wel come.	
21	CHAIRMAN FARRELL: Thank you.	
	Page 165	

22	Senator?	
23	SENATOR KRUEGER: Senator Jesse	
24	Hamilton.	
		205
1	SENATOR HAMILTON: Good afternoon,	
2	Commissioner González-Sánchez.	
3	This is my first year as a Senator and	
4	my first time being the ranker of Mental	
5	Health. And I was told that OASAS and OMH	
6	was at one time one agency and then it was	
7	split up. Is that true or not?	
8	Well, anyway, the question I have to	
9	ask you is how many of your clients have	
10	mental disabilities? What percentage of	
11	people with drug abuse problems have mental	
12	di sabiliti es?	
13	COMMISSIONER GONZALEZ-SANCHEZ: That's	
14	a great question, and that's a question	
15	that's asked often. And depending on who you	
16	ask, you'll get anywhere from 60 percent to	
17	40 percent.	
18	SENATOR HAMILTON: Hmm, 60 to	
19	40 percent.	
20	So the next question is do we have a	
21	collaborative relationship with OASAS and	
22	OMH? Because if you treat the drug problems,	
23	you have to deal with the mental problem in	
24	order to solve the problem. So I guess maybe	
?		206
1	the mental problem is the underlying problem	

2	Mental Hygi ene2015.txt and the drug addiction just supplements that.	
3	Now, I was a school board president,	
4	and I noticed that in special ed we had a lot	
5	of children who were being medicated for	
6	behavioral problems or mental problems. Is	
7	there a continuation of a percentage of those	
8	children who eventually do become dependent	
9	on drugs as they get older and age out of the	
10	system?	
11	COMMISSIONER GONZALEZ-SANCHEZ: Is	
12	there I'm sorry, Senator.	
13	SENATOR HAMILTON: Is there a	
14	correlation between children who are	
15	medicated when they're a youth and, as they	
16	age out of the system, become dependent on	
17	drugs on the street rather than drugs coming	
18	from the doctor?	
19	COMMISSIONER GONZALEZ-SANCHEZ: I'm	
20	not sure I could sit here and say because	
21	they're medicated it's a medicated	
22	population that they will, you know, graduate	
23	to an addiction.	
24	What I would say is that individuals,	
4		207
1	young kids, adolescents who are prone because	
2	of environmental factors to, you know,	
3	drinking and drugging at an early age, do	
4	graduate to the adult having the same issues.	
5	Whether that's a factor of socioeconomic I	
6	don't think I could sit here and say that.	
7	SENATOR HAMILTON: Okay, thank you.	

8	Mental Hygi ene2015.txt I worked in a DA's office and I did	
9	night arraignments, and at one particular	
10	point in time they had drug treatment	
11	programs for drug dealers but not for	
12	prostitution. And I thought that was kind of	
13	weird because usually drug dealers don't do	
14	their own drugs.	
15	And there was one woman in particular,	
16	she had a short rap sheet, and I wanted to	
17	give her a break and give her a violation	
18	rather than a misdemeanor, which means she	
19	had to go back into the system. And she had	
20	two young children. And when we came before	
21	the judge, she said, "Please, Mister, please,	
22	I have two children at home."	
23	And I looked at my supervisor and I	
24	said, "Well, maybe I should give her a	
Ŷ		208
1	violation." She said, "That's not your	
2	problem." Later that day I asked to contact	
3	the children, and she said, "That's still not	
4	your problem."	
5	Is there any type of counseling for	
6	people who do have drug treatment for the	
7	children of individuals? As Assemblywoman	
8	Bichotte said, you know, you do have a lot of	
9	children in homes of drug abusers. And so	
10	the question is, do children get counseling	

11 12

13

COMMISSIONER GONZALEZ-SANCHEZ: Well,

to help them psychologically deal with what's

happening at home?

1.4	Mental Hygi ene2015. txt	
14	certainly all of our outpatient clinics and,	
15	you know, prevention programs have the	
16	ability to counsel and deal with this	
17	particular situation.	
18	In addition, we work very closely with	
19	the children's association, the Association	
20	for Children's Services, I should say	
21	SENATOR HAMILTON: Well, does your	
22	organization provide counseling for children	
23	of drug abusers? That's the question, I	
24	guess.	
P		209
1	COMMISSIONER GONZALEZ-SANCHEZ: We do.	
2	Yes, we do.	
3	SENATOR HAMILTON: Okay. So, second,	
4	with the prostitution I spoke about the	
5	young lady that was a prostitute do you	
6	test people who have drug problems for HIV?	
7	COMMISSIONER GONZALEZ-SANCHEZ: I	
8	believe our programs do.	
9	SENATOR HAMILTON: Okay. And once a	
10	person is diagnosed with HIV, do you also	
11	provide HIV medication?	
12	COMMISSIONER GONZALEZ-SANCHEZ: Our	
13	programs do that as well.	
14	SENATOR HAMILTON: Oh, great.	
15	Fantastic.	
16	So I guess one other question is when	
17	you do have like drug treatment centers, a	
	lot of times I can tell where the center is	
18		
19	at because I see people like hanging around.	

20	Mental Hygi ene2015.txt And then I notice that people are coming out	
21	of the centers and spitting out their	
22	medication into a cup and then literally	
23	selling it to someone else.	
24	Is there any way we can stop that from	
4		210
1	happening, as far as giving them liquid	
2	medication rather than selling you know, a	
3	patient becoming a dealer, a low-level	
4	dealer, in selling medication to someone else	
5	on the street?	
6	COMMISSIONER GONZALEZ-SANCHEZ: Well,	
7	as you know, especially our OTPs, they are	
8	supposed to watch, and they do, and there is	
9	a liquid form. And in essence, we have moved	
10	to that liquid form. And so it makes it very	
11	difficult for those individuals to not drink	
12	and spit it out.	
13	We haven't heard that there's a	
14	tremendous issue. I know at one point there	
15	was, and it was really with the take-home	
16	medication. Because some clients are given a	
17	week, you know, dosage, and I think that	
18	that's where the issue was.	
19	SENATOR HAMILTON: Right.	
20	COMMISSIONER GONZALEZ-SANCHEZ: But,	
21	you know, our programs test individuals	
22	regularly, and we can tell from those tests	
23	whether they are indeed taking their	
24	medication, whether they're not taking their	

1	medication and still taking other drugs.	
2	So those are some of the things that	
3	we have put in place to try to safeguard	
4	against those practices. I mean, it's a	
5	difficult thing to change altogether, but at	
6	least we're implementing safeguards to try to	
7	discourage that kind of behavior.	
8	SENATOR HAMILTON: Thank you,	
9	Commi ssi oner.	
10	My last question is I know my other	
11	colleagues have spoke about the waiting lists	
12	to get into drug treatment programs. Do you	
13	prioritize individuals who are like in	
14	prostitution and also individuals who commit	
15	crimes due to drug use, as far as	
16	accelerating the intake process? Or does it	
17	just is it based on who signs up first?	
18	COMMISSIONER GONZALEZ-SANCHEZ: Yeah,	
19	we don't have a central point in our office	
20	to monitor, you know, where a client goes.	
21	It's more local. And so we would hope that	
22	the priority is based on who needs the	
23	service the most. But we don't handle that	
24	in the department.	
Ŷ		212
1	SENATOR HAMILTON: Thank you very	212
2	much, Commissioner, I greatly appreciate your	
3	response.	
4	COMMISSIONER GONZALEZ-SANCHEZ: Thank	
5		
	you. CHAIRMAN FARRELL: Thank you.	
6	CHAIRWAN FARRELL. HIGHR YOU.	

7	Assemblywoman Gunther.	
8	ASSEMBLYWOMAN GUNTHER: Thank you for	
9	coming today. I just have a really quick	
10	questi on.	
11	Though there are programs available	
12	and beds available, you know, one of the	
13	problems I see in my office is denial from	
14	private insurance companies about inpatient	
15	stays.	
16	Like in other words, you have to fail	
17	three times. And sometimes the bed is	
18	available, it happened with a young man that	
19	was ready for and, you know, it's like	
20	that moment of readiness, when that comes,	
21	when that desperation, when you hit that	
22	point, if you don't grab them, you know,	
23	that and it's not sometimes the	
24	programs are absolutely there, but it's the	
4		213
1	denial from the private insurance company.	
2	I mean, even our insurance company as	
3	state employees, they deny it all the time.	
4	And I just wish we could do something	
5	about that, because there are the beds, like	
6	in Bon Secours, but we can't get them in	
7	there because they deny the treatment.	
8	COMMISSIONER GONZALEZ-SANCHEZ: So	
9	you'll be pleased to know that OASAS has	
10	developed what we call a locator tool,	
11	Locator 3 tool, which is a level-of-care tool	
12	that we developed to ensure and to safeguard	
	Page 172	

13	exactly what you're saying.	
14	This tool will have a no-fail-first	
15	policy. In other words and it will have	
16	an assessment, it will be an assessment to	
17	ensure that the issues on the addiction side	
18	is what's being analyzed, so that the	
19	appropriate level of care is given to the SUD	
20	popul ati on.	
21	We are also requiring or not	
22	requiring. If it was up to me, I would	
23	require. We're strongly recommending that	
24	insurers use this tool across the board when	
<u></u>		214
1	they're determining what level of care an	
2	individual with an SUD has. Those that do	
3	not want to use our tool and want to use	
4	their own tool would have to submit the tools	
5	that they're going to use to me, for me to	
6	approve.	
7	And I will tell you directly right	
8	now, on the record, that I will not approve	
9	any tool that supports a fail-first system.	
10	ASSEMBLYWOMAN GUNTHER: That's great.	
11	Thank you very much.	
12	SENATOR KRUEGER: Senator Ortt.	
13	SENATOR ORTT: Welcome, Commissioner.	
14	Good afternoon.	
15	COMMISSIONER GONZALEZ-SANCHEZ: Thank	
16	you.	
17	SENATOR ORTT: Just a couple of	
18	questi ons.	

19	You spoke earlier on the project in	
20	Niagara County. There was \$64 million set	
21	aside for those capital projects between	
22	Suffolk and Niagara. Do you know how much of	
23	that is going to the Niagara Location?	
24	COMMISSIONER GONZALEZ-SANCHEZ: Yeah,	
9		215
1	the \$64 million is for capital. That's the	210
2	bulk of capital. Not all of that is going to	
3	go to Ni agara	
4	SENATOR ORTT: No, I understand that.	
5	It would be nice, but I understand that.	
6	COMMISSIONER GONZALEZ-SANCHEZ: I	
7	don't have the exact number, but I could get	
8	back to you if you'd like.	
9	SENATOR ORTT: If you could get that	
10	to my office.	
11	COMMISSIONER GONZALEZ-SANCHEZ: I	
12	think the important part is that we're going	
13	to open up a program there.	
14	SENATOR ORTT: I agree. I do agree.	
15	Do you know how many folks that will	
16	serve?	
17	COMMISSIONER GONZALEZ-SANCHEZ: How	
18	many beds?	
19	SENATOR ORTT: How many beds.	
20	COMMISSIONER GONZALEZ-SANCHEZ: I will	
21	get that to you. It's somewhere around 25 or	
22	more. I'll get that to you.	
23	SENATOR ORTT: Okay. And, you know, a	
24	lot of the discussion up here today has	
	Page 174	

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1	talked about education, prevention as it	
2	relates to individuals. And you of course	
3	mentioned that a lot of the people	
4	specifically, when we talk about heroin,	
5	drugs, you're talking about younger folks.	
6	But of course as you know, a lot of	
7	times when the state gets involved, at that	
8	point they're usually already using. Because	
9	we're not with them all the time.	
10	To what extent, in your opinion and	
11	maybe if you can back this up with some data,	
12	whether it's funding or programs is there	
13	education, prevention, where we're reaching	
14	parents or guardians of these children who	
15	are with them, and who usually are the first	
16	sort of line of defense to prevent young	
17	people from getting onto drugs or other	
18	substances?	
19	COMMISSIONER GONZALEZ-SANCHEZ: Well,	
20	actually with the Governor's heroin you	
21	know, the Governor's Combat Heroin campaign	
22	has really strengthened and focused a lot of	
23	the family members that at one point, because	
24	of the stigma, I guess, attached, and also to	
		217
1	a certain large extent, you know, denial	
2	not my kid would not come out.	
3	If you see some of our, you know,	
4	announcements and PSAs, these are actual	

5	Mental Hygi ene2015.txt family members that have come out and said,	
6	you know, this is my kid, this is what	
7	happened, I don't want this to happen to your	
8	ki d.	
9	And it's opening up and we're happy	
10	about this a whole organization around	
11	family members to come together to assist us	
12	in moving forward to try to prevent some of	
13	these horrible things from continuing to	
14	happen. So we're very happy about that.	
15	You know, we're also in schools, and	
16	we're strengthening our prevention measures	
17	in the schools. Because you're absolutely	
18	right, you know, you don't become, you know,	
19	addicted to heroin, opiates overnight. Or	
20	you don't wake up one day and say I'm going	
21	to go straight to this. You know, there is a	
22	transi ti on.	
23	And I agree with you, we need to take	
24	the bull by the horns and really start	
4		218
1	prevention at a very early age, and it's	210
2	usually all the schools.	
3	SENATOR ORTT: Thank you,	
4	Commi ssi oner.	
5	CHAIRMAN FARRELL: Thank you very	
6	much.	
7	Assemblyman McDonald.	
8	ASSEMBLYMAN McDONALD: Thank you,	
9	Commissioner, for being here. And thank you	
10	to be able to do all the work that you do	

11	Mental Hygi ene2015.txt CHAI RMAN FARRELL: Your mi crophone	
12	ASSEMBLYMAN McDONALD: There it goes.	
13	That work?	
14	CHAIRMAN FARRELL: Yup.	
15	COMMISSIONER GONZALEZ-SANCHEZ: Yeah.	
16	ASSEMBLYMAN McDONALD: Well, still	
17	thank you, Commissioner, for you and the work	
18	that your agency does.	
19	And as we all know, as you've heard	
20	from many people here, that we all know this	
21	epidemic is something we're trying to	
22	control. I always liken it to trying to	
23	catch fog. It's not that easy by any stretch	
24	of the imagination. But all the different	
9		219
1	measures that we take could be helpful.	217
2	Just a quick comment on the bed	
3	closures. I understand the logic. It will	
4	be interesting, once the locator is up with	
5	the no-fail-first policy, to see if we start	
6	to see more people actually needing those	
7	programs.	
8	I think part of the challenge that we	
9	heard last year during the legislative	
10	process with the package of bills that were	
11	passed is that many people I think almost	
12	gave up even trying, and therefore there's	
13	this fear that there's no opportunity to get	
14	in any programs at all.	
15	I agree, long-term programs is not the	
16	best route to go, by any stretch of the	

17	Mental Hygi ene2015.txt i magi nati on. Whi ch ki nd of leads to my	
18	overall philosophy about drug addiction, that	
19	it needs to be treated like a disease, just	
20	like hypertension, just like diabetes.	
21	And it leads to actually following up	
22	on something Senator Amedore brought up	
23	earlier. You talked about, I think, two new	
24	programs that have been instituted. And I	
2		220
1	don't know if I really heard exactly what	
2	those programs were. So if you could expand	
3	upon that, I'd appreciate it.	
4	COMMISSIONER GONZALEZ-SANCHEZ: Sure.	
5	You're talking about the one in Long Island	
6	and the one in Western New York. There	
7	were this is the development of long-term	
8	treatment beds	
9	ASSEMBLYMAN McDONALD: Yup. Yup.	
10	Yup.	
11	COMMISSIONER GONZALEZ-SANCHEZ: for	
12	the young adults who are having an issue with	
13	opiate and heroin addiction.	
14	ASSEMBLYMAN McDONALD: Okay. So	
15	and actually going back a little bit to I	
16	think Member Rosenthal's question earlier	
17	about the \$5 million being added to the	
18	budget, I think one could argue that	
19	\$5 million is a good step forward but we need	
20	greater investment, particularly for	
21	treatment programs.	
22	And what I'm more interested in is the	

23	Mental Hygi ene2015.txt residential facilities are important, they	
24	play a part in the process. But I know there	
		221
1	are programs out there we have one here in	
2	the Capital Region, the Addictions Care	
3	Center, that has some peer programs that the	
4	agency has done some mini-grants on to see	
5	how they're working. Is it too early to	
6	tell? Is that something that we can	
7	hopefully see some more permanent funding	
8	for?	
9	Because, once again, going back to my	
10	philosophy that it's a disease state, you	
11	know, we go to the doctor for our diabetes;	
12	we don't just go once, we need to meet every	
13	three or six months, whatever it may be.	
14	This peer-support program that Addictions	
15	Care Center has demonstrated, have we found	
16	it to be successful? Is it something that we	
17	may want to continue funding throughout the	
18	State of New York?	
19	COMMISSIONER GONZALEZ-SANCHEZ: While	
20	I am not going to speak specifically to the	
21	program, I will speak to the overall model.	
22	And yes, that is the that is a model that	
23	we are aggressively looking to incorporate in	
24	our system of care. Actually, in our move to	
9		222
1	Medicaid managed care phase 2, you know,	
2	peers will play a tremendous role. As a	
3	matter of fact, we have a couple of entities	
_	attor or ract, no have a couple or office thos	

4	that are already certifying some peer	
5	counselors to work with this population.	
6	So the answer is yes. You know, it	
7	will be part of our overall system of care.	
8	ASSEMBLYMAN McDONALD: Thank you.	
9	Thank you.	
10	CHAIRMAN FARRELL: Thank you.	
11	Senator?	
12	CHAIRMAN DeFRANCISCO: Senator Savino.	
13	SENATOR SAVINO: Thank you.	
14	Thank you, Commissioner. It's good to	
15	see you again.	
16	As you know, Staten Island has been	
17	the epicenter of a lot of the problems with	
18	the heroin addiction crisis, largely in many	
19	ways because we are a community that has a	
20	high number of working families that have a	
21	good prescription drug plan, and that's	
22	really where it started. And that has led	
23	to, first, addiction to, you know, narcotics,	
24	which has now driven, with the implementation	
		223
1	of I-STOP as we knew, one of the	
2	unintended consequences of I-STOP, it was	
3	going to affect access to drugs for people.	
4	And unfortunately, as you know as an	
5	addiction specialist, trying to control the	
6	supply does nothing to control the demand.	
7	And so we're seeing huge numbers of young	
8	people now who are utilizing heroin.	
9	We had a forum last night on	
	Page 180	

Staten Island; hundreds of families came to it because they're dealing with their teenagers who are struggling with heroin addiction.

And when we adopted some of the heroin combating laws in the past two years, one of the things that came up over and over was there has to be a coordination between addiction specialists, cooperation with doctors, and pressure on insurance companies. Because we're still dealing with the same treatment modalities that say that if you are a heroin addict, you don't need an inpatient detox; if you're an alcoholic, you do. If you're a benzodiazepine addict, you do.

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But we know that when you're dealing with these young people now -- not even young people. Old people, middle-aged people, people who are on long-term workers' comp who can't get treatment or are becoming addicted to drugs -- we are now dealing with some of the most addictive drugs that have ever been produced by a pharmaceutical company, and we still are using the same old-fashioned methods of treatment.

So what I really want to know is, is there some way for your agency to take the lead in helping develop new treatment modalities so that we can really address this problem? Putting people away for 20 days at

16	a time and expecting them to come out and	
17	deal with their complicated, in many ways,	
18	mental illness we have a large MICA	
19	population now in the facilities.	
20	So they're supposed to come out,	
21	handle their psychotropic medication, manage	
22	their sobriety and not fall back off the	
23	wagon. I think it's unreasonable for us to	
24	expect this kind of, you know, recovery from	
9		225
1	patients who are not capable of doing that.	
2	COMMISSIONER GONZALEZ-SANCHEZ: I	
3	agree a hundred percent with you.	
4	SENATOR SAVINO: Good.	
5	(Laughter.)	
6	COMMISSIONER GONZALEZ-SANCHEZ: And	
7	I'd just like to add that we are not	
8	continuing this, you know, traditional	
9	funding of programs which I believe earlier	
10	someone asked me, well, you know, treatment	
11	versus this that's why we're taking our	
12	time to really do an assessment. Because	
13	obviously we need to change the way we treat.	
14	These days we can't continue, as you	
15	indicated. There will be need for your	
16	traditional long-term inpatient service. But	
17	I agree with you, we need to move on.	
18	And so as a result we have developed	
19	the locator tool, which will be tremendous	
20	for us. And working with insurance companies	
21	in terms of making the right decision of what	

Mental Hygi ene2015.txt Level of care the individual with an SUD issue has. But more importantly, we are also in

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the process of revamping or redesigning our whole long-term intensive residential programs to address just what you're saying. It's not an all-the-same-thing, you know. We are developing a residential redesign that will include three essential treatment elements: Stabilization, rehabilitation, and community reintegration. Okay?

So under that scenario, an individual who comes in doesn't have to go through Step 1 and spend 18 months, two years, three years to go to Step 3. They come in and, whatever level of care they need, the intensive residential providers -- which will be called something else -- will be able to deliver the appropriate patient-centered care that the individual needs at that point.

And if we are successful in getting the plan, which I think we will be, through CMS, providers will also be able to bill for some of those services, because it's not part of a residential program, it's a part of a new redesign.

So we're very, very excited about that

1 system. You may have heard it is the whole,

2	Mental Hygi ene2015.txt you know, residential redesign program. But	
3	that's essentially what it is.	
4	SENATOR SAVINO: Well, we were very	
5	pleased yesterday to see that one of our	
6	local programs on Staten Island, Camelot	
7	House, is going to receive a \$2 million grant	
8	to help combat this.	
9	But, you know, there's if it's	
10	happening in Staten Island, as you know, it's	
11	happening everywhere.	
12	And this you know, as you pointed	
13	out earlier, addiction is a family disease.	
14	You know, I've never met an addict yet who	
15	did not come from a family with some sort of	
16	an addictive behavior in their background.	
17	That's a fact, regardless of what so when	
18	people say "not in my family," they're just	
19	not looking at their family close enough.	
20	So without additional family	
21	intervention, I fear that if we only treat	
22	the isolated addict, we may actually help	
23	them in the short-term but, if they go back	
24	to the same environment because as we	
		228
1	know, people gravitate toward what they're	
2	comfortable with they're only going to	
3	rel apse.	
4	So I think if there's improving	
5	treatment as well as expanding family	
6	outreach and access I think is critical to	

trying to combat this problem.

8	Mental Hygi ene2015.txt And I thank you for your efforts.	
9	Thank you, Commissioner.	
10	COMMISSIONER GONZALEZ-SANCHEZ: Thank	
11	you.	
12	CHAIRMAN FARRELL: Thank you.	
13	Assemblyman Crouch.	
14	ASSEMBLYMAN CROUCH: Yes. Good	
15	afternoon, Commissioner.	
16	COMMISSIONER GONZALEZ-SANCHEZ: Good	
17	afternoon.	
18	ASSEMBLYMAN CROUCH: A couple of	
19	questi ons.	
20	One of the OASAS programs is Combat	
21	Heroin. But there's \$5 million, I	
22	understand, additional new money in that	
23	funding for Combat Heroin. Some of it's	
24	going to support advertising, so it's not	
		229
1	going to treatment. How much of the \$5	
2	million is going towards advertising?	
3	COMMISSIONER GONZALEZ-SANCHEZ: I	
4	don't have that figure, but I'll be more than	
5	glad to	
6	ASSEMBLYMAN CROUCH: Can you	
7	guesstimate a percentage or	
8	COMMISSIONER GONZALEZ-SANCHEZ: It's	
9	probably going to be somewhere maybe \$1	
10	million or	
11	ASSEMBLYMAN CROUCH: Any reason why it	
12	all couldn't go for treatment?	
13	COMMISSIONER GONZALEZ-SANCHEZ: I'm	

14	MentalHygiene2015.txt sorry, why all well, look, this campaign	
15	has proven to be really successful, in that	
16	it has raised the level of awareness. It's	
17	also a means by which we could educate a	
18	larger percentage of the overall population.	
19	So I think it's important to continue the	
20	efforts.	
21	I think that at this point, where we	
22	have at least made some waves in the	
23	awareness and education, to stand back and	
24	let it sit will make us just go back to where	
우		230
1	we started.	
2	So I firmly believe that we should	
3	aggressively continue the campaign, because	
4	it's not just about the campaign, it's about	
5	making awareness and getting people	
6	comfortable in coming out and saying, you	
7	know, I have a problem, my child has a	
8	problem, my husband, whatever, and, you know,	
9	I want to talk about it. And I think that's	
10	the only way we're going to be able to combat	
11	this issue of addiction.	
12	ASSEMBLYMAN CROUCH: Okay. One quick	
13	question. In the Executive Budget it	
14	appropriates \$100,000 for the Medical	
15	Marijuana Trust Fund. What is the trust	
16	fund, what does it do?	
17	COMMISSIONER GONZALEZ-SANCHEZ: Well,	
18	I think that's a little bit more appropriate	
19	for the Department of Health. But my	

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20	understanding from the bill is that that will	
21	take place once the actual law is in full	
22	operation. And my understanding is that it's	
23	not at this point. And that's all I can	
24	really speak to at this point.	
Ŷ		231
1	ASSEMBLYMAN CROUCH: Any reason why it	
2	was included in the OASAS program instead of	
3	DOH?	
4	COMMISSIONER GONZALEZ-SANCHEZ: I'm	
5	not sure, but I will get back to you on that	
6	one.	
7	ASSEMBLYMAN CROUCH: Okay. All right,	
8	thank you.	
9	CHAIRMAN FARRELL: Thank you very	
10	much.	
11	Senator?	
12	CHAIRMAN DeFRANCISCO: I think the	
13	commercials are great. Okay? And one of the	
14	commercials has a woman with a red dress and	
15	she's talking about how she started drinking	
16	as a young teenager, then graduated to	
17	marijuana, then graduated to pills, then	
18	graduated to heroin and finds her life ruined	
19	until she got treatment.	
20	Can you explain to me is that a	
21	general pattern, people moving from one to	
22	the other and graduating to a higher-level	
23	drug?	
24	COMMISSIONER GONZALEZ-SANCHEZ: Yes.	

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	werrtarnygrenezors. txt	
1	Um	
2	CHAIRMAN DeFRANCISCO: Okay. If	
3	that's the case, how could the policy of the	
4	State of New York start legalizing, first by	
5	medical marijuana and then no doubt, in a	
6	couple of years, graduate in our legislative	
7	process to lesser restrictions on the use of	
8	marijuana, as all states who started with	
9	medical have gone to? Do you think that was	
10	a wise move?	
11	COMMISSIONER GONZALEZ-SANCHEZ: Well,	
12	let me try to put things in perspective here.	
13	The medical marijuana is not smokeable, it's	
14	oil. So again, that's far from where an	
15	individual is going to start with medical	
16	marijuana to get high.	
17	The other piece is that the active	
18	ingredient that creates the high is not	
19	there. So the mere fact that those things	
20	are in place really deters the discussion.	
21	It's medical, it's not street marijuana.	
22	Now, you know, street marijuana, some	
23	individuals do graduate. They start, some,	
24	with alcohol. I mean, if you look at the	
2		233
1	data, far, far ahead, the biggest addiction	200
2	piece that we have is alcohol, by far. And	
3	that's still an issue. So from there, they	

that's still an issue. So from there, they usually then graduate, if you want to call the word "graduate," into other types of drugs which could be street marijuana, not Page 188

4

5

7	medical marijuana	
8	CHAIRMAN DeFRANCISCO: So it's a good	
9	idea to go forward from alcohol and give	
10	another option as to how you legally can take	
11	some type of drug.	
12	COMMISSIONER GONZALEZ-SANCHEZ: And I	
13	think those questions are more appropriate	
14	for the Department of Health. But	
15	CHAIRMAN DeFRANCISCO: Yeah, of	
16	course. But let me ask you one other one.	
17	If someone, by chance, in the next	
18	year or two or whenever you're still	
19	commissioner proposes legalization of	
20	marijuana, period, what would your advice be?	
21	COMMISSIONER GONZALEZ-SANCHEZ: I am	
22	not in a position right now to address that.	
23	CHAIRMAN DeFRANCISCO: You're in the	
24	best position. You're the commissioner.	
		234
1	COMMISSIONER GONZALEZ-SANCHEZ: But	254
2	all I could say is that currently what's in	
3	front of us, the medical marijuana, I have to	
4	remind folks, you know, we have the toughest	
5	and the most stringent guidelines	
6	CHAIRMAN DeFRANCISCO: You've answered	
7	the question. You don't have an opinion on	
8	that?	
9	COMMISSIONER GONZALEZ-SANCHEZ: I	
10	don't at this point.	
11	CHAIRMAN DeFRANCISCO: What other	
12	additional information would you need?	
	Page 189	

13	Because I'll need guidance if a bill like	
14	that goes forward, from the head of the	
15	department.	
16	COMMISSIONER GONZALEZ-SANCHEZ: Well,	
17	let's see if a bill like that goes forward.	
18	I can't at this point	
19	CHAIRMAN DeFRANCISCO: Thank you.	
20	CHAIRMAN FARRELL: It's all right,	
21	I'll sit with him in a smoky room and talk	
22	about it.	
23	(Laughter.)	
24	SENATOR KRUEGER: You know, I'm	
<u></u>		235
1	jumping in to avoid having another question	200
2	sai d.	
3	I do carry that bill, which of course	
4	my colleague John DeFrancisco knows. And I	
5	am very happy to give him all of the research	
6	from throughout the country and other	
7	countries showing I think exactly what you	
8	were attempting to point out: There is some	
9	addiction to marijuana, a much lower rate	
10	than alcohol or tobacco.	
11	And he wouldn't be fair in asking you	
12	the question because you're not DOH, but for	
13	the record, nobody dies of overdoses from	
14	marijuana, unlike the heroin discussions	
15	we're having here today.	
16	Thank you.	
17	CHAIRMAN DeFRANCISCO: So my request	
18	would be to take the ad off the air, because	

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19	we're being we're not fair {inaudible} to	
20	graduate from one to the other.	
21	(Inaudi ble cross-talk.)	
22	CHAIRMAN FARRELL: Thank you.	
23	Assemblywoman Didi Barrett, please.	
24	ASSEMBLYWOMAN BARRETT: Is this	
		236
1	working now? Okay.	
2	I'm going to ask you questions similar	
3	to what I asked the Commissioner of Mental	
4	Heal th.	
5	As I sit through these hearings, I	
6	have a lot of trouble with the fact that we	
7	have so many different silos in service of	
8	often the same people, the same organizations	
9	in our communities dealing with these same	
10	issues: So many people who are dealing with	
11	substance abuse are also dual diagnosis for	
12	other things, people are dealing with mental	
13	and emotional disorders and are	
14	self-medicating through drugs and alcohol.	
15	You know, there's a lot of overlap,	
16	and I use the example also if you're a	
17	veteran who's over 65 and you're dealing with	
18	a substance abuse and also with mental health	
19	issues, you've got four different agencies	
20	that you have to deal with right there. If	
21	you've got physical issues, another one,	
22	maybe.	
23	So what are you, at the state level	
24	and at the executive level there, doing?	
	Page 191	

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1	Because this is also very much a funding	
2	issue. The more different, you know, kind of	
3	full organizations we're funding, the less	
4	money there really is for programs and on the	
5	ground.	
6	Can you talk to that a little bit,	
7	pl ease?	
8	COMMISSIONER GONZALEZ-SANCHEZ: Sure.	
9	Sure.	
10	Well, first, you know, funding that we	
11	get, the various especially grant funding	
12	or federal fundings, you know, have to be	
13	maintained separately; they can't be	
14	commingled.	
15	Having said that, OASAS and OMH have	
16	been working really, really diligently and	
17	collaboratively, I want to say over the past	
18	year and a half to two years, working on	
19	integrating licensure programs. So it's	
20	exactly what you're saying, looking at	
21	providers that are common to both OMH and	
22	OASAS that have two licenses that are	
23	treating a large number of cohort individuals	
24	from both sides, to minimize the number of	
		238
1	audits that the provider gets, share the	
2	audits so that if one year OASAS goes in,	
3	that OMH will accept our audit as their	
4	audi t.	

5	Mental Hygi ene2015.txt So we are working on those	
6	i ni ti ati ves.	
7	ASSEMBLYWOMAN BARRETT: Why can't that	
8	money be commingled?	
9	COMMISSIONER GONZALEZ-SANCHEZ: Those	
10	are federal regulations.	
11	ASSEMBLYWOMAN BARRETT: But isn't that	
12	something that we could be looking at?	
13	Because that, you know	
14	COMMISSIONER GONZALEZ-SANCHEZ: We	
15	could. We just need to bring the feds into	
16	the discussion.	
17	ASSEMBLYWOMAN BARRETT: Well, I would	
18	hope that that would be something that, you	
19	know, that the state would be interested in	
20	doing, in part to save money and in part to	
21	make the programs more effective	
22	COMMISSIONER GONZALEZ-SANCHEZ:	
23	Absol utel y.	
24	ASSEMBLYWOMAN BARRETT: and make	
4		239
1	the funding streams, you know, more fluid.	237
2	COMMI SSI ONER GONZALEZ-SANCHEZ:	
3	Absolutely. But what I wanted to say is that	
4	we can't determine that. I mean, the federal	
5	government has to change the way they	
6	allocate monies to us.	
7	ASSEMBLYWOMAN BARRETT: Do you talk to	
8	your federal representatives?	
9	COMMISSIONER GONZALEZ-SANCHEZ: Sure.	
10	Sure. SAMHSA is one of the ones that we	

11	Mental Hygi ene2015. txt speak to all the time.	
12	ASSEMBLYWOMAN BARRETT: Uh-huh. Well,	
13	I would encourage that to be, you know, sort	
14	of on the priority list of moving forward,	
15		
16	because I think it also will help us at	
	budget time to be sure that we have adequate	
17	funding for the many programs in our	
18	communities that are dealing with people in	
19	multiple streams there.	
20	So thank you.	
21	CHAIRMAN FARRELL: Thank you.	
22	Senator?	
23	SENATOR KRUEGER: The Senate is done.	
24	CHAIRMAN FARRELL: Okay. All right.	
4		240
1	Thank you very much.	
2	COMMISSIONER GONZALEZ-SANCHEZ: Thank	
3	you.	
4	CHAIRMAN FARRELL: Now for the	
5	11 o'clock	
6	(Laughter.)	
7	CHAIRMAN FARRELL: Barbara Crosier,	
8	vice president, government relations,	
9	Cerebral Palsy Associations of New York	
10	State.	
11	Next is going to be Michael Seereiter	
12	and Ann Hardiman. Will you come down and get	
13	close? Because we've got to start working on	
14	time, because the next committee meeting is	
15	scheduled for 1 o'clock.	
16	CHAIRMAN DeFRANCISCO: Whenever you're	

	Mental Hygi ene2015. txt	
17	ready.	
18	MS. CROSIER: Okay. Thank you very	
19	much.	
20	CHAIRMAN FARRELL: Good morning or	
21	good afternoon.	
22	MS. CROSIER: Good afternoon. Thank	
23	you for sticking around. And due to the	
24	hour, I'm going to be very brief. I will not	
		241
1	read; you have my testimony. And I've spoken	211
2	with staff, and they have	
3	CHAIRMAN FARRELL: Pull your	
4	microphone over, you're not	
5	MS. CROSIER: they have our	
6	concerns, so I'll be very brief.	
7	(Discussion off the record.)	
8	MS. CROSIER: There, this one's on.	
9	I'll use this one.	
10	I'm Barbara Crosier. I'm with	
11	Cerebral Palsy Associations of New York	
12	State. I represent all the CP centers across	
13	the state including Access CNY, Sullivan	
14	SDCC that were founded by the families of	
15	children with cerebral palsy in the 1940s and	
16	have grown to provide a wide array of	
17	services for children and adults with	
18	developmental disabilities.	
19	In order to be brief, I just really	
20	want to make three points, three very general	
21	points. One is that New York State has a	
22	very proud history of providing supports and	

23	Mental Hygi ene2015. txt services for people with developmental	
24	disabilities in the community.	
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Ŷ 1	The accord maint is that over time	242
1	The second point is that over time,	
2	and particularly over the past few years,	
3	we've seen threats and an erosion to a lot of	
4	these supports and services and the ability	
5	to provide person-centered individualized	
6	supports.	
7	And my third point is that New York	
8	State is better than that. We need to	
9	recommit to investing in supports and	
10	services for people with developmental	
11	disabilities and ensuring that individuals	
12	have access to the supports that they need to	
13	live a full life.	
14	In my talking points and in my	
15	testimony, I have statistics about all the	
16	cuts that supports and services operated by	
17	not-for-profits have seen over the last four	
18	to five years. There's over \$400 million in	
19	direct cuts to not-for-profits, an additional	
20	\$330 million in cuts in last year's budget in	
21	investments. And these investments we	
22	need to continue to invest in order to meet	
23	the needs of the individuals.	
24	I know you've all heard from the	
4		243
1	families across the state who and, Senator	

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Krueger, you talked about the concerns of

families living at home wondering what's

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going to happen for my child when I am no longer able to care for my child.

And the investments need to be made in a manner that supports and understands both the individual's needs and the supports and services that are available. These can't be based on what an average person needs or the average number of hours. They need to be based on actual individuals and what their medical needs are, what their physical needs are, and what they are capable of. It has to be truly person-centered.

We appreciate greatly that the
Legislature included and the Governor has
supported the increase for direct support
professionals last year that's in this
current year's budget; it started January 1st
and then again April 1st. But this increase
does not begin to address the erosion that
has occurred. Over the past five years,
not-for-profit agencies and the direct

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 support professionals, who are the crux of all that we do, have seen their purchasing power eroded by over 16 percent once the impact of the Consumer Price Index is taken into account.

So we are asking that you not continue to defer the cost-of-living increase but, rather, include that in this year's budget.

New York State is in a financial position

where it doesn't really make sense to put it off for another year. And that the agencies need to be able to recruit and retain qualified staff and ensure the health, safety and quality of care for individuals with developmental disabilities.

Deputy Commissioner DeSanto mentioned that they have got together an OPWDD transformation panel, and we applaud the administration for doing that. But as Acting Commissioner Delaney has said, they have quite the challenge in examining and implementing managed care, transformation of long-term-care services, looking at the needs of individuals who need further services.

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And this must be done in a partnership with all stakeholders, especially those who understand the individuals and the supports

3 understand the individuals and the supports

4 and services that are needed.

Part of the OPWDD transformation agenda and the commitment to CMS includes a transition plan to close or convert institutional settings, or also called intermediate care facilities, or ICFs. The plan is really not a plan but in fact more charts of just numbers. And as New York State looks to transition people into more community-based settings and further services, we really need to have individualized services and a plan that

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16	includes all stakeholders in the process.	
17	Additionally, there needs to be	
18	assurances that the services are provided in	
19	a timely manner. So we really would like to	
20	thank you for your ongoing support. We're	
21	eager to redesign the system of supports and	
22	services for people with developmental	
23	disabilities. A redesign cannot be done in	
24	crisis. It can't be done without additional	
		246
1	funding, particularly over the last five	
2	years of cuts,	
3	So again, thank you. And we have a	
4	proud history of supports and services.	
5	We've seen the erosion of the supports and	
6	services, and we need New York State to	
7	reinvest and look at true community	
8	individualized services, because New York is	
9	better than that.	
10	Thank you.	
11	CHAIRMAN FARRELL: Thank you very	
12	much.	
13	Any question not heard? Senator.	
14	SENATOR KRUEGER: I just wanted to	
15	thank I'm sorry. As you already said you	
16	knew, we're so far behind, but I want to	
17	thank you for all the work of the Cerebral	
18	Pal sy Associations.	
19	MS. CROSIER: Thank you.	
20	CHAIRMAN FARRELL: Thank you very	
21	much.	

22	Michael Seereiter I messed that	
23	up president and CEO, New York State	
24	Rehabilitation Association, and Ann Hardiman,	
2		247
1	executive director, New York State	
2	Association of Community and Residential	
3	Agenci es.	
4	MS. HARDIMAN: Good afternoon. I'm	
5	Ann Hardiman, from NYSACRA. I'm happy to be	
6	here.	
7	CHAIRMAN FARRELL: Just one thing.	
8	Harvey Rosenthal will be next, and after	
9	that, Steven Kroll. If you come down, it	
10	cuts down the walking.	
11	Yes.	
12	MS. HARDIMAN: Good afternoon.	
13	CHAIRMAN FARRELL: Good afternoon.	
14	MS. HARDIMAN: I just wanted to	
15	highlight a couple of areas. I'm from	
16	NYSACRA. We provide services and supports to	
17	200 provider agencies in New York State,	
18	not-for-profit providers.	
19	The written testimony was lengthier.	
20	I'm just going to make two points. I want to	
21	thank you for the COLA, and we seek continued	
22	support on the COLA for the 75,000 direct	
23	support workers and the not-for-profit	
24	agencies that employ those persons.	
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1	I also want to thank the State	

2	Mental Hygi ene2015.txt Legi slature for fundi ng a study last year to	
3	develop recommendations for a voluntary	
4	credential for direct support professionals.	
5	We're going to be very excited to provide	
6	that report to you very soon. NYSACRA	
7	believes a credential is one way to provide a	
8	better-skilled worker with compensation that	
9	they deserve.	
10	And then the final point I want to	
11	make is about minimum wage. We appreciate	
12	the proposed increase, but there needs to be	
13	a comparable rate increase to providers if	
14	the minimum wage goes up. It's very	
15	important since provider agencies are almost	
16	a hundred percent funded by government.	
17	And finally, NYSACRA supports and	
18	embraces the goals of transformation, but we	
19	believe there needs to be a formalized	
20	process that's open and visible and that	
21	provides significant resources and technical	
22	assistance for that transformation.	
23	Thank you.	
24	MR. SEEREITER: I'm Michael Seereiter,	
?		249
1	with the New York State Rehabilitation	
2	Associ ati on.	
3	CHAIRMAN FARRELL: How do you	
4	pronounce it again?	
5	MR. SEEREITER: I'm sorry?	
6	CHAIRMAN FARRELL: Your Last name.	
7	MR. SEEREITER: See-writer.	

8	Mental Hygi ene2015. txt CHAI RMAN FARRELL: Thank you.	
9	MR. SEEREITER: Thank you.	
10	As Ann mentioned, our Policy	
11	Perspectives document outlines a number of	
12	our priorities. I would refer you to that.	
13	A couple of highlights from that	
14	document, including the issue of employment,	
15	which has been talked about quite a bit here	
16	today, particularly for people with	
17	developmental disabilities, I think.	
18	As we look at the Governor's	
19	priorities and the transformative activities	
20	taking place at the Office for People With	
21	Developmental Disabilities, I think we see a	
22	bit of a disconnect there between the stated	
23	goals and where we stand. We're asking the	
24	Legislature to consider what kind of	
		250
1	investments it can make to support	
2	individuals, including through the OPWDD	
3	Supported Employment Program, that is indeed	
4	identified as the source of providing	
5	services and supports to individuals on the	
6	job in competitive and integrated jobs.	
7	Likewise, we also see that there are a	
8	number of sheltered workshops and work	
9	centers around the State of New York that	
10	have been challenged to make a	
11	transformation. That is a formidable goal, a	
12	bold goal, and perhaps even an unrealistic	
13	goal, given the time frames. And one of the	

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14	areas where it would be particularly helpful,	
15	I think, would be the Legislature to identify	
16	resources to help those work centers make	
17	transformations to business models that could	
18	be more long-term sustainable.	
19	And lastly, I would just mention this	
20	issue of not-for-profit investments. As we	
21	heard earlier through some of the questioning	
22	from you folks about the sustainability and	
23	the stability of non-for-profit providers, it	
24	seems to us that there is an opportunity	
		251
1	here, especially given the state's surplus,	
2	to make one-time investments that could be	
3	very helpful for not-for-profit	
4	organizations like members of ours to	
5	remain stable, to remain viable and	
6	operational for maintaining the supports and	
7	services that so many New Yorkers rely upon.	
8	So we'll cede the rest of our time, in	
9	brevi ty.	
10	MS. HARDIMAN: Can we answer any	
11	questions?	
12	CHAIRMAN FARRELL: Thank you very	
13	much.	
14	Senator?	
15	CHAIRMAN DeFRANCISCO: Thank you.	
16	MS. HARDIMAN: Thank you.	
17	CHAIRMAN FARRELL: Harvey Rosenthal,	
18	executive director, New York Association of	
19	Psychiatric Rehabilitation Services	

20	Mental Hygi ene2015.txt MS. GILMORE: Hi, good afternoon. I'm	
21	here today impersonating my executive	
22	director, Harvey Rosenthal.	
23	It's a pleasure to see you today. My	
24	name is Briana Gilmore. I'm the policy	
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9	252	
1	director at the New York Association of	
2	Psychiatric Rehabilitation Services.	
3	So I come with Harvey's greetings and	
4	his condolences for not being able to greet	
5	you here today. He would not be as	
6	sympathetic as I am, and I will be	
7	compassionate in my brevity. But I encourage	
8	you to look at our full testimony today,	
9	particularly in regards to investments in	
10	Medicaid redesign and community-based	
11	supports.	
12	But today I'm just going to highlight	
13	two issues for you that are on our budget	
14	agenda this year, and those are housing and	
15	criminal justice reform. Both of these	
16	issues impact people with psychiatric	
17	disabilities in our community	
18	disproportionately, so we'd like to highlight	
19	them for you today.	
20	For housing, we have three main	
21	issues. The first is to support rate	
22	increases for multiple types of housing	
23	provi ders.	
24	You don't usually see a consumer	

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advocacy group coming up and testifying to the need for housing providers to have a rate increase. I assure you that we are here today advocating for that because the money afforded to housing providers directly impacts the care and the quality of the housing afforded to people in our community.

If people responsible for giving care in housing placements are not adequately supported with payment, their caseloads rise, the quality of care decreases. providers are no longer able to make capital and structural investments in the property, which directly reduces the dignity and self-respect, the confidence and the well-being of people with psychiatric disabilities in different levels of housing.

There has been an investment made in the Executive Budget, but we're working together with numerous other advocacy organizations to request an \$82 million investment for statewide housing at various levels to support particularly people with disabilities and in great need.

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Another housing concern that we have, of course, is with homelessness. We're experiencing record homelessness throughout the state, including 60,000 individuals in New York City, that disproportionately impacts people with psychiatric and physical

7	disabilities and is	disproportionately now
8	impacting families,	including children.

People with disabilities are vulnerable to homelessness, especially because they experience cycles of poverty, trauma, abuse, incarceration, institutionalization. The need for new housing units is significant across the state, to say the least. The 300-bed-per-year commitment in the Executive Budget is nowhere near enough.

We're joining over 200 organizations in a campaign to call for 3,000 new units a year over 10 years in New York City and 1,000 units a year per year over five years upstate to meet the growing demand for housing, particularly for those with disabilities and for families.

1 UNIDENTIFIED PANEL MEMBER: What was

that figure?

MS. GILMORE: Upstate, 1,000 units per year over five years.

And our last housing concern is related to adult homes. That's been addressed already on the panel today. Last year there were over 1,000 adult home residents with psychiatric disabilities identified as wanting to move out of their adult homes and into the community. Only a couple of dozen have been afforded that

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opportunity. And \$30 million that was in the budget last year needs to be guaranteed for those transitions this year.

The goal of the adult home New York
City settlement was to move over 1500
individuals into the community by the end of
2015. We're working with other advocates,
with the Executive and the agencies to try to
figure out how to speed up that transition
and make that possible. But we need to
ensure that that money is preserved to make
those community transitions likely.

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So moving off of housing just to our criminal justice reforms, we've actually outlined a five-point plan for criminal justice reform to keep people with disabilities in their community and outside of jails and prisons.

For those of you familiar with the mental health community, you might have seen some articles circulating recently about the need to return to institutions, that we need to reinstitutionalize people with psychiatric disabilities. Obviously that's an outlandish proposal for those of us in the community mental health advocacy business. But for us it's also sort of joke: You can do that really easily, you just change the name on your county jail.

Jails and prisons are

disproportionately populated by people with psychiatric disabilities, and this is because of an entire range of issues that starts with the first point of contact with a police officer and somebody with a disability on the ground.

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And so our first point is diversion. We've been advocating for crisis intervention teams for a couple of years now with a coalition of other supporters statewide. Last year, we were very pleased that the Legislature made a one-time commitment of \$400,000. And we've seen CIT be implemented in a really robust process in eight localities across the state. It's not just police training, it's a way for all stakeholders to sit together at the same table and figure out how, across the mental health and criminal justice system, we can keep people with disabilities out of jails and prisons.

And we have to keep our youth out of jails and prisons, so we advocate for the Governor's proposal to raise the age to the age of 18 for youthful offender status. This would keep 50,000 16- and 17-year-olds out of jails and prisons every year. Seventy percent of these youth are black and Latino; almost 60 percent of them experience emotional problems.

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1	We're also supporting Assemblyman	
2	Daniel O'Donnell's bill to go further and	
3	raise the age to 21, but we certainly think	
4	the Executive proposal is a big step.	
5	When people are in jail and prison	
6	we've also heard from Assemblyman O'Donnell	
7	on this issue as well keeping people with	
8	disabilities out of solitary confinement is	
9	essential, not only for the health and the	
10	treatment needs of people with disabilities	
11	while they're in jail and prison, but the	
12	likelihood that they will leave incarceration	
13	and be able to maintain meaningful lives in	
14	the community is severely diminished if they	
15	are incarcerated by themselves in dark cells	
16	for 23 hours a day for years, sometimes	
17	decades on end.	
18	Another important aspect of keeping	
19	people with disabilities out of jail and	
20	prison is sufficient discharge planning. So	
21	we're calling on the Legislature to implement	
22	presumptive Medicaid eligibility.	
23	Most people who leave jails and	
24	prisons are found to be determined	
		259
1	Medicaid-eligible once they leave, but for a	
2	lot of people the cycle happens so rapidly	

that they actually lapse in their Medicaid

and, by the time they can get back into

5	Mental Hygi ene2015.txt services and needed supports, they no longer	
6	have insurance.	
7	If a person has active insurance as	
8	soon as they leave jail or prison, they're	
9	much more likely to succeed immediately in	
10	treatment, and that really reduces	
11	reci di vi sm.	
12	And lastly, we're fully supportive of	
13	the Executive proposal to invest \$22 million	
14	newly into the criminal justice system for	
15	treatment in jails and prisons, diversion	
16	planning, investments in assertive community	
17	treatment teams upon release, and supportive	
18	housing as well.	
19	So housing, criminal justice, and I	
20	ask you to look at the rest of our testimony	
21	today to review our Medicaid managed care	
22	priorities as well.	
23	Thank you for your time.	
24	CHAIRMAN FARRELL: Thank you very	
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1	much.	200
2	Senator?	
3	CHAIRMAN DeFRANCISCO: Excuse me, I	
4	want to compliment you on your testimony, in	
5	that you understand your topic, you were able	
6	to speak from the heart, and you didn't read	
7	a six-page, single-spaced rendition of what	
8	we have in front of you. So excellent job.	
9	Thank you.	
10	MS_GIIMORE: I appreciate that	

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11	Senator, thank you.	
12	CHAIRMAN FARRELL: Thank you.	
13	Steven Kroll, executive director,	
14	New York State ARC.	
15	Next is Kelly Hansen and Robert Long.	
16	Come on down.	
17	MR. KROLL: Thank you, Chairman	
18	Farrell. And my appreciation to the panel	
19	for listening to us at this late time.	
20	CHAIRMAN DeFRANCISCO: You don't want	
21	to thank me too or	
22	MR. KROLL: And thank you, Senator	
23	DeFranci sco.	
24	(Laughter.)	
<u> </u>		261
1	MR. KROLL: NYSARC is one of the	201
2	largest providers of care for people with	
3	intellectual and developmental disabilities	
4	in the country. We make up about one-third	
5	of the DD field here in a New York.	
6	I'm not going to use my prepared	
7	remarks, because you had an excellent	
8	dialogue with Commissioner DeSanto earlier	
9	today about many of the issues that are	
10	important to us. But what I'd like to do is	
11	just take a few moments to put a face on some	
12	of those issues.	
13	I'm thrilled that Commissioner DeSanto	
14	said that the OPWDD is going to take this	
15	year to take a look at some of the people	
16	that are on the list that are waiting for	

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residential support. The challenge for us
is, however, some of these people have been
waiting for years. And so if we're just
going to take a look at the list and not be
able to move forward with helping some of the
people in immediate need, we have a challenge
in front of us.

The commissioner said that there's

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somewhere around 6500 people on the list that are in need of housing or residential supports when we have an aging caregiver taking care of an adult child at home, and that they placed about 813 people last year. It's wonderful that we can place 800 people, but we really have to do better.

We would like to know if there's enough money in the budget. We have proposed in our testimony adding \$30 million to place more people in residential settings or other supports that they need so that aging caregivers can have some relief.

And I want to just talk about some of the people we had here in the Capitol with us yesterday. We had three women, all in their sixties, who came to talk about their daughters who have lived at home with them their entire lives, and now their own health problems and their own future is -- you know, they're getting older, they can't care for them at home anymore. They've had them on

23	Mental Hygiene2015.txt the residential support waiting list for more	
24	than 10 years.	
4		263
[']	So is it enough for us to simply say,	
2	okay, we'll take a look at the whole list	
3	this year? On Long Island we have an	
4	88-year-old man who is in the hospital	
5	critically ill, he's been caring for his	
6	adult child, and now the niece, who's in her	
7	sixties, is caring for the critically ill	
8	elderly man and the developmentally disabled	
9	adult child. And they don't have a placement	
10	for them.	
11	So I applaud OPWDD for wanting to do	
12	this and for coming here today and saying	
13	that we have a project to work on this year,	
14	but I ask, number one, do we have enough	
15	money to do it? I understand that there's	
16	also an acknowledgement that we have to work	
17	on improving the Front Door. But the	
18	Front Door has to be collaborative, and it	
19	has to be collaborative with the provider	
20	community and the families.	
21	We know that families are having a	
22	hard time navigating the Front Door. And I	
23	appreciate the commissioner said that we are	
24	committed to making it better. We'd like to	

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work with the Legislature and we'd like to work with OPWDD to make that Front Door more responsive to families and more responsive to

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the	provid	ders	of	care	for	peopl e	9 SO	we	can
make	e sure	peop	ol e	can	get	pl aced	qui d	ckLy	/ .

The challenge, of course, is that we've passed legislation in the past that has not become law that talks about how we can figure out what are the right ways to measure progress. We need to be able to measure progress with you. So how much progress do we make on that waiting list, how often does it happen, are we placing these people that are in really difficult circumstances?

So we'd like to work with the Legislature, we'd like to work with OPWDD and the Governor's office to figure out how we can make sure that the people that need supports and services now get them now.

I appreciate that we have to also run this out a couple of years. And OPWDD wants to see, of the people on that 11,000 list that was talked about, how many of them will be able to -- you know, do we need to provide

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service for them in three years, four years, and five years? And what are the right services and combination of services for those people? But we really do want to try and address the folks that need the services now.

The second issue I want to mention briefly is the Early Intervention programs and the preschools. And that was mentioned

also in the conversation with the commissioner.

I understand that's not within the jurisdiction of OPWDD, but it's certainly something we want to talk with you and the Legislature about. Early Intervention programs have not received an increase in 20 years. Programs for the preschools have been flat-funded for six years. We have 19 NYSARC chapters that do preschools that are Early Intervention for young children with developmental disabilities that will hopefully be better able to go into kindergarten or into elementary school better prepared and help them to overcome their

9 266

developmental disabilities.

Those programs are going to close, that's what the providers have told us. The reason they can't -- they've been losing money for years, and what they've been doing is subsidizing them by transferring money from other programs that broke even or made a little profit. In the rate-rationalization environment, the idea is that we've tried to make sure that most programs' payments are close to their costs. There is no more cross-subsidy that they can transfer from one place to another.

They're telling us that if we can't help them find a way to get the preschools a Page 215

16	cost of business increase that they're going
17	to have to close the preschools. It would be
18	a tragedy to see the preschools close. One
19	of the previous witnesses talked about how
20	many fewer Early Intervention programs there
21	are. What we're asking for is the same
22	increase that's in the general education
23	budget, about 4.8 percent, for the preschools
24	and for the Early Intervention programs.

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So I want to thank you very much for having us today. I also, as previous witnesses, would like to applaud OPWDD for bringing together the panel of experts to help them to navigate the challenges that we have. Many of us that testified here are privileged to be part of that panel of experts. But we'd also like to work with you to see if we can make progress on some of these challenges in this budget.

So thank you.

12 CHAIRMAN FARRELL: Thank you very

much.

CHAIRMAN DeFRANCISCO: Thank you.

CHAIRMAN FARRELL: Kelly Hansen and Robert Long, New York State Conference of Local Mental Hygiene Directors.

And then John Coppola, executive director, Alcoholism and Substance Abuse Providers. Move on down, please.

And then after that, Antonio Page 216

Mental Hygi ene2015. txt 22 Lasasnick. Oh, I did it again. Lasicki, 23 yes, thank you. 24 Welcome. 우 All right, good 1 MS. HANSEN: afternoon. Chairman DeFrancisco, Chairman 2 3 Farrell, Assemblymember Oaks, Assemblywoman

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Savino, thank you very much for allowing us
to present to you today on our concerns.

CHAIRMAN FARRELL: Is Mr. Long there
and I don't see him, or --

Rosenthal, Chairwoman Gunther and Senator

9 MS. HANSEN: No, he's not. He's not 10 here.

11 CHAIRMAN FARRELL: Oh, okay. Because 12 you said "we."

MS. HANSEN: Yeah, I'm flying solo today, so --

15 CHAIRMAN FARRELL: Oh, okay.

MS. HANSEN: He's back in Syracuse.

17 CHAIRMAN FARRELL: I just wanted to

make sure.

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MS. HANSEN: Okay. No, you're not not seeing someone that no one else is seeing.

So, you know, you heard both

Commissioner Gonzalez and Commissioner

Sullivan refer to the LGU, the Local
governmental units. So for people who don't

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spend all of their time reading mental

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hygiene law,

 So our county DCSs are responsible for oversight of the local system for planning, for funding, and for ensuring that services are available to individuals in the community with mental illness, substance use disorder, and developmental disabilities. Our DCSs know their communities, they are very involved in the community, including also criminal justice issues and the school districts.

So while the three mental hygiene agencies are separate at the state level, they all come together locally with their county mental health commissioner.

So there's a few things I just want to talk about today briefly. And you've heard from others that we have closures, continued closures of state-operated facilities in three sectors, and how this impacts the county because we are a partner with the state in terms of oversight of the system.

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So the closures that are occurring on the OASAS side to cut 25 beds, what we're looking for in the budget -- and we'll be providing you with language to consider -- is that there's no language in the budget that identifies what the money is going to be used for, and there's no proper role for the LGU

8	Mental Hyglene2015.txt in terms of this local process.	
9	It's critical that the county is	
10	involved in where these dollars go, because	
11	the county every year develops a local	
12	services plan that prioritizes the needs of	
13	individuals in the community. Once the state	
14	approves that plan, our partner in	
15	government, our state aid flows.	
16	So we need that expertise at the	
17	table, and we would ask that you would	
18	consider including language in the budget	
19	that would specify the proper role for the	
20	LGU and also more language in terms of	
21	determining how that money will be spent.	
22	On the OMH side, we're into our second	
23	year now of closures. Our county	
24	commissioners have been working	
4		271
1	collaboratively with the Office of Mental	271
2	Health. They have been working well with us,	
3	which we attribute directly to Ann Sullivan's	
4	leadership on this issue.	
5	And what's interesting is that there's	
6	language in the Executive Budget that says	
7	you cannot that services must be in place	
8	in the community prior to cutting the funding	
9	and downsizing those beds. That's the only	
10	place where that language occurs.	
11	We would recommend that you also	
12	include that in the OASAS language that puts	
	The dae that in the onene ranguage that puts	

that same priority on there.

14	Mental Hygi ene2015.txt And then also, for the OPWDD side, you	
15	know, there's some pretty significant	
16	downsizing there with 249 beds that are	
17	coming down. We are very concerned about	
18	individuals being discharged into the	
19	community without proper services available.	
20	It's a very large concern for the counties.	
21	So again, we would ask that you	
22	include some protective language that ensures	
23	that services are available in the community	
24	prior to cutting any prior to shifting	
	prior to outting any	
₽		272
1	those funds into the community.	
2	I want to talk a little bit about	
3	supported housing and what the county role is	
4	in this. And you've heard from others,	
5	you'll hear from more individuals who are	
6	testifying. But for an individual with a	
7	diagnosis of serious mental illness, the way	
8	they access housing is through the county,	
9	through our single point of access program.	
10	And so individuals who are at highest	
11	risk, highest need, they're released from	
12	jail, which are busy places, and that's a	
13	very high risk; they're released from a	
14	psychiatric center, an inpatient hospital	
15	stay, very high risk of recidivism. So they	
16	come in through our single point of access	
17	process, and their care needs are put	
18	together in a very efficient way.	
19	The reason that the LGUs are so	

Mental Hygi ene2015.txt concerned with what's going on with the
housing crisis is that the housing system is
not stabilized enough to be able to make sure
that there's housing available for our folks.
We're having, statewide, a tremendous amount

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of difficulty finding appropriate housing for individuals who are high risk and, you know, need a very high level of supports that were not even envisioned when supported housing was originally put in place.

The piece that I haven't heard mentioned yet, but we might, is the problem with the reimbursement is there's no formula. There's no basis in the amount of reimbursement that reflects the cost of housing, that reflects the cost of staff, that reflects any of the costs of operating a supported housing program.

So what we're recommending is that the state move forward with a county-specific methodology that would take into account the actual costs of providing that service.

A little bit I wanted to talk to you about health home and criminal justice folks. As others have mentioned and we all know, we have a large percentage of individuals coming in and out of our jails with mental illness and substance abuses equally as high. This is a population that we as counties have been

trying to get a handle on in terms of linkage with Medicaid for years. And because of data sharing and trying to make two separate systems talk to each other, until recently we haven't been very successful.

But our organization, the conference, has developed a pilot project in Monroe County that matches individuals who are in jail and will be reentering from jail with the county mental hygiene department to try to bridge that gap and be able to follow the person. It's basically a warm hand-off from jail back into the community. That's especially important with needed services and also with addiction. If someone is dedicated to their sobriety while they're in jail, it's very important to be with them right after their discharge or reentry back into the community.

I just want to thank you for your
leadership on the heroin task force and the
opiate overdose efforts that you put in place
last year. I can tell you that what I hear
from my members on Monday mornings when they

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go into the office and they get that report of how many overdoses there were and how many reversals there were, there's a significant number of reversals. So making Narcan available has really made a difference. And we thank you, we look forward to that.

I can say the Combat Heroin campaign that the state has done is very good. If you haven't had a chance to click around on that, I would highly recommend it. They did a really good job.

And finally, you know, one of the pieces that is not always, you know, jazzy to some people, but -- you know, there's a lot of things in this budget that the counties are supportive of, as you can tell. The housing increase, there's money for jail, there's money for health home in jail. But one of the places that's sorely lacking is administrative funding to the LGUs to be able to do these programs.

So, you know, we've got a single point of access program. That's all done by county employees. We have assistant outpatient

run by county employees. And I can tell you our counties are seeing more AOT referrals after the SAFE Act. There's a provision in the SAFE Act that requires OMH to do an assessment of anyone who's leaving prison for eligibility for AOT. We're getting more

referral s.

These individuals are eligible for the service, but AOT is a very intensive program, it has very specific time lines in terms of when the petition is made to court, when the

They're clinically appropriate.

13	evaluation is done by the psychiatrist, when	
14	you have to get back with a treatment plan.	
15	And there's a lot of follow-up and	
16	surveillance and vigilance required to be	
17	able to carry what is normally a good-sized	
18	manageable caseload of 1 to 12.	
19	We're getting more AOTs, we need some	
20	administrative money to help with being able	
21	to continue the work and the role of the	
22	county in oversight of the system.	
23	So I'll stop there. And if you have	
24	any questions, I would be happy to answer	
		277
1	them.	
2	CHAIRMAN FARRELL: Thank you very	
3	much.	
4	MS. HANSEN: Thank you.	
5	CHAIRMAN FARRELL: John Coppola,	
6	executive director, Alcoholism and Substance	
7	Abuse Providers of New York State. Come on	
8	down. Once, twice, gone.	
9	CHAIRMAN DeFRANCISCO: Thank you,	
10	John.	
11	CHAIRMAN FARRELL: Yes.	
12	Antonia Lasicki, executive director,	
13	Association for Community Living.	
14	MS. LASICKI: Good afternoon.	
15	CHAIRMAN FARRELL: Good afternoon.	
16	MS. LASICKI: Thank you so much for	
17	the opportunity, Assemblyman Farrell, Senator	
18	DeFrancisco, Senator Krueger. And thank you	
	Page 224	

19	to the others who are kind of sticking it out	
20	here.	
21	I'm going to also set aside my	
22	testimony; you can read that.	
23	The Association for Community Living	
24	is an organization that represents about	
9		278
1	120 nonprofit providers that provide a	270
2	variety of services in the mental health	
	•	
3	system and in the other systems as well. But	
4	in particular, ACL represents the housing	
5	interests and the residential interests.	
6	So I was watching a movie the other	
7	day, and it was a political mystery around	
8	the death penalty in Texas and the two	
9	characters, one said to the other: "But	
10	don't you care about the truth?" And the	
11	other one said: "There is no truth, there's	
12	just perspective."	
13	So what I would like to do is answer	
14	some of the panel's questions that were put	
15	to the commissioner from the provider	
16	perspective. So I've made a list here, and	
17	I'm just going to focus on those, because	
18	these were your questions and that's what you	
19	were interested in.	
20	So first of all, the 2 percent COLA,	
21	very much appreciated. As others have said,	
22	with the minimum-wage increases there will be	
23	pressures on that.	
24	But in particular, the 2 percent COLA	
	Page 225	

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1	is targeted. And every time the state	
2	targets a COLA for nonprofit providers, it	
3	creates all kinds of problems for them. They	
4	have to give COLAs only to certain of their	
5	staff members and not to all. Some actually	
6	forgo the COLA because they cannot do that,	
7	it's not politically it's not viable in	
8	the organization to give raises to some	
9	people and not others.	
10	We appreciate that the state and the	
11	Legislature would like to keep these COLAs to	
12	the lowest-level staff, but there are	
13	low-level staff people in other departments	
14	other than direct care. So you have data	
15	entry people, finance people, HR people,	
16	people who are doing all kinds of work for	
17	the nonprofit that don't get a raise because	
18	the COLA is targeted.	
19	So we would really prefer to have less	
20	of a percentage that is given to us in a	
21	flexible manner that we can give to anybody	
22	in the organization that we need to give it	
23	to.	
24	I understand that you want to make	
4		280
1	sure that the highest-level people do not get	
2	raises when times are very tough. But E038	
3	is the Executive Order No. 38 that keeps	

admin expenses below 15 percent. If an

5	Mental Hygi ene2015. txt organization is keeping admin expenses below	
6	15 percent and my organizations are	
7	keeping it at 12 and 10 and 9 percent then	
8	I don't think there should be any real	
9	concern about the highest-level people	
10	getting too much money, because frankly their	
11	salaries are within those very low	
12	administrative expense categories. So	
13	they're highly, highly efficient	
14	operator.	
15	Supported housing rates. There was a	
16	lot of discussion about supported housing	
17	rates in particular. Assemblywoman Jaffee	
18	was asking about the quality of the	
19	apartments. Senator Savino, you were asking	
20	as well.	
21	Here's the thing about supported	
22	housing. A provider gets a contract, and	
23	they're paid, in New York City, about \$15,500	
24	per year per bed. They have to pay rent,	
4		281
1	they have to pay for staff, they have to pay	
2	for OTPS, they have to pay for	
3	transportation. There's a lot of costs	
4	related to running that program per bed. In	
5	Syracuse, it's \$7,600 per year per year for	
6	rent, staff. We have to have 24/7 on call.	
7	So there's a lot of responsibilities	
8	that are in supported housing guidelines,	
9	we're obligated to provide what we're	
10	obligated to provide, and yet the State	

11	Mental Hygi ene2015. txt Office of Mental Health pays providers	
12	sometimes less than what its costs for the	
13	rent. I don't know how you pay for the	
14	staff, I don't know how you pay for so	
15	casel oads go up.	
16	Another question Assemblywoman Jaffee	
17	asked was about caseloads. Caseloads,	
18	depending on the program that you're talking	
19	about, are quite high. The commissioner	
20	answered by saying the bridger program is 1	
21	to 15.	
22	The bridger program is not a very	
23	there's not a lot of bridger programs in the	
24	state. People are going to get their care	
Ŷ	28	2
ት 1	coordination from health homes. Health home	12
1	coordination from health homes. Health home	32
1 2	coordination from health homes. Health home caseloads are 40, 50, 60, 70 per staff	32
1 2 3	coordination from health homes. Health home caseloads are 40, 50, 60, 70 per staff person. Our caseloads in supported housing	32
1 2 3 4	coordination from health homes. Health home caseloads are 40, 50, 60, 70 per staff person. Our caseloads in supported housing are 30, 40 in New York City a little bit	32
1 2 3 4 5	coordination from health homes. Health home caseloads are 40, 50, 60, 70 per staff person. Our caseloads in supported housing are 30, 40 in New York City a little bit better. But we're required to do 1 to 20.	32
1 2 3 4 5 6	coordination from health homes. Health home caseloads are 40, 50, 60, 70 per staff person. Our caseloads in supported housing are 30, 40 in New York City a little bit better. But we're required to do 1 to 20. We're required to do 1 to 20, but we don't	32
1 2 3 4 5 6 7	coordination from health homes. Health home caseloads are 40, 50, 60, 70 per staff person. Our caseloads in supported housing are 30, 40 in New York City a little bit better. But we're required to do 1 to 20. We're required to do 1 to 20, but we don't have money to do 1 to 20. So it's and I'm	32
1 2 3 4 5 6 7	coordination from health homes. Health home caseloads are 40, 50, 60, 70 per staff person. Our caseloads in supported housing are 30, 40 in New York City a little bit better. But we're required to do 1 to 20. We're required to do 1 to 20, but we don't have money to do 1 to 20. So it's and I'm not quite sure what the providers are	32
1 2 3 4 5 6 7	coordination from health homes. Health home caseloads are 40, 50, 60, 70 per staff person. Our caseloads in supported housing are 30, 40 in New York City a little bit better. But we're required to do 1 to 20. We're required to do 1 to 20, but we don't have money to do 1 to 20. So it's and I'm not quite sure what the providers are expected to do.	32
1 2 3 4 5 6 7	coordination from health homes. Health home caseloads are 40, 50, 60, 70 per staff person. Our caseloads in supported housing are 30, 40 in New York City a little bit better. But we're required to do 1 to 20. We're required to do 1 to 20, but we don't have money to do 1 to 20. So it's and I'm not quite sure what the providers are	32
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because a cost-based approach can be

problematic for a variety of reasons.

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17	Mental Hygi ene2015. txt	
17	really just creates a budget for each	
18	individual county based on what we're	
19	required to provide. And then the providers	
20	would have to work within that budget, so it	
21	wouldn't be a cost-based approach.	
22	The other thing that came up in the	
23	OPWDD testimony was aging parents with adult	
24	children. The same thing is happening in the	
4		283
1	OMH system. The difference in the OMH system	200
2	is we don't have a wait list. There is no	
3	way for those people to actually get on a	
4	wait list, and there's no way for them to be	
5	counted.	
6	So as Kelly was talking about, the way	
7	that you access housing in New York State is,	
8	for the most part, through SPOA. In the city	
9	it's a little different, there's sort of two	
10	ways; one is SPOA. But in the rest of the	
11	state it's SPOA. And there's no requirement	
12	for them to maintain a wait list of every	
13	single person who applies for housing.	
14	People who are not priority populations can	
15	just be taken off the list.	
16	So we don't really have any idea in	
17	New York State how many people need housing.	
18	And we certainly don't have any sense of	
19	who's living with aging parents. They're	
20	really often at the bottom of the list, and	
21	frankly they don't even make it to the list.	

Managed care. Senator Krueger, you

23	Mental Hygi ene2015.txt tal ked about managed care. We're very, very,	
24	very concerned about managed care. It's	
	g g	
4		284
1	happening very quickly. The last two years	
2	have been a whirlwind of change. So first	
3	there were health homes, everybody had to get	
4	into health home networks, some people are	
5	health home subcontractors. All of our	
6	targeted case management is folded into	
7	health homes. It's very, very it's pretty	
8	complicated in and of itself.	
9	Then, soon after that, we had DSRIP.	
10	So now there's DSRIP and all of my providers	
11	have to get into DSRIP networks. First	
12	they're in health home, DSRIP, they're not	
13	some of them don't even quite understand what	
14	those things are, but they're moving forward	
15	as best they can. And now we're moving to	
16	managed care. So you have health homes,	
17	DSRIP, managed care and, five years from	
18	now, there's a whole other plan to have the	
19	DSRIPs and the PPSs run all the Medicaid	
20	money through. So it's mind-boggling levels	
21	of change.	
22	And in the city, it's supposed to	
23	start July 1. We're not very confident that	
24	all the city providers will be ready. I do	
9		285
1	think people will go out of business. There	
2	will be serious cash-flow issues if the	
3	managed-care plans don't pay or deny. We've	

Page 230

heard from providers around the state that
work with managed care now because they have
different kinds of programs, maybe not
Medicaid, and some managed-care companies
automatically deny. It's the first response.

And the thing is, the nonprofits don't have any cash reserves. They're not going to be able to survive those denials. So if they go through three rounds of denials and they don't get paid, there's going to be some gaps in services throughout the state. It could be very -- so New York City is the experiment. We're going to watch that very closely. I hope it goes okay. But we're worried about it.

We are asking for \$82 million in rate increases for 38,000 beds in the OMH system. That's a lot of beds, and it's four different types of beds. That's all in my testimony. Some of those programs have gotten 5, 6, 7 percent over 20 years. The rights are

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ridiculously low. So if you look at that, you'll see.

Also, we try to come up with some ways to try to pay for what we're asking for.

There's something called the state-operated community residence. My providers operate community residences. Senator DeFrancisco, you and I have talked about my report that I wrote a couple of years ago where in 2012 we

10	could have gotten \$40 million worth of	
11	savings if we turnkeyed the state-operated	
12	community residences over to the nonprofits.	
13	That would be a it's probably more now.	
14	But here's an interesting statistic.	
15	In 2008, the nonprofits were operating	
16	4683 community residence beds those are	
17	the licensed congregate, highly supervised,	
18	medication supervision the kind of	
19	programs that people come out of a hospital	
20	right into. We were operating 4683 of the	
21	beds in 2008. We're now operating 4111, so	
22	it's decreased by about 500 beds.	
23	The state, on the other hand, was	
24	operating 794 of those beds in 2008 and now	
		287
1	are operating 1060. So their numbers are	
2	going up while our numbers are going down,	
3	but they cost three times what we cost to do	
4	the same exact service. It's the same exact	
5	program. Same exact regs.	
6	So it doesn't make any sense to me	
7	that they're continuing to expand that area	
8	of their business and decreasing ours. We	
9	can do it a lot more efficiently.	
10	So I think that is my list. Thank you	
11	very much.	
12	CHAIRMAN FARRELL: Thank you very	
13	much. Appreciate it.	
14	ASSEMBLYWOMAN GUNTHER: Can I just say	
15	one thing?	

16	CHAIRMAN FARRELL: Yes, you may.	
17	ASSEMBLYWOMAN GUNTHER: Thank you.	
18	In our chair letter, we put	
19	\$100 million in for so that to	
20	accommodate the fact that you're not getting	
21	paid. And so rather than going and getting a	
22	loan and having to pay interest rates, that	
23	this would be a revolving loan fund so that	
24	you would have an availability of this money.	
Ŷ		288
1	So I don't know if it's going to happen, but	200
2	we did put that in the chair letter.	
3	MS. LASICKI: Is that in anticipation	
4	of managed care, you mean?	
5	ASSEMBLYWOMAN GUNTHER: Yes.	
6	MS. LASICKI: For cash-flow issues?	
7	ASSEMBLYWOMAN GUNTHER: Yup.	
8	MS. LASICKI: Oh, we appreciate that.	
9	Thank you very much.	
10	ASSEMBLYWOMAN GUNTHER: Yup. Yup.	
11	Thank you.	
12	CHAIRMAN FARRELL: Thank you very	
13	much.	
14	Senator?	
15	CHAIRMAN DeFRANCISCO: Thank you.	
16	Nope, we're all set.	
17	We've been joined by Senator Martins.	
18	CHAIRMAN FARRELL: We now have Glenn	
19	Liebman, Mental Health Association in	
20	New York State.	
21	And then we will go back to the man we	
	Page 233	

22	found,	John	Coppol a.	We	di dn'	t	I ook	too
23	hard.							

24 MR. LIEBMAN: Good afternoon.

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CHAIRMAN FARRELL: Good afternoon.

MR. LIEBMAN: I really appreciate this opportunity very much. My name is Glenn Liebman, I'm the director of the Mental Health Association in New York State. Our organization is comprised of 30 affiliates in

52 counties across New York.

Largely what our members are are they're community-based mental health providers, but we do a lot of education, advocacy and training in the community. I think what's -- I mean, there are a lot of things that's wonderful about this But in the 11 years I've been organi zati on. here, it's an organization that is really comprised of folks who are looking to do not only our specific interests, but to focus on the greater good of the community as a whole. So we really work on a lot of issues that might not impact our members directly but are for the greater good of the entire mental health community and the entire public as

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well. It's the over 100-year-old mission of

the Mental Health Association movement that

1 we take very seriously.

2	Mental Hygi ene2015.txt So, you know, I want to thank you all.	
3	Over the years, you have you know, as I	
4	said, this is my 11th year of testifying, and	
5	you have really helped restore a lot of the	
6	budget cuts over the years. You've added new	
7	funding to programs, you've created new	
8	programs. And the bottom line is it's all	
9	about the people with mental illness. And	
10	those programs, that funding has really	
11	helped a great deal in all kinds of different	
12	arenas. So we really thank you very much.	
13	So because of who we are, we carry a	
14	very large portfolio, as do many of our	
15	fellow advocates. And I think, you know, as	
16	we go through the list, what I'm going to do	
17	is I'm going to do things a little bit	
18	differently. Every year I testify, and every	
19	year I sort of just do kind of a brief piece	
20	on every one of the issues that we've focused	
21	on. And rather than do that, I'm going to	
22	focus on really one key issue and talk about	
23	that in greater detail.	
24	But I just again, we are very	
4		291
1	appreciative of what you did last year in	
2	terms of the cost-of-living adjustment. As	
3	Toni said, it's 2 percent for direct care	
4	staff that's going to end up being part of	
5	for clinical staff as well. We think it's	

really -- you know, that was a good first

step. It's been over a half a dozen years

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8	Mental Hygi ene2015. txt since we've gotten any COLA whatsoever. That
9	is a disgrace that we haven't seen that
10	money.
11	So we totally are in lockstep with
12	Assemblymember Gunther and with fellow
13	advocates in the call for making sure that we
14	have to have a much stronger cost-of-living
15	adjustment for the future, whether it be
16	4 percent across the board we think that
17	makes sense.

And we're obviously in lockstep in terms of what Toni talked about with housing, what Briana talked about with criminal justice. We're totally on the same page in so many different issues.

So what I really want to do with my time is really talk about one specific issue,

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and it cuts across everything. My father was a baby carriage salesman, and he was a very good salesman. He could sell a baby carriage to a 90 year-old. I mean, he was phenomenal. I don't have that gene. I'm without the salesperson gene, so I'm not as good at pitching a program as my father would be if he were sitting here.

But the number-one issue that we face in mental health and have faced forever -- across the board, not only in New York but across the country, across the world -- is the stigma associated with mental illness.

	Mental Hygi ene2015. txt	
14	That is the 500-pound gorilla in the room.	
15	That affects everything we do. That affects	
16	public policy. Toni talked about perception.	
17	Unfortunately, the perception of people with	
18	mental illness has become the reality to so	
19	many people.	
20	So people, when they think of people	
21	with mental illness, they think unfortunately	
22	of these crazy people, violent people who are	
23	out there who are talking to themselves,	
24	doing all these terrible things that are just	
9		293
1	wrong.	
2	The reality is that one in four people	
3	in the United States has a mental illness,	
4	has serious mental illness. One in four.	
5	That's 25 percent of the population. If you	
6	add family members like myself I'm a	
7	family member if you add family members,	
8	if you add close friends, we're all impacted,	
9	either directly or indirectly, by mental	
10	illness.	
11	And we have to do something about	
12	that. We have to change and fight the stigma	
13	any way we can.	
14	One of the incredible numbers that we	
15	often always talk about is that two out of	
16	every three people who need mental health	
17	services who need mental health services,	

who want mental health services -- don't

receive those services. And the number-one

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Mental Hygi ene 2015. txt reason why is stigma. It's the stigma
associated with mental illness. Again, there
has to be such a sea change in how we think.
And that's why we are advocating for
something as my father would say, a great

deal, you can't pass up a deal like this. It you look at the last page of the testimony, what we're doing is we're talking about something that would cost taxpayers not one penny -- not one penny to taxpayers, not one penny across the state -- is a tax check-off for mental health public awareness. Add us to that box.

There are now 10 disease programs within that box. You know, we're talking about everything from Alzheimer's, appropriately -- and all of them appropriate. You know, cancer, cancer research. You know, wildlife. Everything that's there is appropriate.

What we're looking for is we're
looking for a tax check-off. What we're
looking for is that box. We want that box to
end what we hope -- and we know it's not a
panacea, we know all the issues that my
colleagues have talked about are not going to
change, you know, on a dime because we're
going to get a public awareness tax check-off
bill. But you know what? It's going to

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start	something.	Ιt	will	really	start	а
trend.						

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And hopefully to recognize that the Legislature and the administration really cares enough about mental illness that it's in the same disease state as all the other ones listed. And hopefully money will be raised that will be utilized for Office of Mental Health for a public awareness campaign around mental health issues. We think it's significant.

The world has changed; I know there was an issue with tax check-offs for many years. But in the last two years, there have been three new tax check-offs added to the income tax.

So we have great champions.

Assemblywoman Gunther has been a great champion for us. She's introduced it in the Legislature every year, and it has been passed in the Assembly. In the Senate,

Senator Carlucci took it up last year, he's sponsoring it again this year. Senator Ortt is on board with it, recognizing how

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important it is.

And frankly, the way it got done and the reason I'm spending my time during the budget hearing talking about it, the reason it got done is because of budget, it got done in budget. So that is why we're really

7	hoping to be able to work with you for that	
8	little box that would cost taxpayers nothing.	
9	And it would be really something that I think	
10	would be a really helpful step in the	
11	direction of good public awareness that would	
12	end up in good public policy as well.	
13	So I thank you very much for your	
14	time. I really appreciate it.	
15	Any questions?	
16	CHAIRMAN FARRELL: Thank you very	
17	much.	
18	ASSEMBLYWOMAN GUNTHER: Wait one	
19	second, Denny.	
20	CHAIRMAN FARRELL: Yes.	
21	ASSEMBLYWOMAN GUNTHER: I was going to	
22	say that I'm sure there are a lot of people	
23	listening and making those phone calls to	
24	make sure that this tax check-off happens to,	
4		297
1	you know, eliminate the stigma for mental	
2	heal th.	
3	And, you know, when we look at	
4	50 percent of our children as going to have	
5	an episode during the first 18 years of their	
6	life, it's time that we do this, it's time	
7	that we educate the public regarding mental	
8	heal th.	
9	And it's time to ask newspapers to	
10	talk about connecting violence with people	
11	that have an episode of mental health. It's	
12	really it's been a terrible education for	

13	the public, and we need to change that
14	stigma.
15	So it's very, very important.
16	MR. LIEBMAN: Thank you. I really
17	appreciate that very much.
18	CHAIRMAN FARRELL: Thank you.
19	MR. LIEBMAN: Thank you very much.
20	CHAIRMAN FARRELL: Senator?
21	CHAIRMAN DeFRANCISCO: John Coppola,
22	as you're coming down, we have another
23	hearing at 1 o'clock.
24	(Laughter.)
0	200
Ŷ 1	CHALDMAN DeFDANCISCO. I just wented
1	CHAIRMAN DeFRANCISCO: I just wanted
2	all of you to know that as soon as we're done
3	with this meeting and gavel out, we're
4	pushing on. So don't run away.
5	CHAIRMAN FARRELL: And Mr. Abbate, if
6	you're upstairs, please come down. Thank
7	you.
8	MR. COPPOLA: Good afternoon.
9	CHAIRMAN FARRELL: Good afternoon.
10	MR. COPPOLA: I am going to really ask
11	you to remember last year at this hearing
12	when we testified, we expressed concern about
13	a growing heroin crisis and we suggested that
14	the number of people who had become addicted
15	to prescription medications and who had sort
16	of transitioned to heroin was causing a
17	significant public health problem.
18	I think what we noted at the time was

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that the Governor's budget proposal did not address that issue to the degree to which we had hoped, and asked you to help.

I looked at my testimony from last year, and almost nothing about the testimony in terms of the level of concern about the

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issues is different this year. Other than to say many more families are dealing with the grief and loss of people having lost family members from overdose, and also struggling with addiction.

Where waiting lists did not exist last year in some of our residential treatment programs, they currently exist. And as your conversation with the commissioner a little bit earlier about waiting lists, I think she acknowledged that there are significant issues with waiting lists and that OASAS is working to address those.

But I'd like to just suggest you think a little bit about the possibility that you or somebody in your family has an addiction problem and you get to the point where you're ready to step in and ask for help, and somebody says to you -- and, Senator DeFrancisco, this is exactly what would happen in Syracuse -- that I want treatment for my heroin addiction and I need medication to help me, and there are 500 people waiting in line in front of me in order to access

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1	that help in Syracuse. There's several	
2	hundred people in front of me in Albany.	
3	There's several hundred people in front of me	
4	in Rochester.	
5	So when somebody gets to the point of	
6	saying "I want help," I think our goal should	
7	be treatment on demand, we find some creative	
8	way to get people into treatment, engaged in	
9	treatment. And so that's a serious problem,	
10	I think, that needs to be addressed.	
11	I want to make a suggestion about one	
12	of the places in the budget where we might be	
13	able to find some resources where we	
14	definitely could find some resources to deal	
15	with this.	
16	You may be familiar with the DSRIP	
17	project, right, which essentially is premised	
18	on the following. We have the highest rate	
19	of unnecessary hospitalization in the	
20	country, the highest rate of unnecessary	
21	hospitalization. So we're wasting a lot of	
22	dollars. And who are the folks that are	
23	unnecessarily hospitalized? The operative	
24	words here is "untreated." Untreated	
4		301
1	addiction and untreated mental health	
2	di sorders.	
3	So when somebody's in the throes of	
4	their addiction or in the throes of their	

5	mental health issue, they don't follow up on	
6	their healthcare and they wind up back in the	
7	hospital not for their mental illness, not	
8	for their addiction, but for diabetes, heart	
9	disease and other health conditions.	
10	What we know is that when we provide	
11	case management to those folks and get them	
12	into treatment for their mental health or	
13	their addiction disorder, their use of the	
14	heal thcare system drops precipi tously and	
15	their healthcare gets better. So DSRIP is	
16	rooted in the whole premise of reducing	
17	unnecessary hospitalizations by 25 percent.	
18	Which would be a wonderful thing.	
19	So the bull's-eye on the dart board of	
20	how can we do this is by getting people into	
21	treatment.	
22	Now, if you look at the Governor's	
23	budget, there's a \$1.4 billion, with a B,	
24	\$1.4 billion allocation specifically for two	
7		302
1	hospital projects and some other	
2	miscellaneous hospital projects upstate.	
3	There are boatloads of dollars in this budget	
4	for hospitals. If you simply said and	
5	there's zero in that \$1.4 billion, zero, for	
6	community-based organizations.	
7	If you said that we'd like to level	
8	the playing field just a little bit and we're	
9	going to take 25 percent of that \$1.4 billion	

and suggest to the Governor that it might be

11	Mental Hygi ene2015.txt a good idea to also invest some dollars in
12	the community-based service system which is
13	going to deliver the results on reducing
14	unnecessary hospitalizations, I'd like to
15	suggest to you that that's a substantial
16	amount of resources that could potentially be
17	used.

So in terms of reducing waiting lists,
I would really implore you, it is -- we have
an inadequate system of prevention, treatment
and recovery throughout the state.
Inadequate. We cannot address the demand for
prevention and treatment. So we need your
help.

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And were it not for the Senate task force last year and the hearings conducted by the Assembly, and all of you and your peers coming up with a package of legislation at the end of session last year, it's quite possible you could have gone home and we would have done next to nothing.

So I want to thank you for all that you did and say to you, once again this year, we need you to do the same thing. We're very pleased that the Senate is reactivating and has new leadership for its task force. We look forward to working with them in the communities across New York State. And we ask the Assembly to also conduct hearings.

We'd like to recommend that, you know,

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17	Mental Hygi ene2015.txt the OASAS budget for Local assistance, which	
18	has not been increased, it's been eroding for	
19	years for decades, actually we'd like	
20	to see a 3.2 percent increase in the OASAS	
21	Aid to Localities. And that's rooted in the	
22	Internal Revenue Service's the Social	
23	Security Administration's cost-of-living	
24	index for the last two years. That's where	
4		304
1	we got the 3.2 percent.	
2	We'd also like to suggest that the	
3	cost-of-living increase that you have in your	
4	budget which is now applicable to	
5	counselors and lower-level staff, it's going	
6	to expand a little bit. We're suggesting to	
7	you that like it's extraordinarily difficult	
8	to administer a program and give a 2 percent	
9	increase to some of your staff and not to all	
10	of your staff.	
11	So I'd like to suggest that the	
12	2 percent COLA should be generalized and	
13	this is not just for substance abuse	
14	disorders and mental health, it's the entire	
15	spectrum of community-based organizations.	
16	One final point I'd like to make, and	
17	this is really critical. I think Toni	
18	Lasicki a little bit earlier pointed to some	
19	of the real challenges of shifting from a	
20	fee-for-service environment to managed care.	
21	We have a lot of agencies that have	

not been able to benefit from resources to

23	Mental Hygi ene2015. txt purchase electronic health records, to	
24	purchase electronic billing and cash	
4		305
1	management systems. We have been working	
2	very closely with our mental health	
3	colleagues thinking about the business	
4	infrastructure that our programs. And that	
5	needs to change and needs to be modernized.	
6	And we think with a relatively small	
7	investment we could be creating management	
8	service organizations, independent practice	
9	associations, and other ways that	
10	organizations could band together across	
11	sectors of the behavioral health system, work	
12	together, and really economize as they try to	
13	build themselves up to be able to thrive in a	
14	managed care environment.	
15	I want to end by saying that, you	
16	know, we have a you all know, and I think	
17	you have all recognized when you talked with	
18	the commissioner that there's a serious	
19	none of you lives in a neighborhood that's	
20	not impacted by the heroin and prescription	
21	drug crisis. And I think as the commissioner	
22	correctly pointed out, none of us is spared	
23	from the impact of alcohol, alcoholism,	
24	et cetera, in our families and in our	
		306
1	communities. And more people die from that	
2	disease than all of the others put together.	
3	So I really want to ask you to sort of	

recommit yourselves to working with us and to providing support to the community-based organizations.

Just one final point. You know, when the commissioner talked a little bit about young people in treatment and not wanting to be in a long-term residential setting, I would suggest that, you know, a way to nuance that is to say that there are some young people that wouldn't want to be in some long-term residential programs. And it may very well be the case that the state-run ATCs tend to treat an adult population and are designed for an older population.

There are a variety of programs -- not enough -- there are a variety of programs across New York State that are specifically designed for young people that are currently providing lifesaving treatment to those folks. And I think if you were to visit those programs and talk to those young people

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about how does it feel to be in this program, they would say to you that they're very happy to be there and they're very happy to be there for an extended period of time.

So again, I would really ask that you look at the gaps in services and work with us to address this really serious public health issue. Thank you.

CHAIRMAN FARRELL: Thank you very
Page 248

10	much.	
11	Ms. Rosenthal to ask a question.	
12	ASSEMBLYWOMAN ROSENTHAL: First of	
13	all, thank you very much for your testimony.	
14	I'm the new chair of the Committee on	
15	Alcoholism and Substance Abuse, so your	
16	remarks were very enlightening to me. I have	
17	met with a few service providers who have	
18	told me the same issues.	
19	In terms of the electronic records,	
20	the chair of Mental Health and I and others	
21	have advocated to put \$20 million in the	
22	budget to help all of you upgrade to	
23	electronic recordkeeping, and hopefully we'll	
24	get a good portion of that money.	
9		308
1	MR. COPPOLA: That's a huge need.	300
2	ASSEMBLYWOMAN ROSENTHAL: It is a huge	
3	need. And I look forward to working	
4	collaboratively with you going forward.	
5	MR. COPPOLA: Absolutely. We're	
6	really excited to be working with you and	
7	Senator Amedore as well.	
8	ASSEMBLYWOMAN ROSENTHAL: Thank you.	
9	MR. COPPOLA: Thank you.	
10	CHAI RMAN FARRELL: Thank you.	
11	·	
12	This meeting is now adjourned to the new meeting.	
13	(The budget hearing concluded at	
14		
15	2: 32 p.m.)	
IJ		