## Riverhead County Center - County Road 51 - Riverhead, NY 11901 SUFFOLK COUNTY OFFICE FOR THE AGING (RIVERHEAD)

NASSAU COUNTY OFFICE FOR THE AGING (UNIONDALE)

60 Charles Lindbergh Blvd., Suite 260, Uniondale, NY 11553

# TOLL-FREE HELPLINES & OTHER IMPORTANT

(7697-888)-888-1	
1-888-VETS-NYS	MYS Division of Veterans' Affairs
9767-754-008-1	Parkinson's Disease Foundation
1-800-222-2225	gnigA no ətutitznı lanoitsN
8688-899-008-L	Mational Hospice Organization
9861-996-008-1	Social Security / Medicare
	National Committee to Preserve
1-202-332-2275	Long-Term Care
	National Consumer Voice for Quality
1-800-422-6237	Mational Cancer Institute
1-800-283-7800	9niJ noitsmroinl noitsbnuo7 sitirdtyA
7.784-986-08-1	noitsioossA gnuJ nsoiremA
1-800-242-8721	noitsioossA Stroke Association
1-800-232-3472	Membership and Subscription Line
	American Diabetes Assoc. Professional
1-800-342-2383	American Diabetes Association
ne1-800-227-2345	American Cancer Society Response Hotlin
1-202-783-2242	Leading Age9gA gribsəL
1-800-272-3900	Alzheimer's Associationnoistioner's
1-202-293-2826	Alliance for Aging Research
3002-262-2006 direction	iS nesisemA exustan of Mature American Ci
7722-434-2277	
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The Official Health Plan Marketplace ......

*NEWYORK STATE OF HEALTH* 

SENIOR

BULLETIN

Local, State,

and Federal

Resources

Inside

2 0 2 2 SENIOR BULLETIN Assemblyman **Michael** 

New York State Assembly Albany, NY 12248

## What is **EPIC?**

The Elderly Pharmaceutical Insurance Coverage (EPIC) program is a New York State program for seniors administered by the Department of Health.

Last year's budget included \$13 million to help seniors afford their medications.

### To join EPIC, a senior must:

- → Be a New York State residentage 62 or older;
- → Have an annual income below \$75,000 if single, or \$100,000 if married;
- → Be enrolled or eligible to enroll in Medicare Part D (no exceptions); and
- → Not be receiving full Medicaid benefits.

For more information regarding the EPIC program, call I-800-332-3742

(TTY: I-800-290-9138).

0001-728-008-11-800	Department of Veterans' Affairs
8770-325-0778	YTT
1-800-772-1213	Social Security Administration Hotline
7224-633-4227	Medicare Hotline
or 1-800-442-3863	
9861-484-1936	Lawyers' Fund for Client Protection
040f-628-008-f 9niJ	Internal Revenue Service - Information
eneral)1-202-418-3300	Health Care Fraud Hotline (Inspector G
3534-656-008-1 (anoit	Federal Information Center (for all loca

### U.S. GOVERNMENT AGENCIES

Long-Term Services and Supports......1-800-342-9871

NY CONNECTS: Your link to

Senior Transportation (Southold)......631-298-4460 Senior Transportation (Smithtown)......(nwothtims) noists-265-8811/8826

Health Services......631-854-0000 Information on Home Delivered Meals......631-853-8227

Office for the Aging (Riverhead).....631-852-1420

SUFFOLK COUNTY

Bus Services (Nice bus)......516-485-8100 Health Services......516-227-9697

**CONTACTS** 

LOCAL

**TNATAO9MI** 

Information on Home Delivered Meals .......516-539-0150

Office for the Aging (Uniondale).....(9) A prince for the Aging (Uniondale)....

## **YTNUOD UASSAN**

# Golden Park Program

If you are a New York State resident 62 or older, on any weekday (except holidays), you can obtain:

- Free vehicle access to state parks, boat launch sites, and arboretums; and
- → Fee reduction to state historic sites and stateoperated golf courses.

Simply present your currently valid New York State Driver License or New York State Non-Driver Identification Card.\*

For locations with pay stations, please contact the facility directly for information. For information about facilities where this program is valid, contact the nearest state park or state park regional office.

Long Island Regional Office 631-669-1000

## **New York State Parks** Albany, NY 12238 631-669-1000

## TTY/TDD through 711 Relay Service

\*A New York State Driver License or a New York State Non-Driver Identification Card may be obtained from your local Motor Vehicle office. You may want to contact them first to be certain you bring the required forms of identification.



# What is RSVP?

The Retired and Senior Volunteer Program (RSVP) has nearly 3,000 volunteers who are 55+ at hundreds of nonprofit agencies throughout New York.

It provides life-changing opportunities for volunteers aged 55 and over.

It helps meet the critical needs of communities by mobilizing tens of thousands of hours of volunteer service.

It strengthens public and nonprofit agencies by matching skilled volunteers with vital programs and services.

For more information regarding the RSVP program, email info@cssny.org or call 212-254-8900.

# What is NY Connects?

NY Connects helps anyone who needs information on long-term services and supports children with disabilities, older adults, family members and caregivers, friends or neighbors, veterans, and helping professionals.

## NY Connects can help you ...

- Find care and support
- → Remain independent
- Understand care options
- Find transportation
- → Learn about supports in caregiving
- Find supported employment programs
- → Get answers about Medicare
- → Apply for medical and other benefits

For more information regarding



# What is the Long Term Care Ombudsman Program?

The Ombudsman Program provides FREE advocacy and resources for people who reside in long-term care facilities such as nursing homes, assisted living, and adult-care facilities.

If you or someone you know in longterm care needs an advocate, or you are looking to make a difference, become an Ombudsman volunteer today.

### Please call the Ombudsman Program for more information

Suffolk County.....(631) 470-6755 Nassau County .....(516) 466-9718



Office of the State **Long Term Care** Ombudsman



For information on this event or any legislative matter, please contact Assemblyman Michael Durso at: 512 Park Blvd. • Massapequa Park, NY 11762 • 516-541-4598 • or email Dursom@nyassembly.gov.