

Assemblyman  
**DAVE McDONOUGH**

2020  
SENIOR  
BULLETIN

**State and  
Federal  
Resources  
Inside**



Assemblyman  
**DAVE McDONOUGH**

New York State Assembly  
Albany, NY 12248

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**What is  
EPIC?**

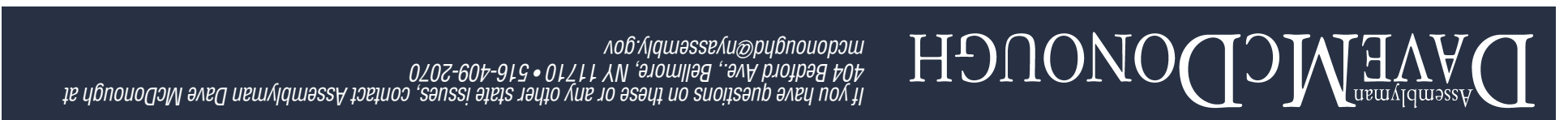
The Elderly Pharmaceutical Insurance Coverage (EPIC) program is a New York State program for seniors administered by the Department of Health.

Last year's budget included \$13.3 million to help seniors afford their medications.

**To join EPIC, a senior must:**

- ➔ **Be a New York State resident;**
- ➔ **Have an annual income below \$75,000 if single or \$100,000 if married;**
- ➔ **Be enrolled or eligible to enroll in Medicare Part D (no exceptions); and**
- ➔ **Not be receiving full Medicaid benefits.**

**For more information regarding the EPIC program, call 1-800-332-3742 (TTY: 1-800-290-9138).**



*If you have questions on these or any other state issues, contact Assemblyman Dave McDonough at 404 Bedford Ave., Bellmore, NY 11710 • 516-409-2070  
mcdonoughd@nyassembly.gov*

**TOLL-FREE HELPLINES & OTHER IMPORTANT NUMBERS**

- NY CONNECTS: Your link to Long-Term Services and Supports.....1-800-342-9871
- U.S. GOVERNMENT AGENCIES**
- Federal Information Center (for all locations) .....1-800-333-4636
- Health Care Fraud Hotline (Inspector General) .....1-202-418-3300
- Internal Revenue Service - Information Line .....1-800-829-1040
- Lawyers' Fund for Client Protection .....1-518-434-1935  
or 1-800-442-3863
- Medicare Hotline .....1-800-633-4227
- Social Security Administration Hotline .....1-800-772-1213  
TTY .....1-800-325-0778
- Department of Veterans' Affairs .....1-800-827-1000
- OTHER IMPORTANT NUMBERS**
- AARP .....1-202-434-2277
- AMAC (Association of Mature American Citizens) .....1-888-262-2006
- Alliance for Aging Research .....1-202-293-2856
- Alzheimer's Association .....1-800-272-3900
- Leading Age .....1-202-783-2242

- American Cancer Society Response Hotline .....1-800-227-2345
- American Diabetes Association .....1-800-342-2383
- American Diabetes Assoc. Professional Membership and Subscription Line .....1-800-232-3472
- American Heart and Stroke Association .....1-800-242-8721
- American Lung Association .....1-800-586-4872
- Arthritis Foundation Information Line .....1-800-283-7800
- Nassau County Office for the Aging .....(516) 227-8900
- Town of Hempstead Department of Senior Enrichment .....(516) 485-8100
- National Cancer Institute .....1-800-422-6237
- National Consumer Voice for Quality Long-Term Care .....1-202-332-2275
- National Committee to Preserve Social Security / Medicare .....1-800-966-1935
- National Hospice Organization .....1-800-658-8898
- National Institute on Aging .....1-800-222-2225
- Parkinson's Disease Foundation .....1-800-457-6676
- NYS Division of Veterans' Affairs .....1-888-VETS-NYS  
(1-888-838-7697)
- NEW YORK STATE OF HEALTH**
- The Official Health Plan Marketplace.....1-855-355-5777



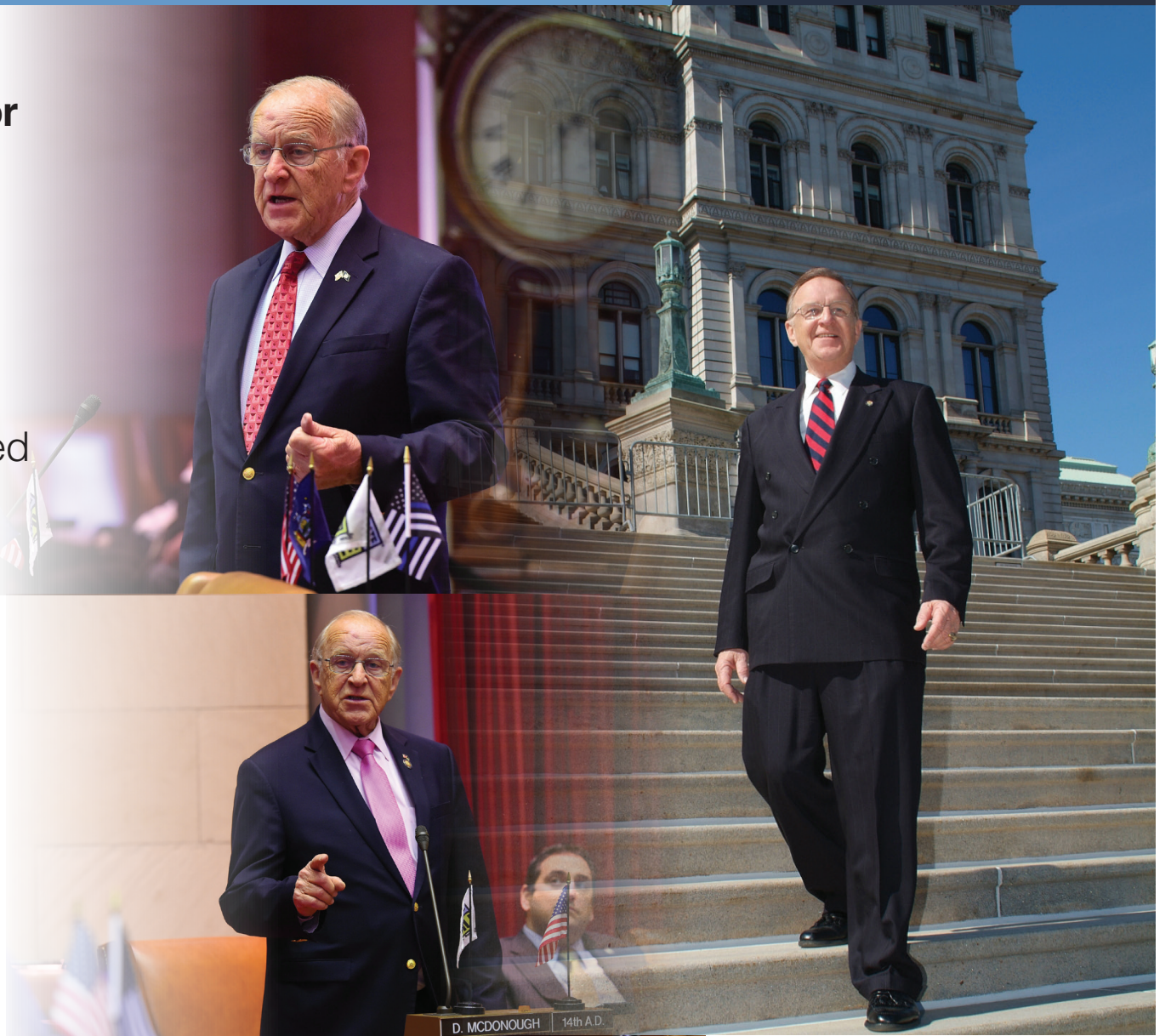
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CONTACTS**

# Dave McDonough Cares About Our Seniors

Dave fought for the **senior citizen rent increase exemption** for those living in rent stabilized apartments (A.3148-A).

He successfully advocated to **preserve \$261 million for community services for the elderly** as well as **\$1.42 million** for various elder abuse prevention programs (A.2003).



## What is RSVP?

**The Retired and Senior Volunteer Program (RSVP)** has nearly 3,000 volunteers 55+ at hundreds of nonprofit agencies throughout New York.

- ✦ It provides life-changing opportunities for volunteers aged 55 and over.
- ✦ It helps meet the critical needs of communities by mobilizing tens of thousands of hours of volunteer service.
- ✦ It strengthens public and nonprofit agencies by matching skilled volunteers with vital programs and services.

For more information regarding the RSVP program, email [info@cssny.org](mailto:info@cssny.org) or call 212-254-8900.



## What is NY Connects?

NY Connects helps anyone who needs information on long-term services and supports children with disabilities, older adults, family members, and caregivers, friends or neighbors, veterans, and helping professionals.

### NY Connects can help you ...

- ➔ Find care and support
- ➔ Remain independent
- ➔ Understand care options
- ➔ Find transportation
- ➔ Learn about supports in caregiving
- ➔ Find supported employment programs
- ➔ Get answers about Medicare
- ➔ Apply for medical and other benefits

For more information regarding NY Connects, visit [www.nyconnects.ny.gov](http://www.nyconnects.ny.gov) or call 1-800-342-9871.



**Last year**, I was proud to vote to extend the expiration of the Long-Term Care Ombudsman Program, which provides **FREE** advocacy and resources for people who reside in long-term care facilities such as nursing homes, assisted living, and adult care facilities. Ombudsmen advocate for and resolve problems for all individuals living in long-term care communities by protecting rights, honoring dignity, and ensuring respect. Trained NYS certified volunteers regularly visit nursing homes and assisted living facilities so that residents may have the highest quality of life and care.

**If you or someone you know in long-term care needs an advocate, or you are looking to make a difference, become an Ombudsman volunteer today.**

Please call the Ombudsman Program of Nassau: (516) 466-9718.



Office of the State Long Term Care Ombudsman