

Assemblyman Jake Blumencranz Invites You
to Join Him For the Life Enrichment Center's

HEART HEALTH SEMINAR

Prioritizing heart health is paramount for a fulfilling and vibrant life. By nurturing heart health, individuals can reduce the risk of cardiovascular diseases, enhance longevity, and enjoy a higher quality of life. Remember, a healthy heart paves the way for a healthier, happier you!

June 25th @ 11:00 AM

Oyster Bay Life Enrichment Center

45 Main Street, Oyster Bay, NY 1177

Members of the Life Enrichment Center are encouraged to sign up for this year's **Flu Pod on Septemeber 24th** in partnership with Assemblyman Jake Blumencranz and Catholic Health.

For more information, please contact Assemblyman Jake Blumencranz:
(516) 937-3571 or **blumencranzj@nyassembly.gov**

OUR ASSEMBLYMAN JAKE
BLUMENCRANZ
REPRESENTING THE PEOPLE OF THE 15TH DISTRICT

