

Donate **blood** 
save a life.



Join
Assemblymen Ed Ra
& Michael Montesano
at their
**Community
Blood Drive**

TWO NY METS TICKETS MAILED
TO EACH DONOR!

**Assemblymen Ed Ra, Michael Montesano,
and Long Island Blood Services are
conducting a Blood Drive**

**Monday, July 21, 1:30 p.m. – 7:30 p.m.
at the Gold Coast Library Annex
40 Railroad Avenue, Glen Head**

Blood banks are always looking for residents willing to donate blood. The blood YOU donate today can save someone's life tomorrow!
To be a donor you must:

- + Bring valid photo or signature identification
- + Weigh at least 110 lbs
- + Be age 16-75 (16-year-olds must have parental permission, age 76 and over need doctor's note)
- + Eat well and be hydrated prior to appointment
- + Not have gotten a tattoo within past 12 months (unless applied in New Jersey)



Edward P. Ra

Please call Assemblyman Ra's office to schedule an appointment, or for any state questions or concerns:

516-535-4095

825 East Gate Blvd., Suite 207
Garden City, NY 11530

rae@assembly.state.ny.us

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METS TICKETS
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BY LONG ISLAND
BLOOD SERVICES**

Long Island *Blood Services*