

New York State Assembly Albany, NY 12248

Donate **blood** Save a life



Join
Assemblymen Ed Ra
& Michael Montesano
at their
Community Blood Drive.

ED RA
ASSEMBLYMAN

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**Assemblymen Ed Ra and Michael Montesano
and Long Island Blood Services are
conducting a Blood Drive.**

**Monday, July 31, 1:30 p.m. – 7:30 p.m.
at the Gold Coast Library Annex
40 Railroad Avenue, Glen Head**



Blood banks are always looking for residents willing to donate blood. The blood YOU donate today can save someone's life tomorrow! To be a donor you must:

- + Bring valid photo or signature identification
- + Weigh at least 110 lbs
- + Be age 16 - 75 (16-year-olds must have parental permission. Age 76 and over need doctor's note)
- + Eat well and be hydrated prior to appointment
- + Have not gotten a tattoo within past 12 months (unless applied in New Jersey)



ED RA
ASSEMBLYMAN

Please call Assemblyman Ra's office to schedule an appointment or for any other questions or concerns:

516-535-4095

825 East Gate Boulevard
Suite 207
Garden City, NY 11530

rae@nyassembly.gov

Blood Services will
be awarding **2 Mets**
tickets to every
presenting donor

Long Island *Blood Services*