New York State Assembly Albany, NY 12248

Donate blood
Save a life

JOIN
Assemblymen Ed Ra
& Michael Montesano
at their community
Blood Drive

ED RA
A S S E M B L Y M A N

Assemblymen Ed Ra and Michael Montesano, along with Long Island Blood Services, are conducting a Blood Drive.

Monday, July 30, 1:30 p.m. – 7:30 p.m.
at the Gold Coast Library Annex
40 Railroad Avenue, Glen Head

Blood banks are always looking for residents willing to donate blood. The blood YOU donate today can save someone's life tomorrow! To be a donor you must:

+ Bring valid photo or signature identification

+ Weigh at least 110 lbs

+ Be age 16 - 75 (16-year-olds must have parental permission. Age 76 and over need doctor's note)

+ Eat well and be hydrated prior to appointment

+ Have not gotten a tattoo within past 12 months (unless applied in New Jersey)

Blood Services will be awarding **2 Mets tickets** to every presenting donor

△ Long Island *Blood Services*

Please call Assemblyman Ra's office to schedule an appointment or for any other questions or concerns:
516-535-4095

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Garden City, NY 11530
rae@nyassembly.gov

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