

New York State Assembly Albany, NY 12248

Donate blood
save a life.

ASSEMBLYMAN
ED★RA
19th Assembly District

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Join
NYS Assemblymen
Ed Ra & Michael
Montesano at their
**Community
Blood Drive**



Assemblymen Ed Ra & Michael Montesano, along with New York Blood Center, are conducting a Blood Drive

Wednesday, July 24, 1:00 p.m. – 7:00 p.m.
at the Gold Coast Library Annex
50 Railroad Avenue, Glen Head

Blood banks are always looking for residents willing to donate blood. The blood YOU donate today can save someone's life tomorrow! To be a donor you must:

- + Bring valid photo or signature identification
- + Weigh at least 110 lbs
- + Be age 16 - 75 (16-year-olds must have parental permission. Age 76 and over need doctor's note)
- + Eat well and be hydrated prior to appointment
- + Have not gotten a tattoo within past 12 months (unless applied in New Jersey)



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Please call
Assemblyman Ra's office
to schedule an appointment:

516-535-4095

For other questions or concerns,
contact Assemblyman Ra:

(516) 535-4095
825 East Gate Boulevard
Suite 207
Garden City, NY 11530
rae@nyassembly.gov

The New York
Blood Center
will be awarding
2 Mets tickets
to every
presenting donor

 **New York** Blood Center