Mental Health Awareness Workshop

Sponsored by

Assemblymember
Rodneyse Bichotte

MetroPlus Health Plan

BRIGHTPOINT HEALTH

In partnership with

HCC

GLOBAL TRAUMA RESEARCH
EDUCATION | RESEARCH | COUNSELING | SUPPORT

Thrive NYC

Do you want to learn more about mental health and stress management?

Interested in experiencing hands-on tools to manage stress and anxiety?

Come To Our

Mental Health Awareness Workshop

on

Thursday, December 1, 2016
6:00 p.m. – 9:00 p.m.

Brightpoint Health
2412 Church Avenue
Brooklyn, NY 11226

Refreshments will be served.
This event is free and open to the public.

RSVP: derrickl@nyassembly.gov or
(718) 940-0428

For more information on this or any state or local issue, please email Lisa Derrick at derrick@nyassembly.gov or call our office at 718-940-0428.