

IN OUR COMMUNITY:

- *Evan Zebooker visits Community Office to share his idea, "Let's Repurpose the MTS for ALL New Yorkers"*

IN ALBANY:

- *Lenox Hill Neighborhood House Warren Scharf*

TRANSPORTATION UPDATES:

- *MTA*

UPCOMING EVENTS:

- *Black History Month Celebration*
- *Community Resource Fair*
- *Rent Freeze Clinic*
- *Finding Solutions to our Transportation Crisis*

CONSTRUCTION UPDATES:

- *MSK/CUNY Construction*
- *East 91st Street Waste Transfer Station*
- *Roosevelt Island Farmers Market*

District Office:

1485 York Avenue

New York, NY 10075

212-288-4607

Albany Office:

LOB 650

Albany, NY 12248

518-455-5676

Email:

SeawrightR@nyassembly.gov

Social Media:



Assembly Member

212.288.4607
SEAWRIGHTR@NYASSEMBLY.GOV
@SEAWRIGHTFORNY



Rebecca Seawright

COMMUNITY OFFICE
1485 YORK AVENUE
NEW YORK, NY 10075

A MESSAGE FROM

Assembly Member Rebecca A. Seawright

Dear Friends and Neighbors,

Once again our nation is under siege by senseless gun violence against innocent young lives. The tragedy in Florida serves as a reminder of the inaction in Washington. As a state legislator and a New Yorker, I am strongly committed to keeping guns from falling into the wrong hands through legislation, education, and activism. As a member of the New York Legislators for Gun Violence Prevention, the safety of our children, families, and neighbors are my top priority.

On a lighter note, I want to wish all who are celebrating a happy and prosperous Lunar New Year as we welcome the Year of the Dog.

As a storm is approaching, please prepare for approximately seven inches of snow in New York City this weekend. Visit the [National Weather Service](#) for more information and NYC.gov for updates. Please call 311 for non-emergency services and 911 for any emergencies.

I look forward to co-sponsoring the following upcoming events:

- Thursday, March 1 - ***Finding Solutions To Our Transportation Crisis***, 6pm-8pm at CUNY Graduate Center.
- Thursday, March 8 - ***Women's History Month Celebration***, 6:00pm at the Abigail Adams Smith Auditorium. ***Please note the location change!***
- Friday, March 16 - ***Rent Freeze Clinic with the New York City Department of Finance***, 11am-1pm at Seawright's District Community Office. Space is limited, call 212-288-4607 to make an appointment.

Stay in touch with my office about any issues that are important to you. As always, we are just a visit, call or email away.

Sincerely,

REBECCA A. SEAWRIGHT



Please Join Assembly Member

REBECCA A. SEAWRIGHT

*Women's History Month
Celebration*

THURSDAY, MARCH 8, 2018 AT 6:00PM

The Abigail Adams Smith Auditorium

417 East 61st Street

(Between First and York Avenues)

New York, N.Y. 10065

Space is limited, please RSVP at

212.288.4607 or

SeawrightR@NYAssembly.gov

Office of Assembly Member Rebecca A. Seawright
1485 York Avenue (78/79 Streets) @SeawrightforNY

IN OUR COMMUNITY

Constituent Evan Zebooker visits Community Office to share his idea, "Let's Repurpose the MTS for ALL New Yorkers"



We invite all constituents to visit our office if they have ideas about how we can make our community function better. Constructive dialogue leads to great things. Assemblymember Seawright's 3D mammogram legislation came about because an informed, engaged citizen reached out to us.

IN ALBANY



Assembly Member Rebecca Seawright, Lenox Hill Neighborhood House Executive Director Warren Scharf, Senator Liz Krueger, and Community Board 8 Member Lori Bores. Mr. Scharf was advocating for funding for settlement houses in the budget which provide vital social services to the community and Ms. Bores came to Albany with the Multiple Sclerosis foundation.



Seawright, Warren Scharf and Assembly Member Dan Quart.



Roosevelt Island Coler Hospital Public Affairs Rep. Jose Torres, Assemblymember Rebecca Seawright, and Roosevelt Island Historical Society President Judy Berdy in the chamber.

TRANSPORTATION

MTA Schedule Changes

Late Friday to Early Tuesday February 16 – 20

(Includes Presidents' Day, Monday, Feb 19)

Key

- Free shuttle buses replace train service.
- This service change affects one or more ADA accessible stations. Please call 511 for help with planning your trip. If you are deaf or hard of hearing, use your preferred relay service provider or the free 711 relay.

During service changes

- Listen for announcements.
- Look for signs in stations.
- Speak with personnel on duty.

Update poster

- When there is a change, an update poster will be displayed next to this summary, along the affected subway line.

Weekend/Holiday 1 11 PM Fri to 5 AM Tue Feb 16 – 20 TRACK REPLACEMENT No trains between 96 St and 242 St Take A trains and free shuttle buses 1 service operates between South Ferry and 96 St, and via the 2 to/from 148 St. Free shuttle buses provide alternate service along four routes. Use the A to nearby stations via transfer at 59 St 1 A, 168 St 2 A, or 207 St 3 A.	Weekend/Holiday 1 2 9:45 PM Fri to 5 AM Tue Feb 16 – 20 TRACK REPLACEMENT Uptown trains run express from Times Sq-42 St to 96 St Use a downtown 1 2* to complete your trip. Transfer at 96 St, 72 St, or Times Sq-42 St. Downtown 2 trains run local from 96 St to 42 St during this time.	Weekend/Holiday 2 3 Weekends, beginning 11:45 PM Fri until Spring 2018 TUNNEL RECONSTRUCTION No 2 3 service in Brooklyn; 2 3 rerouted in Manhattan—Use 4 5 N Q R 2 runs between South Ferry and the Bronx (local between Chambers St and 34 St). No 3 running this weekend—take the 1 2. Transfer at Atlantic Av-Barclays Ctr or Times Sq N Q R or out-of-system between Bowling Green 4 5 and South Ferry 1 2.	Weekend/Holiday 3 11:45 PM Sat to 5 AM Tue Feb 16 – 20 TRACK REPLACEMENT No 3 trains running Take the 1 2 and free shuttle buses 1 trains replace the 3 (trains skip 145 St). Free shuttle buses operate between 148 St and 135 St. For 145 St, transfer between 1 2 trains and buses at 135 St.
Weekend/Holiday 4 3:45 AM Sat to 10 PM Mon Feb 17 – 19 TRACK REPLACEMENT Woodlawn-bound trains skip 161 St, 167 St, 170 St, Mt Eden Av, and 176 St Use a Manhattan-bound 4 to complete your trip. Transfer at Burnside Av or 149 St-Grand Concourse.	Weekend 4 7:30 AM to 7 PM, Sat, Feb 17 9:30 AM to 7 PM, Sun, Feb 18 TRACK REPLACEMENT Service operates every 16 minutes between 125 St and Woodlawn The last stop for some trains headed toward Woodlawn is 125 St Transfer to a Woodlawn-bound 4 at 125 St to complete your trip.	Weekend/Holiday 4 5 10 PM Fri to 5 AM Tue Feb 16 – 20 TRACK REPLACEMENT 4 trains run local in both directions between Brooklyn Bridge and 125 St 5 trains run local in both directions between Grand Central-42 St and 125 St Allow additional travel time.	Weekend/Holiday 4 5 Weekends, beginning 11:45 PM Fri until Spring 2018 ALTERNATIVE SERVICE 4 service extended to New Lots Av 5 service extended to Flatbush Av 4 5 trains run local in Brooklyn to replace 2 3. Free out-of-system transfer between Bowling Green 4 5 and South Ferry 1 2.

Weekend/Holiday A S 5:30 AM Sat to 7 PM Mon Feb 17 – 19 SIGNAL MAINTENANCE No A trains between Howard Beach-JFK and Far Rockaway No S shuttle between Broad Channel and Beach 90 St A service operates between 207 St and Lefferts Blvd/Howard Beach-JFK Airport. S shuttle operates between Far Rockaway and Rockaway Park, every 20 minutes. Shuttle buses operate along two routes: 1. Non-stop between Far Rockaway and Howard Beach-JFK Airport 2. Between Rockaway Park and Howard Beach, stopping at Broad Channel	Weekend/Holiday A C 9:45 PM Fri to 5 AM Tue Feb 16 – 20 SIGNAL MAINTENANCE Trains run express in both directions between 59 St-Columbus Circle and Canal St For 50 St, 23 St, and Spring St, take the downtown E or F. Transfer at 42 St, W 4 St, or Canal St. Reminder: C service does not run overnight. Downtown F trains are rerouted via the E from Roosevelt Av to Canal St during this time.	Nights B Beginning 9 PM Friday, Feb 16 TRACK MAINTENANCE Service ends early Take the G D and/or B instead. Reminder: B service does not run on weekends.	Weekend/Holiday D 9:45 PM Fri to 5 AM Tue Feb 16 – 20 TRACK MAINTENANCE Coney Island-bound trains run express from Tremont Av to 145 St Use a 205 St-bound D to complete your trip. Transfer at 145 St or Tremont Av.
Weekend/Holiday D N 9:45 PM Fri to 5 AM Tue Feb 16 – 20 TRACK MAINTENANCE Coney Island-bound trains run express in Brooklyn from Atlantic Av-Barclays Ctr to 36 St D N /59 St N 11:45 PM Mon to 5 AM Tue, Feb 19 – 20 Coney Island-bound trains skip DeKalb Av Use a Manhattan-bound D N local or R to complete your trip. Transfer at 59 St N R, 36 St D N or Atlantic Av-Barclays Ctr D N. For DeKalb Av, use nearby Nevins St 2 4 via transfer at Atlantic Av-Barclays Ctr.	Weekend/Holiday E 9:45 PM Fri to 5 AM Tue Feb 16 – 20 TRACK MAINTENANCE Uptown trains skip Spring St and 23 St Use a downtown E or F* to complete your trip. Transfer at 42 St/Port Authority, 14 St, W 4 St, or Canal St. Reminder: E trains do not run overnight. Downtown F trains are rerouted via the E from Roosevelt Av to Canal St during this time.	Weekend/Holiday E 9:45 PM Fri to 5 AM Tue Feb 16 – 20 SIGNAL MAINTENANCE Jamaica Center-bound trains skip 75 Av and Briarwood Use a World Trade Center-bound E or Coney Island-bound F to complete your trip. Transfer at Jamaica-Van Wyck E, Union Tpke E F, or 71 Av E F.	All Times F Until early 2018 STATION REHABILITATION Manhattan-bound trains skip Avenue U, Avenue P, Avenue N, Bay Pkwy, and Avenue I Use a Coney Island-bound F to complete your trip. Transfer at 18 Av, Kings Hwy, or Avenue X.

Weekend/Holiday F 9:45 PM Fri to 5 AM Tue Feb 16 – 20 SIGNAL MAINTENANCE Coney Island-bound trains are rerouted via the E from Roosevelt Av to Canal St, and via the A to Jay St-MetroTech Use the D or a Jamaica-bound F to complete your trip. Use A C E stations along 8 Av or transfer at Roosevelt Av, 7 Av D E, W 4 St, or Jay St-MetroTech.	Weekend/Holiday F 9:45 PM Fri to 5 AM Tue Feb 16 – 20 SIGNAL MAINTENANCE Jamaica-bound trains skip 75 Av, Briarwood, and Sutphin Blvd Use a World Trade Center-bound E or Coney Island-bound F to complete your trip. Transfer at Parsons Blvd E, Union Tpke E F, or 71 Av E F.	Weekend F 4:30 AM Sat to 7 PM Sun Feb 17 – 18 TRACK MAINTENANCE Trains skip Bergen St, Carroll St, and Smith-9 Sts in both directions Take free shuttle buses Free shuttle buses stop at Bergen St, Carroll St, and Smith-9 Sts. Transfer between trains and buses at Jay St-MetroTech and/or 4 Av-9 St.	Weekend G 4:30 AM Sat to 7 PM Sun Feb 17 – 18 SIGNAL MAINTENANCE No trains between Hoyt-Schermerhorn Sts and Church Av—Take buses and A C F G service operates in two sections: 1. Between Court Sq and Bedford-Nostrand Aves. 2. Between Bedford-Nostrand Aves and Hoyt-Schermerhorn Sts, every 20 minutes. Transfer at Bedford-Nostrand Aves G, Hoyt-Schermerhorn Sts A C E, Jay St A C F, and 4 Av-9 St F. Free shuttle buses operate between Jay St-MetroTech and 4 Av-9 Sts. F trains skip Bergen St, Carroll St and Smith-9 Sts in both directions during this time.
All Times J Until Summer 2018 STATION REHABILITATION Jamaica Center-bound trains skip 121 St Use a Manhattan-bound J to complete your trip. Transfer at Sutphin Blvd or 111 St.	All Times J Until early 2018 STATION REHABILITATION Manhattan-bound trains skip 104 St Use the nearby 111 St or Woodhaven Blvd stations instead.	Weekend/Holiday J 3:45 AM Sat to 10 PM Mon Feb 17 – 19 TRACK MAINTENANCE No trains between Broadway Junction and Jamaica Center Take free shuttle buses and the E 1 service operates between Broad St and Broadway Junction. Free shuttle buses make all J stops between Broadway Junction and 121 St, and connect with the E at Jamaica-Van Wyck. Transfer between trains and free shuttle buses at Jamaica-Van Wyck E and/or Broadway Junction J.	All Times M Until April 30, 2018 VIADUCT RECONSTRUCTION No trains between Myrtle-Wyckoff Aves and Myrtle Av (Broadway) Take free shuttle buses M service operates in two sections: 1. Between Essex St and Myrtle Av, and via the J to/from Broadway Junction, days/evenings. 2. Between Metropolitan Av and Myrtle-Wyckoff Aves (trains run every 20 minutes, Sat to Mon from 7:30 AM to 9:30 AM). Free shuttle buses operate between Myrtle-Wyckoff Aves and Myrtle Av. *Suspended this weekend.

Weekend/Holiday



6:15 AM to 11:45 PM, Sat, Feb 17
8 AM to 10 PM, Sun, Feb 18
6:15 AM to 10 PM, Mon, Feb 19

TRACK REPLACEMENT

No trains between Essex St and Broadway Junction – Take the **M** instead

Beginning 9 PM, Friday, Feb 16
No trains between 71 Av and Essex St
Take the **EFR**

- Transfer at Roosevelt Av **EFR**, 34 St-Herald Sq **R**, W 4 St **EFR**, and/or Delancey-Essex Sts.

All Times



Until Fall 2018

STATION REHABILITATION

Coney Island-bound trains skip Fort Hamilton Pkwy, New Utrecht Av, 18 Av, 20 Av, Kings Hwy, Avenue U, and 86 St

- Use a Manhattan-bound **N** to complete your trip.
- Transfer at 8 Av, Bay Pkwy, or Stillwell Av.
- For New Utrecht Av-62 St, take the **D** instead; transfer at 36 St.

All Times



Until Spring 2018

STATION ENHANCEMENTS

Trains skip 30 Av and 36 Av in both directions

- Use nearby Astoria Blvd, Broadway, or 39 Av stations instead.

Weekend/Holiday



11:45 PM Fri to 5 AM Tue
Feb 16 – 20

TRACK MAINTENANCE

No trains between Times Sq-42 St and Queensboro Plaza – Take the **467Q**

- N** service operates in two sections:
 1. Between Stillwell Av and Times Sq-42 St
 2. Between Queensboro Plaza and Astoria
- For service between Queens and Manhattan, take the **7** via transfer at Times Sq-42 St and/or Queensboro Plaza.
- To/from 49 St and 57 St-7 Av, take the **Q**.
- To/from 5 Av/59 St and Lexington Av/59 St, use the nearby **456** station via transfer with the **7** at Grand Central-42 St or **N** at 14 St-Union Sq.

Nights/Holiday



11:45 PM Mon to 5 AM Tue
Feb 19 – 20

SIGNAL MAINTENANCE

Coney Island-bound trains are rerouted via the **Q** between Canal St and Atlantic Av-Barclays Ctr, skipping DeKalb Av

- For City Hall, Cortlandt St, Rector St, Whitehall St, Court St, Jay St-MetroTech, and DeKalb Av, take the **Q** to nearby stations.
- Transfer at 14 St-Union Sq **4N** or Atlantic Av-Barclays Ctr **4N**.

Weekend/Holiday



12:01 AM Sat to 5 AM Tue
Feb 17 – 20

TRACK MAINTENANCE

Trains run local in both directions between 57 St-7 Av and Canal St

- Allow additional travel time.

Weekend/Holiday



11:45 PM Mon to 5 AM Tue
Feb 19 – 20

SIGNAL MAINTENANCE

No **R** trains between Whitehall St and 59 St – Take the **4N**

- R** service operates in Brooklyn between Bay Ridge-95 St and 59 St.
- For service between 59 St and Whitehall St, take the **N** via transfer at 59 St.
- Note: 9:45 PM Fri to 11:45 PM Mon: Bay Ridge-bound trains run express from Atlantic Av-Barclays Ctr to 59 St – Take the Manhattan-bound **DNR** local.

Weekend/Holiday



5:30 AM to 12 midnight
Sat to Mon, Feb 17 – 19

TRACK MAINTENANCE

Trains rerouted via the **F** in both directions between 57 St-7 Av and 36 St, Queens

- For 5 Av/59 St and Lexington Av/59 St, use nearby 5 Av/53 St **F**, Lexington Av/53 St **F**, and/or 59 St **456** stations.
- For Queens Plaza, take the **F** instead.
- Transfer at 14 St-Union Sq **456R**, Times Sq-42 St/Port Authority **ER**, or Roosevelt Av **ER**.

Tuesday to Friday February 20 – 23

(See Weekend Directory for Monday, Feb 19)

Key

- Free shuttle buses replace train service.
- This service change affects one or more ADA accessible stations. Please call 511 for help with planning your trip. If you are deaf or hard of hearing, use your preferred relay service provider or the free 711 relay.

During service changes

- Listen for announcements.
- Look for signs in stations.
- Speak with personnel on duty.

Update poster

- When there is a change, an update poster will be displayed next to this summary, along the affected subway line.

Nights



11 PM to 5 AM
Tue to Fri, Feb 20 – 23

TRACK REPLACEMENT

No trains between 96 St and 137 St
Take free shuttle buses

- 1** service operates in two sections:
 1. Between South Ferry and 96 St, and via the **3** to/from 148 St (trains skip 145 St).
 2. Between 137 St and 242 St.
- Buses run between 96 St and 137 St.

Nights



11 PM to 5 AM
Tue to Fri, Feb 20 – 23

TRACK REPLACEMENT

Uptown trains skip 79 St and 86 St

- Use a downtown **1** or **2** local to complete your trip.
- Transfer at 96 St or 72 St.

Nights



Beginning 10 PM
Tue to Thu, Feb 20 – 22

TRACK MAINTENANCE

Downtown trains run local from 96 St to Times Sq-42 St

- Allow additional travel time.
- Note: No **3** service running after 11:45 PM.

Nights



11:45 PM to 5 AM
Tue to Fri, Feb 20 – 23

TRACK REPLACEMENT

No **3** trains running
Take the **12** and free shuttle buses

- **1** trains replace the **3** (trains skip 145 St).
- Free shuttle buses operate between 148 St and 135 St.
- For 145 St, transfer between **12** trains and buses at 135 St.

Nights



11:45 PM to 5 AM
Tue to Fri, Feb 20 – 23

ELECTRICAL IMPROVEMENTS

No trains between Atlantic Av and Brooklyn Bridge – Take the **24**

- 4** service operates in two sections:
 1. Express between Atlantic Av and Franklin Av, and via **3** to/from New Lots Av.
 2. Between Brooklyn Bridge and Woodlawn.
- Transfer at Brooklyn Bridge **44**, Fulton St **24**, and/or Atlantic Av **24**.

Days



9:45 AM to 3:30 PM
Tue to Fri, Feb 20 – 23

TRACK REPLACEMENT

Uptown trains skip 161 St, 167 St, 170 St, Mt Eden Av, and 176 St

- Use a downtown **4** to complete your trip.
- Transfer at Burnside Av or 149 St-Grand Concourse.

Nights



9:45 PM to 5 AM
Tue to Fri, Feb 20 – 23

TRACK REPLACEMENT

Downtown trains skip 176 St, Mt Eden Av, 170 St, 167 St, 161 St, and 138 St-Grand Concourse

- Use an uptown **4** to complete your trip.
- Transfer at 125 St, 149 St-Grand Concourse, or Burnside Av.

Nights



9:45 PM to 5 AM
Tue to Fri, Feb 20 – 23

TRACK MAINTENANCE

Downtown trains run express from Grand Central-42 St to Brooklyn Bridge

- Use an uptown **4** or **6** to complete your trip.
- Transfer at Brooklyn Bridge, 14 St-Union Sq, or Grand Central-42 St.
- Uptown **4** trains run local from Brooklyn Bridge to 42 St during this time.

Nights 5 Beginning 8:30 PM Tue to Thu, Feb 20 – 22 TRACK REPLACEMENT Service ends early between E 180 St and Bowling Green – Take the 2 and/or 4 5 service operates between Dyre Av and E 180 St. • Transfer between 5 and 2 trains at E 180 St. • Transfer between 2 and 4 trains at 149 St-Grand Concourse.	Days 7 6 AM to 10 AM 2:45 PM to 10 PM Tue to Fri, Feb 20 – 23 TRACK REPLACEMENT Trains run local in both directions between Queensboro Plaza and 74 St-Broadway • Allow additional travel time.	Nights A Beginning 10 PM Tue to Thu, Feb 20 – 22 TRACK MAINTENANCE Trains run local in both directions between 59 St-Columbus Circle and Canal St • Allow additional travel time.	Days B 10 AM to 3:30 PM Tue to Thu, Feb 20 – 22 EQUIPMENT TESTING Brighton Beach-bound trains run local from Prospect Park to Kings Hwy • Allow additional travel time.
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Nights B Beginning 8:30 PM Tue to Thu, Feb 20 – 22 TRACK MAINTENANCE Service ends early – Take the C D Q • Transfer at Atlantic Av-Barclays Ctr D Q, 34 St-Herald Sq D Q, and/or 59 St-Columbus Circle C D.	Nights D 9:45 PM to 5 AM Tue to Fri, Feb 20 – 23 TRACK MAINTENANCE Bedford Pk Blvd-bound trains skip 170 St and 174-175 Sts • Use a Coney Island-bound D to complete your trip. • Transfer at Tremont Av or 167 St.	Nights D 9:45 PM to 5 AM Tue to Fri, Feb 20 – 23 TRACK MAINTENANCE No trains between Bedford Pk Blvd and 205 St Take free shuttle buses D service operates between Stillwell Av and Bedford Pk Blvd. Free shuttle buses operate between 205 St and Bedford Pk Blvd. • Transfer between trains and free shuttle buses at Bedford Pk Blvd.	Nights D 9:45 PM to 5 AM Wed to Fri, Feb 21 – 23 TRACK MAINTENANCE Manhattan-bound trains run express in Brooklyn from 36 St to Atlantic Av-Barclays Ctr • Use a Coney Island-bound D N local or Bay Ridge-bound R to complete your trip. • Transfer at Atlantic Av-Barclays Ctr or 36 St.
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Weekend/Holiday F 9:45 PM Fri to 5 AM Tue Feb 16 – 20 SIGNAL MAINTENANCE Coney Island-bound trains are rerouted via the E from Roosevelt Av to Canal St, and via the A to Jay St-MetroTech • Use the D or a Jamaica-bound F to complete your trip. • Use A C E stations along 8 Av or transfer at Roosevelt Av, 7 Av D E, W 4 St, or Jay St-MetroTech.	Weekend/Holiday F 9:45 PM Fri to 5 AM Tue Feb 16 – 20 SIGNAL MAINTENANCE Jamaica-bound trains skip 75 Av, Briarwood, and Sutphin Blvd • Use a World Trade Center-bound E or Coney Island-bound F to complete your trip. • Transfer at Parsons Blvd F, Union Tpke E F, or 71 Av E F.	Weekend F 4:30 AM Sat to 7 PM Sun Feb 17 – 18 TRACK MAINTENANCE Trains skip Bergen St, Carroll St, and Smith-9 Sts in both directions Take free shuttle buses Free shuttle buses stop at Bergen St, Carroll St, and Smith-9 Sts. • Transfer between trains and buses at Jay St-MetroTech and/or 4 Av-9 St.	Weekend G 4:30 AM Sat to 7 PM Sun Feb 17 – 18 SIGNAL MAINTENANCE No trains between Hoyt-Schermerhorn Sts and Church Av – Take buses and A C G G service operates in two sections: 1. Between Court Sq and Bedford-Nostrand Aves. 2. Between Bedford-Nostrand Aves and Hoyt-Schermerhorn Sts, every 20 minutes. • Transfer at Bedford-Nostrand Aves G, Hoyt-Schermerhorn Sts A C G, Jay St A C F, and 4 Av-9 St F. Free shuttle buses operate between Jay St-MetroTech and 4 Av-9 Sts. F trains skip Bergen St, Carroll St and Smith-9 Sts in both directions during this time.
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All Times J Until Summer 2018 STATION REHABILITATION Jamaica Center-bound trains skip 121 St • Use a Manhattan-bound J to complete your trip. • Transfer at Sutphin Blvd or 111 St.	All Times J Until early 2018 STATION REHABILITATION Manhattan-bound trains skip 104 St • Use the nearby 111 St or Woodhaven Blvd stations instead.	Weekend/Holiday J 3:45 AM Sat to 10 PM Mon Feb 17 – 19 TRACK MAINTENANCE No trains between Broadway Junction and Jamaica Center Take free shuttle buses and the E service operates between Broad St and Broadway Junction. Free shuttle buses make all J stops between Broadway Junction and 121 St, and connect with the E at Jamaica-Van Wyck. • Transfer between trains and free shuttle buses at Jamaica-Van Wyck E and/or Broadway Junction J.	All Times M Until April 30, 2018 VIADUCT RECONSTRUCTION No trains between Myrtle-Wyckoff Aves and Myrtle Av (Broadway) Take free shuttle buses service operates in two sections: 1. Between Essex St and Myrtle Av, and via the J to/from Broadway Junction, days/evenings*. 2. Between Metropolitan Av and Myrtle-Wyckoff Aves (trains run every 20 minutes, Sat to Mon from 7:30 AM to 9:30 AM). Free shuttle buses operate between Myrtle-Wyckoff Aves and Myrtle Av. *Suspended this weekend.
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All Times N Until Fall 2018 STATION REHABILITATION Coney Island-bound trains skip Fort Hamilton Pkwy, New Utrecht Av, 18 Av, 20 Av, Kings Hwy, Avenue U, and 86 St • Use a Manhattan-bound N to complete your trip. • Transfer at Stillwell Av, Bay Pkwy, or 8 Av. • For New Utrecht Av-62 St, take the D; transfer at 36 St.	All Times N W Until Spring 2018 STATION ENHANCEMENTS Trains skip 30 Av and 36 Av in both directions • Use the nearby 39 Av, Broadway, or Astoria Blvd stations via Q102 bus.	Nights N R 9:45 PM to 5 AM Wed to Fri, Feb 21 – 23 TRACK MAINTENANCE Manhattan-bound trains run express in Brooklyn from 59 St to Atlantic Av-Barclays Ctr • Use a Coney Island-bound D N local or Bay Ridge-bound R to complete your trip. • Transfer at Atlantic Av-Barclays Ctr, 36 St, D N R, or 59 St N R.	Nights Q Beginning 9:45 PM Tue to Thu, Feb 20 – 22 SIGNAL MAINTENANCE Trains are rerouted via the R in both directions between 57 St-7 Av and Canal St • Allow additional travel time.
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Nights R Beginning 9:30 PM Tue to Thu, Feb 20 – 22 FASTTRACK PROGRAM Service ends early between 71 Av and Roosevelt Av and Whitehall St – Take buses and E F N • For service between 71 Av and Roosevelt Av, take the E or F. Buses operate between Roosevelt Av and 36 St, and stop at Queensboro Plaza N. • For service between Queens and Manhattan, take the N. • Transfer at Roosevelt Av E F and/or Queensboro Plaza N.	Nights R 9:45 PM Tue to 5 AM Wed Feb 20 – 21 TRACK MAINTENANCE No trains between Whitehall St and 59 St, Brooklyn – Take the 2 N R service operates in Brooklyn between Bay Ridge-95 St and 59 St. • For service between 59 St and Atlantic Av-Barclays Ctr, take the N via transfer at 59 St. • For service between DeKalb Av and Whitehall St, take the 2 to nearby stations via transfer at Atlantic Av-Barclays Ctr 2 N.	Nights S Beginning 10 PM Thursday, Feb 22 SIGNAL MAINTENANCE 42 St Shuttle service ends early Take the 7	Nights W Beginning 9:30 PM Tue to Thu, Feb 20 – 22 SIGNAL MAINTENANCE Service ends early – Take the N
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UPCOMING EVENTS

Monday
Feb. 26, 2018
6 – 8 pm,
Upstairs at
The Apollo,
253 W. 125th St.

RSVP online at
blackhistoryapollo.eventbrite.com

***February is
Black History Month.***

***Come celebrate
with activists to be
honored by Manhattan
Borough President
Gale A. Brewer.***



Gale A. Brewer
Manhattan Borough President

www.manhattanbp.nyc.gov (212) 669-8300

Follow [galeabrewer](#) on [Twitter](#) [Facebook](#) and subscribe to the official e-news at: manhattanbp.nyc.gov/subscribe

Manhattan High Schools District 1 & 2
Superintendent Marisol C. Rosales
Cordially Invites You to Attend Our

Community Resource FAIR

Thursday, March 1, 2018
1:00 p.m. to 3:00 p.m.
Art and Design High School
231- 249 East 56th Street, New York, NY 10019

Kindly RSVP to dfrias@schools.nyc.gov

47 The American Sign Language and English Secondary School- Art and Design High School- Bard High School Early College- Baruch College Campus High School- Chelsea Career and Technical Education High School- Eleanor Roosevelt High School- Food and Finance High School- Gramercy Arts High School- High School for Dual Language and Asian Studies- High School for Environmental Studies- High School of Health Professions and Human Services- High School of Economics and Finance- High School of Hospitality Management- Hudson High School of Learning Technologies- Jacqueline Kennedy Onassis High School- Leadership and Public Service High School- Life Sciences Secondary School- Lower Manhattan Arts Academy- Manhattan Academy for Arts & Language- Manhattan Business Academy- Manhattan Village Academy- Marta Valle High School- Murry Bergtraum High School for Business Careers- N.Y.C. Lab School for Collaborative Studies- N.Y.C Museum School- New Explorations into Science, Technology and Math- N.Y.C. iSchool- Pace High School- Professional Performing Arts School- Repertory Company High School for Theatre Arts- Richard R. Green High School of Teaching- Stuyvesant High School- Talent Unlimited High School- High School for Language and Diplomacy- High School of Fashion Industries- Union Square Academy for Health Sciences- Unity Center for Urban Technologies- University Neighborhood High School

PosterMyWall.com



**MARCH 16
11AM- 1PM**

ASSEMBLY MEMBER

REBECCA SEAWRIGHT

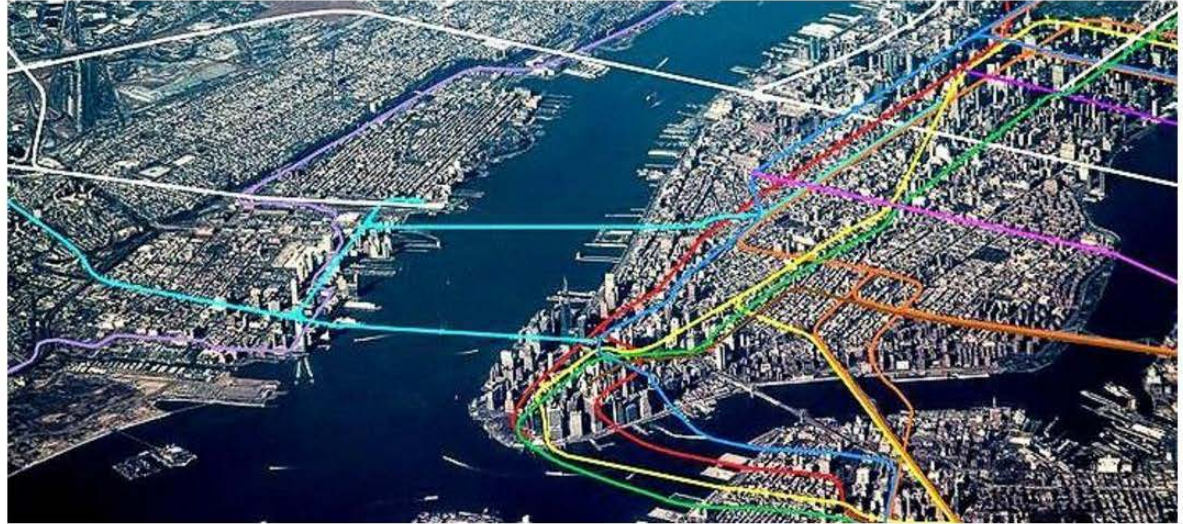
RENT FREEZE CLINIC

**learn about the
senior citizen/
disabled rent
increase exemption
program for renters!**

**COMMUNITY OFFICE
1485 YORK AVENUE
78/79 STREET**

**BY APPOINTMENT ONLY
CALL 212.288.4607**

Finding Solutions To Our Transportation Crisis



Sponsored By: State Senators Liz Krueger and Brad Hoylman

The evidence is clear: New Yorkers' ability to get around their city is becoming increasingly compromised by poor subway service, equally shoddy bus service, and choking congestion. What can we do to address the various elements of this crisis? Join me as I discuss the pros and cons of proposed solutions with a panel of transportation experts and advocates.

**Thursday
March 1st
6pm to 8pm**

**CUNY Graduate Center
Proshansky Auditorium
365 5th Avenue
Btwn 34th and 35th
Manhattan**

Speakers will include:

- **Polly Trottenberg**
Commissioner, Department of Transportation
- **Alex Matthiessen**
Move NY
- **Veronica Vanterpool**
MTA Board Member
- **Nicole Gelinis**
Manhattan Institute
- **Nick Sifuentes**
Bus Turnaround Coalition
Tri-State Transportation Campaign

Co-Sponsored by:

Public Advocate Letitia James | Manhattan Borough President Gale Brewer
State Senator José M. Serrano | Assembly Members Carmen De La Rosa,
Daniel O'Donnell, Dan Quart, and Rebecca Seawright | Council Members Ben Kallos,
Mark Levine, Keith Powers, Ydanis Rodriguez, and Helen Rosenthal
Manhattan Community Boards 2, 3, 4, 5, 6, 8, 9, and 11 | MoveNY | Riders Alliance
Tri-State Transportation Campaign | Transit Center | Transportation Alternatives

RSVP at <https://tinyurl.com/transportation-crisis> or by calling (212) 490-9535.

Adult Mental Health First Aid

Adult Mental Health First Aid USA is an 8 hour public education program which introduces participants to the unique risk factors and warning signs of mental health problems in adults. It builds understanding of the importance of early intervention and teaches individuals how to help an adult in crisis or experiencing a mental health challenge. Mental Health First Aid uses role-playing and simulations to demonstrate how to assess a mental health crisis; select interventions and provide initial help; and connect people to professional, peer, social, and self-help care.

WHAT WILL PARTICIPANTS LEARN?

The course teaches participants the risk factors and warning signs of a variety of mental health challenges common among adults, including anxiety, depression, psychosis, eating disorders, AD/HD, disruptive behavior disorders, and substance use disorder. Participants do not learn to diagnose, nor how to provide any therapy or counseling – rather, participants learn to support an adult developing signs and symptoms of a mental illness or in an emotional crisis by applying a core five-step action plan:

Assess for risk of suicide or harm | Listen nonjudgmentally | Give reassurance and information
Encourage appropriate professional help | Encourage self-help and other support strategies

WHO SHOULD TAKE THE COURSE?

The course is designed for adults who regularly interact with other adults encouraging peer to peer interaction. In January 2013, President Obama recommended training for teachers in Mental Health First Aid. Since 2008, the core Mental Health First Aid course has been successfully offered to hundreds of thousands of people across the USA, including hospital staff, employers and business leaders, faith communities, law enforcement, and the general public.

WHO CREATED THE COURSE?

Mental Health First Aid USA is coordinated by the National Council for Behavioral Health, the Maryland Department of Health and Mental Hygiene, and the Missouri Department of Mental Health.

Monday, March 19, 2018
9:00am to 5:30pm

Church of the Epiphany
1393 York Avenue (E. 74th St.)
New York, NY 10021



To register please email Deborah Acevedo, RN at acevedd@nyp.org
Register by March 1st. Seating is limited.

When you take care of **yourself...**



You take care of your family.



- Find out how to get a free or low-cost mammogram.
- Find out about breast cancer programs in your community.
- Talk to someone who has been there.

Adelphi Breast Cancer Hotline

800.877.8077



breast-cancer.adelphi.edu

The NYPL is excited to share a new resource in support of our ongoing early literacy efforts, called [NYPL Sings! Songs for Our Children](#). The album of educational songs written and performed by NYPL librarians and staff is a wonderful way for parents and caregivers to connect with children and help them become self-confident and curious learners with a lifelong love of reading.

SANITATION

No Garbage, Recycling or Organic Collection or Street Cleaning on Presidents' Day, Monday, February 19, 2018

The New York City Department of Sanitation announced that in observance of Presidents' Day, there will be no garbage, recycling, or organics collection, nor street cleaning, on Monday, February 19, 2018.

Residents who normally receive Monday **trash, organics or recycling collection** should place their material out at curbside after 4 p.m. on Monday, February 19 for pickup.

Additionally, all Sanitation Department administrative offices will be closed on Monday, February 19, in observance of the holiday.

CONSTRUCTION UPDATES

MSK/CUNY

Necessary construction activity will take place at the site on **Saturday, February 17th and Sunday, February 18th, 7:00 am - 6:00 pm**. Please call the project's Construction Information Line at **212-639-4444** with any questions or comments.

91st Street Waste Transfer Station

Roosevelt Island Farmers Market

ROOSEVELT ISLAND – (February 9, 2018) - The \$3.1 million Helix ramp and flat plaza repair job that's starting Thursday, Feb. 15 will trigger at least two other major impacts on Roosevelt Island during the 120 days of construction.

The deteriorating 40-year-old structure, a high-traffic spiral road which connects the Island to the Roosevelt Island Bridge to Queens (at Vernon Boulevard and 36th Avenue), handles all incoming and outgoing car, truck and school bus traffic. As to be expected, the repair will slow traffic pace as vehicles will be restricted to one lane of use while the adjacent lane is repaired. Motorists are encouraged to plan for increased travel times in both directions.

The repair – which is part of a \$33 million capital improvement program for the Island this fiscal year - is also forcing the relocation of the long-standing Farmers Market from the Helix Plaza to Good Shephard Plaza, 541 Main Street, beginning next Saturday, February 17. Vendors at the popular Saturday market, a long-time Island staple run by the PS/IS 217 Parent Teachers Association, will be given a walkthrough this set-up Saturday to familiarize themselves with the new open space, truck parking locations, electrical outlets and other logistics.

(The current proposed plan is to allow vendor vehicles to enter along the north side of the Good Shepard Chapel and park on the west side. Their tents and tables will be set up in the plaza along the north side of the chapel. Vehicles will exit along the south side once the market closes).

Roosevelt Island construction contractors and businesses employing delivery truck drivers also have been notified of vehicle length and load restrictions during the Helix repair. Large and oversize vehicles are now required to notify the Island's Department of Public Safety, 212.832.4545, at least 48 hours in advance and to request an escort onto and off the Island as needed between 9 a.m. and 2 p.m. only.

The Helix repair job - which includes waterproofing, concrete patch infill, rebar splicing, road resurfacing and railing replacements - is being completed by Specialty Construction Systems Inc., a structural engineering firm based in Mount Vernon, N.Y.

Specialty is the same firm that is contracted to resume and complete the Roosevelt Island Tram platform repairs this spring. Other local projects, the company has previously completed include structural repair work on the Lincoln Center west garage and tunnel, the Port Authority Bus Terminal and **Pier 40** at **Hudson River Park's** parking garage and sports facility.

