

Rebecca Seawright

Summer 2018 Events Calendar

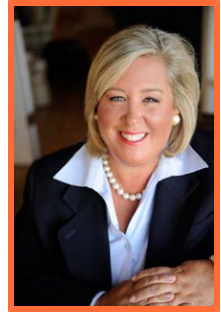
Dear Neighbor,

Please join us for any of the upcoming events that we are pleased to cosponsor. Please stay in touch with my office about any issues that are important to you. As always, we are just a visit, call, or email away. Enjoy your summer and stay tuned for upcoming events in our community.

Sincerely,



REBECCA A. SEAWRIGHT



Upcoming Events

~ JULY 7 ~



esna 21ST ANNUAL STREET FAIR

FESTIVAL FOOD!
GIFTS!
CRAFTS!
TECHOTCHKES!
JEWELRY!

my Gym
FITNESS MADE FOR KIDS
www.mygym.com

Saturday, July 7, 2018
Noon - 5 PM
E. 60th Street
between Fifth
& Madison Avenues

info@esna-nyc.net www.esna-nyc.net

~ JULY 8 ~

Roosevelt Island Sketch Walk

10:00am - 5:00pm, Four Freedoms Park

Join Urban Sketchers and American Society of Landscape Architects, New York chapter for a sketch walk around Roosevelt Island. Group will meet at the front of the Roosevelt Island train station.

~ JULY 9 ~



Subject: DOT will present a proposal for 2nd Ave. parking protected/curbside buffered bike lane from 68th to 59th Sts. as well as bike network improvements including conventional bike lanes and shared lanes on 65th and 66th Sts. from 5th Ave. to York Ave., 84th and 85th Sts. from 5th Ave. to East End Ave.

Date: Monday, July 9, 2018

Time: 6:30 p.m.

Location: Marymount Manhattan College - 221 E. 71st St., between 2nd and 3rd Aves., Regina Peruggi Room

Contact: Colleen Chattergoon at 212.839.6216 or cchattergoon@dot.nyc.gov,

Project involves:

Install Parking Protected
Curbside Buffered Bike Lane

Improve
Pedestrian Crossings

Safer Left Turn

Adjust Loading Zones



Yorkville Writing Circle

5:15pm, Yorkville Library, 222 East 79th Street

Want to meet local writers? Commit to a writing schedule? Practice your craft through writing prompts? Read original work to get and give feedback? Then come to the biweekly meetings of the Yorkville Writing Circle!

7/10, 7/17, 7/21, 7/31: Microsoft Word for Beginners

3:00pm, 96th Street Library

Learn the basic features of Microsoft Word 2010, a word processing program you can use to create documents. Topics include: entering and editing text, saving files, and various formatting options. This is a comprehensive course, so please make sure you can attend all sessions.

7/10, 7/13: Beautiful Words, Beautiful Writing

3:30pm, 96th Street Library

Swirls and scrolls come to life as you learn to draw your own calligraphy. Learn about this elegant art form and create your own written treasures. All materials will be provided.

~ JULY 10 ~

Rad Iliad Reading Group

4:00pm, Roosevelt Island Library

Learn about the foundational text in the Western literary tradition in this five part discussion group on Homer's Iliad.

~ JULY 11 ~

Roosevelt Island Constituent Hours

Assembly Member
Rebecca A. Seawright



NEED HELP WITH A STATE AGENCY?
HOUSING QUESTIONS?
APPLYING FOR BENEFITS?

Roosevelt Island Constituent Hours

WE ARE
HERE TO HELP!

Assembly Member
Seawright's staff will be
on Roosevelt Island
every other Wednesday,
from 10am-1pm to
provide resources and
answer your questions!

WEDNESDAY, JULY 11

10AM-1PM

ROOSEVELT ISLAND

SENIOR CENTER

546 MAIN STREET

SeawrightR@NYAssembly.gov
1485 York Avenue (78/79 Streets)

212.288.4607



East 79th Street Neighborhood Association

P.O. BOX 20052 CHEROKEE STATION, NEW YORK, NY 10021-0060



**VOLUNTEER TO MAKE YOUR
NEIGHBORHOOD A BETTER
PLACE!**

VOLUNTEER INTEREST MEETING

**Wednesday, July 11
Temple Shaaray Tefila
5:30pm-6:30pm**

East 79th Street Neighborhood
Association is seeking volunteers for
one of our many committees!

HSS Workshop for Seniors: Chronic Eye Conditions

3:00pm - 4:00pm, Carter Burden network Headquarters, 415 East 73rd Street
Joan Altman will be hosting a workshop for seniors on chronic eye conditions.

Kenn Morr Band

7:00pm-8:30pm, Carl Shurz Park Promenade

Join us at John Finley Walk at the top of the East 86th Street staircase to hear music from the Kenn Morr Band! Rain date is Thursday July 12th.

~ JULY 12 ~



Purchase high-quality, farm-fresh produce at below retail prices.

District 5 Fresh Food Box

92nd Street & 2nd Avenue
Manhattan, NY

Thursdays, 3:30 pm – 6:30 pm
June 7th – November 15th

Sign up with your site coordinator:
Jennifer Serpico
jserpico@grownyc.org

Get \$25 worth of produce for only \$14

How much produce is in each share?
You will receive 6-9 different items each week, including greens and fruits.

Who can use Fresh Food Box?
Anyone! We accept cash, credit, debit, EBT/SNAP, and HealthBucks.

How do you sign up?
Go to the site advertised here, during distribution times. Sign up and pay the site coordinator. The following week, pick up your produce!

www.grownyc.org/foodbox



GREENMARKET CO.

Film - Vacation From Marriage (1945)

2:00pm, 96th Street Library

A dull married couple, separated by their enlistment during World War II, reunites after three years to find that they have become very different people.

Manhattanenge

5:00pm - 9:00pm, Four Freedoms Park

Capture the NYC skyline as you've never seen it before. Registration required.

Book Discussion - Who's Afraid of Virginia Woolf? By Edward Albee

6:00pm, 96th Street Library

Please join us for a discussion of Edward Albee's play Who's Afraid of Virginia Woolf?

~ JULY 13 ~

Lunchtime Lecture-Celebrating the 4th of July in 1827

12:30pm, Mount Vernon Hotel Museum and Garden, 421 East 61st Street

Celebrate the USA's independence by bringing your own lunch, while the Mount Vernon Hotel Museum and Garden will supply refreshments and some fascinating facts. Free with admission.



THE UNITED STATES
WORLD WAR ONE
 CENTENNIAL COMMISSION



**THE NATIONAL
 WWI MUSEUM
 AND MEMORIAL**

invite you to join us for the New York City opening of



**FIELDS OF BATTLE, LANDS OF PEACE
 THE DOUGHBOYS: 1917 - 1918**

Friday, July 13, 2018 • 11:00 AM

General Worth Square, NYC

(Intersection of Fifth Avenue & 25th Street)

Light reception to follow

This special centennial exhibition features the incredible contemporary photographs of Michael St Maur Sheil, depicting the battlefields of the Western Front where the Americans fought. To learn more, visit: theworldwar.org/fieldsofbattle

Please RSVP: wwi100nyc@gmail.com





Free Summer Fun at Ruppert Park

by

Muslim Volunteers for New York, Inc.
& NYC Parks

Date: Friday, July 13th

Time: 4-6pm

Location: Ruppert Park, 2nd Ave and 91st Street

Details: Playground Associate will be present to engage children with

- Jumbo games
- Arts and crafts

*The fun won't end in July! Save the dates for **August 10th** and **September 14th** for similar activities.*



#GiveServeGrow

[Like us on Facebook](#) [Follow us on Instagram](#)

~ JULY 14 ~

Music - Donizetti's Lucia Di Lammermoor recital by New York Opera Forum

1:00pm, 96th Street Library

New York Opera Forum performs the complete opera of LUCIA DI LAMMERMOOR by Gaetano Donizetti. A live musical recital performed in concert with piano accompaniment.

7/16, 7/23, 7/30: Preschool Storytime: Petite Picasso

4:00pm, 96th Street Library

Read aloud and messy art projects for young children. Wear your art clothes. Smocks will be provided.

~ JULY 16 ~

Meditation for a More Peaceful and Healthy Life

5:30pm, Yorkville Library

Please join Rosanna Jimenez, CHHC and long time meditator, for this informative workshop. Learn to incorporate a simple yet powerful technique into your life.

~ JULY 17 ~

Wildlife Superheroes

4:30pm, Webster Library

A visit by a New Canaan Nature Center naturalist will give participants an up close look at several creatures with an array of "super" qualities.



~ JULY 18 ~

Metrocard Sales Bus at 79/York



**METROCARD BUS
STOPS HERE:
WED. 7/18, 8/1
11:00AM- 1:00PM**

REFILL YOUR
METROCARD

APPLY FOR
REDUCED FARE

CASH ONLY

U Boat Assault on America with Ken Brown

5:30pm, Yorkville Library

Join us as author Ken Brown discusses his book, U-boat assault on America: why the US was unprepared for war in the Atlantic.

Steve Shaiman and Swingtime Big Band!

7:00pm, John Finley Walk at the top of the East 86th Street staircase

Listen to Swing music that originated from the hits from the Great American Songbook.

~ JULY 19 ~

Film - Indiscreet (1958)

2:00pm, 96th Street Library

An American diplomat in London falls in love with an actress, but tries to protect himself by saying he is married.

Along The Avenue: Fifth Avenue

6:00pm, Meeting point will be provided upon registration, Friends of the Upper East Side Historic Districts
This early evening walk celebrates sites that border Fifth Avenue, both within leafy Central Park and inside the Upper East Side Historic District. Led by architectural historian Matt Postal, we'll amble east and west, discussing the history of our beloved park and the development of the stately blocks that border it.

~ JULY 20 ~

VOLS Elderly Project Legal Clinic

10:00am, Stanley Isaacs Neighborhood Center

Contact Peter Kempner at 347-521-5704 for more information.

Popular Films - Mamma Mia

2:00pm, 96th Street Library Auditorium

Donna, an independent hotelier in the Greek islands, is preparing for her daughter's wedding with the help of two old friends.

Medicare 2018

2:00pm, Yorkville Library

Learn about your Medicare coverage and options and programs to help with your Medicare costs. We will cover Medicare Part A and Part B, Medigap/Medicare Supplement insurance, Medicare Advantage/Medicare Health Plans, Medicare Part D, Medicare Savings Programs, Extra Help/LIS and EPIC.

~ JULY 26 ~



**Assembly Member Rebecca Seawright
& Council Member Ben Kallos**

**FREE SCREENING
MAMMOGRAMS
FOR ELIGIBLE
WOMEN**

**THURSDAY
JULY 26**

**APPTS. BEGIN
9AM**



MAMMOGRAMS PROVIDED BY **PROJECT RENEWAL SCANVAN**

**DISTRICT OFFICE OF ASSEMBLY MEMBER
REBECCA SEAWRIGHT
1485 YORK AVENUE
(BETWEEN 78/79 STREETS)**

FOR WOMEN 40 AND OLDER WHO HAVE NOT HAD A
MAMMOGRAM IN THE PAST YEAR.

ALL INSURANCE PLANS ARE ACCEPTED AND CO-PAYMENTS AND
DEDUCTIBLES ARE WAIVED.

FREE FOR UNINSURED WOMEN OVER 40.

**APPOINTMENTS ARE NECESSARY.
PLEASE CALL 1-800-564-6868.**



SCANVAN

Manhattan

Cancer Services Program

Your partner for cancer screening, support and information



Memorial Sloan Kettering Cancer Center Honors
World Head and Neck Cancer Day

Free Head and Neck Cancer Screening

Thursday, July 26, 2018 | 9:30 AM – 12:00 NOON

LOCATION

60th Street, Outpatient Center
16 East 60th Street
4th Floor (Suite 405)
New York, NY

NO APPOINTMENT NECESSARY

For further information,
call **646-497-9161**

HEAD AND NECK CANCER

This type of cancer can occur in the nasal passages, mouth, throat, or voice box. There are thousands of new cases of head and neck cancer each year, many of which can be cured. The best chance for a cure is when the cancer is found early.

THE WARNING SIGNS

Frequent nose bleeds; ongoing nasal congestion; persistent sore or growth in mouth or throat; constant earaches; lasting change in voice; bloody phlegm lasting several days; lump in neck lasting more than two weeks; or problems swallowing

SCREENING

- Ten-minute exam by conducted by MSK Head and Surgeons and Nurse Practitioners to look for signs of head and neck cancer.
- Counseling on quitting smoking.
- Nutritional advice on cancer-preventive diets.

WHO SHOULD ATTEND

- Adults who smoke, drink, or spend a lot of time in the sun.
- Adults who notice any of the warning signs of head and neck cancer.

SPONSORED BY

Memorial Sloan Kettering Cancer Center's Head and Neck Service, and Department of Surgery



**Memorial Sloan Kettering
Cancer Center**

Sign up to receive additional MSK news for the community
at mskcc.org/CommunityNews

Film - Sirocco (1951)

2:00pm, 96th Street Library

A reticent middle-aged professor meets a young woman who gets him involved in a murder.

Reel Classics: Casablanca

4:00pm, Webster Library

Film will be shown on 16mm film reel. Duration: 102 minutes

Carter Burden Gallery Exhibition

6:00pm - 8:00pm, Carter Burden Center

Opening reception.

~ AUGUST 7 ~



NYPD
19th Precinct

NATIONAL NIGHT OUT
35TH ANNIVERSARY 2018

FREE FAMILY FUN,
LIVE MUSIC, FOOD,
REFRESHMENTS,
GAMES & MORE!
All Are Welcome!

Save the Date!
5:30 PM - 8 PM
Tuesday
August 7th
2018

Carl Schurz Park
East 86th Street & East End Avenue

Join the members of the 19th Precinct Community Council, 19th Precinct Officers & your neighbors to build a stronger, safer community!

@ **NYPD19Pct**

For more information call:
(212) 452-0613

DAVIDSTEAMAZmezcals

~ AUGUST 8 ~

NYS ASSEMBLY MEMBER
REBECCA A. SEAWRIGHT

AARP Real Possibilities
New York



FRAUD PREVENTION SEMINAR

WEDNESDAY, AUGUST 8, 2018

10:00 AM-11:00 AM

COMMUNITY OFFICE

1485 YORK AVENUE (78/79 STREETS)

CALL 212.288.4607 OR EMAIL

SEAWRIGHTR@NYASSEMBLY.GOV TO

RSVP