



Dear Neighbor,

I hope all who observe had an easy fast on the Day of Atonement, Yom Kippur.

This week our community office in partnership with Walgreens vaccinated over 50 constituents against the flu at a clinic on Monday.

On Saturday, we hope you will take advantage of the opportunity to shred your old documents at the East 82nd Street Greenmarket. You will be protecting your identity while disposing of paper in an eco-friendly way.

Please join us at any of the upcoming events I am pleased to sponsor:

Shred-a-thon

Saturday, October 12, from 10:00am-2:00pm 82nd Street Greenmarket (York/ First Avenues)

Tuesday Knitting Social

Tuesday, October 15 from 2:00pm-4:00pm (follows every other Tuesday schedule) Community Office of Assembly Member Rebecca Seawright 1485 York Avenue (78/79 Streets)

Seawright Senior Summit

Friday, October 25, from 10:00am-2:00pm Lenox Hill Neighborhood House 331 East 70 Street (First/Second Avenues)

Brain Health and Wellness Talk

Tuesday, October 29, from 11:00am-1:00pm Community Office of Assembly Member Rebecca Seawright 1485 York Avenue (78/79 Streets)

Forum on Coops & Condos with Senator Liz Krueger

Tuesday, October 29, from 6:00pm-8:00pm Hunter College 904 Lexington Avenue @68 Street (West Building)

Department of Finance Rent Freeze Clinic

Wednesday, November 6, from 10:00am-1:00pm Community Office of Assembly Member Rebecca Seawright 1485 York Avenue (78/79 Streets)

Medicare Matters with AARP

Wednesday, November 13, at 2:00pm Community Office of Assembly Member Rebecca Seawright 1485 York Avenue (78/79 Streets)

If our office may be of service, remember that we are just a call, email or visit away!







Click to Visit Our Website

Community Office Hosts Flu Shot Clinic

Local Walgreens Team Help Us To Become Flu **Fighters**



Assembly Member Seawright receives a flu shot in the District Office.



Walgreens also gave away hand sanitizer to help keep the community healthy.



The Walgreens team was represented by(L to R) Traron Wright, Pharmacists Teneisha Melvin, and local Store Manager Denise Bridges.

New Law Means Equal Pay for Equal Work

Seawright Cosponsored New Law for Wage

Parity



Our wages should be based on the work we do and the effort we put in, not our gender, the color of our skin or our age. Yet, for far too long, employers' biases have cheated too many New Yorkers out of the compensation they have rightfully earned. Wage discrimination holds workers and their families back, putting economic security and opportunity out of reach and exacerbating inequality. We are putting an end to that! Equal pay for equal work

shouldn't be a lofty ideal - it is a reality.

This week, a new law combating wage discrimination that Assembly Member Seawright is proud to have cosponsored in the Assembly goes into effect. The measure requires equal pay for substantially similar work, prohibiting pay differentials based on factors including age, race, gender identity or expression, national origin and all other protected classes (Ch. 93 of 2019). The law permits differentials in pay in limited cases, such as when a seniority or merit system is utilized.



CALLING FOR ERA NOW: Write Now 4 Equality

Postcard Campaign to Virginia Legislature



a sponsor of the Equal Rights Amendment to the New York State Constitution, Assembly Member Seawright invites constituents to write a postcard or a letter to the Virginia Legislature for the passage of the ERA now. With only one state left for ratification of the federal Equal Rights Amendment introduced by Congresswoman Carolyn Maloney, we must let VA reps know that New Yorkers want the ERA for all our mothers, daughters and sons. Last week, Assembly Member Seawright met with Virginia Delegate Jennifer Carroll Foy who is carrying the ERA in Virginia State's Legislature. Del. Foy started the postcard campaign as Virginia pushes to be the 38th state of the three-fourths representation needed to move forward to the Senate to ratify the Equal Rights Amendment.

Write your letter or postcard and share it on social media with the tags #WRITEnow4ERA

or #WRITEnow4EQUALITY. For more information and pre addressed *postcards click here.*

Delegate Jennifer Carroll Foy, Carol Jenkins and Sally Minard at an ERA luncheon.



New Laws Helping Domestic Violence Survivors Seek Justice go in Effect this Month

Victims of domestic violence endure physical and emotional trauma that most can't even imagine. It's crucial that we make New York State a place where they feel safe enough to break away from their abusers and seek justice. Two important laws go into effect this month – fittingly during Domestic Violence Awareness Month – that protect survivors and help them regain their lives and begin the healing process.

Unfortunately, incidents of domestic violence often go unreported. To combat this dangerous trend, I helped pass a law, now in effect, allowing victims of domestic violence to report an incident to any local law enforcement agency in the state regardless of where it took place (Ch. 152 of 2019). Previously, victims were often forced to return to the jurisdiction where the incident occurred in order to make a report, putting them at further risk.

Additionally, another law going into effect later this month allows survivors to receive all damages for economic and non-economic losses from any defendant found liable in civil court (Ch. 180 of 2019). This will help more survivors hold their abusers accountable and ensure they get the justice they deserve.

The Assembly Majority has made it a top priority to protect and empower victims of domestic violence. Last year, the Domestic Violence Escalation Prevention Act became law,. This prohibits an individual who has been convicted of a domestic violence crime from purchasing or possessing a firearm (Ch. 60 of 2018). By keeping guns out of the hands of abusers, we can better protect survivors and combat gun violence. I also helped pass the Domestic Violence Survivors Justice Act to give judges greater discretion when sentencing defendants who are victims of domestic violence when their abuse was a significant contributing factor in their offense (Ch. 31 of 2019).

No one should have to live in fear in their own home. These laws show victims that they're not alone and will help more victims escape their abuse and begin a brighter chapter of their lives.



East Sixties Neighborhood Association Annual

Meeting

Seawright Attends Annual Neighborhood Association Meeting



Assembly Member Seawright, Assembly Member Quart, and ESNA Vice President Judy Schneider pictured before the annual meeting. Assembly Member Seawright voiced her support of the hard work the organization does contributing to the local community.

Upcoming Events

SHRED-A-THON

THE COLUMBUS DAY EDITION



Assembly Member Rebecca Seawright



Council Member Keith Powers



Council Member Ben Kallos

SATURDAY, OCTOBER 12 10:00AM-2:00PM 82ND STREET GREENMARKET (82ND ST./ FIRST & YORK AVE.)





Office of Assembly Member Rebecca Seawright, 212-288-4607
Office of Council Member Keith Powers, 212-818-0580
Office of Council Member Ben Kallos, 212-860-1950

Assembly Member Rebecca A. Seawright



Tuesday,
October 29

BRAIN HEALTH & WELLNESS

Presentation (11:00am-12:00pm)

Memory Screenings (12:00pm-1:00pm)

Office of Assembly Member Rebecca Seawright

1485 York Avenue (78/79 Streets)

Learn about:

- The difference between normal age related changes in the brain and dementia related illness.
- Engaging with your doctor about brain health concerns.
- Current treatments for cognitive impairment.
- Steps to best maintain your overall brain health and wellness.

RSVP at SeawrightR@NYAssembly.gov or 212.288.4607

Forum on Coops & Condos



Learn about the role of the board, the role of management, your rights as a shareholder or unit owner, strategies to address common issues in coops and condos, and state legislation awaiting the Governor's signature that would allow coop shareholders to obtain reverse mortgages.

Tuesday October 29th 6pm to 8pm

Hunter College
West Bldg Faculty Dining Rm.
8th Floor
904 Lexington Ave.
SW corner of 68th and Lex

Speakers:

- Lucas Ferrara Partner Newman & Ferrara
- Kevin McConnell
 Partner
 Himmelstein, McConnell, Gribben, Donoghue & Joseph
- Rose Marie Cantanno
 Associate Director, Consumer Protection Unit

 New York Lawyers for the Public Interest

Sponsored By:



Congresswoman Carolyn Maloney

Assembly Members Harvey Epstein, Dick Gottfried, Deborah Glick, Dan Quart, and Rebecca Seawright Council Members Ben Kallos, Keith Powers, and Carlina Rivera

RSVP at tinyurl.com/CoopCondoForum2019 or by calling (212) 490-9535.



Saturday, Nov 9 • 12pm-3pm Manhattan Park Theatre Club

8 River Road, Roosevelt Island

Bring clean, reusable, portable items such as clothing, housewares, electronics, books & toys that you no longer need.

Take home something new-to-you, free!

You don't have to bring something to take something.

Please do NOT bring: furniture, large items, expired or open food, unsealed personal care products, medicine, dirty or ripped clothing, fabric scraps, incomplete toys and games, non-working electronics, tube TVs, magazines, or sharp objects.









212.788.7964