





Dear Neighbor,

On Monday, we celebrate, remember and honor one of our nation's most progressive and visionary leaders – the Rev. Dr. Martin Luther King Jr. From the Montgomery Bus Boycott to the march across the Edmund Pettus Bridge, Dr. King showed that nonviolent civil demonstrations could ignite meaningful and long-lasting change.

In his historic "I Have a Dream" speech, which he delivered in 1963 at the March on Washington, Dr. King warned against complacency, stating that it would be "fatal for the nation to overlook the urgency of the moment" and fail to make justice for all a reality. These words hold as much power and meaning today as they did nearly 60 years ago.

In New York State, we have made historic progress for justice with the passage of stricter gun control banning bump stocks; the Child Victims Act allowing the survivors of child abuse to seek justice from their abusers; reforming archaic sexual harassment laws removing the severe or pervasive standard of reporting; banning the gay- and transpanic defense; and advancing a first-in-the-nation domestic terrorism law to treat all crime with mass casualties as acts of terrorism punishable up to life in prison without parole. We are inspired to move forward with Dr. King's inspirational actions and words in mind.

Our district office will be closed on Monday, January 20 in observation of Dr. Martin Luther King Jr. Day, a legal state government holiday. We will re-open on Tuesday, January 21 at 9:30am. Stay up-to-date on community happenings by checking m y website, or by following me on <u>Twitter</u> and <u>Instagram</u>, and by liking my <u>Facebook</u> page. If our office may be of service, remember that we are just a call, email or visit away! Sincerely,

Rebecca



Click to Visit Our Website

NYC Health + Hospitals Receives First In-Residence Therapy Dog

Roosevelt Island's Coler Welcomes "Momo"



(Photo: NYC Health + Hospitals)



(Photo: NYC Health + Hospitals)

"A ray of sunshine and hope, therapy dogs bring comfort and joy to those in need," said Assembly Member Rebecca Seawright.

"We welcome Momo and the important support she will provide at NYC Health + Hospitals/Coler for patients who are recovering from violence and trauma."

NYC Health + Hospitals/Coler announced the arrival of Momo, the health care system's first in-residence therapy dog that will supplement and support the facility's residents' treatment and recovery. Residents and staff hosted a "collar ceremony" to welcome the

therapy dog, a yellow Labrador Retriever. Momo comes to NYC Health + Hospitals/Coler as a donation from Healing Pause, a charitable organization that places therapy dogs in facilities that serve people in need, and Angelica Patient Assistance Program, an organization dedicated to improving the quality of life for residents at the facility. Momo will provide therapy support spending time with residents in the dayroom or their rooms, making regular bedside visits and attending the facility's special events. Animal-assisted therapy has been shown to help promote a patient's recovery and allow them to better managed their health issues related to trauma.

Seawright Snapsphots



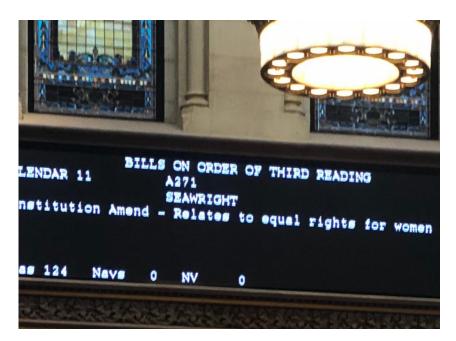
Cynthia McCollum, Senior Vice President of Hospital Administration at Memorial Sloan Kettering Cancer Center and Assembly Member Rebecca Seawright touring the new David H. Koch Center for Cancer Care, located at East 74th Street between York Avenue and the FDR.



Seawright attends New York State Comptroller DiNapoli's opening 2020 reception with her daughter Haley and son Bradley.



Rebecca joins Senator Luis Sepulveda, Assembly Member David Weprin, Attorney & Artist Sara Bennett, Community Advocates and formerly incarcerated individuals for a Public Exhibit and Discussion on Looking Inside: Portraits of Women Serving Life Sentences.



Seawright's Equal Rights Amendment, A271 passed Assembly this week. Seawright said "I'm committed to an Equal Rights Amendment with language that is more inclusive. I will continue to work diligently with my colleagues in the Assembly and the Senate to pass ERA legislation in 2020."



Assembly session interns for 2020.

News You Can Use

Census 2020 Jobs

Every 10 years, the U.S. Census Bureau works to count every person residing in the United States. The results determine representation in all forms of government and funding, impacting all of our lives including public health, education and infrastructure.

Apply for Census takers and administrative positions with a starting rate of \$25/hour. Apply online at <u>www.census.gov/jobs</u>. The fight for a fairer census has to be a united effort to achieve the goal of making sure every New Yorker and everyone in the United States is counted.



New Adoptee Law in Effect: Forms Now Available for Adult Adoptees

Forms are now available for adults who were adopted in New York to have access to their birth records. Every Adoptee's birth certificate is placed under seal at the time of adoption under legislation signed by adoptive father Governor Herbert Lehman. Adoptees over age 18 and descendants of deceased adoptees will



have access to Birth Records. Access has been denied for eight decades. Legislation cosponsored by Assembly Member Seawright has made this historic change possible.

Order forms available here.

A Warning from NY StateWide Senior Action Council



Scammers are sending faked documents by email to convince victims to comply with their demands. The letters may use official letterhead and government "jargon" to convince victims they are legitimate; they may also contain misspellings and grammar mistakes.

Social Security will never:

- threaten you with arrest or other legal action unless you immediately pay a fine or fee;
- promise a benefit increase or other assistance in exchange for payment;
- require payment by retail gift card, cash, wire transfer, internet currency, or prepaid debit card; or
- send official letters or reports containing personally identifiable information via email.

If you receive a call or email that you believe to be suspicious, about a problem with your Social Security number or account, hang up or do not respond. We encourage the public to report Social Security phone scams using their dedicated online form, a t *https://oig.ssa.gov*. If you have questions or concerns, you can always call NY StateWide Senior Action Council's SMP hotline - 800-333-4374.

Information on the REAL ID

Passed by Congress in 2005, the REAL ID Act enacted the 9/11 Commission's recommendation that the Federal Government "set standards for the issuance of sources of identification, such as driver's licenses." The Act established minimum security standards for state-issued driver's licenses and identification cards and prohibits Federal agencies from accepting for official purposes licenses and identification cards from states that do not meet these standards.

The final enforcement deadline is October 1, 2020. By this date, not only must all states be issuing Real ID-compliant licenses or IDs, but individuals must also have visited their state's driver's licensing agency and obtained a REAL ID compliant card, or acceptable alternative such as a U.S. passport, if they wish to fly on commercial aircrafts or access federal facilities.

Visit *DMV.NY.GOV/REALID* for more information.

Flight in your future?

Avoid the rush and get a REAL ID now!



If you do not have a passport or Enhanced Driver License, you will soon need a REAL ID to board a domestic flight. The federal REAL ID Act will require travelers wishing to fly within the U.S. to have one of those three documents beginning on October 1, 2020. For more information about REAL ID and Enhanced Driver Licenses, visit dmv.ny.gov/REALID.

DMV.NY.GOV/REALID

What to know about REAL ID:

- A REAL ID, Enhanced Driver License or Passport is required for domestic air travel beginning October 1, 2020.
- Available at DMV offices statewide.
- Proof documents must be presented in person at a DMV office.
- No additional cost to get a REAL ID.
- Make sure you have the right proof documents by visiting dmv.ny.gov/documentguide.
- Learn everything you need to know before your visit a dmv.ny.gov/realid.
- Watch DMV's REAL ID video here: dmv.ny.gov/REALIDvideo.

NEW YORK STATE OF OPPORTUNITY. Department of Motor Vehicles



Community Board Application Deadline Extended to February 14

The Manhattan BoroughPresident Gale Brewer announced that Community Board applications are now available online at

<u>www.manhattanbp.nyc.gov/CBApply</u> and paper applications are also available.

Community Boards are an advisory to local government and are composed of dedicated volunteers making the voice of their neighbors count!



Upcoming Events



EARLY DETECTION OF BREAST CANCER SAVES LIVES!



The Mammogram Bus will be here Saturday, February 8th!

Come in for a No-cost Mammogram and Clinical Breast Exam

Eligibility:

- Woman age 40 79
- · Currently living in New York City
- · No Mammogram in the past 12 months

Our services are at no-cost.

No co-pays required and deductibles are waived. Uninsured patients also welcomed.

Hosted by:

NEW YORK STATE OF OPPORTUNITY. Operating Corporation &



BEN KALLOS

@Good Shepherd Plaza: 543 Main St. New York, NY 10044 (Roosevelt Island)

Saturday, February 8, 2020

2:00pm-4:30pm



Assembly Member Rebecca Seawright

For an Appointment, Call: 1-877-628-9090

Medical Services provided by Multi-Diagnostic Services



Funded by a grant from Topoletic and the second support of the NYC Council, NYC DOHMH, NYS Assembly and Senate, GreaterGood.org, NVIDIA Foundation, RAR Foundation, Corteva Agriscience, Pfizer, and individual patrons.



Women's March on NYC

Continuing the tradition of marching for justice and equality, Women's March Alliance is proud to host the 4th Annual Women's March on NYC.2020 is the Year of the Roar! We Roar for Justice. We Roar for Peace. We Roar for Change. We Roar Equality!

Read more www.eventbrite.com

Medical Research Pub Talk The Inflammation Situation: Tales from Immunologists

Enjoy Weill Cornell postdoctoral researchers presenting their fascinating science to the community

on February, 11 at 7:30pm

at Nisi Kitchen, 549 Main street on Roosevelt Island.



 Talia Mota:

 HIV cure: Captain of the immunological Space Ship

 Xin Li:

 Exploring gut (fungal microbiome) - lung allergy crosstalk

 Sanda Mimouna:

 Neuroinflammation

For further informations or questions:

Weill Cornell Medicine Organized by: The Postdoctoral Association Sponsored by: Office for Postdoctoral Affairs

www.PostdocTalks.com





WEEKLY CONSTRUCTION BULLETIN

1/18/20 - 1/24/20

RECONSTRUCTION OF YORK AVENUE COMBINED SEWERS AND WATER MAINS PROJECT- PROJECT#: SEN002169 BOROUGH: MANHATTAN DATE ISSUED: 1/17/20 The following is an anticipated work schedule for the upcoming week. However, due to unforeseen field and weather conditions, it may become necessary to change some scheduled work locations, operations and dates.

DATE	WORK HOURS	LOCATION	OPERATION
1/18/20 SATURDAY	9:00 am - 3:00 pm	York Ave. between E. 63 rd and E. 64 th Streets (West Side)	Con Edison test pits
1/18/20	9:00 am -	York Ave. between E. 62 nd and E. 63 nd Streets	Concrete Work for Con Edison manholes
SATURDAY	3:00 pm	(West Side)	
1/20/20-	9:00 am-	York Ave. between E. 62 rd and E. 63 rd Streets	Con Edison Work; New utilities lay out work Construction of Con Edison electrical manholes
1/24/20	3:00 pm	(West Side)	

NO PARKING SIGNS: Will be distributed / posted 72 hours prior to the temporary elimination of street parking. Please observe posted parking regulations in construction areas. TRAFPIC INFORMATOR: After Work Hours On York Avenue between E. 60th and E. 63th Streets - Traffic will be reduced to two (2) lanes on both the South and North bound sides. During Work Hours ON York Avenue between E. 63th and E. 63th Streets - Traffic will be reduced to two (2) lanes on both the South and North bound sides. During Work Hours ON York Avenue between E. 63th and E. 63th Streets - Traffic will be reduced to ene (1) lane on the South Bound side, from 9:00am to 3:00pm, Mon-Fri. FOR FURTHER INFORMATION: Contact Laura Rivera, the Community Construction Liaison, at (646) 838-7942 or by e-mail <u>YorkAvec/SigmalLcom</u>

Bill de Blasio Mayor Lorraine Grillo Commissioner www.nyc.gov/ddc



Office of Community Outreach & Notification

<u>COMMUNITY ADVISORY</u>

CONSTRUCTION OF YORK AVE. COMBINED SEWERS & WATER MAINS York Ave between E. 61st and E. 63rd Streets including intersections. PROJECT#: SEN002169 BOROUGH: Manhattan DATE: January 16, 2020

Temporary Bus Stop Closure M31, Southbound York Ave/E. 64th Street

Saturday, January 18, 2020 9:00am to 5:00pm

Please be advised, on Saturday, January 18, 2020, the Southbound M31 bus stop located on the West side of York Ave. between E. 63rd and E. 64th Streets will be temporarily close from 9:00am to approximately 5:00pm due to Con Edison construction activities. For your convenience the nearest Southbound M31 bus stops are located on York Ave. between E.66th & E.67th Streets or at the North West corner of E. 60th Street and York Ave. Please adhere to the posted sign with directions to the nearest bus stop.

TRAFFIC/COMMUNITY IMPACTS:

Limited no parking restrictions during the construction will be in effect and "No Parking" signs will be posted throughout the affected area.

During working and non-working hours, temporary access to cross walk will be provided.

Pedestrian access to buildings will be maintained at all times.

Access to driveways will be restricted for the time work is being performed.

Emergency vehicles and pedestrian access will be maintained at all times. If you have any questions, concerns, or would like to learn more about the DDC Project, please call the Community Construction Liaison (CCL) Laura Rivera at 646-838-7942 by E-mail YorkAveccl@gmail.com or visit the NYC DDC web site at www.nyc.gov/ddc.

During non-construction hours please contact New York City Government Services and Information Hotline at 311 PLEASE NOTE: Due to unforeseen conditions (weather, field conditions, etc.) it may become necessary to change some scheduled work locations and operations.

We appreciate your cooperation and thank you for your patience while we rebuild NYC's infrastructure.

PLEASE SEE REVERSE SIDE FOR MAP

Bill de Blasio Mayor Lorraine Grillo Commissioner www.nyc.gov/ddc



Con Edison is performing Gas Upgrade work in your area. We expect to work from January 21 to March 31.

Thanks for your patience as we perform this important work. We'll provide updates as details become available.

Locations and Work Schedule

1st Ave bet E 89 St & E 91 St Monday 10:00 AM - 3:00 PM Tuesday 10:00 AM - 3:00 PM Wednesday 10:00 AM - 3:00 PM Thursday 10:00 AM - 3:00 PM Friday 10:00 AM - 3:00 PM Saturday 8:00 AM - 4:00 PM Sunday 8:00 AM - 4:00 PM

What to Expect

Limited Street Parking Temporary Lane Closure Noise Reference Number: 20-00292