

Rebecca Seawright



Dear Friends and Neighbors,

This week, I was re-elected to serve as your State Assembly Member. It is an honor and privilege to be sent back to Albany to keep up the fight for our community, and for the budgetary resources we need to maintain and enhance the quality of life on the Upper East Side, Yorkville and Roosevelt Island. I am more energized than ever to return to Albany to fight for legislation that supports increased aid to schools and higher education programs, expanded health care, affordable housing, common sense gun measures, criminal justice reform, protecting women's reproductive rights, and economic opportunities. We look forward to seeing the results of the Presidential Election, and wish all of the ballot counters good health and safety as they are working hard to ensure our democracy is secured by an accurate count during the COVID pandemic.

We arrived at the district office on Thursday morning to find that we had been the target of another attack, the fourth incident to happen in 4 months. We appreciate the care and concern shown by our neighbors who have stopped by with words of encouragement, and we would like to reassure you that this matter is under investigation by the NYPD. This despicable act of cowardice targeting our constituent services office which serves our community all year round will not be tolerated, and we will not be intimidated.

Please join us for an upcoming event that I am pleased to sponsor:

- 11/9 @ 6:00pm- **Contact Tracing Information Session** with CB8
- 11/10 @ 7:00pm- **Town Hall Tuesday Honoring Our Veterans.** [RSVP here.](#)
- 11/10 @ 4:00pm- **Housing Legal Clinic by telephone.** [RSVP here.](#)
- 11/12 from 12:00pm-2:00pm- **Face Covering Giveaway.** [RSVP here.](#)
- 11/22 from 9:00am- 2:00pm- **Shred-a-thon at the 92nd Street Greenmarket @ 1st Ave.**

Stay safe, wash your hands frequently, keep your social distance, and wear your face-covering! Please don't hesitate to reach our community office.

Phone: 212.288.4607

Email: SeawrightR@NYAssembly.gov

Sincerely,

Rebecca



Cops probe vandalism of NY Assemblywoman Rebecca...

Police are investigating vandalism of Upper East Side Assemblywoman Rebecca Seawright's district office. A constituent walking her dog Thursday morning saw black paint splattered on the storefront window of the legislative office on York Avenue...

[Read more](#)
nypost.com

**ASSEMBLY MEMBER
REBECCA SEAWRIGHT**

VIRTUAL TOWNHALL TUESDAYS



**HONORING OUR VETERANS
NOVEMBER 10 @ 7:00PM**



Didi Barrett
Assembly Member
Chair, Veterans' Affairs



Kevin C. Fitzpatrick
WWI Historical Association
East Coast Chapter



Howard Teich, Co-Chair
East Side WWI Centennial
Commemoration Committee

SCAN ME TO
RSVP!



John McClement
US Army Veteran



**JOIN US! WATCH LIVE ON FACEBOOK:
WWW.FACEBOOK.COM/REBECCAASEAWRIGHT/**

**REGISTRATION REQUIRED: CALL 212.288.4607
EMAIL SEAWRIGHT@NYASSEMBLY.GOV**

COVID19 Resources



Business Resources

[NYC Small Business Services \(SBS\)](#)
[Restaurant Reopening Guide](#)
Call the Hotline at 888-SBS-4NYC ([888-727-4692](#))

[Free Virtual Business Compliance Consultation](#)

[Up-to-date information on the City's COVID business response](#)

Download the [Indoor / Outdoor Dining Checklist for Open Restaurants](#) (PDF, English)

[Find help for interpreting your Commercial Lease](#)

[Pro-bono indoor and outdoor dining design services](#)

Gov. Cuomo announced new rules for travel to New York State last weekend, eliminating the 14-day quarantine requirement for dozens of states.

THE CITY is tracking the spread of confirmed COVID-19 infections and fatalities in New York City, based on information provided by the New York City Department of Health and Mental Hygiene, the governor's office, The COVID Tracking Project and the Center for Systems Science and Engineering at Johns Hopkins University.

The January 2021 Regents exams are canceled. Due to COVID-19 concerns, the New York State Education Department decided to cancel the examinations across the state to ensure the safety of both students and educators. The Education Department will also ask the Board of Regents to adopt emergency regulations and apply specific exemptions so as not to negatively impact students. A decision about the June and August exams has not been made.

Ski resorts can reopen with 50 percent indoor capacity starting this Friday, November 6th. There will be strict health and safety protocols put in place, including masks required at

all times, except when eating/drinking or skiing/snowboarding, restricting gondolas and ski lifts to members of the same party and limiting lessons to no more than 10 people.

New Yorkers can call the State's mental health hotline at [1-844-863-9314](tel:1-844-863-9314) for free emotional support, consultations & referrals to a provider or [visit](#) the Office of Mental Health for resources.

The **COVID-19 Immigrant Resource Guide** is available in 26 languages from the Mayor's Office of Immigrant Affairs.

This Saturday, Nov. 7th, the Farmer's Market alongside the Food Scrap Drop off will be relocating underneath the Helix, next to the Motorgate turnaround, to shelter for the winter season. While enjoying the fresh fruits and greens, a friendly reminder that the plastic bag ban is now in effect. Practice going green this weekend by bringing reusable bags when you shop. Stop by the Haki Compost Collective and drop off your Halloween pumpkins. Islanders have diverted 8,000 pounds of food scraps from landfill since Big Reuse's program was reinstated on Sept. 12th, 2020!

Rebecca
Seawright
ASSEMBLYMEMBER

NO-COST NOTARY

1485 York Avenue (78/79 Streets)



Upcoming Events

SHRED-A-THON

SO-GLAD-YOU'RE-BACK
92ND STREET EDITION



Assembly Member
Rebecca Seawright



Council Member
Keith Powers



Council Member
Ben Kallos

SUNDAY, NOVEMBER 22

9:00AM-2:00PM

92ND STREET GREENMARKET

(1ST AVENUE BTWN 92ND AND 93RD STREETS)



Office of Assembly Member Rebecca Seawright, 212-288-4607

Office of Council Member Keith Powers, 212-818-0580

Office of Council Member Ben Kallos, 212-860-1950

ASSEMBLY MEMBER

REBECCA SEAWRIGHT

PROTECTIVE FACE MASK

GIVEAWAY



**THURSDAY, NOVEMBER 12, 2020
12:00PM-2:00PM**

**COMMUNITY OFFICE
1485 YORK AVENUE
(78/79 STREET)**

**OFFICE OF ASSEMBLY MEMBER
REBECCA SEAWRIGHT
PHONE: 212.288.4607
EMAIL:
SEAWRIGHTR@NYASSEMBLY.GOV**

SCAN ME TO RSVP!



RESERVE YOUR FACE COVERING

ASSEMBLY MEMBER
REBECCA A. SEAWRIGHT



HOUSING LEGAL CLINIC

TUES. NOVEMBER 10

**EVERY OTHER TUESDAY
AT 4:00 PM ATTORNEYS FROM
THE LAW OFFICES OF GRIMBLE
& LOGUIDICE, LLC WILL
PROVIDE ADVICE ON HOUSING-
RELATED MATTERS AT NO-COST
FOR CONSTITUENTS OF THE
76TH ASSEMBLY DISTRICT**

Get help navigating the housing court process, responding to notices, dealing with threat of eviction, getting repairs from negligent landlords, and advocating for your rights as a tenant in New York City!

**DUE TO THE COVID-19 CRISIS, A
VOLUNTEER ATTORNEY WILL
HOST A ONE -ON-ONE PHONE
SESSION WITH ATTENDEES.**



**SCAN ME TO
RSVP!**

**RSVP REQUIRED:
CALL: 212-288-4607
EMAIL: SEAWRIGHTR@NYASSEMBLY.GOV**

The legal clinic is solely to provide guidance and advice from attorney's experienced in landlord-tenant law. The clinic does not guarantee a desired outcome and does not establish an attorney-client relationship. Assembly Member Rebecca Seawright does not represent or advise constituents in any legal matters.

SIGN UP FOR THE LEGAL CLINIC HERE

SECOND ANNUAL CENTRAL PARK CEREMONY FOR WOMEN WHO HAVE SERVED OUR NATION-

A tribute ceremony at newly-discovered Central Park memorial to honor women who have served our nation. Military servicewomen, healthcare workers, and volunteer workers to be recognized. COVID-19 social distancing and safety measures to be followed.

- WHEN: Tuesday, November 10, 11:00 AM - NOON
- WHERE: Central Park at 69th Street Walk.
- IMPORTANT: Face masks and social distancing required

The American Red Cross, and the East Side World War I Centennial Commemoration, will gather with community partners, including the Central Park Conservancy, NYC Department of Veterans' Services, The Howard Teich Network and Office of Assemblymember Rebecca Seawright, for the second annual Tribute Ceremony to the Women Who Have Served America, Tuesday, November 10, 2020, 11:00 AM-NOON at the newly rediscovered Overseas Service League Flagstaff and Grove, Central Park at 69th Street Walk. The occasion will pay special homage to the women who served during COVID-19. This includes women veterans, healthcare workers and volunteers.

In 1925, a Central Park memorial grove of 24 trees and flagstaff were conceptualized for a tribute to American women who died overseas during World War One. This symbolic grove and flagpole were rediscovered last year. Today, the living memorial of thriving trees recognizes women who served our nation in countless ways. It spans the wall along Fifth Avenue from 69th to 71st Streets. The first re-commemoration ceremony was held there last year, the day after Veterans Day.

Special Guests include (list as of October 30, 2020)

- Howard Teich
 - NYS Assembly Member Rebecca Seawright
 - Joe Spaccarelli, American Red Cross
 - Cassandra Alvarez, NYC Department of Veterans' Services
 - Mary Caraccioli, Central Park Conservancy
 - Manhattan Borough President Gale Brewer
 - NYS State Senator Liz Krueger
 - Mark Jaffe, Greater NY Chamber of Commerce
 - Marion Pardo, Columbus Citizens Foundation
 - Victoria Dengel, General Society of Tradesmen and Mechanics
 - Terrance Holliday, USAF Retd.
 - Alain Dupuis, French War Vets
 - Thomas Principe, Veterans of Seventh Regiment
 - Kirsten Reoch, Park Avenue Armory
 - Commissioner Deanne Criswell, NYC Emergency Management
 - Maryhelen Rosales, NYC Department of Veterans' Services
- Deputy Consul General of Ireland to NY Sean OhAodha
-



Community Board 8 Manhattan presents

Virtual Informational Session #4 on
Contact Tracing

Discussing New York State's Contact Tracing App

featuring: Dr. Ted Long, Ex. Dir. Test & Trace Corps,
NYC Health + Hospitals
Albert Fox Cahn, Urban Justice Center
Representatives from the NYS Health Dept.

November 9, 2020

6:00 PM to 8:00 PM

CLICK [HERE](#) OR SCAN BELOW TO SIGN UP



Visit cb8m.com for updates.





Weill Cornell
Medicine

CORNELL
TECH

HOME OF THE JACOBS
TECHNION-CORNELL
INSTITUTE

What Does it Mean to Age Successfully: Myths & Realities **Monday, November 16 || 4:00-5:00 p.m.**

Register for the *virtual* seminar [here](#). Zoom information provided following registration. We hope you will join us virtually!

This session, presented by Weill Cornell Medicine and Cornell Tech, will discuss recent findings about what it means to age successfully, and review basic information about “population aging.” The seminar will provide an understanding about the myths and realities of aging, as well as highlight the activities currently happening at the Weill Cornell Medicine’s Center on Aging and Behavioral Research.

Presented by: Sara J. Czaja, Ph.D.

Professor of Gerontology

Director, Center on Aging and Behavioral Research

Division of Geriatrics and Palliative Medicine at Weill Cornell Medicine



**JOIN US VIRTUALLY AS WE UNVEIL NEW RESEARCH and SOLUTIONS:
THE PANDEMIC'S DISPROPORTIONATE IMPACT ON NEW YORKERS OF COLOR 50+, AND
WHAT MUST BE DONE!**

AARP New York, the Asian American Federation, Hispanic Federation, New York Urban League, and the NAACP New York Conference cordially invite you to this important exchange of ideas on key policy recommendations in an effort to find equitable solutions and social justice for those most adversely impacted by the pandemic.

Disrupt Disparities 3.0 research delves into the disproportionate impact of the pandemic on New Yorkers of color over the age of 50 in long-term care, food insecurity, and affordable housing. The report provides solid recommendations for policy makers and elected officials on what can and should be done as a remedy.



Your perspective is crucial to this important discussion and we hope to count with your participation on:

Date: Tuesday, November 17, 2020

Time: 10:00 AM- 12:15 PM

To register please click [here](#)

Disrupt Disparities 3.0 is the latest in a multiyear effort that aims to provide actionable solutions to level the playing field in health care, financial security, and livable communities for New York's communities of color.



