

Rebecca Seawright

ASSEMBLYMEMBER



Dear Friends and Neighbors,

For those observing this Yom Kippur, I wish you and your loved ones a Tzom kal, easy fast. G'mar chatima tova, may you be inscribed in the Book of Life.

As a reminder our office is closed on Monday, October 14 for a legal State government holiday. We will re-open on Tuesday, October 15 at 9:30am.

Join us for an upcoming event we are pleased to sponsor:

- Tuesday, October 15 from 10am-5pm- **No-Cost Flu Shot Clinic** by appointment at the Community Office of Assembly Member Rebecca Seawright, 1485 York Avenue (78/79 Streets)
- Saturday, October 19 from 1pm-4pm- **Live Music! Free Ice Cream! Fun For Kids!** at the Andrew Haswell Green Park, 60th Street and the East River Waterfront
- Wednesday, October 23 from 1pm-3:30pm- **Senior Resource Fair** at the Lenox Hill Neighborhood House, 331 East 70 Street (First/Second Avenues)
- Friday, October 25 from 10am-5pm- **No-Cost COVID-19 Vaccine Clinic** by appointment at the Community Office of Assembly Member Rebecca Seawright, 1485 York Avenue (78/79 Streets)
- Tuesday, October 29 from 9am-12pm- **No-Cost Community Shredding** at York Avenue and East 91st Street



Please don't hesitate to reach out to our community office if we may be of assistance.

Phone: 212.288.4607

Email: SeawrightR@NYAssembly.gov

A handwritten signature in black ink that reads 'Rebecca A. Seawright'.

REBECCA A. SEAWRIGHT

Seawright Joins Dr. Chris Rosa for a Tour of the School Named for Presidential Advisor and Disability Rights Activist Dr. Henry Viscardi, Jr.



Assembly Member Seawright is photographed here with Dr. Chris Rosa (right), a Viscardi student (left) and Chair of the Board of Trustees Beth Daly (back right).

Henry Viscardi Jr. (1912-2004) was an American disability rights advocate who championed the cause of equality and employment of disabled people in workforce. In 1952, on Eleanor Roosevelt's advice, he founded Abilities, Inc. which has now expanded to the Viscardi Center - a non-profit organization and global leader advocating for the empowerment of people with disabilities.



Assembly Members Gina Silliti and Rebecca Seawright.



Sunny is the Viscardi School's service dog. His daily tasks include greeting/goodbyes with students as they start/end the day, motivating students during physical and speech therapy sessions, providing a safe and non-judgmental partner during reading activities, pushing power door buttons, walking with students as a reward, and acting as a social and emotion learning tool to assist children in managing stress and understanding emotions, empathy, goals, and relationships.



Consider Our Office Your Resource

Voter Registration Deadlines

Last Day to Register to Vote	October 26
First Day of Early Voting	October 26
Last Day of Early Voting	November 3
Election Day	November 5 (Polls are open from 6am to 9pm)
Deadline to request an absentee or early mail ballot (online)	October 26
Deadline to request an absentee or early mail ballot (in person)	November 4
Deadline to return an absentee or early mail ballot	November 5 (by mail) November 5 at 9pm (in person)

Have questions about voting in New York State?

Visit the State Board of Elections website to learn about eligibility requirements:
elections.ny.gov

Check your registration status: voterlookup.elections.ny.gov

Request a ballot: elections.ny.gov/request-ballot

Find your polling place: voterlookup.elections.ny.gov



**Rebecca
Seawright**
ASSEMBLY MEMBER



No- Cost Flu Shot Clinic

Tuesday, October 15 - 10 am - 5 pm

Thursday, November 14 - 10 am - 5 pm

**Community Office, 1485 York Avenue
(78/79 Streets)**

Appointment required:

**Call 212-288-4607 or email
SeawrightR@NYAssembly.gov
to reserve your flu shot.**

**Please bring insurance card and
identification.**



Drug Mart

Proudly Serving New York City

[Reserve Your Flu Shot](#)

Rebecca
Seawright
ASSEMBLYMEMBER



Senior Resource Fair

In Partnership with:



LENOX HILL NEIGHBORHOOD HOUSE
SINCE 1894

Wednesday, October 23
1:00pm-3:30pm

Lenox Hill Neighborhood House
331 East 70th Street
(First/Second Ave.)
Gymnasium

Resources provided by:
NYC Department of Finance
Lenox Hill Hospital
New York State Comptroller
Drug Mart
Metropolitan Transportation Authority
The Carter Burden Network
GrowNYC
Search and Care
New York City Police Department
and more!

Office of Assembly Member Rebecca Seawright 212.288.4607 1485 York Avenue, NY NY 10075



**Rebecca
Seawright**
ASSEMBLY MEMBER



No-Cost COVID-19 Vaccine Clinic

Friday, October 25 - 10 am - 5 pm

Tuesday, November 19 - 10 am - 5 pm

**Community Office, 1485 York Avenue
(78/79 Streets)**

Appointment required:

**Call 212-288-4607 or email
SeawrightR@NYAssembly.gov
to reserve your COVID shot.**

**Please bring insurance card and
identification.**



Drug Mart

Proudly Serving New York City

Reserve your appointment for the Moderna Shot

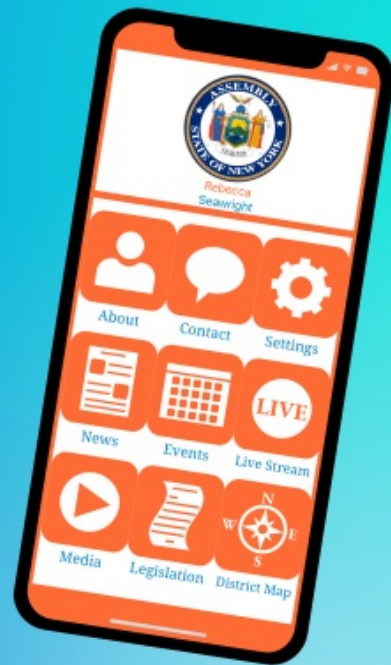
Reserve your appointment for the Pfizer Shot

Assembly Member Rebecca Seawright's App is Live!

Stay Up-To-Date with the latest:

- News
- Events
- Legislation
- Livestream
- Media

Available on iPhone and iPad



Rebecca
Seawright
ASSEMBLYMEMBER

NO-COST NOTARY

Monday - Friday

10am-12pm

1485 York Avenue (78/79 Streets)



ASSEMBLY MEMBER

REBECCA A. SEAWRIGHT



HOUSING LEGAL CLINIC

EVERY OTHER TUESDAY

**EVERY OTHER TUESDAY
AT 3:30 PM ATTORNEYS FROM
THE LAW OFFICES OF GRIMBLE
& LOGUIDICE, LLC WILL
PROVIDE ADVICE ON HOUSING-
RELATED MATTERS AT NO-
COST FOR CONSTITUENTS OF
THE 76TH ASSEMBLY DISTRICT**

Get help navigating the housing court process, responding to notices, dealing with threat of eviction, getting repairs from negligent landlords, and advocating for your rights as a tenant in New York City!



**SCAN ME TO
RSVP!**

**RSVP REQUIRED:
CALL: 212-288-4607**

EMAIL: SEAWRIGHTR@NYASSEMBLY.GOV

The legal clinic is solely to provide guidance and advice from attorney's experienced in landlord- tenant law. The clinic does not guarantee a desired outcome and does not establish an attorney- client relationship. Assembly Member Rebecca Seawright does not represent or advise constituents in any legal matters.

FALL IN LOVE



OCTOBER IS ADOPT-A-DOG MONTH!

ACC's \$75 Dog Adoption Fee Includes:

- 🐾 Spay/neuter
- 🐾 Initial wellness vaccinations
- 🐾 Certificate for a free exam
from participating Vet
- 🐾 Pre-registered Microchip
- 🐾 Leash & Collar
- 🐾 Heartworm Test
- 🐾 Royal Canin Adopter Kit

All adoptions come with
DNA Testing Kit courtesy
of Royal Canin!
**Sign Up Required*



Moofin | Adopted

VIEW ALL AVAILABLE DOGS AT NYCACC.APP

All Dog Adoption Fees:

\$75 Dogs 7 months+

\$250 Puppies 6 months & under

\$150 Small Dogs (under 20 lbs.), 7 months+

**NYC residents must purchase \$8.50 - \$34 dog license*

*\$150 Spay/Neuter
deposit may be required*

Coming to the Bronx, Manhattan, and Staten Island:

Curbside Composting is Expanding!

FREE weekly service begins October 6.

Compost will be collected every week on your recycling day.



Separating leaf and yard waste, food scraps, and food-soiled paper from trash is mandatory.

- Put it in:**
- A labeled bin, 55 gallons or less, with a secure lid. Get a free label at nyc.gov/CompostingBinDecal.

REMINDER: Beginning November 12, 2024, buildings with 1-9 residential units, including single-family homes, must set trash out in bins with secure lids (55 gallons or less). More information at nyc.gov/bins.

Follow us @NYCsanitation | call 311



sanitation

CCCSF-24: CURBSIDE COMP CANVAS STICKY FLY EN F24

Upcoming Events

ST. STEPHEN'S OF HUNGARY
PRESENTS
The History of the Lost Era OF
YORKVILLE/KLEINDEUTSCHLAND



SATURDAY, OKTOBER 19, at 1 PM
408 EAST 82ND STREET

An exhibit/lecture by native-born Yorkvilleite and AWARD-WINNING Yorkville Historian, Kathy Jolowicz. displays OF 36 photo panels AND ARTIFACTS, depicting the life and times of this once internationally famous landmark in New York City called "Germantown", FROM THE 30s through THE 60S. includes an exhibit of the history of Immanuel reception follows. NO PHOTOGRAPHY PERMITTED!

For more information: kaj133@aol.com



FDNY

JOIN US FOR OUR OPEN HOUSE 2024

Visit Your Neighborhood
Firehouse or EMS Station

MEET >>

FIREFIGHTERS

PARAMEDICS

EMTs

WHO HELP KEEP YOUR COMMUNITY SAFE EVERY DAY!

TAKE A TOUR

- View demonstrations
- Learn fire and life safety tips
- Explore FDNY careers

....and much more!



October 19 and October 20

Sessions are 11am-1pm or 1pm-3pm

Scan code to find your
LOCAL FIREHOUSE OR EMS STATION
open house near you!

For more fire and life safety information go to fdnysmart.org
To learn more about a career with the department
go to joinfdny.com

Robert S. Tucker Fire Commissioner
John Esposito Chief Of Department



Sunday, October 20th

Healthy Hound Vendor Fair: 11 AM - 3PM

Contest Starts at 1 PM

Location : Basketball/Hockey/Pickleball Courts

Registration opens at 11 AM and closes promptly at 1 PM

Suggested donation of \$10.00 per dog.

All proceeds support the maintenance and upkeep
of Carl Schurz Park's Dog Runs.

Prizes will be awarded in the following categories:
Small Dog, Large Dog, Kids and Dogs, & Group

Raindate: October 27th



ROOSEVELT ISLAND
HALLOWEEN

Extravaganza and Parade

Saturday, October 26th

Southpoint Park 11:00AM-3:00PM

Parade starts at 10:45AM at Capobianco Field

**Costume Parade | Marching Band | Food
Carnival Games | Rides | Giveaways**



Rain date: Sunday, October 27th



**Roosevelt Island
Operating Corporation**



**iDig2
Learn**

Follow Us on IG: @iDig2Learn
iDig2Learn - [RSVP](#)

MAIN STREET
**THEATRE
& DANCE**
ALLIANCE

NYC
HEALTH+
HOSPITALS

Coler

OCTOBER 26, 2024

Visit [FORESTFORALL.NYC](#) to find a free citywide event near you.



CITY OF FOREST DAY

SAT OCT 26th - 2:30 PM to 5:30 PM
Lighthouse Park, Roosevelt Island*



PHOTO: Time Lapse Dance

2:30 PM-----MEET Coler Friends for a healthy snack**

2:30 PM -----Sample Niava's Body Butters**

2:30 - 5:30 PM --TREE CARE - Mulching, Weeding & Planting + adding NEW Tree Labels

3 - 3:15 PM-----Jody Sperling / Time Lapse Dance Performance*

3:30 - 5 PM ----- ARTIST Nikki Lindt - Underground Listening & Drawing Experience

3:30 - 4:30 PM----Go Plogging with RI Plogging Club & Friends.

*If raining DANCE & ART MOVE to GOOD SHEPHERD CHURCH SAT OCT 26th

** Snacks & Body Butters while supplies last

FREE



girlscouts
of greater new york



Roosevelt Island
Operating Corporation



Haki Compost Collective

iDig2Learn is a project of Open Space Institute, a nonprofit 501(c)3 public charity.



Haki Compost is back with Big Reuse to pick up our food scraps!

Join us again to compost

Every Saturday 9 a.m. to 2 p.m. at Motorgate Plaza

Beginning Saturday Oct. 5th, 2024!

Email hakicompost@gmail.com for more information or to volunteer

In Case You Missed It:

Past Editions Of Our Community Update

[Community Update: October 2, 2024](#)

[Community Update: September 27, 2024](#)

[Community Update: September 20, 2024](#)

[Community Update: September 13, 2024](#)



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