



Dear Friends and Neighbors,

This week, we are proud to share several highlights from our community and state initiatives. Recently, I had the honor of joining Health Advocates for Older People Board Chair Elizabeth Timberman, former Congresswoman Carolyn Maloney, honoree Alden Finch Prouty, and Executive Director Lauren Colin Klein, celebrating outstanding contributions to the health and well-being of older New Yorkers.

I also had the privilege of presenting a recognition to Dr. Samuel and Marion Waxman and the Samuel Waxman Cancer Research Foundation for their groundbreaking work in collaborative cancer research. Their dedication to advancing minimally toxic treatments and correcting abnormal gene function brings hope to countless patients.

The New York State Secure Choice Savings Program, providing private-sector employees without access to a workplace retirement plan a simple, reliable way to save for the future has just launched. This initiative empowers New Yorkers to build financial stability and independence.

I joined my colleagues in co-signing a bipartisan letter urging Governor Hochul to sign a package of bills protecting reproductive freedom and gender-affirming care, including stronger privacy protections, hospital transparency, education and outreach, legal protections, and expanded access to contraception.

For those receiving unemployment benefits, as of October 6, 2025, the maximum weekly benefit has increased to \$869. The new rate will be applied automatically, providing additional support for everyday needs.

As a reminder, our district community office will be closed on Monday, October 13 for a legal State Government holiday. We will reopen on Tuesday, October 14 at 10:00 a.m.

Please join us for a community event that our office is pleased to sponsor:

- **No-Cost Notary Public Service** at the Community Office of Assembly Member Rebecca Seawright, 1485 York Avenue (78th/79th Streets)

- Mon, Wed, & Fri from 10:00 am to 1:00 pm
- Tues, Thurs from 10:00 am to 12:00 pm
- Sunday, October 12 from 12:00 pm-4:00 pm at Carl Schurz Park (East 86 Street and East End Avenue): **Animal Care Centers of NYC (ACC) Mobile Adoption Event**
- Tuesday, October 14 at 3:30pm at the Community Office of Assembly Member Rebecca Seawright, 1485 York Avenue (78th/79th Streets): **No-Cost Housing Legal Clinic**
- Wednesday, October 15, from 10:00 am to 12:00 pm: **OMNY Bus** (York Ave/79th Street). Refill your OMNY card or apply for reduced fare
- Sunday, October 19 from 1:00 pm-3:00 pm at Carl Schurz Park: **Halloween Howl and Healthy Hound Fair**. Visit our table for information on dog licensing from the Department of Health!
- Wednesday, October 29 from 9am-5pm at the Community Office of Assembly Member Rebecca Seawright, 1485 York Avenue (78th/79th Streets): **No-Cost Prostate Screening with The Robert F. Smith/Mount Sinai Mobile Prostate Cancer Screening Unit** for men ages 40 – 75. [Click here to RSVP](#).
- Friday, October 31 from 4:00 pm-5:00 pm at the Community Office of Assembly Member Rebecca Seawright, 1485 York Avenue (78th/79th Streets): **Halloween Trick-or-Treat Open House**
- Friday, October 31 from 4:00 to 7:00 pm on East 86 Street: **UES Community Unity Initiative's Second Annual Halloween Community Trick-or-treat Spooktacular**. Merchants can register [here](#).

As always, please consider our office your resource.

Phone: 212.288.4607

Email: SeawrightR@NYAssembly.gov

Sincerely,



REBECCA A. SEAWRIGHT

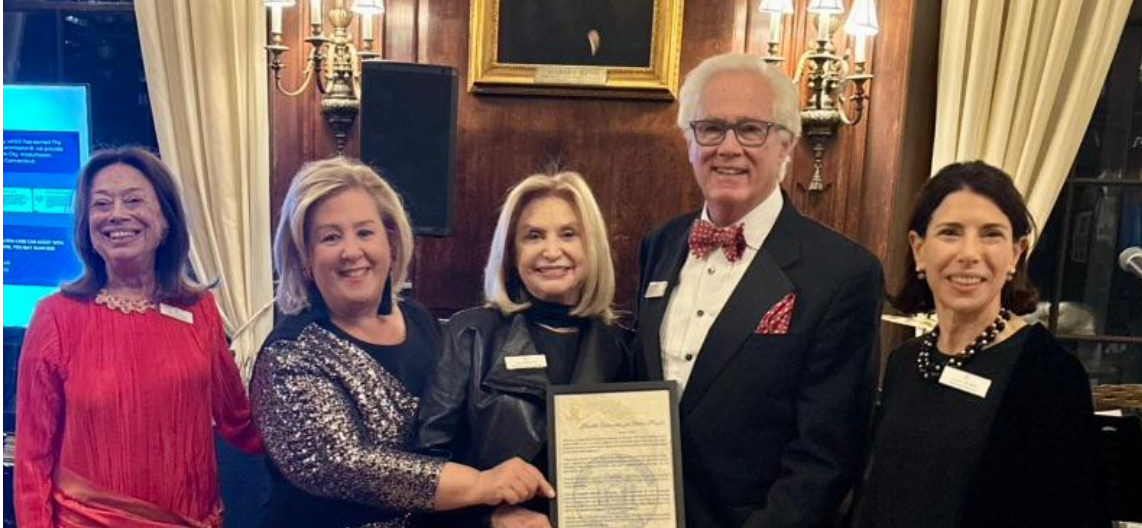


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**OFFICE OF ASSEMBLY MEMBER
REBECCA SEAWRIGHT
212-288-4607
SEAWRIGHTR@NYASSEMBLY.GOV**

Seawright Honors Health Advocates



Health Advocates for Older People Board Chair Elizabeth Timberman, Assembly Member Rebecca Seawright, former Congresswoman Carolyn Maloney, honoree Alden Finch Prouty, and Executive Director Lauren Colin Klein.



Seawright and Special Assistant Ethan Nachmani.

New York Launches Secure Choice Savings Program

Assembly Member Rebecca A. Seawright, Chair of the Assembly Committee on Aging, applauds Governor Kathy Hochul for launching the New York State Secure Choice Savings Program, a new state-sponsored retirement savings initiative for private-sector employees who do not have access to a workplace retirement plan.

“As Chair of the Assembly Committee on Aging, I commend Governor Hochul for launching the Secure Choice Savings Program, which offers working New Yorkers a simple and reliable way to plan for their financial future. Too many older adults face economic insecurity in retirement because they lacked access to savings options during their working years. This program will empower employees to build stability and independence, ensuring that every New Yorker has the opportunity to age with dignity and peace of mind,” said Assembly Member Seawright.

Over 50 percent of working New Yorkers currently do not have access to a retirement plan through their employer. Secure Choice allows eligible employees to save automatically through payroll deductions into portable Roth IRAs, which they own and keep. The program is simple and free for employers, and follows a successful pilot program for companies with ten or more employees.

Employers required to facilitate the program will receive registration details from the state, and eligible employers can enroll today by visiting www.NewYorkSecureChoice.com.

This program is a key step in helping New Yorkers plan for a secure financial future and ensuring economic stability for older adults across the state.

Assembly Member Seawright Co-Signs Bipartisan Pro-Choice Letter

Assembly Member Rebecca A. Seawright joined members of the Bipartisan Pro-Choice Legislative Caucus in sending a letter to Governor Kathy Hochul urging her to sign a package of five critical bills protecting reproductive freedom and gender-affirming care in New York.

The legislation addresses health data privacy protections to prevent misuse of sensitive reproductive and gender-affirming care information; hospital transparency to ensure patients know which facilities provide essential services; education and outreach on reproductive health services to provide accurate, evidence-based information; strengthened legal protections for providers and patients under New York's shield laws; and expanded access to contraception by requiring insurance coverage for pharmacist-provided birth control services.

By co-signing this letter, Assembly Member Seawright reaffirms her commitment to protecting reproductive rights, safeguarding gender-affirming care, and ensuring equitable access to healthcare for all New Yorkers.

Honoring Leaders in Cancer Research



Assembly Member Rebecca A. Seawright had the privilege of presenting a recognition to Dr. Samuel and Marion Waxman and the Samuel Waxman Cancer Research Foundation for their groundbreaking work in collaborative cancer research. Their dedication to advancing minimally toxic treatments and correcting abnormal gene function offers hope to countless patients. We proudly celebrate their unwavering commitment to combating cancer.

Consider Our Office Your Resource

No Trash, Curbside Composting or Recycling Collection on Monday, October 13, 2025

The New York City Department of Sanitation announced that in observance of Italian Heritage Day and Indigenous Peoples' Day, there will be NO trash, curbside composting or recycling collection on the holiday, Monday, October 13, 2025.

Residents who normally receive Monday trash, curbside composting, or recycling collection may place their material at the curb Monday evening for collection beginning Tuesday, October 14.

Important Update: Unemployment Insurance Benefits Have Increased



Good news for New Yorkers receiving unemployment benefits — as of October 6, 2025, the maximum weekly unemployment insurance benefit has increased to \$869 per week. This is the first time the rate has gone up since 2019 and will provide additional support to help cover essentials like rent, groceries, and transportation.

The amount each person receives depends on their previous income, so while not everyone will get the maximum, many New Yorkers will see an increase in their weekly payments starting the week of October 13, 2025.

If you currently receive unemployment benefits, you do not need to take any action — the new rate will be applied automatically.

For more information or to read the Department of Labor's Frequently Asked Questions about the update, visit dol.ny.gov

“Motor Health” Panel on Transatlantic Neuroscience Research

A poster for a panel discussion. The background is a blue-toned image of neurons. The text is white. In the top right corner, there is a white starburst shape with the text "Registration now open!".

Motor Health

Transatlantic Cooperation Strategies and Tech Transfer
in Sensorimotor Neuroscience

Panel Discussion @NYU Langone Health | 540 1st Ave | NYC

October 16, 2025 | 6:00 - 8:00 PM



UNIVERSITY
OF COLOGNE
New York Office



Deutsche
Forschungsgemeinschaft
German Research Foundation



Consulate General
of the Federal Republic of Germany
New York



Join us Thursday, October 16th at 6 PM at NYU Langone Health (540 1st Ave, NYC) for “Motor Health – Transatlantic Cooperation Strategies and Tech Transfer in Sensorimotor Neuroscience.”

Hear from experts in neuroscience, bioengineering, and biomechanics from Germany and the U.S. about how the nervous system controls movement, strategies to enhance academia-industry collaboration, and the role of international partnerships in advancing research and technology.

A networking reception will follow, offering opportunities to meet panelists and explore potential collaborations.

Free event; registration required. RSVP here: dwih-newyork.org

Football season is in full swing! There's nothing better than spending time with family and friends while rooting on your favorite team. But with all the excitement comes real risks, like problem gambling. The NYS HOPEline is available 24/7 and provides free, confidential support to those struggling with gambling addiction. If betting is becoming a problem, call or text 1-877-8-HOPENY (467369).



NO-COST NOTARY PUBLIC SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
10AM-1PM	10AM-12PM	10AM-1PM	10AM-12PM	10AM-1PM



METROCARD/OMNY BUS

**STOPS HERE
(79/YORK):**

WED. 10/15, 11/5

10:00 AM - 12:00 PM

**REFILL YOUR
METROCARD/OMNY
CARD**

**APPLY FOR
REDUCED FARE**

Resources

Cash Assistance & Benefits Security

Cash Assistance Skimming Alert: Beware of electronic theft of EBT benefits via skimming or phishing. To learn more or file a claim for stolen Cash Assistance benefits, visit: nyc.gov/hra/benefitreplacement

Paid Family Leave

Since 2018, New York's Paid Family Leave program has supported thousands of working families. Benefits and wage replacements increase annually with the NY State Average Weekly Wage. Learn more about 2025 benefits at: paidfamilyleave.ny.gov/2025

Tax Credits & Financial Assistance

Empire State Child Credit: Over 1.5 million eligible New Yorkers will automatically receive supplemental payments based on this credit. No action needed. Details: [Additional Empire State Child Credit Payments](#)
Unclaimed Funds: Check for unclaimed money you may be owed at: osc.ny.gov/unclaimed-funds

Energy & Heating Assistance

Energy Affordability Program: Income-eligible consumers may get discounts on electric/gas bills. Info and forms: [ConEd Energy Affordability Program PDF](#) or call 800-752-6633 (seniors: 800-404-9097).
Regular HEAP Benefit: The 2024–25 season is open. Eligible households can get help paying heating bills. Details: otda.ny.gov/programs/heap
Cooling Assistance: HEAP also covers fans and AC units for qualifying households: otda.ny.gov/programs/heap/#cooling-assistance

Health Insurance & Counseling

Qualified Health Plans: Enroll by the 15th for coverage the following month with new cost-sharing savings. Info: nyc.gov/health/healthcoverage or call 347-665-0214.
HIICAP: Free counseling on Medicare, Medigap, and long-term care insurance. Call 1-800-701-0501 or visit aging.ny.gov/hiicap.

Housing & Tenant Rights

Renters Rights: NYC tenants are protected against unsafe living conditions, harassment, and discrimination. See the [Tenant Bill of Rights](#).
Homeowner Handbook: A resource to help NY homeowners manage responsibilities and find assistance. View at homeownerhelpny.org/handbook.
Discrimination Reporting: File discrimination reports by phone at (844) NYS-DHR1 or (844) 697-3471.
Rent Protection & Resources: NYC tenants can check rent increase legality and get help at GoodCauseNYC.org.

Food Assistance

SNAP Benefits: Simplified one-page applications, longer recertification periods for seniors, and no interview needed for recertification. Learn more and apply online.
Health Bucks: At NYC farmers markets, spend \$2 in SNAP/EBT/Summer EBT and get \$2 bonus Health

Bucks for fresh produce, up to \$10 per visit. Info: grownyc.org/greenmarket/ebt/nutritionprograms.

Transportation

MTA Reduced-Fare Program: Half-fare benefits are moving to OMNY. New cards should have arrived; continue using MetroCards meanwhile. Check updates at [MTA Reduced-Fare OMNY info](#).

MTA Mobile Sales: Services include reduced-fare applications, OMNY sign-ups, card balance transfers, and lost card reports. Schedule at mta.info/fares/mobile-sales.

Congestion Pricing: Tolls apply entering Manhattan south of 60th St. Discounts and exemptions available. Details: mta.info/discounts and congestionreliefzone.mta.info.

Emergency & Community Resources

Mental Health Hotline: Call 988 for mental health support; call 911 for emergencies.

Community Health Advocates: Help with medical bills and insurance issues at 1-888-614-5400.

NYC Emergency Alerts: Sign up for Notify NYC at nyc.gov/notify or call 311.

Animal Care Centers: Due to temporary dog intake suspension, ACC urges adoption. Visit local centers or website for info.

Curbside Composting: Available citywide weekly on recycling day. Details: nyc.gov/curbside-composting.

Identification

New York Mobile ID: Carry a secure digital ID or driver's license on your phone. Learn more and download the app.

NYC Infrastructure

NYCDOT Street Work Permit Maps: View active street work permits for your district at nycdot.info.

Upcoming Events

Assembly Member Rebecca Seawright

and Mount Sinai Robert F. Smith



Mobile Prostate Cancer Screening Unit

Present No-Cost Prostate Cancer Screenings

Wednesday, October 29
9 am – 5 pm
1485 York Avenue (78/79 Streets)



No Health Insurance Needed



Walk-Ins Are Welcome



Age 40 and Above

This is a simple blood test. Appointments take 5-6 minutes. **Free**/no insurance required. Results may be available within 2-3 days. All men 40 and older should be screened every year. Walk-ins are welcome.

Prostate Cancer Facts

2nd

most common form of cancer in American men, right behind skin cancer.

About

1 in 40

American men will die of prostate cancer.

About

1 in 8

American men will develop prostate cancer at some point in their lives

In Black men, there is a

70%

higher rate of developing high-risk prostate cancer, and they are also more than twice as likely to die of it.

For more information, please visit:

mountsinai.org/prostatecancerscreening

Call for an appointment at 646-531-8092

Email: prostatecancer@mountsinai.org



For more information about this event or any other community or legislative issue, please contact Assembly Member **Rebecca A. Seawright** by calling 212-288-4067 or emailing SeawrightR@NYAssembly.gov.

Interest form

ASPHALT GREEN & COUNCILMEMBER JULIE MENIN PRESENT

ASPHALT SCREAMS

THE UPPER EAST SIDE'S BIGGEST HALLOWEEN EVENT

OCTOBER 24
2:30-6:30PM

ON LITWIN FIELD AND 90TH STREET

HAUNTED MAZE

GAMES & INFLATABLES

STREET FAIR VENDORS



FREE FOR ALL

ARRIVE IN COSTUME

FAMILY-FRIENDLY

RSVP AT ASPHALTSCREAMS.COM
555 E 90 ST. NEW YORK, NY 10128



**Asphalt
Green**

ROOSEVELT ISLAND

HALLOWEEN

Extravaganza and Parade

Rain date: 10/26

OCTOBER
25
11am-3pm



Costume Parade | Marching Band | Food
Carnival Games | Rides | Giveaways

To participate in the parade, please wait
inside Capobianco Field at 10:15AM. The
parade will begin at 10:45AM.



SOUTHPOINT PARK



Roosevelt Island
Operating Corporation

Search and Care

FALL Forum

You're invited! Join us to celebrate the season
and the Search and Care Community!



Wednesday, November 19th

2pm-3:30pm

Available on zoom too!

Click [here](#) to register for zoom

**RAFFLE, SPECIAL GUESTS,
LIGHT SNACKS, MUSIC, GAMES,
MEANINGFUL CONVERSATION**

Knickerbocker Plaza, 1751 2nd Ave, New
York, NY 10128

RSVP to Jordyn Erenfryd at
212-289-5300 ext. 237
jerenfryd@searchandcare.org

Weekly Greenmarkets

Every Saturday – 82nd Street / St. Stephen's Greenmarket
82nd Street between First & York Avenues, 9am–2:30pm

A year-round favorite where the church courtyard and sidewalk bustle with shoppers. Shop fruits, vegetables, baked goods, cheese, fish, chicken, grass-fed beef, goat meat, and more from:

American Pride Seafood, Sikking Flowers, Bread Alone, Tivoli Mushrooms, Hudson Valley Duck, Walnut Ridge, Haywood's Fresh, Samascott & Nine Pin Ciderworks, Gayeski Produce, Valley Shepherd, Hawthorne Valley, and Cherry Lane Farms.

Every Sunday – Ruppert Park Greenmarket
Second Avenue & 91st Street, 9am–3pm

A lively market with neighbors gathering over an abundant array of produce and goods. Vendors include:

American Pride Seafood, Meredith's Country Bakery, Tivoli Mushrooms, Riverine Ranch & Halal

Pastures, Norwich Meadows, Grandpa's Farm, and Phillips Farms.

Every Thursday – Lenox Hill Farmstand

NW Corner of First Avenue & 70th Street, 11am–4pm

Stock up on 100% local, mostly organic fruits, veggies, honey, jams, grains, maple syrup, eggs, flour, and salsas. Plus—weekly food demos and a must-read Farmstand newsletter!

[Community Update: October 3, 2025](#)

[Community Update: September 26, 2025](#)

[Community Update: September 19, 2025](#)

[Community Update: September 12, 2025](#)

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Office of Assembly Member Rebecca Seawright | 1485 York Avenue | New York, NY 10075 US

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