

SEE YOU AT THE ROOSEVELT ISLAND HALLOWEEN PARADE & EXTRAVAGANZA!



SATURDAY, OCTOBER 25
10:00 AM-3:00 PM



CAPOBIANCO FIELD (PARADE)
SOUTHPOINT PARK (EXTRAVAGANZA)



Dear Friends and Neighbors,

Beginning Saturday, October 25, New York City residents can vote early in the General Election on November 4th. This election includes races for mayor, City Council, and other local and citywide offices, as well as state and local ballot proposals. Take advantage of Early Voting to cast your ballot at your convenience and make your voice heard!

This week, I met with the Chairman and Founder of the Association of Community Employment Programs (ACE), whose vital work helps New Yorkers rebuild their lives through job training, education, and long-term support. Since its founding, ACE has empowered thousands of individuals to achieve stability and independence.

I issued a statement expressing deep concern over reports of recent ICE arrests in our community. No one should live in fear because of their immigration status. As a cosponsor of the New York For All Act and the MELT Act, I remain committed to protecting the rights and dignity of every New Yorker. I commend Attorney General Letitia James for launching a new portal to collect photos and videos documenting federal immigration enforcement activity.

On Sunday, we celebrated community and creativity at the Carl Schurz Park Halloween Howl, where dogs and their owners paraded in festive costumes. Our team was proud to share information on pet licensing, safety, and local resources for pet owners. More Halloween fun will be happening at the Roosevelt Island Parade and Extravaganza this Saturday!

I was proud to cosponsor and strongly support new legislation that strengthens protections for victims of domestic violence, ensuring that firearms are removed from homes during police responses to family violence. This law represents an important step forward in safeguarding lives and preventing future tragedies.

As Chair of the Assembly Committee on Aging, I was pleased to join the Samuel Waxman Cancer Research Foundation to speak about early detection and cancer prevention.

I continue to monitor the delayed opening of the Home Energy Assistance Program (HEAP) due to the federal shutdown. I commend Governor Hochul for calling for the immediate restoration of

funding so that no senior or family must choose between heat and food this winter.

Please join us for a community event that our office is pleased to sponsor:

- **No-Cost Notary Public Service** at the Community Office of Assembly Member Rebecca Seawright, 1485 York Avenue (78th/79th Streets)
 - Mon, Wed, & Fri from 10:00 am to 1:00 pm
 - Tues, Thurs from 10:00 am to 12:00 pm
- Tuesday, October 28 at 3:30pm at the Community Office of Assembly Member Rebecca Seawright, 1485 York Avenue (78th/79th Streets): **No-Cost Housing Legal Clinic**
- Wednesday, October 29 from 10 am-4 pm at the Community Office of Assembly Member Rebecca Seawright, 1485 York Avenue (78th/79th Streets): **No-Cost Prostate Screening with The Robert F. Smith/Mount Sinai Mobile Prostate Cancer Screening Unit for men ages 40 – 75.** [Click here to RSVP.](#)
- Friday, October 31 from 10:00 am -1:00 pm at the Community Office of Assembly Member Rebecca Seawright, 1485 York Avenue (78th/79th Streets): **No-Cost Covid19 Booster Clinic for Older Adults 65+**
- Friday, October 31 from 4:00 pm-5:00 pm at the Community Office of Assembly Member Rebecca Seawright, 1485 York Avenue (78th/79th Streets): **Halloween Trick-or-Treat Open House**
- Friday, October 31 from 4:00 to 7:00 pm on East 86 Street: **UES Community Unity Initiative's Second Annual Halloween Community Trick-or-treat Spooktacular.** Merchants can register [here](#).
- Wednesday, November 5, from 10:00 am to 12:00 pm: **OMNY Bus** (York Ave/79th Street). Refill your OMNY card or apply for a reduced fare

As always, please consider our office your resource.

Phone: 212.288.4607

Email: SeawrightR@NYAssembly.gov

Sincerely,



REBECCA A. SEAWRIGHT



**Rebecca
Seawright**
ASSEMBLY MEMBER



No-Cost COVID-19 Vaccine Clinic For Ages 65+

**Friday, October 31
10am-1pm**

**Community Office
1485 York Avenue
(78/79 Streets)**

SCAN FOR MODERNA VACCINE



SCAN FOR PFIZER VACCINE



Moderna and Pfizer available!

**Please bring insurance card
and identification.**



Drug Mart

Proudly Serving New York City

RSVP- Moderna

RSVP- Pfizer

**Seawright Meets with ACE Founder and Team to Support Pathways to
Employment and Independence**



Henry Buhl, Chairman and Founder of ACE, Sandra Sanches, Director of PR & Major Gifts, Assembly Member Rebecca Seawright, Jim Martin, Executive Director of ACE, and Elizabeth McNierney, Programs Director of ACE.

Assembly Member Rebecca A. Seawright met this week with representatives from the Association of Community Employment Programs (ACE) at her district office to discuss their ongoing work empowering New Yorkers to rebuild their lives through employment and education.

ACE works alongside individuals with histories of homelessness, incarceration, and addiction to provide job training, work experience, and lifelong support that fosters economic independence. Founded in 1992 by Henry Buhl, ACE began as a community effort in SoHo and has since grown into a citywide organization serving more than 650 participants each year through programs like Project Comeback, which offers vocational rehabilitation, and Project Stay, which provides continued guidance and employment retention support.

Since its founding, ACE has helped more than 3,800 New Yorkers achieve full-time employment and long-term stability. Assembly Member Seawright commended ACE's dedication to second chances and their vital role in strengthening New York's workforce and communities.

Seawright Speaks in Support of Advancing Cancer Research for Early Detection and a Cure



Assembly Member Rebecca A. Seawright joined the Samuel Waxman Cancer Research Foundation to speak to scientists, supporters, and visionaries who work to support cancer research, recognizing that cancer is often a disease of aging. She presented Jean Shafiroff with an award for her support of this cause.

Seawright Condemns ICE Arrests and Stands with Immigrant Communities

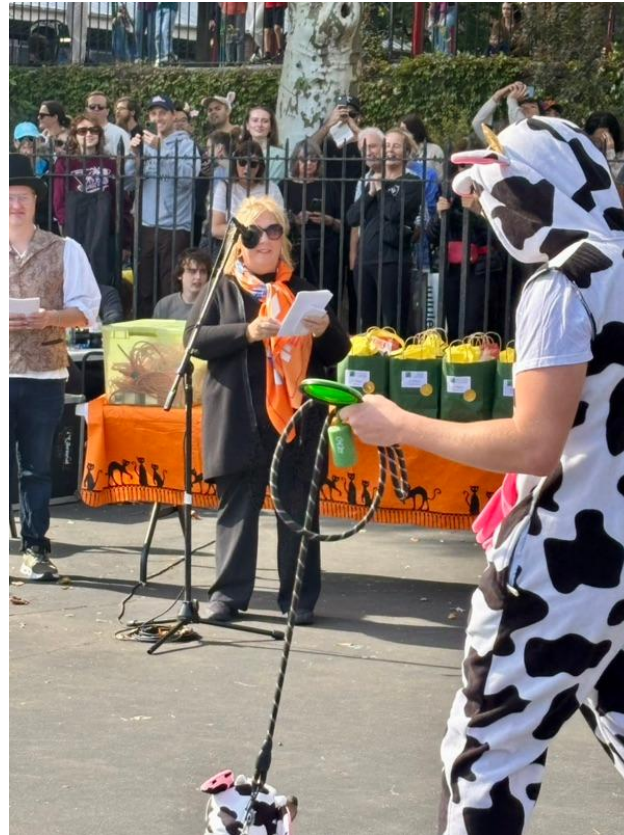
This week, Assembly Member Rebecca A. Seawright issued a statement expressing deep concern over reports of recent ICE arrests in our community. She reaffirmed her commitment to protecting the rights and dignity of all New Yorkers.

As a cosponsor of the New York For All Act, which prohibits local law enforcement from collaborating with federal immigration enforcement, and the MELT Act, which upholds due process and humane treatment for individuals facing detention, Seawright stands with immigrant families who should never live in fear because of their status.

Following the recent ICE raid on Canal Street, Attorney General Letitia James announced the launch of a new online portal to collect photos and videos documenting federal immigration enforcement actions in New York. "Every New Yorker has the right to live without fear or intimidation," said Attorney General James. "We are committed to reviewing these reports and assessing any violations of law."

New Yorkers who witnessed or recorded ICE activity are encouraged to share documentation through the Office of the Attorney General's portal at ag.ny.gov.

Seawright Announces Entries at Halloween Howl Bringing Spooky Fun to Carl Schurz Park



Paws, pumpkins, and plenty of costumes! On Sunday, October 19, dogs and their owners gathered at Carl Schurz Park for the annual Halloween Howl. Pups strutted their stuff in creative costumes, competing for top prizes in a festive parade. Our team was on hand with a community resource table, sharing information on dog licensing, safety, and local pet-friendly services.



Our team was on hand with a community resource table, sharing information on dog licensing, safety, and local pet-friendly services. Team Rebecca was represented by Courtney, Michelle, John and Ethan.



Volunteer John and pup mascot "Jacob" dressed as Sherlock Bones.

Protecting Victims of Domestic Violence: New Law Strengthens Safety Measures



Too many lives have been lost to gun violence, leaving families and communities across New York devastated. Assembly Member Rebecca Seawright recently helped pass a new law (Ch. 466 of 2025) that requires police to remove all firearms in plain sight from a household for at least five days when responding to reports of family violence.

This law is an important step in protecting victims of domestic violence and preventing future tragedies. Assembly Member Seawright urges anyone experiencing domestic violence to know that help is available. In New York City, victims can access support through organizations such as:

- NYC Domestic Violence Hotline: 1-800-621-HOPE (4673) – confidential support and referrals.
- Safe Horizon: 1-800-621-4673 – crisis intervention, counseling, and legal advocacy.
- NYC Family Justice Centers: Locations across the city provide coordinated services, including legal assistance, counseling, and safety planning.

No one should face violence alone. Resources are available to provide immediate help, guidance, and protection.

HEAP Heating Assistance Delayed – Stay Informed

As Chair of the Assembly Committee on Aging, Assembly Member Rebecca Seawright emphasizes how vital the Home Energy Assistance Program (HEAP) is for older adults and other vulnerable New Yorkers. No one should have to choose between heating their home and putting food on the table.

Due to the ongoing federal government shutdown, the opening of the 2025–2026 HEAP Regular Component has been postponed to November 17, 2025. The delay affects over 1.5 million low-income households statewide, including seniors, children under six, and people with disabilities. Typically, HEAP provides funding for utility bills or fuel deliveries, helping families stay warm during the cold winter months.

Households experiencing a utility or heating emergency during this time may apply for assistance online through [ACCESS HRA](#) or in-person at a Benefits Access Center.

Assembly Member Seawright commends Governor Hochul for standing up for families and older adults by calling for an immediate restoration of HEAP funding, noting that every New Yorker deserves to stay warm this winter. Updates will be provided as additional information becomes available.

Help Navigating Medicare Enrollment Season

It's that time of year again—Medicare open enrollment is underway (October 15–December 7). During this period many constituents are inundated with mail, emails, and phone calls from insurers trying to influence their plan choices.

This can be confusing and stressful, but help is available. Assembly Member Rebecca Seawright encourages residents to get accurate, unbiased guidance from trusted nonprofit organizations:

- Medicare Rights Center: 1-800-333-4114 – for personalized assistance and answers to Medicare questions.
- LiveOn NY: 212-398-6565 – providing guidance and support for older adults navigating healthcare options.

For anyone feeling overwhelmed by enrollment season these resources offer clear, reliable information to help make informed decisions.

Beware of Scam Text Messages Impersonating DMV or E-Z Pass

Have you received a text message claiming to be from the DMV or E-Z Pass threatening fines, suspensions, or other penalties if you don't pay immediately? Delete it right away — it's a scam. "Don't click on any links and don't share any personal information," warned DMV Commissioner Mark Schroeder. "DMV does not send texts to our customers demanding immediate payment."

Scammers are targeting New Yorkers with fake texts and emails designed to steal personal information or money. Many of these messages include links to fraudulent websites that closely mimic official government sites. These phishing attacks have been on the rise, particularly affecting older adults and other vulnerable populations.

If you've shared any personal information in response to one of these messages, take action immediately by:

- Changing your passwords.
- Contacting one of the three major credit reporting agencies — TransUnion, Equifax, or Experian — to place a credit freeze or fraud alert on your account.

For more information on how to recognize and report phishing scams, visit the [DMV's official website](#).

Saturday, October 25 is the first day of early voting!

Election Day Is Tuesday, November 4

Make Your Plan To Vote!

OCT./NOV. 2025

SAT

25

9a – 5p

SUN

26

9a – 5p

MON

27

9a – 5p

TUES

28

10a – 8p

WED

29

10a – 8p

THURS

30

9a – 5p

FRI

31

8a – 4p

SAT

1

9a – 5p

SUN

2

9a – 5p

MON



TUES



**Election
Day
6a-9p**

FOR MORE INFORMATION CONTACT:

**OFFICE OF ASSEMBLY MEMBER
REBECCA SEAWRIGHT
1485 YORK AVENUE (78/79 STREETS)
212.288.4607
SEAWRIGHT@NYASSEMBLY.GOV**

Election Day: Tuesday, November 4, 2025

Polls Open: 6:00 AM – 9:00 PM

Find Your Polling Site & Sample Ballot:

Visit findmypollsite.vote.nyc

Problem at the Polls?

Call: (866) 868-3692

Vote by Early Mail Ballot:

- Apply online: requestballot.vote.nyc
- Apply in person: Your local county Board of Elections
- Address: 200 Varick Street, 10th Floor, New York, NY 10014

Important Deadlines:

- October 25, 2025: Last day to register to vote for the general election
- November 3, 2025 (in-person): Last day to request an early mail or absentee ballot
- November 4, 2025 by 9:00 PM: Deadline to return an early mail or absentee ballot

Consider Our Office Your Resource

**ASSEMBLY MEMBER
REBECCA A. SEAWRIGHT**



HOUSING LEGAL CLINIC

EVERY OTHER TUESDAY

**EVERY OTHER TUESDAY
AT 3:30 PM ATTORNEYS FROM
THE LAW OFFICES OF GRIMBLE
& LOGUIDICE, LLC WILL
PROVIDE ADVICE ON HOUSING-
RELATED MATTERS AT NO-COST
FOR CONSTITUENTS OF THE
76TH ASSEMBLY DISTRICT**

Get help navigating the housing court process, responding to notices, dealing with threat of eviction, getting repairs from negligent landlords, and advocating for your rights as a tenant in New York City!

**A VOLUNTEER ATTORNEY WILL
HOST A ONE -ON-ONE SESSION
WITH ATTENDEES.**



**SCAN ME TO
RSVP!**

**RSVP REQUIRED:
CALL: 212-288-4607
EMAIL: SEAWRIGHTR@NYASSEMBLY.GOV**

The legal clinic is solely to provide guidance and advice from attorney's experienced in landlord tenant law. The clinic does not guarantee a desired outcome and does not establish an attorney-client relationship. Assembly Member Rebecca Seawright does not represent or advise constituents in any legal matters.



NO-COST NOTARY PUBLIC SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
10AM-1PM	10AM-12PM	10AM-1PM	10AM-12PM	10AM-1PM

Upcoming Events

Halloween Open House

Trick-or-treat for all ages (*pets are welcome!*)

Come in your spookiest or cutest costumes.

Friday, October 31

4:00 pm - 5:00 pm



Community Office of
Assembly Member Rebecca Seawright

1485 York Avenue (78/79 Streets)

New York, NY 10075

For more information on this free event or any community or legislative issue,
please contact the **Office of Assembly Member Rebecca A. Seawright**
at SeawrightR@NYAssembly.gov or by phone at **212-288-4607**.

Assembly Member Rebecca Seawright

and Mount Sinai Robert F. Smith



Mobile Prostate Cancer Screening Unit

Present No-Cost Prostate Cancer Screenings

Wednesday, October 29
10 am – 4 pm
1485 York Avenue (78/79 Streets)



No Health Insurance Needed



Walk-Ins Are Welcome



Age 40 and Above

Prostate Cancer Facts

2nd

most common form of cancer in American men, right behind skin cancer.

About

1 in 40

American men will die of prostate cancer.

About

1 in 8

American men will develop prostate cancer at some point in their lives

In Black men, there is a

70%

higher rate of developing high-risk prostate cancer, and they are also more than twice as likely to die of it.

This is a simple blood test.
Appointments take 5-6 minutes.

Free/no insurance required.
Results may be available within 2-3 days.

All men 40 and older should be screened every year. Walk-ins are welcome.

For more information about this event or any other community or legislative issue, please contact Assembly Member *Rebecca A. Seawright* by calling 212-288-4607 or emailing SeawrightR@NYAssembly.gov.

Interest form

October on The Esplanade!

FREE FUN EVENTS

ALL EVENTS @:
Andrew Haswell
Green Park at 60th St &
the East River Waterfront
Esplanade



SPONSORED BY:

**FRIENDS
OF THE
EAST
RIVER
ESPLANADE**

 EsplanadeFriends.org

 [@EsplanadeFriend](https://www.instagram.com/EsplanadeFriend)

DONATIONS



**the craft
studio**

**Rebecca
Seawright**

Pippi Longstocking! Puppet Show



Sunday, October 19 | 11AM |

**Plus some added fun and free treats
after the show.**

Come dressed as Pippi!

Bring blankets or folding chairs

Subject to weather cancellation.

Rain date Sunday, October 26.

EsplanadeHalloween Spooktacular!

Saturday, October 25 | 1-4PM |

Live 🎵 music by Fan Favorite Band NOIZ!

Best of Rock, R&B and Soul.

Face Painting!

Halloween Crafts!

Free Ice Cream*

And more Fun For Kids (of all ages)!

Costumes encouraged!

All With A Spectacular Water View!

Subject to weather cancellation. No rain date.

***While supplies last**



HSS

Greenberg Academy
for Successful Aging

Protecting Your Health: Vaccinations as We Age

Tuesday
October 28, 2025
10:30–11:30 am

Register today!

Program is free of charge.

WEBINAR



An Online Event

Register online at: bit.ly/vaccinations-as-we-age-oct

For more information: call **212.774.7622** or email us at communityed@hss.edu

As we age, we are more prone to getting certain common infections, and to getting sicker from them. Join us to learn about:

- Vaccines that can protect your health including Covid-19, influenza, pneumonia, shingles, and RSV
- Potential risks and important safety measures for your protection

Join our print mailing list to be notified of future programming by calling **212.774.7622**.

Or sign up for our email list at hss.edu/registration.

This program is designed to give general information and does not provide individual medical advice.

PROGRAM SPEAKER

Andy O. Miller, MD

Chief of Infectious Diseases, HSS

Scan QR code for
more information



HSS Education Institute



Weekly Greenmarkets

Every Saturday – 82nd Street / St. Stephen's Greenmarket
82nd Street between First & York Avenues, 9am–2:30pm

A year-round favorite where the church courtyard and sidewalk bustle with shoppers. Shop fruits, vegetables, baked goods, cheese, fish, chicken, grass-fed beef, goat meat, and more from:

American Pride Seafood, Sikking Flowers, Bread Alone, Tivoli Mushrooms, Hudson Valley Duck, Walnut Ridge, Haywood's Fresh, Samascott & Nine Pin Ciderworks, Gayeski Produce, Valley Shepherd, Hawthorne Valley, and Cherry Lane Farms.

Every Sunday – Ruppert Park Greenmarket
Second Avenue & 91st Street, 9am–3pm

A lively market with neighbors gathering over an abundant array of produce and goods. Vendors include:

American Pride Seafood, Meredith's Country Bakery, Tivoli Mushrooms, Riverine Ranch & Halal Pastures, Norwich Meadows, Grandpa's Farm, and Phillips Farms.

Every Thursday – Lenox Hill Farmstand

NW Corner of First Avenue & 70th Street, 11am–4pm

Stock up on 100% local, mostly organic fruits, veggies, honey, jams, grains, maple syrup, eggs, flour, and salsas. Plus—weekly food demos and a must-read Farmstand newsletter!

Resources

Cash Assistance & Benefits Security

Cash Assistance Skimming Alert: Beware of electronic theft of EBT benefits via skimming or phishing. To learn more or file a claim for stolen Cash Assistance benefits, visit: nyc.gov/hra/benefitreplacement

Paid Family Leave

Since 2018, New York's Paid Family Leave program has supported thousands of working families. Benefits and wage replacements increase annually with the NY State Average Weekly Wage. Learn more about 2025 benefits at: paidfamilyleave.ny.gov/2025

Tax Credits & Financial Assistance

Empire State Child Credit: Over 1.5 million eligible New Yorkers will automatically receive supplemental payments based on this credit. No action needed. Details: [Additional Empire State Child Credit Payments](#)

Unclaimed Funds: Check for unclaimed money you may be owed at: osc.ny.gov/unclaimed-funds

Energy & Heating Assistance

Energy Affordability Program: Income-eligible consumers may get discounts on electric/gas bills. Info and forms: [ConEd Energy Affordability Program PDF](#) or call 800-752-6633 (seniors: 800-404-9097).

Regular HEAP Benefit: The 2024–25 season is open. Eligible households can get help paying heating bills. Details: otda.ny.gov/programs/heap

Cooling Assistance: HEAP also covers fans and AC units for qualifying households:

otda.ny.gov/programs/heap/#cooling-assistance

Health Insurance & Counseling

Qualified Health Plans: Enroll by the 15th for coverage the following month with new cost-sharing savings. Info: nyc.gov/health/healthcoverage or call 347-665-0214.

HIICAP: Free counseling on Medicare, Medigap, and long-term care insurance. Call 1-800-701-0501 or visit aging.ny.gov/hiicap.

Housing & Tenant Rights

Renters Rights: NYC tenants are protected against unsafe living conditions, harassment, and discrimination. See the [Tenant Bill of Rights](#).

Homeowner Handbook: A resource to help NY homeowners manage responsibilities and find assistance. View at homeownerhelpny.org/handbook.

Discrimination Reporting: File discrimination reports by phone at (844) NYS-DHR1 or (844) 697-3471.

Rent Protection & Resources: NYC tenants can check rent increase legality and get help at GoodCauseNYC.org.

Food Assistance

SNAP Benefits: Simplified one-page applications, longer recertification periods for seniors, and no interview needed for recertification. Learn more and apply online.

Health Bucks: At NYC farmers markets, spend \$2 in SNAP/EBT/Summer EBT and get \$2 bonus Health Bucks for fresh produce, up to \$10 per visit. Info: gownyc.org/greenmarket/ebt/nutritionprograms.

Transportation

MTA Reduced-Fare Program: Half-fare benefits are moving to OMNY. New cards should have arrived; continue using MetroCards meanwhile. Check updates at [MTA Reduced-Fare OMNY info](#).

MTA Mobile Sales: Services include reduced-fare applications, OMNY sign-ups, card balance transfers, and lost card reports. Schedule at mta.info/fares/mobile-sales.

Congestion Pricing: Tolls apply entering Manhattan south of 60th St. Discounts and exemptions available. Details: mta.info/discounts and congestionreliefzone.mta.info.

Emergency & Community Resources

Mental Health Hotline: Call 988 for mental health support; call 911 for emergencies.

Community Health Advocates: Help with medical bills and insurance issues at 1-888-614-5400.

NYC Emergency Alerts: Sign up for Notify NYC at nyc.gov/notify or call 311.

Animal Care Centers: Due to temporary dog intake suspension, ACC urges adoption. Visit local centers or website for info.

Curbside Composting: Available citywide weekly on recycling day. Details: nyc.gov/curbside-composting.

Identification

New York Mobile ID: Carry a secure digital ID or driver's license on your phone. Learn more and download the app.

NYC Infrastructure

NYCDOT Street Work Permit Maps: View active street work permits for your district at nycdot.info.

[Community Update: October 10, 2025](#)

[Community Update: October 3, 2025](#)

[Community Update: September 26, 2025](#)

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Office of Assembly Member Rebecca Seawright | 1485 York Avenue | New York, NY 10075 US

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