



Dear Friends and Neighbors,

Happy Halloween!

This is the last weekend to cast your early vote before Election Day on Tuesday, November 4. Our district is leading the entire city in the number of early voters so keep it going! Saturday, November 1 and Sunday, November 2 polls are open from 9 am to 5 pm.

Recent federal cuts to food assistance have created increased challenges for many New Yorkers in accessing reliable, nutritious meals. To help our community during this difficult time, we want to share resources for local food support, including pantries, soup kitchens, and other programs all enclosed in this special report.

Our office hosted the Mount Sinai Robert F. Smith Mobile Prostate Cancer Screening, providing accessible, walk-in health services for local residents. We also hosted a free COVID-19 booster clinic for community members aged 65 and older, helping our neighbors stay protected this season.

I was honored to join the Eleanor Roosevelt High School community for their annual potluck, where I presented Principal Saliani with a proclamation celebrating his retirement and decades of service shaping generations of young New Yorkers.

We joined hundreds of families and neighbors at Asphalt Screams 2025, Roosevelt Island's Halloween Parade & Extravaganza, and several neighborhood Trick-or-Treat events. Our team was proud to share community resources, enjoy creative costumes, and celebrate safely with our youngest neighbors. I also welcomed families to our District Office Trick-or-Treat Open House.

Don't forget to turn the clocks back for Daylight Saving Time on Sunday, November 2 at 2 am.

Good luck to all the runners participating in the marathon! Wishing you a strong, safe, and inspirational race. Your hard work, dedication, and perseverance are truly commendable. Enjoy every mile!

Please join us for a community event that our office is pleased to sponsor:

- **No-Cost Notary Public Service** at the Community Office of Assembly Member Rebecca Seawright, 1485 York Avenue (78th/79th Streets)
 - Mon, Wed, & Fri from 10:00 am to 1:00 pm
 - Tues, Thurs from 10:00 am to 12:00 pm
- Wednesday, November 5, from 10:00 am to 12:00 pm: **OMNY Bus** (York Ave/79th Street). Refill your OMNY card or apply for a reduced fare
- Tuesday, November 18 at 3:30pm at the Community Office of Assembly Member Rebecca Seawright, 1485 York Avenue (78th/79th Streets): **No-Cost Housing Legal Clinic**

As always, please consider our office your resource.

Phone: 212.288.4607
Email: SeawrightR@NYAssembly.gov

Sincerely,



REBECCA A. SEAWRIGHT

New Emergency Food Assistance Resources for New Yorkers

New York State has announced new actions to support residents facing food insecurity as federal food assistance for approximately 3 million New Yorkers will be disrupted beginning November 1.

The Governor has declared a state of emergency and committed \$65 million in new State funds to reinforce the network of food banks, pantries, soup kitchens, and shelters. This assistance is expected to provide approximately 40 million meals statewide.

Members of the Empire State Service Corps and SUNY Corps will also be deployed to support local food banks and emergency food providers during this period of increased need.

In addition, a new statewide website has been launched to help connect New Yorkers with food assistance resources.

What This Includes

- \$40 million for the Hunger Prevention and Nutrition Assistance Program (HPNAP), supporting emergency food providers statewide
- \$25 million for Nourish NY, supplying New York–grown products like milk, apples, cheese, and produce to food relief organizations
- Deployment of Empire State Service Corps and SUNY Corps Members to assist food banks and food pantries
- A new website connecting New Yorkers with food assistance resources

New York State continues to take steps to safeguard residents who rely on emergency food programs and community distribution partners.

“As Chair of the Assembly Committee on Aging, I applaud Governor Hochul for taking swift action to safeguard millions of New Yorkers from losing the food assistance they rely on. Older adults are among the most vulnerable to food insecurity, and the continued refusal of the federal government to release emergency SNAP funds is unconscionable. The Governor’s investment will strengthen our food banks and pantries, ensuring seniors and families can continue to access the nutrition they need to live with dignity. I stand with Governor Hochul in calling for the immediate release of federal contingency funding and for protecting the health and well-being of every New Yorker.”

Local Resources - Upper East Side, Yorkville and Roosevelt Island:

- [Upper East Side Resource Guide by NYC Food Policy Center \(Hunter College\)](#)
- [Use the Food Bank NYC “Find Food” map to locate pantries, soup kitchens, and mobile markets near your address.](#)
- [NYC 311 / City’s “Food Pantries & Meals” directory – you can call 311 or check the city’s online resources to find updated local sites.](#)

Tips for a successful trip:

- Call ahead — many places change hours, run out of supplies, or require appointments or registration.
- Bring ID / proof of address — especially for first-time visits; some pantries require it.
- Be flexible with times — some services are only mornings, weekday afternoons, or certain days of week.



Assemblymember Rebecca A. Seawright joined the Eleanor Roosevelt High School community for their annual potluck. She was honored to present Principal Saliani with a proclamation celebrating his retirement from the DOE and recognizing his remarkable leadership in shaping generations of young New Yorkers.

Assembly Member Seawright Hosts Mount Sinai Robert F. Smith Mobile Prostate Cancer Screening



Assembly Member Rebecca A. Seawright hosted mobile prostate screenings to provide accessible, walk-in health services for the community. Constituents had the opportunity to get screened, ask questions, and learn about prostate health—helping to prioritize early detection and overall well-being.

Community Office Hosts No-Cost COVID-19 Booster Clinic



Assembly Member Rebecca A. Seawright hosted a free COVID-19 booster clinic for community members aged 65 and older. Pfizer and Moderna vaccines were available, with walk-in appointments at the district office. Neighbors stayed protected this season—and didn't let COVID-19 haunt them!

Pictured: David Hochberg, Frank Wilkinson and Monica Atiya.

Assembly Member Seawright Hosts District Office Trick-or-Treat Open House



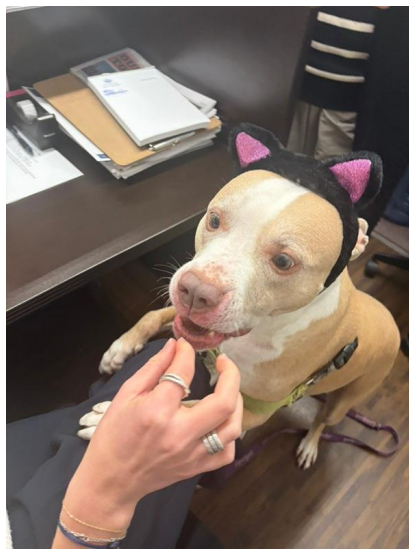
Assembly Member Rebecca A. Seawright welcomed families and neighbors to the District Office Trick-or-Treat Open House, celebrating Halloween with festive treats.



Ethan as the Greatest Showman!



Volunteer Barbara and Chief of Staff Courtney get spooky.



Red the dog masquerading as a cat!

Team Rebecca Joins Hundreds for Fun at Asphalt Screams



Assembly Member Rebecca A. Seawright brought treats, games and resources to Asphalt Screams 2025 —sharing information, festive fun, and community spirit with neighbors of all ages.



Constituent Liaison Brynne Schattner asks a princess to pick a prize!

Election Day Is Tuesday, November 4
Make Your Plan To Vote!

OCT./NOV. 2025

SAT SUN
25 26
9a – 5p 9a – 5p

MON TUES WED THURS FRI SAT SUN
27 28 29 30 31 1 2
9a – 5p 10a – 8p 10a – 8p 9a – 5p 8a – 4p 9a – 5p 9a – 5p

MON TUES
 **4**
Election Day
6a – 9p

FOR MORE INFORMATION CONTACT:

**OFFICE OF ASSEMBLY MEMBER
REBECCA SEAWRIGHT
1485 YORK AVENUE (78/79 STREETS)
212.288.4607
SEAWRIGHT@NYASSEMBLY.GOV**

Election Day: Tuesday, November 4, 2025

Polls Open: 6:00 AM – 9:00 PM

Find Your Polling Site & Sample Ballot:

Visit findmypollsite.vote.nyc

Problem at the Polls?

Call: (866) 868-3692

Vote by Early Mail Ballot:

- Apply online: requestballot.vote.nyc
- Apply in person: Your local county Board of Elections
- Address: 200 Varick Street, 10th Floor, New York, NY 10014

Important Deadlines:

- October 25, 2025: Last day to register to vote for the general election
- November 3, 2025 (in-person): Last day to request an early mail or absentee ballot
- November 4, 2025 by 9:00 PM: Deadline to return an early mail or absentee ballot

Consider Our Office Your Resource



sanitation

No Trash, Curbside Composting or Recycling Collection on Election Day, Tuesday, November 4

The New York City Department of Sanitation announced that in observance of Election Day, there will be NO trash, curbside composting, or recycling collection on the holiday, Tuesday, November 4, 2025.

Residents who normally receive Tuesday trash, curbside composting, or recycling collection may place their material at the curb Tuesday evening for collection beginning Wednesday, November 5. Residents should understand that collection delays may occur after holidays. We appreciate patience as we work to collect the backlog of material.

For questions about Sanitation services and holiday schedules, contact 311 or visit nyc.gov/sanitation.

**ASSEMBLY MEMBER
REBECCA A. SEAWRIGHT**



HOUSING LEGAL CLINIC

EVERY OTHER TUESDAY

**EVERY OTHER TUESDAY
AT 3:30 PM ATTORNEYS FROM
THE LAW OFFICES OF GRIMBLE
& LOGUIDICE, LLC WILL
PROVIDE ADVICE ON HOUSING-
RELATED MATTERS AT NO-COST
FOR CONSTITUENTS OF THE
76TH ASSEMBLY DISTRICT**

**A VOLUNTEER ATTORNEY WILL
HOST A ONE -ON-ONE SESSION
WITH ATTENDEES.**

Get help navigating the housing court process, responding to notices, dealing with threat of eviction, getting repairs from negligent landlords, and advocating for your rights as a tenant in New York City!



**SCAN ME TO
RSVP!**

**RSVP REQUIRED:
CALL: 212-288-4607
EMAIL: SEAWRIGHTR@NYASSEMBLY.GOV**

The legal clinic is solely to provide guidance and advice from attorney's experienced in landlord tenant law. The clinic does not guarantee a desired outcome and does not establish an attorney-client relationship. Assembly Member Rebecca Seawright does not represent or advise constituents in any legal matters.



NO-COST NOTARY PUBLIC SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
10AM-1PM	10AM-12PM	10AM-1PM	10AM-12PM	10AM-1PM

Upcoming Events

Weekly Greenmarkets

Every Saturday – 82nd Street / St. Stephen's Greenmarket
82nd Street between First & York Avenues, 9am–2:30pm

A year-round favorite where the church courtyard and sidewalk bustle with shoppers. Shop fruits, vegetables, baked goods, cheese, fish, chicken, grass-fed beef, goat meat, and more from:

American Pride Seafood, Sikking Flowers, Bread Alone, Tivoli Mushrooms, Hudson Valley Duck, Walnut Ridge, Haywood's Fresh, Samascott & Nine Pin Ciderworks, Gayeski Produce, Valley Shepherd, Hawthorne Valley, and Cherry Lane Farms.

Every Sunday – Ruppert Park Greenmarket
Second Avenue & 91st Street, 9am–3pm

A lively market with neighbors gathering over an abundant array of produce and goods. Vendors include:

American Pride Seafood, Meredith's Country Bakery, Tivoli Mushrooms, Riverine Ranch & Halal Pastures, Norwich Meadows, Grandpa's Farm, and Phillips Farms.

Every Thursday – Lenox Hill Farmstand
NW Corner of First Avenue & 70th Street, 11am–4pm

Stock up on 100% local, mostly organic fruits, veggies, honey, jams, grains, maple syrup, eggs, flour, and salsas. Plus—weekly food demos and a must-read Farmstand newsletter!

Resources

Cash Assistance & Benefits Security

Cash Assistance Skimming Alert: Beware of electronic theft of EBT benefits via skimming or phishing. To learn more or file a claim for stolen Cash Assistance benefits, visit: nyc.gov/hra/benefitreplacement

Paid Family Leave

Since 2018, New York's Paid Family Leave program has supported thousands of working families.

Benefits and wage replacements increase annually with the NY State Average Weekly Wage. Learn more about 2025 benefits at: paidfamilyleave.ny.gov/2025

Tax Credits & Financial Assistance

Empire State Child Credit: Over 1.5 million eligible New Yorkers will automatically receive supplemental payments based on this credit. No action needed. Details: [Additional Empire State Child Credit Payments](#)

Unclaimed Funds: Check for unclaimed money you may be owed at: osc.ny.gov/unclaimed-funds

Energy & Heating Assistance

Energy Affordability Program: Income-eligible consumers may get discounts on electric/gas bills. Info and forms: [ConEd Energy Affordability Program PDF](#) or call 800-752-6633 (seniors: 800-404-9097).

Regular HEAP Benefit: The 2024–25 season is open. Eligible households can get help paying heating bills. Details: otda.ny.gov/programs/heap

Cooling Assistance: HEAP also covers fans and AC units for qualifying households:

otda.ny.gov/programs/heap/#cooling-assistance

Health Insurance & Counseling

Qualified Health Plans: Enroll by the 15th for coverage the following month with new cost-sharing savings. Info: nyc.gov/health/healthcoverage or call 347-665-0214.

HIICAP: Free counseling on Medicare, Medigap, and long-term care insurance. Call 1-800-701-0501 or visit aging.ny.gov/hiicap.

Housing & Tenant Rights

Renters Rights: NYC tenants are protected against unsafe living conditions, harassment, and discrimination. See the [Tenant Bill of Rights](#).

Homeowner Handbook: A resource to help NY homeowners manage responsibilities and find assistance. View at homeownerhelpny.org/handbook.

Discrimination Reporting: File discrimination reports by phone at (844) NYS-DHR1 or (844) 697-3471.

Rent Protection & Resources: NYC tenants can check rent increase legality and get help at GoodCauseNYC.org.

Food Assistance

SNAP Benefits: Simplified one-page applications, longer recertification periods for seniors, and no interview needed for recertification. Learn more and apply online.

Health Bucks: At NYC farmers markets, spend \$2 in SNAP/EBT/Summer EBT and get \$2 bonus Health Bucks for fresh produce, up to \$10 per visit. Info: grownyc.org/greenmarket/ebt/nutritionprograms.

Transportation

MTA Reduced-Fare Program: Half-fare benefits are moving to OMNY. New cards should have arrived; continue using MetroCards meanwhile. Check updates at [MTA Reduced-Fare OMNY info](#).

MTA Mobile Sales: Services include reduced-fare applications, OMNY sign-ups, card balance transfers, and lost card reports. Schedule at mta.info/fares/mobile-sales.

Congestion Pricing: Tolls apply entering Manhattan south of 60th St. Discounts and exemptions available. Details: mta.info/discounts and congestionreliefzone.mta.info.

Emergency & Community Resources

Mental Health Hotline: Call 988 for mental health support; call 911 for emergencies.

Community Health Advocates: Help with medical bills and insurance issues at 1-888-614-5400.

NYC Emergency Alerts: Sign up for Notify NYC at nyc.gov/notify or call 311.

Animal Care Centers: Due to temporary dog intake suspension, ACC urges adoption. Visit local centers or website for info.

Curbside Composting: Available citywide weekly on recycling day. Details: nyc.gov/curbside-composting.

Identification

New York Mobile ID: Carry a secure digital ID or driver's license on your phone. Learn more and download the app.

NYC Infrastructure

NYCDOT Street Work Permit Maps: View active street work permits for your district at nycdot.info.

[Community Update: October 24, 2025](#)

[Community Update: October 17, 2025](#)

[Community Update: October 10, 2025](#)

[Community Update: October 3, 2025](#)

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