



Dear Friends and Neighbors,

I was proud to co-chair this year's Women of Service: A Living Tribute Celebrating Women Who Serve America, at the NYC Women's Veterans Grove in Central Park (entry at 69th Street and Fifth Avenue). The ceremony honored women who have served our nation and our city through military service, public leadership, and community impact. The event featured an all-female U.S. Coast Guard color guard, musical performances, and a gathering around the flagstaff dedicated to women of service.

We remember Dr. Arline Bronzaft (1936–2025), a pioneering environmental psychologist and longtime Upper East Sider. Dr. Bronzaft's groundbreaking research on noise pollution transformed New York City's policies and improved conditions for generations of schoolchildren and residents. In 2024, I was honored to recognize her as a Woman of Distinction for her decades of public service. Her legacy of advocacy and scholarship continues to inspire our community.

I was pleased to present a New York State Assembly Citation to Dean and Distinguished Professor Anthony Julian Tamburi at the 45th Anniversary Celebration of the Calandra Italian American Institute. The recognition honored his steadfast commitment to documenting, preserving, and promoting the Italian-American experience, and celebrated the Institute's decades of scholarship, leadership, and cultural preservation.

Please join us for a community event that our office is pleased to sponsor:

- **No-Cost Notary Public Service** at the Community Office of Assembly Member Rebecca Seawright, 1485 York Avenue (78th/79th Streets)
 - Mon, Wed, & Fri from 10:00 am to 1:00 pm
 - Tues, Thurs from 10:00 am to 12:00 pm
- Tuesday, November 18 at 3:30pm at the Community Office of Assembly Member Rebecca Seawright, 1485 York Avenue (78th/79th Streets): **No-Cost Housing Legal Clinic**
- Wednesday, November 19, from 10:00 am to 12:00 pm: **OMNY Bus** (York Ave/79th Street). Refill your OMNY card or apply for a reduced fare
- Tuesday, November 25 Meals on Wheels Thanksgiving Meal Pickup. Sign up [here](#).
- Thursday, December 11 from 4:00 pm-5:00 pm at the Community Office of Assembly Member Rebecca Seawright, 1485 York Avenue (78th/79th Streets): **Holiday Open House**
- Friday, December 12 from 10:00 am to 12:00 pm on zoom is a **Virtual Rat Academy** for building supers, homeowners, tenants and business owners. Registration is required to receive the zoom link. Register at bit.ly/ratacademy1212
- Save the date! Saturday, January 10 from 10:00 am-1:00 pm at the 82nd Street Greenmarket (First/York Avenues): **No-Cost Paper Shred-a-thon**

As always, please consider our office your resource.



**Rebecca
Seawright**
ASSEMBLY MEMBER



RSVP HERE

Thanksgiving Meal Giveaway

Share with neighbors in need

**Tuesday
November 25**

Community Office of
Assembly Member
Rebecca Seawright
1485 York Avenue
(78/79 Streets)

**Thanksgiving-themed
emergency meals
provided by CityMeals
on Wheels that do not
require refrigeration
or heating.**

**Pick up and deliver a
package for a neighbor
in need.**

Thanksgiving Meal Kits contain:

- 1 shelf-stable serving of sliced turkey breast with potatoes and gravy
- 1 can of cut sweet potatoes
- 1 cup of corn
- 1 can of cranberry sauce
- Applesauce
- 3 servings of instant nonfat dry milk
- Oatmeal cookies
- Decaf coffee packets
- Decaf tea bags

For more information or to sign up:
Call 212-288-4607 or email SeawrightR@NYAssembly.gov

Sign Up Here While Supplies Last

**Rebecca
Seawright**



ASSEMBLY MEMBER

HOLIDAY *Open House*

Snowflakes, laughter, and holiday cheer –
join us for a holiday open house to celebrate
the most wonderful time of the year!

THURSDAY, DECEMBER 11

4PM-5PM

COMMUNITY OFFICE

1485 YORK AVE. (78/79 ST)

Consider bringing a new, unwrapped
toy for our holiday toy collection.

To RSVP: call 212-288-4607 or email
SeawrightR@NYAssembly.gov

[RSVP here](#)

**Assembly Member Seawright Co-Chairs Annual “Women of Service”
Tribute in Central Park**



Watch Assembly Member Seawright's full remarks dedicated to women of service here.



Assembly Member Rebecca A. Seawright was proud to co-chair this year's Women of Service: A Living Tribute Celebrating Women Who Serve America, held on November 10 at the NYC Women's Veterans Grove in Central Park. The annual ceremony, hosted in partnership with the American Red Cross of Greater New York, honored extraordinary women who have served our nation and our city through military service, public leadership, and community impact.

This year's honorees included distinguished leaders such as U.S. Senator Kirsten Gillibrand, Deputy Mayor Suzanne Miles-Gustave, Coast Guard and Army veterans, accomplished advocates, and long-time supporters of military families. The event featured an all-female U.S. Coast Guard color guard and special musical performances.

Assembly Member Seawright joined partners from the NYC Department of Veterans' Services, the Columbus Citizens Foundation, Friends of the NYC Women's Veterans Grove, and the Eastside WWI Centennial Commemoration to recognize the contributions of women past and present who have served our country with courage and distinction.



Honorees and distinguished speakers gathered in central park around the flagstaff dedicated to women of service.

Remembering Dr. Arline Bronzaft (1936-2025)



Helene Goldfarb, Woman of Distinction 2015, Arline Bronzaft, Woman of Distinction 2024 and Assembly Member Rebecca Seawright.

Our community mourns the passing of Dr. Arline Bronzaft, an extraordinary environmental psychologist, tireless advocate, and treasured Upper East Sider, who dedicated her life to making New York City a

healthier and more livable place. Dr. Bronzaft passed away on October 29 at the age of 89.

In 2024, Assembly Member Rebecca A. Seawright proudly recognized Dr. Bronzaft as a Woman of Distinction for her groundbreaking research on noise pollution and decades of public service. Her work fundamentally changed how our city—and the nation—understands the impact of noise on health, learning, and quality of life.

Across five decades, Dr. Bronzaft championed the idea that noise is not merely an annoyance but a critical public health issue. Her pioneering studies in the 1970s documented how elevated subway noise disrupted classroom learning, leading to reforms that improved conditions for generations of schoolchildren. She later helped modernize New York City's noise code, bringing scientific rigor and compassion to policy that affects millions of residents.

Whether measuring decibel levels on busy Manhattan streets, advocating for quieter classrooms, or pushing for innovative solutions like “noise cameras,” Dr. Bronzaft never stopped fighting for a more peaceful city. She served as an advisor to government agencies, environmental groups, and community organizations, and was widely regarded as the city's foremost expert on urban noise.

Dr. Bronzaft leaves behind a powerful legacy: a safer, healthier, and more considerate New York. Assembly Member Seawright and our entire community extend our deepest condolences to her family and loved ones, and we honor her incredible life of scholarship, activism, and public service.

May her memory be a blessing—and an inspiration to continue the work she so passionately championed.

Read more about her life profiled by New York Times' Sam Roberts here-
<https://www.nytimes.com/2025/11/12/nyregion/arline-bronzaft-dead.html?smid=url-share>

Assembly Member Seawright Honors Calandra Institute Dean and Distinguished Professor Anthony Julian Tamburi at 45th Anniversary Celebration



In recognition of the Institute's decades of scholarship, leadership, and cultural preservation, Assembly Member Seawright presented a New York State Assembly Citation to the Institute's Dean and Distinguished Professor Anthony Julian Tamburi, honoring his steadfast commitment to documenting, preserving, and promoting the Italian American experience.

The milestone celebration brought together leaders, scholars, and community members to commemorate the Institute's achievements and its vital role in advancing academic excellence and cultural heritage.

Assembly Member Seawright congratulates the Calandra Institute on 45 years of outstanding service and looks forward to its continued impact in the years ahead.

Seawright Recognizes Michael Adams' Legacy of Service to LGBTQ+



Assembly Member Rebecca A. Seawright was honored to present Michael Adams with an official citation on behalf of the New York State Assembly, recognizing his extraordinary leadership and nearly two decades of transformative service as CEO of SAGE. Under Adams' visionary tenure, SAGE expanded its national impact, championed groundbreaking LGBTQ+ aging policies, and built life-changing programs and housing initiatives that uplift hundreds of thousands of LGBTQ+ elders.



Assembly Member Seawright commended Adams for his unwavering dedication to ensuring that older LGBTQ+ New Yorkers—and elders nationwide—can age with dignity, inclusion, and support. His legacy of advocacy, innovation, and compassion will continue to strengthen the community for years to come.

As Featured in the Friday Morning Brief



The Dickinson & Avella Friday Morning Brief

Friday Morning Brief Nov. 14, 2025 - Dickinson & Avella, PLLC

Assemblymember Rebecca Seawright joins us to discuss her Manhattan-based district, legislative achievements, and some of the work she has been doing in the Assembly. During her time in the Assembly, she has been advocating on issues such as public education, the environment, and accessibility for people with disabilities. Currently, she is the Chair of Aging and serves on various Assembly committees, including on Codes, Judiciary, and Ways and Means.

[Read More](#)

**ASSEMBLY MEMBER
REBECCA A. SEAWRIGHT**



HOUSING LEGAL CLINIC

EVERY OTHER TUESDAY

**EVERY OTHER TUESDAY
AT 3:30 PM ATTORNEYS FROM
THE LAW OFFICES OF GRIMBLE
& LOGUIDICE, LLC WILL
PROVIDE ADVICE ON HOUSING-
RELATED MATTERS AT NO-COST
FOR CONSTITUENTS OF THE
76TH ASSEMBLY DISTRICT**

Get help navigating the housing court process, responding to notices, dealing with threat of eviction, getting repairs from negligent landlords, and advocating for your rights as a tenant in New York City!

**A VOLUNTEER ATTORNEY WILL
HOST A ONE -ON-ONE SESSION
WITH ATTENDEES.**



**SCAN ME TO
RSVP!**

**RSVP REQUIRED:
CALL: 212-288-4607
EMAIL: SEAWRIGHTR@NYASSEMBLY.GOV**

The legal clinic is solely to provide guidance and advice from attorney's experienced in landlord tenant law. The clinic does not guarantee a desired outcome and does not establish an attorney-client relationship. Assembly Member Rebecca Seawright does not represent or advise constituents in any legal matters.



NO-COST NOTARY PUBLIC SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
10AM-1PM	10AM-12PM	10AM-1PM	10AM-12PM	10AM-1PM

Upcoming Events

**NOVEMBER 15, 2025
12PM-3:30PM**



**UES
NEIGHBORHOOD
HURRICANE
MELISSA
DISASTER
RELIEF**

**DONATIONS
DRIVE**

316 E 88th St (88th st between 1st and 2nd ave)

Space generously provided by The Church of the Holy Trinity

WHAT TO DONATE

Share this flyer

- ✓ **Warm weather clothes & shoes (adult & kids)**
- ✓ **Shelf-stable foods**
- ✓ **Personal care items (toiletries & hygiene products)**
- ✓ **Household items**
- ✓ **Bedding and Towels**
- ✓ **Baby items (formula, diapers, clothing, etc.)**
- ✓ **Flashlights & batteries**

Your support can make all the difference

92Y Presents Public Education at a Crossroads

On Thursday, November 20 at 9:30 AM there will be an in-person and online event hosted by 92nd Street Y: "The State of New York — Public Education at a Crossroads: Randi Weingarten on New York and Beyond."

In this timely conversation, Randi Weingarten (President of the American Federation of Teachers) sits down with Seth Pinsky to examine the future of our public schools—why educational attainment is declining, how New York can lead, and what role our schools should play in strengthening democracy. Don't miss this candid, thought-provoking discussion about what's at stake for both New York and the nation.

[Sign up here.](#)

HSS

Register today!

Program is free of charge.

Greenberg Academy
for Successful Aging

Hip Pain: Causes & Management

Thursday
November 20, 2025
10:30–11:30 am



An Online Event

Register online at: bit.ly/hss-hip-pain-nov

For more information: call 212.774.7622 or email us at communityed@hss.edu

Hip discomfort can affect daily life.

Join us to learn:

- Common causes like arthritis, bursitis, and tendon issues
- The latest in diagnosis, treatment, and pain management
- How lifestyle changes, exercise, and early care can reduce pain and improve mobility

SPEAKERS

Mitchell Alan Johnson, MD

Ericka von Kaeppler, MD, PhD

Department of Orthopedic Surgery, HSS

HSS Education Institute

Join our print mailing list to be notified of future programming by calling **212.774.7622**.

Or sign up for our email list at hss.edu/registration.

This program is designed to give general information and does not provide individual medical advice.

Scan QR code for
more information



ROOSEVELT ISLAND

Holiday Tree Lighting Ceremony

FRIDAY, DECEMBER 5TH
06:00 PM
MEDITATION LAWN

Rain Date: 12/8

*Food
Live Music
Giveaways
Santa
Performances*



Roosevelt Island
Operating Corporation

Rat Academy Training

Sponsored by NYS Assembly Member Rebecca Seawright



Friday,
December 12, 2025

10 a.m. to noon

Join online from anywhere!

Join us to learn about rat prevention methods.

Free training for:

- Building superintendents and staff
- Homeowners and tenants
- Managing companies
- Business owners

To register for this virtual event, visit bit.ly/ratacademy1212 or email ratportal@health.nyc.gov specifying the training date.



For more information, contact ratportal@health.nyc.gov. This virtual training is offered in English, but for interpretation or ASL, contact us at least 72 hours in advance.

For more information about rats, visit nyc.gov/rats.



10.25

Weekly Greenmarkets

Every Saturday – 82nd Street / St. Stephen's Greenmarket
82nd Street between First & York Avenues, 9am–2:30pm

A year-round favorite where the church courtyard and sidewalk bustle with shoppers. Shop fruits, vegetables, baked goods, cheese, fish, chicken, grass-fed beef, goat meat, and more from:

American Pride Seafood, Sikking Flowers, Bread Alone, Tivoli Mushrooms, Hudson Valley Duck, Walnut Ridge, Haywood's Fresh, Samascott & Nine Pin Ciderworks, Gayeski Produce, Valley Shepherd, Hawthorne Valley, and Cherry Lane Farms.

Every Sunday – Ruppert Park Greenmarket
Second Avenue & 91st Street, 9am–3pm

A lively market with neighbors gathering over an abundant array of produce and goods. Vendors include:

American Pride Seafood, Meredith's Country Bakery, Tivoli Mushrooms, Riverine Ranch & Halal Pastures, Norwich Meadows, Grandpa's Farm, and Phillips Farms.

Every Thursday – Lenox Hill Farmstand

NW Corner of First Avenue & 70th Street, 11am–4pm

Stock up on 100% local, mostly organic fruits, veggies, honey, jams, grains, maple syrup, eggs, flour, and salsas. Plus—weekly food demos and a must-read Farmstand newsletter!

Resources

Cash Assistance & Benefits Security

Cash Assistance Skimming Alert: Beware of electronic theft of EBT benefits via skimming or phishing. To learn more or file a claim for stolen Cash Assistance benefits, visit: nyc.gov/hra/benefitreplacement

Paid Family Leave

Since 2018, New York's Paid Family Leave program has supported thousands of working families. Benefits and wage replacements increase annually with the NY State Average Weekly Wage. Learn more about 2025 benefits at: paidfamilyleave.ny.gov/2025

Tax Credits & Financial Assistance

Empire State Child Credit: Over 1.5 million eligible New Yorkers will automatically receive supplemental payments based on this credit. No action needed. Details: [Additional Empire State Child Credit Payments](https://www.tax.ny.gov/empirestatechildcredit/)

Unclaimed Funds: Check for unclaimed money you may be owed at: osc.ny.gov/unclaimed-funds

Energy & Heating Assistance

Energy Affordability Program: Income-eligible consumers may get discounts on electric/gas bills. Info and forms: [ConEd Energy Affordability Program PDF](https://www.coned.com/energy-affordability-program) or call 800-752-6633 (seniors: 800-404-9097).

Regular HEAP Benefit: The 2024–25 season is open. Eligible households can get help paying heating bills. Details: otda.ny.gov/programs/heap

Cooling Assistance: HEAP also covers fans and AC units for qualifying households:

otda.ny.gov/programs/heap/#cooling-assistance

Health Insurance & Counseling

Qualified Health Plans: Enroll by the 15th for coverage the following month with new cost-sharing savings. Info: nyc.gov/health/healthcoverage or call 347-665-0214.

HIICAP: Free counseling on Medicare, Medigap, and long-term care insurance. Call 1-800-701-0501 or visit aging.ny.gov/hiicap.

Housing & Tenant Rights

Renters Rights: NYC tenants are protected against unsafe living conditions, harassment, and discrimination. See the [Tenant Bill of Rights](https://www.tenantsrights.org/).

Homeowner Handbook: A resource to help NY homeowners manage responsibilities and find assistance. View at homeownerhelpny.org/handbook.

Discrimination Reporting: File discrimination reports by phone at (844) NYS-DHR1 or (844) 697-3471.

Rent Protection & Resources: NYC tenants can check rent increase legality and get help at [GoodCauseNYC.org](https://www.goodcausenyc.org/).

Food Assistance

SNAP Benefits: Simplified one-page applications, longer recertification periods for seniors, and no interview needed for recertification. Learn more and apply online.

Health Bucks: At NYC farmers markets, spend \$2 in SNAP/EBT/Summer EBT and get \$2 bonus Health Bucks for fresh produce, up to \$10 per visit. Info: grownyc.org/greenmarket/ebt/nutritionprograms.

Transportation

MTA Reduced-Fare Program: Half-fare benefits are moving to OMNY. New cards should have arrived; continue using MetroCards meanwhile. Check updates at [MTA Reduced-Fare OMNY info](https://www.mta.info/reduced-fare-omny).

MTA Mobile Sales: Services include reduced-fare applications, OMNY sign-ups, card balance transfers, and lost card reports. Schedule at mta.info/fares/mobile-sales.

Congestion Pricing: Tolls apply entering Manhattan south of 60th St. Discounts and exemptions available. Details: mta.info/discounts and congestionreliefzone.mta.info.

Emergency & Community Resources

Mental Health Hotline: Call 988 for mental health support; call 911 for emergencies.

Community Health Advocates: Help with medical bills and insurance issues at 1-888-614-5400.

NYC Emergency Alerts: Sign up for Notify NYC at nyc.gov/notify or call 311.

Animal Care Centers: Due to temporary dog intake suspension, ACC urges adoption. Visit local centers or website for info.

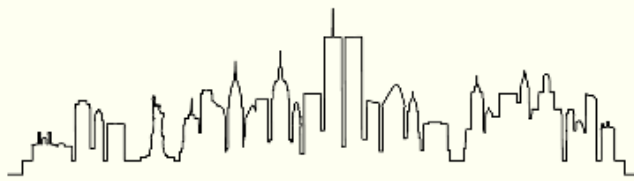
Curbside Composting: Available citywide weekly on recycling day. Details: nyc.gov/curbside-composting.

Identification

New York Mobile ID: Carry a secure digital ID or driver's license on your phone. Learn more and download the app.

NYC Infrastructure

NYCDOT Street Work Permit Maps: View active street work permits for your district at nycdot.info.



The Bloomberg Fellowship for Jewish Community Relations



APPLY NOW TO BECOME A FUTURE NYC JEWISH CIVIC LEADER!

The Bloomberg Fellowship for Jewish Community Relations at JCRC-NY is a premier civic leadership experience for rising Jewish changemakers in New York City. Designed for bold thinkers and emerging leaders, this immersive program empowers participants to engage with the most pressing challenges facing our city—and to help shape a more connected, inclusive New York for all.

Fellows dive into a dynamic mix of thought-provoking conversations and site visits, hands-on experiences, and exclusive mentorship opportunities. Along the way, they'll build powerful networks, sharpen their leadership skills, and gain the tools to be effective advocates, bridge-builders, and community leaders in a rapidly evolving civic landscape.

If you're driven by purpose, powered by relationships, and ready to lead—this fellowship is for you.

WHO SHOULD APPLY?

We're looking for rising Jewish changemakers who are:

- 🧑🏫 Jewish young professionals between the ages of 22–35
- 🏙️ Passionate about civic life and eager to make a real impact in NYC
- 🤝 Committed to building bridges—within the Jewish community and beyond
- 🌍 Excited to engage with diverse communities and connect with public officials
- 🧠 Drawn to nuance, complexity, and real dialogue around today's toughest issues
- 💪 Ready to roll up their sleeves and help shape a stronger, more inclusive city

The future of Jewish leadership in NYC starts here.

[APPLY HERE BY DECEMBER 12, 2025](#)

[Community Update: November 7, 2025](#)

[Community Update: October 31, 2025](#)

[Community Update: October 24, 2025](#)

[Community Update: October 17, 2025](#)

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Office of Assembly Member Rebecca Seawright | 1485 York Avenue | New York, NY 10075 US

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