



Dear Neighbor,

I wish you a safe, healthy, and Happy Thanksgiving! May you enjoy a bountiful holiday season with your friends, family, and loved ones.

This Thanksgiving I am thankful for my family and friends, the district office team, and the community I represent. Included in this special report, I am sharing a feature from Our Town on the resources we provide to constituents year-round at the community office.

Please save the date for our Holiday Open House on Thursday, December 19, from 4-5 pm at the District Community Office, 1485 York Avenue (78/79 Streets). We are collecting toys at the District Community Office for our annual holiday toy drive benefiting children in our community every day, Monday to Friday, from 9:30 am to 5:30 pm through Thursday, December 19.

As a reminder, our office is closed on Thursday, November 28, and Friday, November 29, for a legal state government holiday. We will reopen on Monday, December 2, at 9:30 am.

Please do not hesitate to reach us if we may be of further assistance.

Phone: 212.288.4607
Email: SeawrightR@NYAssembly.gov

Sincerely,

REBECCA A. SEAWRIGHT



OUR TOWN

The local paper for the Upper East Side

From COVID Booster Shots to a Notary, Local Assembly Member Seawright Offers Surprising Array of No Cost Services to UES Constituents



**As Featured by Arlene Kayatt, East Side Observer:
Interns, volunteers, and trained professionals offer a wide array of unexpected services our East Side Observer finds when she pays a visit to Assembly member Rebecca Seawright's office.**

Hooray for Constituent Service—For non-stop/one-stop constituent service, Assembly Member Rebecca Seawright's community office on York between E. 78 and E. 79th Sts. is Numero Uno IMO. The staff is up and ready with a panoply of services—from covid shots and masks, flu shots, blood glucose and blood pressure screenings, and screening mammograms to notary services, book drives, shredding events, and more. Look no further than the Seawright Team's full-service constituent office.

[Read More](#)

Angelica's Law, Seawright Supported Legislation Signed into Law, Now Taking Effect

Angelica's Law—which is now in effect—increases penalties for those with a history of dangerous driving. The law is named after Angelica Nappi, a 14-year-old Long Island teen who was killed in 2008 when an unlicensed motorist with seven prior suspensions ran a red light. Angelica's Law provides that a driver with five or more prior license suspensions for moving violations qualifies for aggravated unlicensed operation of a motor vehicle in the first degree, a class E felony (Ch. 722 of 2023) to keep our roads safe from reckless drivers.

Thanksgiving Fire Safety

Safety Tips From FDNY



It's important to be #FDNYSmart this Thanksgiving. Here are some safety tips for the holiday:

- Stay in the kitchen. Don't leave cooking food unattended. STAND BY YOUR PAN.
- Wear short or tight-fitting sleeves. Long sleeves are more likely to catch on fire or get caught on pot handles.
- Keep the area around the stove clear of towels, papers, potholders, and anything that can burn.
- Cook at indicated temperature settings rather than higher settings.
- Keep a pot lid nearby to smother a pan fire. Do not attempt to pick up the pot or pan. Shut off the heat and cover the fire with a lid.
- Do not use water. It will cause splashing and spread the fire.
- Treat burns immediately with cool running water.

During Thanksgiving, some people use deep fryers for their turkeys and other delicious treats. However, deep fryers are considered a fire risk that can cause serious injury.

If you do decide to use a deep fryer, here are some safety tips:

- Do not use fryers in a garage.
- Never let children near the fryer, even when it's not in use.
- Never leave the fryer unattended.
- Do not overfill the fryer.
- Use safety goggles to protect your eyes and always use potholders or oven mitts when handling the fryer.
- Make sure the turkey is completely thawed.
- Keep a fire extinguisher near the fryer.
- Do not use water to put out a grease fire.

News You Can Use



Seawright Cosponsored Consumer Legislation Signed by Governor Hochul

From gym memberships and restaurant grades to domestic violence protections and government services, new legislation signed into law will protect consumers.

[Read More](#)



Here's How To Watch The Macy's Thanksgiving Parade Balloon Inflation

Here's How To Watch The Macy's Thanksgiving Parade Balloon Inflation. It's a beloved New York City holiday tradition.

[Read More](#)

Consider Our Office Your Resource!



METROCARD BUS

STOPS HERE (79/York):

WED. 12/6 & 12/20

10:00AM- 12:00PM

REFILL YOUR
METROCARD

APPLY FOR
REDUCED FARE

CASH ONLY

Rebecca
Seawright



NO-COST NOTARY

Monday - Friday

10am-12pm

1485 York Avenue (78/79 Streets)



**ASSEMBLY MEMBER
REBECCA A. SEAWRIGHT**



HOUSING LEGAL CLINIC

Get help navigating the housing court process, responding to notices, dealing with threat of eviction, getting repairs from negligent landlords, and advocating for your rights as a tenant in New York City!



**SCAN ME TO
RSVP!**

EVERY OTHER TUESDAY

**EVERY OTHER TUESDAY
AT 3:30 PM ATTORNEYS FROM
THE LAW OFFICES OF GRIMBLE
& LOGUIDICE, LLC WILL
PROVIDE ADVICE ON HOUSING-
RELATED MATTERS AT NO-
COST FOR CONSTITUENTS OF
THE 76TH ASSEMBLY DISTRICT**

**A VOLUNTEER ATTORNEY WILL
HOST A ONE -ON-ONE SESSION
WITH ATTENDEES.**

**RSVP REQUIRED:
CALL: 212-288-4607
EMAIL: SEAWRIGHTR@NYASSEMBLY.GOV**

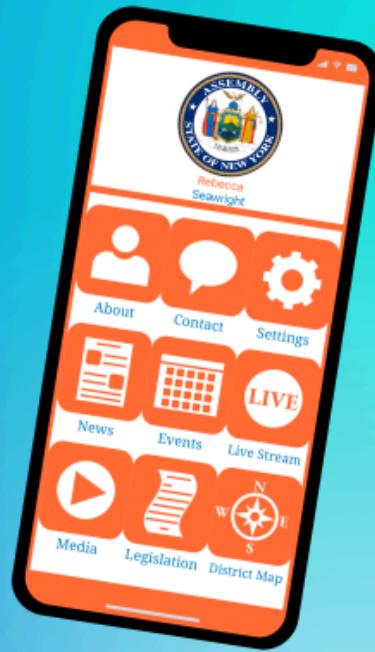
The legal clinic is solely to provide guidance and advice from attorney's experienced in landlord- tenant law. The Clinic does not guarantee a desired outcome and does not establish an attorney- client relationship. Assembly Member Rebecca Seawright does not represent or advise constituents in any legal matters.

Assembly Member Rebecca Seawright's App is Live!

Stay Up-To-Date with the latest:

- News
- Events
- Legislation
- Livestream
- Media

Available on iPhone and iPad



Upcoming Events

**Rebecca
Seawright**
ASSEMBLYMEMBER

HOLIDAY OPEN HOUSE

AND TOY DRIVE

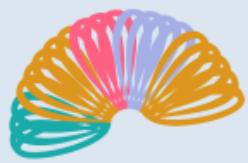
FRIDAY, DECEMBER 19

4:00PM-5:00PM

**COMMUNITY OFFICE OF
ASSEMBLY MEMBER REBECCA SEAWRIGHT
1485 YORK AVENUE
(78/79 STREETS)**

*Wishing you and yours a
very special holiday season
filled with joy and light!*

For more information, please contact:
seawrightr@nyassembly.gov or 212-288-4607



**Rebecca
Seawright**
ASSEMBLYMEMBER



Toy Drive



Accepting Donations Through

Thursday, December 19

Please donate new, unwrapped toys for local children. Donations will be made to Asylum seeker families in our neighborhood & The New York Center for Children

Drop-off Location:
Office of Assembly Member Rebecca Seawright
1485 York Avenue, New York, NY 10075

Call 212.288.4607 or email SeawrightR@NYAssembly.gov for more information.



**Rebecca
Seawright**
ASSEMBLYMEMBER



NO-COST COMMUNITY SHREDDING 2024

SATURDAY, DECEMBER 7TH

**GREEN MARKET, 82ND STREET
BETWEEN 1ST AND YORK**

10 AM - 1 PM

NO NOTEBOOKS, BINDINGS, OR X-RAYS
OFFICE OF NYS ASSEMBLY MEMBER REBECCA A. SEAWRIGHT
1485 YORK AVENUE
212-288-4607
SEAWRIGHTR@NYASSEMBLY.GOV

Greenberg Academy
for Successful Aging

Shoulder & Elbow Pain

Thursday
December 12, 2024
10:30–11:30 am (ET)

Register today!
Program is free of charge.



An Online Event

Register online at: bit.ly/hss-ceo-shoulder-elbow-pain

For more information: call **212.774.7622** or email us at communityed@hss.edu

As we age, shoulder and elbow pain from injuries or wear and tear can limit your arm movement.

Learn about:

- Causes, symptoms, management & treatment options at HSS
- Question & Answer session will follow

Join our print mailing list to be notified of future programming by calling **212.774.7622**.

Or sign up for our email list at hss.edu/registration.

INSTRUCTOR

**Brittany Ammerman MD,
and Samuel Boas, MD**

Department of Orthopedic Surgery, HSS

This program is designed to give general information and does not provide medical advice

Scan QR code for more information



HSS Education Institute

Register today!
Program is free of charge.

Journaling to Health

Tuesday
December 10, 2024
10:30–11:45 am (ET)



An Online Event

Register online at: bit.ly/hss-ceo-journaling

For more information: call **212.774.7622** or email us at communityed@hss.edu

Come to reflect and write!

Writing and journaling can:

- Help you gain insight into your own experiences
- Be a powerful way to connect with others
- Can benefit both mental and physical health

Come to hear what research shows and then write together! No writing experience is needed.

Join our print mailing list to be notified of future programming by calling **212.774.7622**.

Or sign up for our email list at hss.edu/registration.

INSTRUCTOR

Joy Jacobson, MFA
HSS Journal® Editor

Scan QR code for more information



HSS Education Institute

[Community Update: November 22, 2024](#)

[Community Update: November 15, 2024](#)

[Community Update: November 8, 2024](#)

[Community Update: November 1, 2024](#)

Did someone forward this email to you?
[Sign up for our e-news here.](#)



Share This Email



Share This Email



Friends of Rebecca Seawright | PO BOX 20397 | New York, NY 10021 US

[Unsubscribe](#) | [Update Profile](#) | [Constant Contact Data Notice](#)



Try email marketing for free today!