



Dear Friends and Neighbors,

I am pleased to share this Community Update with important news, resources, and opportunities for residents of the Upper East Side and Roosevelt Island.

This week, I reaffirm my unwavering commitment to standing against antisemitism and all forms of hate following the disturbing attacks in New York City.

In our Spotlight on Aging, I encourage older adults and family caregivers to take advantage of valuable state resources that can help them stay safe, healthy, independent, and connected.

You'll also find information about National Night Out, free cultural events, Summer Streets, Roosevelt Island Library programs, volunteer opportunities, and other ways to enjoy and engage with our community.

As always, my office is here to assist you with state agencies, benefits and entitlements, housing resources, and other constituent services. Please don't hesitate to contact us if we can be of assistance.

I invite you to join us at our upcoming events:

- Tuesday, August 4, 4:00 pm – 7:00 pm – **National Night Out Against Crime** at St. Catherine's Park (First Avenue between East 67th and East 68th Streets). Stop by Assembly Member Rebecca A. Seawright's table for mobile constituent services, including assistance with state agencies, benefits, and community resources. Enjoy this free family-friendly event hosted by the NYPD 19th Precinct and the 19th Precinct Community Council. Rain location: St. Vincent Ferrer Church, 869 Lexington Avenue.

- Wednesday, August 5, 10:00 am – 2:00 pm – **Benefits Screening with LiveOn NY** at our Community Office, 1485 York Avenue (78th/79th Streets). By appointment only. Call 212-288-4607 or email SeawrightR@NYAssembly.gov to schedule.
- Wednesday, August 5, 10:00 am – 12:00 pm – **MTA OMNY Service Bus** at our Community Office, 1485 York Avenue (78th/79th Streets). Ask questions or refill your OMNY account.
- Wednesday, August 26, 9:00 am – 4:30 pm – **No-Cost Screening Mammograms Bus** at the Church of the Good Shepherd, 543 Main Street, Roosevelt Island. Women ages 40–75 who live in New York City and have not had a mammogram in the past 12 months may be eligible. By appointment only. Call 212-288-4607 to schedule. Please bring a photo ID and insurance card (if applicable).

Our office is always just a phone call, email, or visit away.

Phone: 212-288-4607

Email: SeawrightR@NYAssembly.gov



REBECCA A. SEAWRIGHT

Statement from Assembly Member Rebecca Seawright on Standing with Our Jewish Community

I stand firmly with our Jewish community and unequivocally condemn antisemitism, hate, and violence in all its forms. I was deeply disturbed by Thursday's violent attacks in New York City, including what authorities have indicated appears to have been an antisemitic assault targeting a visibly Jewish man and another attack that seriously injured an Asian New Yorker. I join New Yorkers in praying for the full recovery of both victims.

These attacks come amid a deeply troubling rise in antisemitism and other hate-fueled incidents across New York and our nation. Hateful rhetoric has consequences. When individuals or communities are repeatedly singled out, vilified, or dehumanized, it can fuel division, embolden extremists, and contribute to an environment where acts of hate become more likely. Our elected leaders have a responsibility to speak with moral clarity, reject antisemitism unequivocally, and work to unite—not divide—our communities.

After my own district office was targeted by antisemitic vandalism in 2020, I became even more determined to strengthen New York's response to hate. I understand that rhetoric matters. When public discourse singles out or demonizes people or communities, it can fuel fear, deepen division, and contribute to an environment where harassment, intimidation, and violence become more likely. At a time when antisemitic incidents continue to rise, our words should bring people together—not drive them further apart. That is why I sponsored legislation—now law—requiring individuals convicted of hate crimes to complete court-approved anti-hate education, training, or counseling programs.

I have also co-sponsored legislation to explicitly define antisemitism under New York's Human Rights Law and strengthen protections against antisemitic hate crimes, supported stronger Holocaust education in our schools, and secured a \$1.5 million state grant for the Simon Wiesenthal Center's Mobile Museum of Tolerance to expand Holocaust education, civil rights programming, and anti-bias training across New York. I have also convened community town halls to address the rise in antisemitism and work collaboratively on meaningful solutions.

New York's greatest strength has always been its diversity. I will continue working alongside faith leaders, community organizations, educators, law enforcement, and my colleagues in government to confront antisemitism, strengthen hate crime protections, support the security of our houses of worship, and ensure that every New Yorker can live free from fear. There is no place for antisemitism—or any form of hate—in our communities.

Celebrating National Intern Day!



On National Intern Day we celebrated our district office interns who help us throughout the summer. Pictured (L-R): Tamir Raucher, Columbia Grammar & Preparatory School; Zaina Mirza, Hunter College Care for the Future Program (CUNY Hunter College); Assembly Member Rebecca A. Seawright; Alexa Rappoport, Auschwitz Jewish Foundation (Muhlenberg College); and Madeleine "Maddie" Stoller, Simon Wiesenthal Next Gen Internship (Georgetown University).

**Don't Miss A Special Episode of Rise Up with Rebecca Seawright
Featuring Carter Burden, Executive Director Joy Salvador, Airing
Tuesday, August 4 at 8 PM**

RISE UP

WITH REBECCA SEAWRIGHT

FEATURING JOY SALVADOR



TUESDAY August 4th @ 8PM EST
FiOS channel 34, RCN channel 83, and
Spectrum channels 56 and 1996

Visit Team Rebecca's Table at National Night Out

NYPD'S 19TH PRECINCT

★★★ PRESENTS ★★★



**TUESDAY
AUGUST 4, 2026
4-7 PM**

ST. CATHERINE'S PARK

1ST AVE BETWEEN 67TH & 68TH ST



**FREE ACTIVITIES,
TREATS & SNACKS
ALL ARE WELCOME!**



ALTERNATE RAIN LOCATION: ST. VINCENT FERRER
869 LEXINGTON AVE BETWEEN 65TH & 66TH STREET
FOLLOW @NYPD19PCT FOR LIVE UPDATES



**Resources to Help Older New Yorkers Stay Safe, Healthy, and
Connected**



SPOTLIGHT ON AGING:

Our office encourages older adults and caregivers to take advantage of the many free and low-cost resources available through the New York State Office for the Aging (NYSOFA).

Protect Yourself from Scams

Older adults continue to be targeted by financial scams, but new technology can help. NYSOFA's partnerships with SilverShield and EverSafe have already prevented thousands of scam attempts and helped older New Yorkers avoid hundreds of thousands of dollars in financial losses. These affordable tools can help detect suspicious calls, texts, financial transactions, and identity theft before they become costly.

Support for Family Caregivers

Whether you help a loved one with grocery shopping, medications, transportation, or daily tasks, you are a caregiver—and support is available. NYSOFA's Caregiver Portal offers free online training, educational resources, and practical tools to help caregivers navigate challenges and connect with services.

Free Virtual Programs and Classes

New Yorkers age 60 and older can participate in the Virtual Senior Center through Selfhelp Community Services, offering live classes, social activities, wellness programs, and opportunities to connect with others from home. NYSOFA also partners with GetSetUp to provide hundreds of free online classes on healthy aging, technology, financial wellness, fitness, and lifelong learning.

 Virtual Senior Center: [Virtual Senior Center](#)

 GetSetUp Classes: [Free GetSetUp Classes](#)

Prevent Falls and Stay Independent

Falls remain one of the leading causes of injury among older adults. NYSOFA offers resources to help seniors reduce their risk of falls, maintain independence, and remain active and engaged in their communities.

Stay Safe During Extreme Heat

Summer heat can be especially dangerous for older adults. NYSOFA provides important guidance on preventing heat-related illness, finding cooling resources, and staying safe during periods of extreme temperatures.

To learn more about these and other free programs and services, [visit the New York State Office for the Aging or contact our office](#). We are always happy to help connect you with available resources.



HEALTH ADVOCATES
FOR OLDER PEOPLE



Weill Cornell
Medicine

Arthritis: Signs and Treatments

with Iris Navarro-Millan, M.D.

*Associate Professor of Medicine at Weill Cornell Medicine
and clinical researcher focused on rheumatoid arthritis*

Thursday, August 6th, 3pm-4pm on Zoom



An estimated 58.5 million U.S. adults have arthritis according to the Center for Disease Control and Prevention (CDC).

With more than 100 types of arthritis, signs and symptoms may vary, impacting the ability to manage or treat the disease.

Join us for a discussion to learn what you should know about arthritis and an overview of the different types of arthritis with a focus on osteoarthritis — including how it progresses, treatments and what may be done to prevent it or slow its progression.

Sign up with this link:

<https://us02web.zoom.us/j/81541019392?pwd=RE56OE96MlVlWVhVeE5rWE5lWEc3dz09>.

We will also stream the Zoom at 341 E. 87th Street.

If attending the Zoom stream in person, please RSVP to
212-980-1700, ext. 206 or info@hafop.org.

Health Advocates for Older People promotes safe and healthy aging for New Yorkers. Our programs are supported through generous donations from individuals, foundations, and government agencies.

Health Advocates for Older People

420 Lexington Ave., suite 1402 | New York, NY 10170 | 212-980-1700 | www.hafop.org



Health Advocates for Older People

invites you to our upcoming

Equipment Fair

Monday, August 10th, 2026

10:00 a.m. - 12:30 p.m.

Church of the Holy Trinity

316 East 88 St. (bet 1st & 2nd Ave.), Lower Level

Increase your mobility and comfort!

Stop by for a selection of useful items, all free of charge such as:

Canes

Crutches

Shower chairs

Raised toilet seats & commodes

Post surgical boots

Rollators

Wheelchairs

Chucks disposable bed covers, and more!

All items are subject to availability and are in as is condition.

For more information, or to inquire about a specific item, contact info@hafop.org or
212-980-1700, ext. 201 or 212-831-1700.

Health Advocates for Older People promotes safe and healthy aging for New Yorkers.

Health Advocates Equipment Donation is supported through public and private grants and donations.

Visit www.hafop.org to learn more and get involved.

Health Advocates for Older People

420 Lexington Ave., suite 300 | New York, NY 10170 | 212-980-1700 | www.hafop.org

ROOSEVELT ISLAND FALL FOR ARTS FESTIVAL

Saturday, September 19th

Call For Artists!

This year's Fall for Arts themes are: "When I Dream" and "Bridges and Connections".

Submissions:

Applications are due by Saturday, August 15th. Submissions require an explanation of the artists concept in JPEG or PDF format.

Email submissions@rivaagallery.org with any questions.

Event details:

- 🕒 10:00AM-5:00PM
Saturday, September 19th
- 📍 Meditation Lawn
Rain Date: Sunday, Sept 20th

For more info and to apply, scan the QR code.



<https://qrco.de/ffa2026>



Roosevelt Island
Operating Corporation



New York
Public
Library

MAIN STREET
THEATRE & DANCE
PLAZA

2026 Fall for Arts Festival Application

Consider Our Office Your Resource

American-Italian **CANCER FOUNDATION**

Wednesday, August 26, 2026

9:00am to 4:30pm

Church of the Good Shepherd

543 Main Street
Roosevelt Island, NY 10044



**Rebecca
Seawright**
ASSEMBLYMEMBER



Call to schedule a no-cost mammogram!

212-288-4607

ELIGIBILITY:

- Women ages 40- 75
- Currently living in NYC
- No mammogram in the past 12 months



Our services are at no-cost

- No co-pays or deductibles required. Uninsured patients are welcome
- Please bring a photo ID and insurance card (if insured)
- Medical services provided by Multi-Diagnostic Services

Funded by a grant from  **Cancer Services Program** Additional funding provided by the generous support of the JALBCA, NBCF, NYC Council, NYC DOHMH, NYS Senate, NYS Assembly, RAR Foundation, and individual patrons.

Health Bucks

Available
All Year

Health Bucks are \$2 coupons good for fresh fruits and vegetables at all New York City farmers markets.

At participating markets, for every \$2 spent with SNAP benefits (EBT), get \$2 in Health Bucks up to \$10 per day.

Swipe your EBT card at the farmers market manager tent.



Get Health Bucks.



Buy more fresh fruits and vegetables with Health Bucks.



Text "So Good" to 55676, visit nyc.gov/health/map or scan the QR code to find a farmers market near you.



NO-COST NOTARY PUBLIC SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
10AM-1PM	10AM-12PM	10AM-1PM	10AM-12PM	10AM-1PM

PLEASE REMEMBER TO BRING PHOTO ID
AND YOUR WITNESSES IF YOUR
DOCUMENT REQUIRES THEM

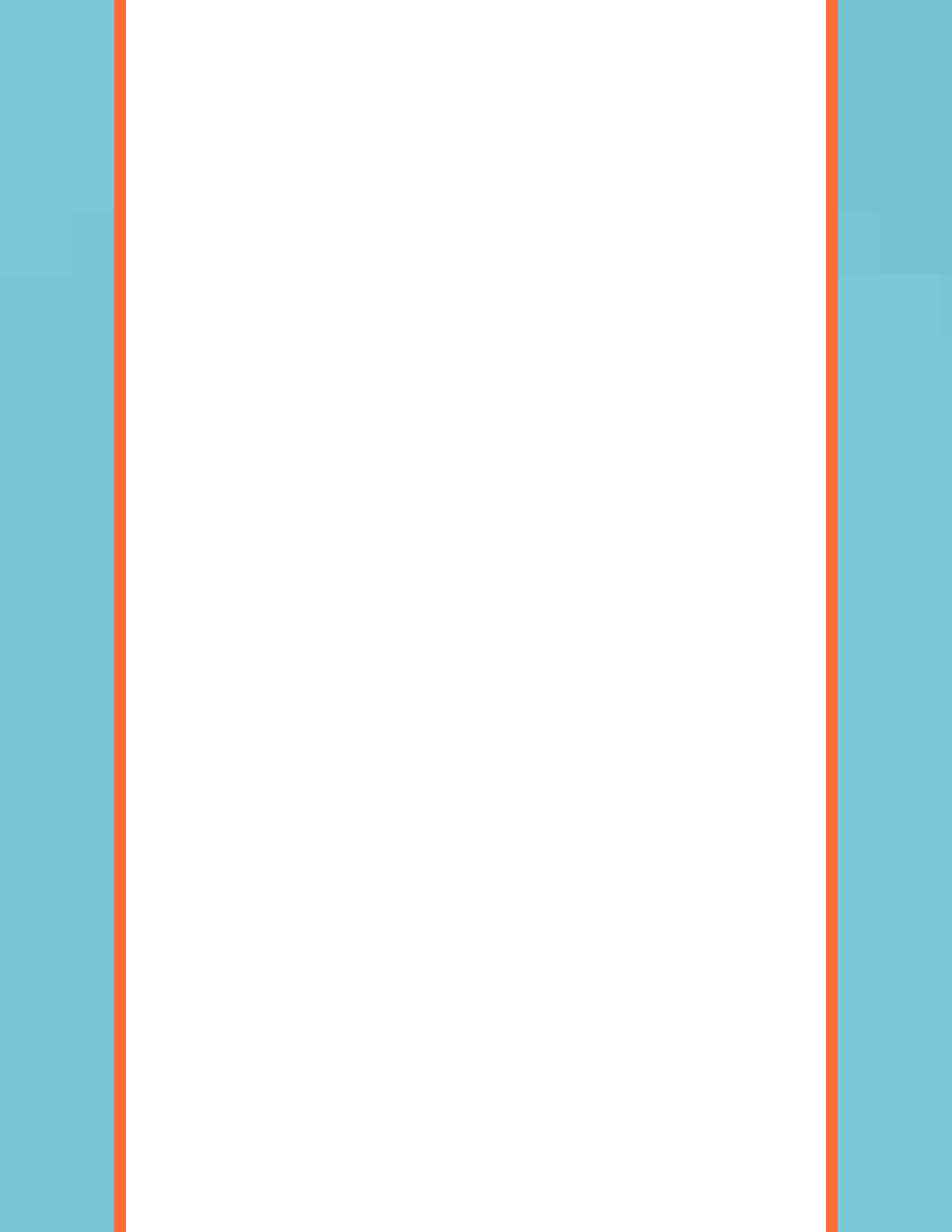


**OMNY BUS
STOPS HERE
(79/YORK):
WED. 8/5, 8/19**

10:00 AM - 12:00 PM

**REFILL YOUR
OMNY CARD**

**APPLY FOR
REDUCED FARE**



Ask to see the dogs participating in ACC's

POP-UP PROMO!

Every dog living in a Pop-Up crate has **waived adoption fees**, and their adoption includes a **\$50 Chewy gift card!**

ACC is at critical capacity, which means some dogs have been living in temporary pop-up crates while they wait for space to open up.

You can pop them out of their crates by adopting today!

View all Pop-Up Promo candidates at nycacc.app!

Candidates will have a special badge on their photo.



Upcoming Events

SUMMER MOVIE SERIES

A JAMES GUNN FILM



LOOK UP

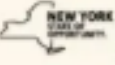
DC STUDIOS

SUPERMAN

PG-13

July 31st

SOUTHPOINT PARK
EVENT START: 7:00PM
MOVIE START: SUNSET

 **NEW YORK**
STATE OF NEW YORK

Roosevelt Island
Operating Corporation

Free Jazz at the American Folk Art Museum

Wednesday, August 5 | 1:00–2:00 p.m.

American Folk Art Museum

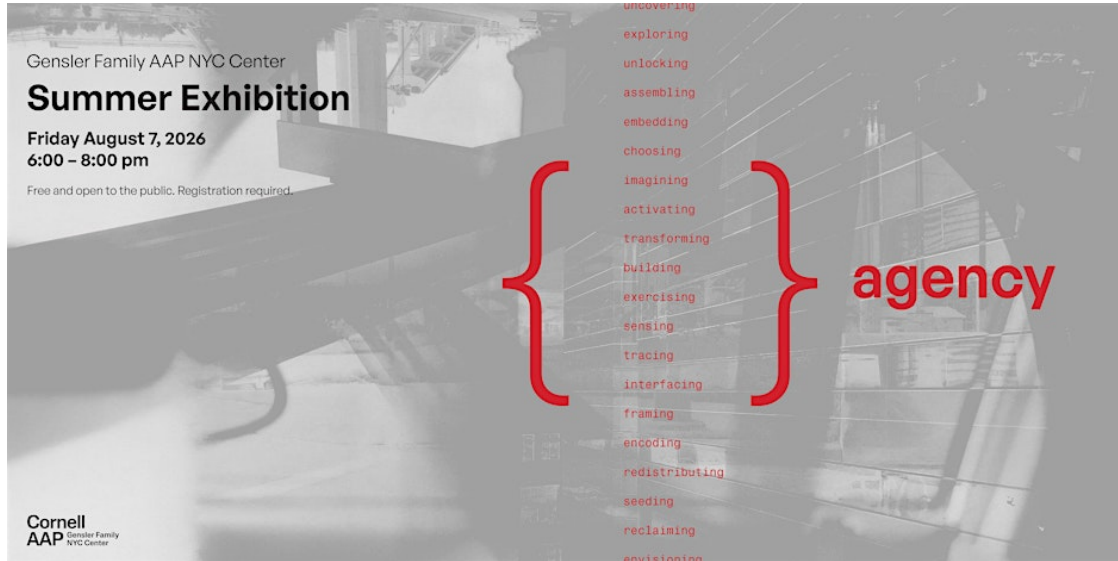
2 Lincoln Square (Columbus Avenue at West 66th Street)

Enjoy a free lunchtime performance as the Jazz + Wednesdays series continues with guitarist Bill Wurtzel and special guests performing classics from the Great American

Songbook.

Admission is free with registration. Register: [American Folk Art Museum Programs](#)

You're Invited: Cornell Tech Summer Exhibition



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Join Cornell Tech for the Gensler Family AAP NYC Center Summer Exhibition, showcasing innovative work from the next generation of architects, urban designers, landscape architects, and city planners.

The exhibition will feature projects created by students in the M.S. Advanced Urban Design (M.S. AUD), M.S. Advanced Architectural Design (M.S. AAD), Landscape Architecture, and City Visionaries programs. Visitors will have the opportunity to explore creative ideas addressing the future of cities, the built environment, and urban innovation.

Friday, August 7
6:00 p.m. – 8:00 p.m.
Gensler Family AAP NYC Center
Tata Innovation Center, Cornell Tech Campus
Roosevelt Island

Admission is free, but advance registration is requested.

RSVP: <https://www.eventbrite.com/e/-agency-tickets-1994908185083?aff=oddtcreator>

We thank Cornell Tech for opening this exciting exhibition to the community and encourage constituents to take advantage of this opportunity to experience the innovative work of emerging designers and planners.

[Read More](#)

August Programs at the Roosevelt Island Library

Make the most of the final weeks of summer with free programs for all ages at the Roosevelt Island Library! From author talks and book discussions to writing workshops, wellness programs, and family entertainment, there's something for everyone this August.

Featured Adult Programs

- Monday, August 3: Gathering: In Conversation with Louella Streitz — Celebrate the launch of a new cookbook with Roosevelt Island resident Louella Streitz as she shares the inspiration behind her recipes and culinary journey.
- Monday, August 24: A Tale of Two Stories — Join the library's newest reading discussion group for a conversation about Virginia Woolf's "Kew Gardens" and Washington Irving's "Rip Van Winkle." Copies are available at the circulation desk.

Teen Programs

- Fridays: The Bloom Room™ & The Sun Room™ — Weekly gatherings where teens can connect with peers, build coping skills, journal, and participate in guided conversations in a welcoming, supportive environment.
- Monday, August 17: Book to Film Club — Read the featured selection, then watch and discuss its film adaptation.

Children's Programs

- Fridays, August 7, 21 & 28: Kids Writing Workshop — Young writers ages 6–12 can explore storytelling, poetry, and letter writing while creating their own original work to be displayed at the library.
- Wednesday, August 19: End of Summer Reading Celebration — Celebrate the season with Bubbles the Silly Entertainer featuring music, dancing, balloon creations, face painting, and fun for the whole family.

Don't forget to participate in the library's Adult Summer Reading Bingo for a chance to win NYPL prizes, pick up Summer Reading activity logs at the circulation desk, and complete the community survey to help shape future programming.

[For a complete calendar of events and to register, visit the Roosevelt Island Library's page on the New York Public Library website.](#)

Summer Streets Returns to Manhattan

New York City's popular Summer Streets program returns on Saturdays, August 1, 8, and 15, transforming miles of Manhattan streets into car-free public space for walking, biking, running, and family fun.

From 7:00 a.m. to 3:00 p.m., the route stretches from the Brooklyn Bridge to Dyckman Street, including Park Avenue on the Upper East Side, and features free performances, fitness classes, art installations, and activities for all ages.

Learn more: **[NYC Summer Streets](#)**

Volunteer to Support Local Students

Looking for a meaningful way to give back? Goddard Riverside is recruiting volunteers for its STAR Learning Center, which provides one-on-one tutoring to students throughout the school year. Volunteers meet with a student once a week for two hours and receive training and support.

The organization is also seeking volunteers to help distribute backpacks and school supplies during its annual back-to-school events.

Learn more and sign up: [Goddard Riverside Volunteer Opportunities](#)

In Case You Missed It: Past Editions of the Community Report

[Community Update: July 24, 2026](#)

[Community Update: July 17, 2026](#)

[Community Update: July 10, 2026](#)

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