



New York State Assembly  
Albany, NY 12248

Scott —  
**BENDETT**  
NYS ASSEMBLY

Getting the help  
and support  
you need...

A Special Report on  
New York State  
Resources, Programs,  
and Offices

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**INSIDE:**  
New York State Offices and Programs  
To Help You Get The Support You Need



Assemblyman Scott Bendett  
**New York State Resources and Support**

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# New York State Programs

**Assemblyman Scott Bendett** is dedicated to helping our community access a full array of programs and services New York State has to offer families, those with disabilities and small children to ensure an improved quality of life.



## AFFORDABILITY ASSISTANCE

### Supplemental Nutrition Assistance Program (SNAP)

Apply online at [myBenefits.ny.gov](http://myBenefits.ny.gov), or call: (Washington County 518-746-2100, Rensselaer: 518-266-7800, Columbia: (518) 828-9411, Albany: (518) 447-7492) or via a toll-free hotline at **800-342-3009**.

### Hunger Prevention and Nutrition Assistance Program (HPNAP)

Helping New Yorkers in need with quality food distribution; visit [bit.ly/HPNAPgoals](http://bit.ly/HPNAPgoals) for benefits and services.



## CHILDREN AND FAMILY ASSISTANCE

### Child Care Assistance Program (CCAP)

Visit [ocfs.ny.gov/programs/childcare/ccap/](http://ocfs.ny.gov/programs/childcare/ccap/) for eligibility and online application, contact the helpline at **518-474-9454** or call: (Washington County 518-746-2100, Rensselaer: 518-833-6190, Columbia: 518-822-0087, Albany: 518-447-7435).

### New York State Medicaid

Visit [bit.ly/NYMedicaid2025](http://bit.ly/NYMedicaid2025) for eligibility and online application, call toll free at **800-541-2831** or call: (Washington County 518-746-2100, Rensselaer: 518-266-7970, Columbia: 518) 828-9411, Albany: (518) 447-7492).

### Paid Family Leave

Visit [paidfamilyleave.ny.gov](http://paidfamilyleave.ny.gov) or call the helpline at **844-337-6303**.

### Short-Term Disability Benefits

Visit [wcb.ny.gov](http://wcb.ny.gov) for claim forms or contact customer service at **877-632-4996**.

### Farmers' Market Nutrition Program

Help promote local farmers and help foster communities, find a farmers' market near you by visiting: [agriculture.ny.gov/farmers-markets-county](http://agriculture.ny.gov/farmers-markets-county)



## HOMEOWNERS ASSISTANCE

### School Tax Relief (STAR) Exemption/STAR Credit

Visit [tax.ny.gov/star](http://tax.ny.gov/star) for eligibility and registration.

### Comfort Home Program (Sealing/insulation)

Visit [bit.ly/ComfortHomeProgram](http://bit.ly/ComfortHomeProgram) to get connected with a contractor who can help make your home more energy efficient.

### Home Energy Assistance Program (HEAP)

Eligible New Yorkers can receive help heating and cooling their homes, visit [otda.ny.gov/programs/apply/#heap](http://otda.ny.gov/programs/apply/#heap) to apply online or find local HEAP contacts to apply in person at [otda.ny.gov/programs/heap/contacts](http://otda.ny.gov/programs/heap/contacts)

### Weatherization Assistance Program

This program assists income-eligible families reducing their heating and cooling costs through energy efficiency, apply by visiting [hcr.ny.gov/weatherization-applicants](http://hcr.ny.gov/weatherization-applicants)

### Energy Affordability Program

Providing income-eligible consumers with a discount on their monthly electric and/or natural gas bills, apply by visiting [dps.ny.gov/energy-affordability-program](http://dps.ny.gov/energy-affordability-program)



## DISABILITY SERVICES

### New York State Supplement Program (SSP)

SSP provides state-funded financial assistance to aged, blind and disabled individuals and is part of the monthly benefit paid to most Supplemental Security Income (SSI) recipients. Schedule an appointment with a local Social Security office to file an application or call **800-772-1213**.

### Employment and Training Services

Visit [otda.ny.gov/workingfamilies/dss.asp](http://otda.ny.gov/workingfamilies/dss.asp) to find your local Department of Social Services to discuss services available to you.

### Consumer Directed Personal Assistance Program

Visit [bit.ly/CDPAP2025](http://bit.ly/CDPAP2025) for eligibility and more information.

### NY Connects

A source for free information about long-term services and support for people of all ages, with any type of disability; visit [nyconnects.ny.gov](http://nyconnects.ny.gov)

## Contact Assemblyman Scott Bendett

If you have any questions on this or any state issue, please contact my office.

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