



## Upcoming Events:

- Sat. 10/14, 10:00 a.m.  
**CRMC/ Walk for Life Breast Cancer Awareness Walk**, Monticello Courthouse  
[Click for more info](#)
- Sun. 10/15, 11:00 a.m.  
**Eugene D. Nesin Memorial Scholarship Brunch**, Forestburgh Playhouse Tavern, \$45 adults, \$13.50 children under 11, FREE children under 4.  
[Click for more info](#)
- Wed. 10/18, 8:30 a.m.  
**Annual Senior Safety Day**, Ted Stroebel Recreation Center, Monticello. Free.  
[Click for more info](#)
- Fri. 10/20, 5 p.m.  
**Audubon Society Annual Dinner**, Rockland House, Roscoe, NY. Reservations required.  
[Click for more info](#)

## October is Breast Cancer Awareness Month

### Did You Know:

- **One in eight women** will be diagnosed with invasive breast cancer in her lifetime

### A Message From

## Assemblywoman Aileen Gunther

Dear friends,

It's fall, and that means I can't get enough of the outdoors in the beautiful 100th Assembly District.

The only thing better than a brisk walk in the autumn air is a walk for an important cause. That's what's so amazing about an event taking place tomorrow, **Saturday, October 14th**: the Second Annual **CRMC Foundation/Walk for Life Breast Cancer Awareness Walk**.

October is Breast Cancer Awareness Month, and this walk will help promote health and education, all while bringing neighbors together.

**Registration is \$20 and will begin at 10:00 a.m. outside the Monticello Courthouse. The walk begins at 11:00 a.m.** For more information, please see the attached flier.

All the best,

Aileen Gunther

Member of Assembly, 100<sup>th</sup> District

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## Last week in the 100<sup>th</sup> Assembly District...

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### National Crisis, Local Solutions

I had the privilege of speaking at the Bethel Woods Conference Center on October 11<sup>th</sup> as part of a day-long event focused on the opioid crisis.

Nationally and locally, too many people are losing

their families, their jobs, their dignity and even their lives to opioid addiction. It was moving to see so many people come together to try to find a solution. Together, we can help our neighbors in need.

- **Screenings and early diagnosis** can contribute to better outcomes for people with breast cancer
- Healthy diet, regular exercise, and cutting back on alcohol consumption can help **reduce your risk** of breast cancer
- Many employers provide **paid time off** for cancer screenings, like mammograms

### Monticello District Office

18 Anawana Lake Rd.  
Monticello, NY 12701  
(845) 794-5807

### Middletown District Office

16 James St., 3<sup>rd</sup> floor  
Middletown, NY 10940  
(845) 343-9847

### Albany Legislative Office

Room 826  
Legislative Office Building  
Albany, NY 12248  
(518) 455-5239

### Email

[gunthera@nyassembly.gov](mailto:gunthera@nyassembly.gov)

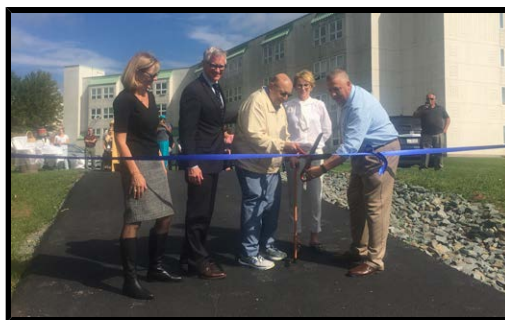
## Assemblywoman Gunther's Open Door Policy:

**My door is always open**, whether you're visiting Albany or right here at home. My staff and I can

## Sports for Students

### Basketball court ribbon cutting

It was a beautiful, sunny day at SUNY Sullivan when I helped cut the ribbon on the college's new basketball courts!



Exercise is a great way to relieve stress and promote productivity and sleep. These basketball courts are a wonderful investment in students.

## Community Events

### Firefighter's Parade

My team and I had a great time at the Sullivan County Volunteer Firefighter's Parade! We met dedicated volunteers, their family and friends, and even their pets, like this sweet dalmatian.

We also celebrated beloved fall traditions, including the Barryville Pumpkinfest. It doesn't feel like autumn until we've had some good, local fun!

## Available Grants: October

### Women's Studio Workshop

#### Art-in-Education Artist's Books Grant

Calling all woman-identifying artists! This is an eight- to ten-week residency awarded to two emerging artists to create a new artist's book and teach local grade school students. The resident usually dedicates her first month to producing a limited edition artist's book, which is hand-printed and bound in the studio. During the second half of the residency, the artist works with young people in WSW's studios, teaching one to two days per week for three to four weeks, and visiting the students twice in school.

Deadline: November 15, 2017

For eligibility and other information click [here](#).

### Graham Foundation for Advanced Studies in the Fine Arts, Carter Manny Award

help connect you with local services, answer important questions, and support you through difficult times.

Please do not hesitate to call, email, or visit us anytime.

The Graham Foundation provides project-based grants to individuals and organizations, and produces public programs to foster the development and exchange of diverse and challenging ideas about architecture and its role in the arts, culture and society. The Carter Manny Award supports dissertation research and writing by promising scholars whose projects have architecture as their primary focus and the potential to shape architectural discourse.

Deadline: November 15, 2017

For eligibility and other information click [here](#).

### **Bright Focus Foundation**

The Bright Focus Foundation provides research funds for U.S. and international researchers pursuing high-risk studies that illuminate areas for which there currently is little understanding, hoping to bring to light crucial knowledge about Alzheimer's disease, glaucoma and macular degeneration. Their mission is to save mind and sight by funding innovative research. They are currently accepting applications for the National Glaucoma Program for two-year research studies on innovative investigator initiated, glaucoma-related programs. The program is designed to give scientists the opportunity to develop the preliminary data necessary to be considered competitive for larger government or corporate types of sponsorship.

Deadline: November 7, 2017

For eligibility and other information click [here](#).

There are lots more grants available! Read the Speaker's Grant Action Newsletter [here](#).

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## **Jobs in our area**

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Looking for a job or a career change?

Did you know that you can use New York State's job search tool to set up an email alert whenever a job is posted near you?

There are positions available for full- and part-time employees at businesses throughout Sullivan and Orange counties for people with every kind of experience. See hundreds of options [here](#).