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information on local farmers markets

# Farmers and Feeding Our Families Assemblymember Didi Barrett - Supporting Our

"Farms and farmers markets are an integral part of what makes the Hudson Valley a wonderful place to live. I encourage everyone to visit a farmers market this summer for a fun and healthy way to support our local farmers and spend time with family or friends."

— Assemblymember **Didi Barrett** 



## Dear Neighbor,

Everyone deserves access to healthy food – especially in these trying times – and here in the Hudson Valley, we are fortunate to live in close proximity to many wonderful, family-owned farms and food producers that provide fresh, local, nutritious food to keep our families fed and nourished. But we learned, with alarm, over the past year that our food systems aren't perfect and too many residents are food insecure, live in food deserts or have to make impossible choices to put food on the table.



To help address this, we included, in the recently passed 2021-22 state budget, \$50 million for the Nourish NY program, which helps families access nutritious food from our New York State farmers. We also secured additional funding for farmers markets and food banks, as well as \$500,000 for Farmland for a New Generation and \$1 million for the New York Farm Viability Institute.

Farmers markets, of course, are an important way to support our Hudson Valley farmers. But they also allow us to reconnect with neighbors and friends, learn about new local businesses, and ensure the money spent remains to nurture our local economy. To keep everyone safe and on the road to recovery from the COVID-19 pandemic, local farmers markets have implemented necessary safety measures which we hope everyone will respect.

The enclosed listing will help connect you to local Farmers Markets, and the benefit services they provide, in the 106th Assembly District. I will always work to secure the resources our families and farmers need to put down roots, grow and blossom here in the Hudson Valley.

Sincerely,

Didi Buner

Didi Barrett Member of the Assembly, 106th District

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# Find A Farmers Market Near You

Please remember to follow all safety guidelines when visiting a local farmers market.

### **Arlington Farmers Market**

23 Raymond Ave.
Thursdays, 2 p.m. - 6 p.m.
June-October
Accepts FMNP Farmers Market
Nutrition Program
Contact info: 914-474-7533

### **Copake Hillsdale Farmers Market**

Roeliff Jansen Park Saturdays, 9 a.m. - 1 p.m. May-October SNAP Provider Contact info: 518-610-1530

### **Hudson Upstreet Farmers Market**

7th St. Park Wednesdays, 4 p.m. - 7 p.m. June-October Does not accept SNAP Contact info: 603-631-6889

### **Hudson Farmers Market**

City Lot on Columbia Street between
5th and 6th
Saturdays, 9 a.m. - 1 p.m.
April-November
Accepts SNAP
Contact info: 518-821-2453

### Paul's Hyde Park Farmers Market

Across from Hyde Park Town Hall Saturdays, 9 a.m. - 2 p.m. June-October Does not accept SNAP Contact info: 570-335-5796

### **Millerton Farmers Market**

Millerton Methodist Church, corner of Dutchess and Main St. Saturdays, 10 a.m. - 2 p.m. May-October Accepts SNAP, FMNP and EBT Cards Contact info: 518-407-7030

### **Philmont Farmers Market**

116 Main St. Sundays, 10 a.m. - 2 p.m. May-October Accepts SNAP Contact info: 518-697-0038

### **Germantown Farmers Market**

Palatine Park in Germantown Saturdays, 10 a.m. - 1 p.m. Memorial Day-October Contact info: hoverfarms@gmail.com





