



Donate blood

You could save 3 lives...



NEW YORK STATE ASSEMBLY, ALBANY, NY 12248

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JOIN

Assemblywoman

Mary Beth Walsh

at her September

Blood Drive

ASSEMBLYWOMAN *Mary Beth*

WALSH

WALSH
ASSEMBLYWOMAN
Mary Beth

SCAN ME!



**Scan here
to sign up!**



JOIN
Assemblywoman
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Blood Drive

Save Lives This Fall!

Assemblywoman Mary Beth Walsh and the Red Cross of Northeastern NY are teaming up for a September Blood Drive.



Scan here
to sign up!

Type in **BALLSTONSPANY** or
search Ballston Spa as the
sponsor code and register.

**Tuesday, September 8, 2026
11:30 a.m. - 4:30 p.m.
Ballston Spa Elks Lodge
10 Hamilton Street
Ballston Spa, NY 12020**



**American
Red Cross**

Walk-ins are welcome but
appointments are preferred.

To make your appointment,
please visit: [https://www.
redcrossblood.org/give.html/
donation-time?zipSponsor=
BALLSTONSPANY&driveType=all](https://www.redcrossblood.org/give.html?donation-time?zipSponsor=BALLSTONSPANY&driveType=all)
or call **1(800) 933-BLOOD**.

Blood banks are always looking
for eligible donors. The blood YOU
donate today can save someone
else's life tomorrow!

To be a donor you must:

- Bring a valid photo ID or
signature identification
- Weigh at least 110 lbs
- Participants must be at least
16 years of age to donate
- Eat well and be hydrated
prior to your appointment



ASSEMBLYWOMAN *Mary Beth*
WALSH

For more information on this or any legislative matter, contact my district office at:
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(518) 884-8010 • walshm@nyassembly.gov