## BLOOD BANKS NEED YOUR HELP

The coronavirus has altered our way of life this spring, and many of us have been wondering what we can do to help. Blood donations are down across the country, but we can make sure our community blood bank is well stocked to help save lives.

IS IT SAFE?

There is no evidence that this virus can be transmitted by blood transfusion. In fact, there are no cases reported where a respiratory virus has ever been transmitted by blood.
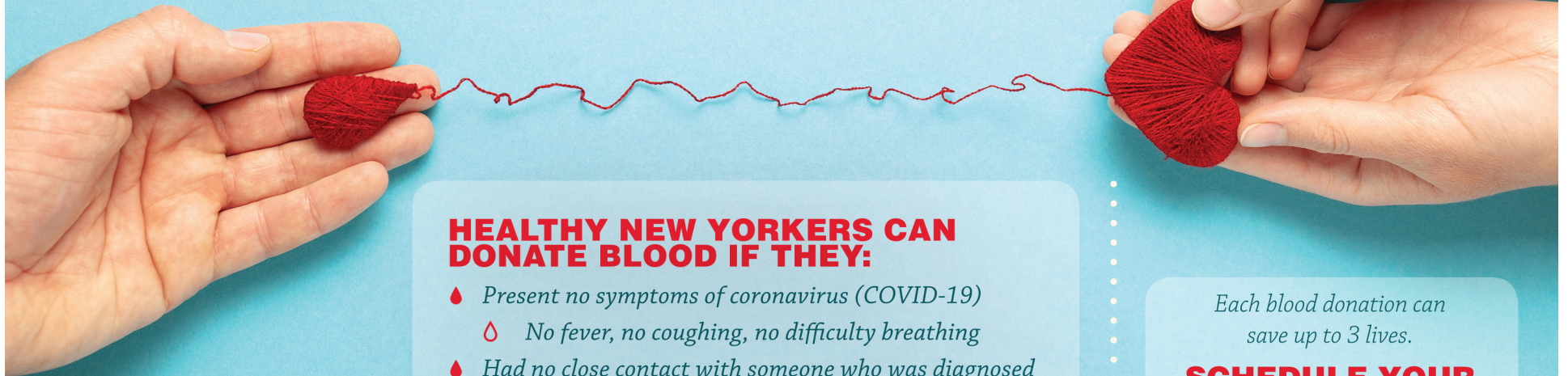
HEALTHY NEW YORKERS CAN DONATE BLOOD IF THEY:

- *Present no symptoms of coronavirus (COVID-19)*
  - *No fever, no coughing, no difficulty breathing*
- *Had no close contact with someone who was diagnosed or suspected of having COVID-19 in the last 14 days*
- *Have been diagnosed with or suspected of having COVID-19 and it has been at least 28 days since their illness has resolved.*

Each blood donation can save up to 3 lives.

SCHEDULE YOUR APPOINTMENT TODAY

1-800-RED-CROSS
www.redcrossblood.org

ASSEMBLYMAN
Christopher Friend

I WANT TO KNOW WHAT YOU THINK, CALL ME:
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