

JUST **1** DONATION
SAVES UP TO **3** LIVES!



MANKTELOW
A S S E M B L Y M A N

130th District



New York State Assembly • Albany, NY 12248

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ASSEMBLYMAN BRIAN MANKTELOW AND SENATOR PAMELA HELMING ARE HOSTING A BLOOD DRIVE WITH THE RED CROSS.

Wednesday, May 1st, 10:00 a.m. – 3:00 p.m. at the Sterling Town Hall
1290 NY-104A, Sterling, NY 13156

Blood banks are always looking for residents willing to donate blood. The blood YOU donate today can save up to three lives tomorrow!
To be a donor you must:

- 1 Bring valid photo or signature identification
- 2 Weigh at least 110 lbs
- 3 Be age 16-75 (16-year-olds must have parental permission. Age 76 and over need a doctor's note)
- 4 Eat well and be hydrated prior to appointment
- 5 Have not gotten a tattoo within the past 12 months (unless applied in New Jersey)

Please call the Red Cross at 1-800-733-2767 to schedule an appointment.



*Senator Pamela Helming
and Assemblyman
Brian Manktelow*



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For questions on
this or any state matter,
please contact:

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