

Fire Safety

Sound The Alarm is the Western and Central New York American Red Cross program to educate families about the importance of fire safety.

Each day, 7 people die in home fires. Often, there is no working smoke alarm in the house. Sound the Alarm is partnering with sponsors, volunteers and area fire departments to change that.

Nationwide, Sound the Alarm is approaching 1 million smoke alarm installations. If you do not own a smoke alarm or your smoke alarm is no longer functional, you can acquire one for free from Sound the Alarm.

To volunteer to educate your neighbors about fire safety or to request a free, working smoke alarm, please contact:

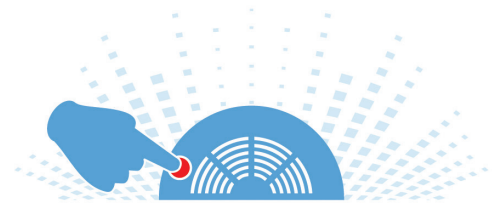
Kayla Jelliff

Red Cross Preparedness Associate/ NYS AmeriCorps

Work: 607-654-6109

Cell: 607-333-0456

Email: smokealarms.fl@redcross.org



SOUND THE ALARM

Save a Life



**American
Red Cross**

New York State Assembly
Albany, NY 12248

PRSR STD.
US Postage
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Albany, NY
Permit No. 75

**HEALTHY COMMUNITIES
FAMILIES
LIVES**

ASSEMBLYMAN PHIL
PALMESANO



“This mailing is about providing you and your family with important, health related information and showing you how to get connected to important organizations promoting community health.”

— Assemblyman Phil Palmesano

ASSEMBLYMAN PHIL
PALMESANO

PALMESANOP@NYASSEMBLY.GOV

320 Legislative Office Bldg. • Albany, NY 12248 • (518) 455-5791
105 East Steuben Street • Bath, NY 14810 • (607) 776-9691

Fighting Cancer

New York State Cancer Services Program

Saving Lives and Lowering Costs

The New York State Department of Health Cancer Services Program (CSP) offers free breast, cervical and colorectal cancer tests to eligible men and women who do not have health insurance. The program also helps New Yorkers secure financial assistance for treatment for breast, cervical, colorectal and prostate cancer through the NYS Medicaid Cancer Treatment Program (MCTP).

For more information about accessing these screenings, contact your local CSP office.

Cancer Services Program of Schuyler County

CSP of the Southern Tier

225 Front Street, Binghamton, NY 13905, 607-778-3900

Cancer Services Program of Seneca and Yates Counties

2 Coulter Road, Clifton Springs, NY 14432

315-462-0602

Cancer Services

Program of Steuben County

411 Canisteo Street

Hornell, NY

607-324-8812



Cancer Services Program of Chemung County

CSP of the Southern Tier

103 Washington Street, Elmira, NY, 607-873-1500

American Cancer Society

Community Programs and Services

The American Cancer Society's Cancer Helpline number is 800.227.2345. They also operate a free online community called the American Cancer Society Cancer Survivors Network that allows survivors and family members to share their experiences and offer mutual support.

Cancer Screenings by the Numbers

- **1 out of every 4 deaths in NYS is cancer-related.**
- **Every day, approximately 300 New Yorkers are diagnosed with cancer.**
- **Every dollar spent on disease prevention returns 7 dollars within 5 years.**
- **Over the last 30 years, cervical screenings are responsible for lowering the death rate by more than 50%.**
- **Mammograms prevent 12,000 deaths across the country each year. If men and women followed colorectal screening guidelines, 33,000 lives would be saved annually.**
- **More than 30% of New Yorkers are not up to date with their colorectal screening.**
- **1 in 5 women in New York are not up to date with their mammogram screening.**
- **At least 6 of every 10 deaths from colon cancer could be prevented if every adult 50 years old and older got tested regularly.**
- **Adults 18-64 with no health insurance at all in the past 12 months were 7 times more likely to skip medical care for cost reasons than those who were continuously insured.**

What is Palliative Care?

According to the World Health Organization, palliative care is an approach that improves the quality of life of patients and their families facing the problems associated with life-threatening illness, through the prevention and relief of suffering by means of early identification and impeccable assessment and treatment of pain and other problems, physical, psychosocial and spiritual. It provides:

- relief from pain and other distressing symptoms;
- affirms life and regards dying as a normal process;
- intends neither to hasten nor postpone death;
- integrates the psychological and spiritual aspects of care;
- offers a support system to help patients live as actively as possible until death;
- offers a support system to help the family cope during the patient's illness and in their own bereavement;
- uses a team approach to address the needs of patients and their families, including bereavement counseling;
- Will enhance quality of life, and may also positively influence the course of illness;
- Is applicable early in the course of illness, in conjunction with other therapies which are intended to prolong life, such as chemotherapy or radiation, and includes those investigations needed to better understand and manage distressing clinical complications.

CareFirst

CareFirst has been a not-for-profit hospice, palliative care and grief services provider since 1981.



CareFirst Palliative Care is free of charge, and offers services including planning doctor appointments, connecting to local resources, and managing symptoms at home. When an illness progresses and comfort becomes more important than cure, the CareFirst Hospice team delivers dignity, compassion and support to those afflicted with illness. Their Grief Services team provides counseling and support that helps individuals deal with the loss of a loved one.

CAREFIRST

Steuben-Chemung-Schuyler

3805 Meads Creek Road, Painted Post, NY 14870

607-962-3100, www.carefirstny.org

Hospice and Palliative Care

Ontario-Yates Hospice and Palliative Care

759 Pre-Emption Road, Geneva, NY 14456, 585-274

Lifetime Care/Hospice of Rochester/ Hospice of Wayne and Seneca Counties

3111 S. Winton Road, Rochester, NY 14623, 585-214-1000

Upcoming Blood Drives In Your Community

Steuben County

Sheila Sullivan, Account Representative
American Red Cross: 607-201-7288

November 11

8:00 a.m.- 12:00 p.m.

Addison Community Center

13 Community Drive, Suite 103, Addison, NY

November 13

2:00 p.m.- 7:00 p.m.

American Legion Post 846

61 West Main Street, Canisteo, NY

November 18

9:00 a.m.- 2:00 p.m.

Ramada Painted Post

304 South Hamilton Street, Painted Post, NY

November 24

11:30 a.m.- 4:30 p.m.

Emanuel Lutheran Church

149 West William Street, Corning, NY

November 25

8:00 a.m.-12:00 p.m.

Centenary United Methodist Church

3 West Washington Street, Bath, NY

Yates County

Cory A. Lawler, Account Manager
American Red Cross: 585-295-3074 (Cell)

November 15

12:00 p.m.- 6:00 p.m.

Himrod Fire Department

3530 Himrod Road, Himrod, NY

November 15

2:00 p.m.- 7:00 p.m.

Benton Fire Department

932 RT 14A, Penn Yan, NY

November 16

1:30 p.m.- 6:30 p.m.

Branchport Fire Department

3686 NY-54A, Branchport, NY

November 27

2:00 p.m.- 6:00 p.m.

Middlesex Hose Fire Company

5537 Water Street, Middlesex, NY



American Red Cross

Seneca County

Cory A. Lawler, Account Manager
American Red Cross: 585-295-3074 (Cell)

November 20

2:30 p.m.- 6:30 p.m.

Interlaken Reformed Church

8315 N Main Street, Interlaken, NY

November 30

2:00 p.m.- 7:00 p.m.

Petro Shopping Center

1255 NY-414, Waterloo, NY

Chemung County

Sheila Sullivan, Account Representative
American Red Cross: 607-201-7288

December 2

7:30 a.m.- 11:30 a.m.

Village of Van Etten Community Center

6 Gee Street, Van Etten, NY

December 13

11:30 a.m.- 6:30 p.m.

Holiday Inn Express

2666 Corning Road, Horseheads, NY

Schuyler County

Sheila Sullivan, Account Representative
American Red Cross: 607-201-7288

November 27

1:00 a.m.- 5:00 p.m.

Watkins Glen Fire Department

201 North Perry Street, Watkins Glen, NY

December 1

9:00 a.m.- 2:00 p.m.

Cargill Salt

518 E Fourth Street, Watkins Glen, NY

December 4

1:00 p.m.- 6:00 p.m.

Tyrone Fire Department

3600 State Route 226, Tyrone, NY

December 6

1:00 p.m.- 6:00 p.m.


Montour Falls Moose Lodge

2096 State Route 14, Montour Falls, NY

Organ, Eye And Tissue Donation



Register as an organ and tissue donor!
There are several easy ways to register in New York State:



4 EASY WAYS TO REGISTER AS AN ORGAN AND TISSUE DONOR IN NEW YORK STATE

1

Register online at
donatelifenys.org

2

Register when you apply for or renew your NYS driver license or non-driver ID card or your IDNYC card

3

Register on a NYS voter registration form

4

Request a postage-paid enrollment form from info@alliancefordonation.org



Follow the New York Alliance for Donation on social media. Like and share their content regularly:

 Facebook: www.facebook.com/DonateLifeNYS

 Twitter: @DonateLifeNYS

 YouTube: www.youtube.com/DonateLifeNYS



Display registry enrollment brochures and donation posters at your place of employment. These can be obtained by sending an email request to info@alliancefordonation.org.



Send an email to employees, co-workers, friends and family asking them to "Enroll in the New York State Donate Life Organ and Tissue Donor Registry at www.donatelifenys.org."



Put a link on your website or blog with the call to action "Enroll in the New York State Donate Life Organ and Tissue Donor Registry at www.donatelifenys.org."

National Designated Donor Share

9/30/16

STATE	SHARE	STATE	SHARE	STATE	SHARE
MT	90%	NC	62%	NE	55%
AK	89%	GA	61%	HI	55%
WA	87%	MN	61%	VT	52%
UT	76%	MD	61%	KY	50%
OR	76%	OH	60%	PA	47%
IN	73%	IL	60%	SC	46%
MO	72%	ID	60%	CT	45%
AL	71%	DC	59%	CA	45%
LA	69%	MA	58%	TX	44%
IA	68%	WY	58%	NV	40%
CO	67%	MI	57%	TN	40%
ME	64%	RI	57%	WV	39%
KS	64%	AR	57%	NJ	37%
ND	64%	OK	56%	MS	34%
SD	63%	AZ	56%	NY	28%
WI	63%	FL	56%	PR	20%
VA	62%	DE	56%		
NH	62%	NM	56%	ALL	54%

Donor Designation (DD): An individual's commitment to donate recorded in a searchable donor registry.

DD Share: Designated donors as a percentage of state population age 18+.

Organ Donation by the Numbers

- **One donor can save the lives of 8 people through organ donation and improve the lives of 75 more through eye and tissue donations.**
- **Number of New Yorkers on organ and tissue donation waiting list: 9,427.**
- **Number of New Yorkers who have been on the waiting list for 5 or more years: 1,818.**
- **Number of New Yorkers who died waiting for a transplant in 2016: approximately 500.**
- **Registry Participation Rate: 28% of eligible population, ranking 51st out of 52 states and territories.**
- **New York State has the 3rd highest need for donors but the 2nd worst participation rate.**

We can, and we must, do better!