



Our state is offering several resources to combat the growing HEROIN epidemic.

HOPE

Help is available by calling **1-877-8-HOPENY** (1-877-846-7369), texting **HOPENY** (Short Code: **467369**), or visiting our website

www.oasas.ny.gov/accesshelp.

We've also developed the **Kitchen Table Toolkit**, designed to assist parents, teachers, counselors and the community with guidance on how to initiate conversations about heroin and opioid abuse.

The information in the toolkit may also be applicable for alcohol and other drugs. Videos and guidance documents were developed to assist with a community forum or a personal conversation. This can be viewed here: http://combatheroin.ny.gov/kitchen-table-toolkit.

HELP

Assemblyman David DiPietro and the Minority Conference have also proposed the **HELP Plan** to combat heroin use and expand treatment options for those struggling with addiction.

- Provide Drug and Heroin Education
- Create Support Tools and Advocacy Programs
- Increase Funding and Improve Methods for Treatment and Recovery
- Reevaluate Insurance Laws
- © Criminal Justice and Judicial Improvements
- Improve Connections Between the Correctional System and Addiction Services

Learn more about our Conference **HELP Plan** online at **goo.gl/iQkMtx**.



For questions on this or any state matter, please contact me at: 411 Main St., E. Aurora, NY 14052 716-655-0951