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Grade 8

Subject: EIS

Prompt: Write an essay about the new york

New York Child Protection Data Act:

Social media affects children's brains by manipulating, abusing, and deteriorating their neurons. Social media manipulates the brain by using optogenetics. Social media abuses our children's confidence and self-evaluation. Social media is also deteriorating children's self-esteem. Additionally, these three points affect the evolution of our humanity and the future of our world because our children's brain are still developing.

Social media manipulated the brain by using optogenetics because different lights alter the neurons communication. For example, the light that is used on social media manipulates the amygdala(emotions),neo-cortex(imagination), and hippocampus (memory) in order to keep you addicted to the content on social media. This makes the brain make scenarios within, causing an enantiodromia because the brain wants to be able to function on it's own, however, it is being controlled by the light created by the algorithms. This connects to the book, " The future of the mind," by Michio Kaku, because Kaku proposed the idea that technology is our evolution and downfall for the human race. Social media affected me becaus it made me have schadenfreude like emotions, causing me to not have empathy with others. Although social media made me lack empathy, my self-confrontation allowed me to understand that social media left me in a dark room alone, causing me to feel like nobody cared about me, ostensibly because nobody online cared about my well-being. The "Stop addictive feed exploration act" by Kathy Hochul, will assist me and the children in our community to be able to avoid the trap of the people that do not

have empathy. In addition, social media abused the innocence of our children because it enticed children to become more intuitive about irrelevant topics.

Social media abused our children's mental health by affecting their sleep schedule, their confidence, and thinking abilities. For example, my thinking abilities were not put at its highest potential because I would rely on the internet to give me the answers to my questions, subsequently making me believe that my brain could not give me answers. The children that committed suicide to social media connects to the book " Things Fall Apart", by Chinua Achebe, because Okonkwo committed suicide, due to the fact that he did not agree with the culture in his village. The children around my age group are affected the most because the brain is still developing and they are still trying to figure out their identity, however, social media makes children feel like they do not belong. The Gaia hypothesis, by James Lovelock proposed the idea that everyone is connected, which makes the way social media function a double-edged sword because if you affect someone else negatively, you are also affecting yourself. Furthermore, social media is deteriorating the brain's thinking levels because it makes you believe that you can not think on your own.

Social media deteriorated children and adults confidence because the people do not care for the lives of others. For example, over 100,000 children in today's society have committed suicide because they do not have the "materialistic look" or they are not apart of "societal standards". This connects to the book " The bold world", by Jodie Patterson, because Jodie's transgender son Penelope Ghartey was not comfortable to expose his body, however, he is able to identify his truth. In today's society, people are afraid to express their truth on social media

because they receive backlash from people that they do not know from across the world. The book, “ Inner engineering” by Sadhguru, helps people acknowledge that they are more than their physical body, however, the physical body still affects your transition, and how you evolve as a person. This connects to me because as a young man in today’s society, my emotions and identity is not considered on platforms that are used to express themselves. Moreover, these three points assist me in understanding that social media is robbing the intelligence of the young minds in our community.

In addition social media abused the innocence of our children because it enticed children to become more intuitive about irrelevant topics. Social media has manipulated our children’s brain by using algorithms embedded in the algorithm. Social media abused our children’s mental health and confidence. Social media has deteriorated the ability to express your truth to other people. My school, MACADEMY School of Science and Technology was able to enhance my education, although social media had me in a chokehold, they realized the importance of my education. These three points allow me to understand that social media can have detrimental affects on our society, and the future of our humanity.