

Michael Jenkins

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Subject: EIS

Teacher: Ms. Bishop

Topic: Writing Assignment #2 - The New York Child Data Protection Act

Parents should be more responsible when their child is on social media because the labyrinth of social media, seemingly innocuous, has transformed into a paramount concern for the mental health of children, friends, and it affects their academic performance. The labyrinth of social media, seemingly innocuous, has transformed into a paramount concern for the mental health of children. Scrolling on Social Media nonstop isolates children from family, and friends. Social media affects their academic performance. These restrictions will help to create a safer and healthier online environment for children like me, promoting positive interactions and reducing the potential harm caused by excessive use of social media.

#### Body Paragraph 1: The Inauspicious Impact On Social Media On Mental Health

The labyrinth of social media, seemingly innocuous, has transformed into a paramount concern for the mental health of children because it exposes them to a constant stream of peer comparison, cyberbullying, and unrealistic characteristics. For example, someone might see their peers posting about their achievements, vacations, or material possessions on social media. This could lead to feelings of inadequacy or low self-esteem if they perceive their own life as less exciting or successful in comparison. Social media can sometimes embolden individuals to engage in cyberbullying, which can have several emotional consequences for the victims. The inauspicious depiction between between Social Media use and the increased suicide rates among the children under 15 years old is like a psychopomp leading people to the afterlife, and also

their souls because it underscores the severe and potentially fatal consequences of unchecked social media use. This dimensional shift that the government is making like a ponderous beast lurking in the shadows, will subsequently led to a surge in self-harm and less suicide rates because without these restrictions more children will be exposed to harmful content, cyberbullying, and intense peer pressure. According to the Center for disease control and prevention, over 100,000 children has died to suicide. Furthermore, Social Media isolates children from their families.

### Body Paragraph 2: The Paradox of Connection and Isolation

Social Media isolates children from family because it is a depiction between the virtual world, and the real world and it is a struggle for children. For Example, I can be physically present at a family dinner, but my mind is miles away, engrossed in the latest viral trend or chatting with friends online. What makes this ironic is that social media was designed to connect people, it often ends up isolating them from those closest to them. Each scroll, each click, is like a brick, gradually building a wall of isolation around me. This wall, ironically, is built in the pursuit of unlocking the door of knowledge, as children seek to learn and explore things on Social Media that is making this suicide rates go up and now the government is adding these restrictions. However, like a moth drawn to a flame, they often end up getting burned by the very light they were attracted to. The constant barrage of misinformation, much like a relentless ocean wave, can be overwhelming and lead to feelings of anxiety and loneliness. In this scenario, my phone often becomes a paradoxical island, surrounded by the vast sea of family love and warmth, yet isolated and distant. Furthermore, Social Media has affected me, and more children' academic performance. Furthermore, Social Media affects their academic performance.

### Body Paragraph 3: The Effects Academically

Social media has affected people's academic performance because it often acts as a distraction, luring them away from their studies. For example, imagine a student who sits down to study for an important exam, their textbook open and notes spread out before them. However, the allure of social media is too strong to resist. They pick up their phone "just to check" and before they know it, hours have passed because the instant gratification provided by social media often outweighs the long-term benefits of studying. The constant availability of social media lead me to disrupted sleep patterns. One night I had stayed up late scrolling through social media, only to find myself struggling to stay awake during class the next day. While social media can offer many benefits, Since these new violations are coming in by the government, they will fine you if you are on social media between the hours of 12am and 6am it is paramount for people to use these platforms responsibly and be aware of their potential impact on academic performance. Moreover, These restrictions will help to create a safer and healthier online environment for children like me, promoting positive interactions and reducing the potential harm caused by excessive use of social media.

### Closing Paragraph

In the grand tapestry of life, it is ironic how the very tools designed to connect us can sometimes make us feel lonely, or depressed. The restrictions on social media usage, as implemented by our insightful teacher, Ms. Bishop, serve as a lighthouse guiding us away from the rocky shores of addiction. The bill S.A.F.E (Stop addictive feed exploration for kids act) is trying to create a safer and healthier online environment for children like us, promoting positive

interactions because the government will limit the time we spend in the virtual world, allowing us to focus more on the tangible one around us. Ms. Bishop is helping us understand that while social media can be a window to the world, it should not become the world itself. It is as if she is reminding us that just as we would not eat candy for every meal, we should not consume social media without restraint. Her efforts to curb our social media usage are not about taking away our freedom, but about teaching us how to use it wisely because in the end, the sweetest fruit of these restrictions will be our ability to enjoy social media as a part of our lives, not let it become our life.