



## **We are asking for \$4.4 million to pilot the Trauma Focused Recidivism Reduction Project**

**This will reduce crime, addiction, and homelessness by treating the underlying trauma**

Unresolved trauma causes addiction, anger, violence, and mood instability. These contribute to crime, educational and vocational failure, unstable relationships, relapse and overdose. Trauma-specific therapy is largely unavailable to low-income people, and the modalities available aren't well-suited to this population.

### **Intensive Trauma Focused Therapy (ITFT)**

ITFT is a safe, evidence-based method of reprocessing trauma and reducing PTSD symptoms. Administered to one patient at a time, every day for about a week, trauma symptoms can be largely ameliorated. Alternative methods usually require a year or more to deliver similar results, an approach that simply isn't practical for individuals facing the obstacles common to the re-entry population.

### **Case Management**

Case managers provide the stability, support and community that permit continued healing. By helping clients access resources like housing, education, and vocational opportunities, clients are able to support themselves, maintain healthy relationships and change their lives for the better. Our partner, the Reentry Association of Western NY (RAWNY) will provide their wrap-around, "one stop shop" model to participants.

### **In Summary**

Treating the trauma at the root of the addiction, violence and crime gives us a novel opportunity to reduce crime. This project is a way to reduce community spending on incarceration, policing, court costs, homeless services, and repeat trips through drug rehabilitation facilities. It will save lives, improve the community and be a replicable model.

**Questions? Contact Melanie Blow at [melanie.blow@stopabusecampaign.org](mailto:melanie.blow@stopabusecampaign.org)**